



TEXAS TECH UNIVERSITY
College of Education™

The 2024 Texas Tech
**Counselor Education
Student-Led Conference**

on Multicultural Social-Justice Advocacy Leadership and Ethics:
The Behind the Perspective-Difficult Dialogues Series

Theme:

In Times of Multiple Crisis: Partnerships to Ensure Healthy Lives and
Promote Mental Wellness and Well-Being

CONFERENCE PROGRAM

SATURDAY, APRIL 27TH, 2024 • 8AM-5PM CST

TEXAS TECH UNIVERSITY • COLLEGE OF EDUCATION

CONFERENCE OVERVIEW

This round table conference is intended to kindle and ignite conversations among privileged professionals and other professionals (e.g., counselors, mental health practitioners, and other professionals) from different social generations on the topic of “creating a just society where social justice is a norm.”

CEUs

The CEU's are free, however, there is a certificate processing fee per person for a CEU Certificate or a Certificate of Attendance. The fee is \$15 for Texas Tech University faculty, staff, alumni, and students and \$30 for those not affiliated with Texas Tech. The Office of Academic Partnerships will mail digital certificates to the attendees after the event has taken place. To receive a certificate, evaluations must be completed.

DONATIONS

Proceeds from this event will go towards the Rachelle Berg Ritter Social Justice Advocacy Leadership Scholarship. Donations are accepted online via credit card and debit card at

[Click here to make donations online via credit/debit card](#)

Thank you for joining us for these difficult dialogues!

TTU Counselor Education Faculty

Dr. Loretta Bradley

Dr. Charles Crews

Dr. Ian Lértora

Dr. aretha marbley

Dr. Annette Tommerdahl

Dr. Susan Lilly

PRESENTERS

8:30 - 8:45 am Welcome/Greetings /Land Acknowledgments
Dr. Michael Borshuk, Associate Professor, African American Literature & Director, Humanities Center
Dr. Jesse Mendez, Dean, College of Education
Dr. Jon McNaughtan, Educational Psychology, Leadership, & Counseling Department Chair
Dr. Shirley Matteson, Associate Dean of Research, and Staff/Faculty Development

Session 1-9-10:25AM

BREAKOUT ROOM 1

Susie Marquez, LPC-S
Chelsea Jackson Garcia (Breakout Room Facilitator)
Title: Exploring Multicultural and Social Justice Counseling Competencies (MSJCC): A Perspective on Immigration, Food Insecurity, and Disordered Eating
Session 2-10:30 - 11:45 am

BREAKOUT ROOM 1

Dr. Constance B. Harris-Russell
Kenneth Luna (Breakout Room Facilitator)
Title: The Continuum of Lens through Which Teachers View Cultural Differences: How Perceptions Impact Pedagogy

BREAKOUT ROOM 2

Samuel Christopher Hosford, CMHC Student, Counselor Education
David Gary II, MRC, LPC, CRC (Breakout Room Facilitator)
Texas Tech University
Title: Psilocybin and MDMA in Couples Therapy: Investigating Treatment for Substance Use Disorders and Codependency

NETWORKING LUNCH & KEYNOTE SPEAKER-12:00 - 1:00 PM

Dr. Christopher Townsend
David Gary II (Keynote Facilitator)
Title of Presentation: Towards Liberation: Rethinking Counseling Theories for the Healing of Marginalized and other Oppressed People
Session 3-1:30 - 2:55 pm

BREAKOUT ROOM 1

Dr. Rebecca Opamen, LPC, NCC, TCYM, KAP
JenniferMarie Fairchild (Breakout Room Facilitator)
Title: The Impact of Racial Identity on Career Satisfaction Among Counseling Students

BREAKOUT ROOM 2

Rose Jepkemoi Chumba, M.S., M.Ed., KUPCA
Charlie Warstler (Breakout Room Facilitator)
Susie Marquez, LPC-S (Breakout Room Facilitator)
Title: Empowering Kenyan Women: Enhancing Self-Efficacy in Academic Leadership

Session 4-3:00 - 4:25 pm

BREAKOUT ROOM 1

Dr. Patrice Dunn, LPC-S
Vanessa Matinez, (Breakout Room Facilitator)
Title: Unveiling Code Switching: Implications for Mental Health and What Counselors Need to Know

WE RESPECTFULLY ACKNOWLEDGE THAT TEXAS TECH IS ON THE LAND AND TERRITORIES OF INDIGENOUS PEOPLES, INCLUDING THE COMANCHE AND MESCALERO APACHE PEOPLES. WE ENCOURAGE YOU TO EXPLORE WHY LAND ACKNOWLEDGMENTS ARE IMPORTANT AND CONSIDER WHAT YOU CAN DO BEYOND A LAND ACKNOWLEDGMENT.

KEYNOTE SPEAKER

DR. CHRISTOPHER TOWNSEND



Dr. Christopher B. Townsend has been engaged for decades in global efforts to advance mental health education and services. He has led multiple programs in Liberia, Rwanda, and Uganda to facilitate community-based programming to strengthen networks of support and reduce stigma. As a Master Trainer for the Mental Health Facilitator curriculum, Dr. Townsend has engaged global communities in efforts to build resources and tools for mental health support. Dr. Townsend's commitment to serving undeserved communities is visible in his service, scholarship, and teaching. He currently serves as the Treasurer on the Board of Trustees for the National Board for Certified Counselors.

Dr. Townsend is a native of High Point, North Carolina. He graduated with a Bachelor of Science degree in Psychology and a Master of Arts degree in Community Counseling from Appalachian State University. He earned a Doctor of Philosophy Degree in Rehabilitation Counseling and Counselor Education from North Carolina Agricultural and Technical State University. Dr. Townsend has been counseling in community agencies since 1998, providing services in the areas of substance abuse, mental health, and trauma. He has been a Counselor Educator since 2017.

Dr. Townsend believes in innovation in counseling and that those innovations are able to help society be better prepared to address the social issues of our time. Dr. Townsend's research interest includes clinical practices related to the healing of BIPOC communities, Social and Restorative Justice practices, Police Brutality, and Spirituality. His hobbies include listening to groovy music, movies, and traveling to immerse himself in various cultures.

CONFERENCE ORGANIZERS AND PRESENTERS



DR. ARETHA F. MARBLEY
ORGANIZER

Dr. aretha faye marbley is a Professor, Director of Clinical Mental Health Counseling in Counselor Education, (DEI) Scholar in Residence and AACTE Holmes Program Coordinator in the College of Education, and former Interim Director of Women and Gender Studies at Texas Tech University. She is a Licensed Professional Counselor, LPC Supervisor, and National Certified Counselor. She's an academic counselor, critical humanist, womanist educator, storyteller, radical activist, servant, morally engaged researcher, and transdisciplinary scholar committed to helping people and communities. Her scholarship focuses on critical global multicultural-social justice activism, organic connections, and literacy advocacy across cultures, social structures, and social identities in mental health and communities. marbley has over 100 publications (including four books), presented at over 300 international, national, regional, state, and local venues, and served in over 70 academic,

community, and professional organizations centered on diversity and social justice. Her work has spanned over three decades. She is the author of *Multicultural Counseling—Perspectives from Counselors as Clients of Color* (2011), co-editor of *Diverse Millennial Students in College: Implications for Faculty and Student Affairs* (2011), *Black Faculty in the Academy: Narratives for Negotiating Identity and Achieving Career Success* (2014), and *Square Pegs and Round Holes: Alternative Student Development Frameworks and Models for Higher Education and Student Affairs*, (2021). Dr. marbley has received numerous community and academic awards, including a national human rights award, national anti-oppression award, and national research awards. She has accepted special invitations from the World Bank and the United Nations on international development cooperation, women empowerment, education, youth employment, and eradicating global hunger and poverty.



DAVID GARY II
CONFERENCE FACILITATOR

David is a Doctoral Student of the Counselor Education and Supervision program at Texas Tech University. David is a licensed professional counselor (LPC) working at the Texas Tech University Health Sciences Center (TTUHSC) in Lubbock, Texas. He previously worked in the Plainview, Texas area, primarily with clients between 10-17 years old through Hale County Juvenile Probation Department. David is a Navy veteran who volunteers time through the GiveAnHour program, providing online services to veterans and active-duty military that cannot afford mental health counseling. He received his Master of Rehabilitation Counseling from TTUHSC and his Bachelor of Molecular Biology from Wayland Baptist University. David has counseling experience working with veterans and active-duty military, juvenile probation, and adults over 20 years old.

CONFERENCE ORGANIZERS AND PRESENTERS



DR. PATRICE DUNN
PRESENTER
CONFERENCE Co-COORDINATOR
*TITLE: Unveiling Code Switching:
Implications for Mental Health and
What Counselors Need to Know*

Dr. Patrice Dunn is a Licensed Professional Counselor and a Licensed Professional Counselor Supervisor in Texas and the owner of Real Life Counseling and Consultation Services, PLLC. Additionally, she is an Assistant Professor of Graduate and Adult Education-Clinical Mental Health and Midwestern State University. She earned her Bachelor of Science degree in Education with a major in Health Education from The Ohio State University, her master's degree in Counseling from the University of North Texas, and her PhD from Texas Tech University in the Counselor Education and Supervision program. Dr. Dunn has worked in public and private education systems as a school counselor for nine years, a certified PK-12 teacher for 14 years, and has been a Licensed Professional Counselor for 30 plus years. Her research interest includes women and women of color and their mental health and wellness, social justice, and diversity. Her dissertation topic is Black women faculty at Predominantly White Institutions and Historically Black Universities. Patrice has emerged as a highly sought-after motivational speaker in education and mental health in many venues at the local, state,

and national levels. She is the published author of the book *The ABCs of Parenting with a Purpose.* She has several articles and book chapters in progress, under review, and major research studies in progress related to her research. Over the last two decades, Dr. Dunn has put together more than 50 academic presentations, seminars, and workshops linked to education, health, and mental health and presented them to community groups, PK-12 schools, businesses, and professional meetings and conferences. She has received numerous community and educational honors, recognitions, and accolades for her service and volunteer and professional work. Patrice uses her skills, sense of humor, and TRUTH to facilitate tough conversations, to educate, empower, and enlighten the village on how to influence the next generation. Knowledgeable, entertaining, and passionate have been used to describe her presentations. Most importantly, Patrice unleashes the truth to initiate Real Talk about Real Issues while keeping it Real.

CONFERENCE ORGANIZERS AND PRESENTERS



Vanessa Martinez is a doctoral student pursuing a degree in the Counselor Education and Supervision program at Texas Tech University. She is a licensed professional counselor-associate (LPC-associate) and works as a lead high school counselor in Houston, Texas. Vanessa has previously worked with adolescents, young adults, and families at an intensive outpatient program (IOP) through Charlie Health and in a private practice setting. She holds two masters, one in clinical mental health counseling from TTUHSC and one in counselor education from the University of St. Thomas. Vanessa has extensive experience working with children, adolescents, adults, and families.

VANESSA MARTINEZ
CO-CHAIR

Sean is a Master of Education Student of the Clinical Mental Health Counseling program at Texas Tech University. Sean is a past president and member of the board of directors for The Edge: A Company of Fine Artists. Sean is the instructor for Drama Class for Individuals in Recovery, now in its third year at The Edge. Sean has worked professionally in the entertainment industry in film, television, and theatre across the United States. Sean brings his talents in the arts to his work as a student counselor and hopes to offer expressive arts therapy to the West Texas community in the near future.



SEAN JONES
CO-CHAIR

Charlie is a doctoral student of the Counselor Education and Supervision program at Texas Tech University. Charlie is a licensed clinical mental health counselor and licensed clinical addiction specialist in North Carolina. Charlie currently maintains a private practice that focuses on substance use disorders and adjustment disorders. His therapeutic approach includes the combination of narrative therapy and existentialism. Charlie has worked in the addictions and mental health field for nearly two decades and looks forward to bringing his expertise in the field of psychedelic assisted therapy and research.



B. CHARLIE WARSTLER
MS, LCAS, LCMHC-A

CONFERENCE ORGANIZERS AND PRESENTERS



Rose is a doctoral student, at Texas Tech University in the Counselor Education program. She is a Graduate Assistant working under supervision of Dr. aretha f. marbley. Rose earned her master's degree in education in Guidance and Counseling from Egerton University, Kenya and works in the same institution as a Senior Counselor and Coordinator of Students Leadership Development Program. She is currently on study leave and lives in Lubbock, Texas. Rose is affiliated to TCA and Kenya Universities Professional Counselors Association (KUPCA). She is interested in social justice and advocacy in promoting self-efficacy among women, Cultural issues, Career and mentorship programs, Gender equity in Leadership roles, mental health, ethics, and professionalism.

ROSE JEPKEMOI CHUMBA
PRESENTER • M.S., M.Ed., KUMPA

TITLE: Empowering Kenyan Women: Enhancing Self-Efficacy in Academic Leadership

JenniferMarie Fairchild is currently a doctoral student in the Counselor Education and Supervision program at Texas Tech University. Holding a Master's degree in Counseling from West Texas A&M University, JenniferMarie is currently a candidate for licensure in clinical mental health in New Hampshire. Her clinical experience includes a role at Aspire365, an Intensive Outpatient Program (IOP), where she provides services to adolescents, children, adults, and families.



JENNIFERMARIE FAIRCHILD
M.A.

Susie Marquez received her BS and MS from Angelo State University. She is a Doctoral Candidate in the Counselor Education program at Texas Tech University College of Education. She is a current member of ACA, TCA, TCCA, TMHCA, TADA, TxCSJ, TACES, and West Texas Physicians Alliance. She has clinical counseling and supervision experience in Acute Inpatient Psychiatric Care, Acute and Stabilization Outpatient Care, Non-Profit Clinical Practice, and Independent Clinical Practice. Her research agenda includes immigration with topics related to food insecurity, disordered eating, and the implications for Latinx counselors, clients, and supervision models. She has been awarded recognition for her contributions to the education of Medical Students and Residents of the School of Medicine. She received the 2022-2023 Student's Choice Award for 2022-2023 Outstanding Community Faculty Award- Department of Psychiatry.



SUSIE MARQUEZ
PRESENTER • CONFERENCE
Co-COORDINATOR

TITLE: Exploring Multicultural and Social Justice Counseling Competencies (MSJCC): A Perspective on Immigration, Food Insecurity, and Disordered Eating

CONFERENCE ORGANIZERS AND PRESENTERS



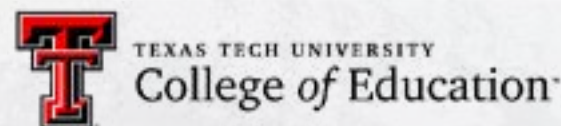
SAMUEL C. HOSFORD
PRESENTER • CMHC STUDENT
TITLE: Psilocybin and MDMA in Couples Therapy: Investigating Treatment for Substance Use Disorders and Codependency

Samuel Hosford is a clinical mental health counseling student at Texas Tech University's College of Education. Sam has primarily worked in substance abuse and mental health settings, testing new therapeutic tactics (i.e., Wraparound therapy) on adolescent and adult populations struggling with substance abuse and co-occurring mental health disorders. Sam currently studies the efficacy of psychedelic substances in therapy, working with local and far-reaching establishments to gather data while also writing exploratory pieces on psychedelics in therapy. He also studies issues related to addiction pathology and the relationship between dependence and free will, which has driven him to the study of consciousness. Sam aspires to earn a degree in neuroscience to combine such with the art of counseling, providing a unique approach to healing while also facilitating his current research. As a future neurocounselor and psychedelic-assisted therapist, Sam aims to break down the complexities of the human mind in research in addition to delivering high-quality care catalyzed by psychedelic compounds.

Dr. Rebecca Opamen is a licensed professional counselor with an extensive background in working with diverse populations across various settings. She earned her Bachelor's degree in Psychology and dual Master's degrees in Juvenile Forensic Psychology and Counseling from Prairie View A&M University. Dr. Opamen then obtained her Doctor of Philosophy in Counselor Education from Texas Tech University. Currently, Dr. Opamen operates a private practice in the Austin area, where she provides holistic psychotherapy services rooted in behavioral therapy (CBT), eye movement desensitization and reprocessing (EMDR), solution-focused therapy, trauma-conscious yoga methods, and an awareness of social and cultural influences. Her therapeutic approach empowers clients to achieve their goals while considering the impact of their unique backgrounds and experiences. Throughout her career, Dr. Opamen has worked with clients with intellectual and developmental disabilities, students, veterans, individuals undergoing crises, and those experiencing a variety of mental health diagnoses. Her professional experience spans colleges and universities, treatment facilities, outpatient centers, and the criminal justice system. Providing accessible and culturally responsive mental health services to underserved populations is a driving force in Dr. Opamen's practice.



DR. REBECCA OPAMEN
PRESENTER • LPC, NCC, TCYM, KAP
TITLE: The Impact of Racial Identity on Career Satisfaction Among Counseling Students



CONFERENCE ORGANIZERS AND PRESENTERS



DR. CONSTANCE B. HARRIS RUSSELL
PRESENTER
TITLE: The Continuum of Lens through Which Teachers View Cultural Differences: How Perceptions Impact Pedagogy

Dr. Melissa Galica is a Licensed Professional Counselor in Lubbock, Texas. She is currently working in private practice as well as an adjunct for the University of Tennessee at Martin in Counselor Education. She holds two masters (Sociology and Counselor Education) and a certificate (Women and Gender Studies) from Texas Tech University. She also has defended her Counselor Education dissertation at TTU on colligate mental health. Her other research interests include maternal postpartum depression and end of life care.
TITLE: Mental Health, Wellness, and Well being: Multicultural-Social Justice, Advocacy, Competencies, and Ethics Students



DR. MELISSA GALICA
PRESENTER • LPC



KENNETH LUMA
PRESENTER • M.S., LPC, NCC

Kenneth Luna is currently a Doctoral Student at Texas Tech University in Counselor Education & Supervision with the College of Education. Kenneth is currently a Licensed Professional Counselor in the Central Texas area. Kenneth is an owning partner of Speakeasy Counseling, LLC - who works primarily with clients who are LGBTQIA2S+. Kenneth obtained his Master's Degree in Clinical Mental Health Counseling from Texas A&M University-Central Texas and his Bachelor's Degree in Education from Texas State University. Kenneth's research interest includes affirming mental health care access for the LGBTQIA2S+ population and counselor educator access to quality mental health care training/education about the LGBTQIA2S+ community.
TITLE: Applying Multicultural and Social Justice Competencies as Tools to Address Mental Wellness Issues in Communities of Latinos, Women with Disabilities in Higher Education, LGBTQIA2S+ & Addressing Quality Education Across Social Generations

CONFERENCE ORGANIZERS AND PRESENTERS



CHELSEA JACKSON GARCIA
PRESENTER • M.Ed, LPC
ASSOCIATE, CSC (SHE/HER)

Chelsea is a second-year doctoral student in the Counselor Education program at Texas Tech University, College of Education. She is an LPC-Associate supervised by Bryan Moffitt, PhD, LPC-S, and is a certified school counselor. Chelsea received her bachelor's and master's from West TX A&M University. She is a current member of ACA, TCA, ASCA, and ACES. She is a middle school counselor and has a private practice. Her research agenda includes sex therapy and sexual dysfunction, masculinity and violence, school violence, high-risk behaviors, social justice and advocacy, gender norms, and feminist theory.

TITLE: Applying Multicultural and Social Justice Competencies as Tools to Address Mental Wellness Issues in Communities of Latinos, Women with Disabilities in Higher Education, LGBTQIA2S+ & Addressing Quality

SPONSORS



PLATINUM \$300:

- The Edge: A Company of Fine Artist
- TTU Graduate School
- Cultural Liaison Scholar in Residence, College of Education



GOLD \$200:

- Family Counseling Services
- West Texas Counseling Association
- Humanities Center



SILVER \$100:

- Choochai Thai Cuisine
- Northern Metro Counseling Association
- Women and Gender Studies

BRONZE \$50:

- Supreme Lacrosse

