Janet Froeschle Hicks, PhD, LPC, CSC

Professor, Texas Tech University

# *Education*

## Texas A & M University-Corpus Christi May 2005

## Dept. of Counseling & Educational Psychology

Ph.D. in Counselor Education (CACREP Accredited)

**Texas A & M University-Corpus Christi** May 1997

**Dept. of Counseling & Educational Psychology**

Master’s of Science Degree in Counseling

**Eastern NM University** May 1990

Portales, NM

B.S. Education, Minors in math and language arts

***University Administrative Experience*** January 2015-present

**Department Chair**

*Texas Tech University, Lubbock, TX*

* Supervise and monitor nine programs
* Write annual reviews for 45 faculty
* Oversee and write departmental budget
* Facilitate travel and grant requests
* Facilitate course scheduling for six programs
* Attend all program and administrative team meetings
* Assist faculty with promotion and tenure processes

**Associate Department Chair** August 2013-December 2014

*Texas Tech University, Lubbock, TX*

* Assist Department Chair with program leadership
* Mentor tenure track faculty
* Facilitate grade appeals
* Monitor program coordinator progress for 2 programs
* Attend program and administrative team meetings
* Fill in for chair in his absence

***University Teaching Experience***

**Professor** August 2009- Sept. 2015

*Texas Tech University, Lubbock, TX*

* Master’s level courses taught include: Intro to

School Counseling, Child and Adolescent

Counseling, Career Counseling, Dysfunctional Behavior,

Ethical & Legal Issues in Counseling, Play Therapy

* Doctoral courses taught include: Scholastic writing,

Advanced Theories, and Dissertation Committee

Chair and Membership

* Other duties: advisement, conference planning,

collaborate with students on writing, research, and

professional presentations, dissertation committees

**Assistant Professor/Program Coordinator** June 2006-May 2009

*West Texas A & M University, Canyon, TX*

* Master’s level courses taught include: School

Counseling, Group Counseling, Practicum,

Techniques, Career, Play Therapy, Theories,

Human Development, and Assessment.

* Other duties: school counselor coordinator,

advisement, conference planning,

write, proctor and grade comprehensive exams,

collaborate with students on research and

professional presentations, mentor school counseling

interns via e-bridge mentoring project

**Associate Professor**

*Adams State College, Alamosa, Colorado* June 2005-June 2006

Master’s level courses taught include: School Counseling,

Group Counseling, Counseling Internship, Research,

Law for School Counselors, Pre-Practicum (Principles

And Techniques of Counseling), and advisement

**Teaching Assistant (Graduate Assistant)** August 2004-May 2005

*Dr. R. Ricard, Texas A & M University-Corpus Christi*

Psychometrics/Assessment course

**Teaching Assistant (Graduate Assistant)** January 2005-May 2005

*Dr. Della Berlanga, Texas A & M University-Corpus Christi*

Developmental School Counseling Course

**Teaching Assistant (Graduate Assistant)** August 2004-Dec 2004

*Dr. Robert Smith, Texas A & M University-Corpus Christi*

Introduction to Marriage and Family Counseling

**Teaching Assistant** January 2004-May 2004

*Dr. Ken Maroney, Texas A & M University-Corpus Christi*

Human Growth & Development Course: Independent Study

**Teaching Assistant (Practicum Student Assistant)** January 1997–May 1997

*Dr. Holt, Texas A & M University-Corpus Christi*

The Counseling Process course

***Dissertation Committees***

Julie Merriman, methodologist, graduated with PhD, May, 2010

Stephan Berry, member, graduated with PhD, August, 2013

Bryan McClenagan, member, graduated with PhD, August, 2013

Laura Dawson, member, graduated with PhD, May, 2014

Melissa Gaa, member, graduated with PhD, December, 2014

Kathleen Phelan, member

Lynn Jennings, chair, graduated with PhD, May, 2015

Steve Talbert, member

Stephan Jennings, methodologist, graduated with PhD, May, 2015

Natalie Lenard, chair, will defend December, 2015

Cindy Miller, HFDS Program, member, graduates with PhD, December, 2015

Nefertiti Beck, member

Elizabeth Rogers, co-chair

Sarah Skoog, chair, will defend December, 2015

Macy Waltz, chair, will defend December, 2015

Shirley Johnson, co-chair

Ulysses Moore, member

Nicole Poulsen, methodologist

Sonya Torbert, methodologist

Kathryn Soule, methodologist

Tony Walker, methodologist

Holly Waddell, member

Regan Kruse, methodologist

DeAnna Green, chair

Laura Sparrow, member

Bryan Moffit, chair

Gerald Pennie, member

Calvin Day, chair

***Research Conducted***

Froeschle, J., Crews, C., Hicks, M., & Lenard, N. (2014-2016). The efficacy of text based

instant messaging in school and family counseling.

Duemer, L., & Froeschle, J. (2012-2015). Experiences of adult adopted children seeking birth

Certificates: Assisting students. Qualitative research in progress.

Froeschle, J. (2010-2011). The efficacy of solution focused cognitive approaches with substance

abusing students. Quantitative research completed 2011.

Froeschle, J. (2009-2010). Gender differences between male and female mechanical engineering

students. Quan-Qual research completed January, 2010.

Froeschle, J. (2008). The Role the Media Plays on the Development of Female Self Esteem and

Body Image. Quantitative research completed January, 2009.

Froeschle, J., & Mayorga, M. (2007). Educators’ Perceptions of the school counselor’s role.

Quantitative research completed May, 2007.

Froeschle, J. (2006). High School and Junior High School students’ perceptions of drug

prevention programs. Qualitative research completed December, 2006.

Froeschle, J. (2005-2009). Solution Focused Teaching: A Mixed Methods Study of an

Integration Between Counseling and Teaching Theory. Completed 2009.

Froeschle, J. (2004). The efficacy of a systematic substance abuse program. Quantitative

experimental research completed December, 2004.

***Research Interests/Agenda***

* Using Adlerian principles to decrease cyber-bullying and social aggression among youth
* Using solution focused counseling techniques to improve teaching in higher education
* Using counseling techniques to improve family counseling
* The efficacy of solution focused brief therapy in schools
* The efficacy of counseling programs for at-risk students and families in the school

setting

* The efficacy of comprehensive school guidance programs on student behaviors and

achievement

* Parent, family, and community interventions when teaching or counseling children

***Peer Reviewed and Edited Publications***

Froeschle, J., & Flamez, B. (in press). Early Adulthood: Physical and cognitive development.

In D. Capuzzi & M. Stauffer (Eds.). *Human Development.* John Wiley & Sons.

Flamez, B., & Froeschle Hicks, J. G. (in press). Death and dying. In D. Capuzzi & M. Stauffer

(Eds.). *Human Development.* John Wiley & Sons.

Crews, C., & Froeschle Hicks, J. G. (2015). Rolfing. In E. Neukrug (Ed.). *The Encyclopedia*

*of Counseling Theory.*

Froeschle Hicks, J.G., & Crews, C. (2015). Empowering youth victimized by cyber-bullying.

*Counseling Today, 57,* 48-53.

Froeschle Hicks, J.G., Skoog, S., & Crews, C. (2015). Empowering cyberbullied youth: A

solution focused Adlerian counseling model. *VISTAS*.

Froeschle Hicks, J.G., & Flamez, B. (2015). Sexuality and gender in couples counseling (p.317-

337). In D. Capuzzi & M. Stauffer (Eds*.). Fundamentals of couples, marriage, and family*

*counseling.* John Wiley & Sons.

Flamez, B., & Froeschle Hicks, J.G. (2015). Effectively using research and assessment in

couples and family therapy (p. 71-96). In D. Capuzzi & M. Stauffer (Eds)*. Fundamentals*

*of couples, marriage, and family counseling*. John Wiley & Sons.

Skoog, S., & Froeschle Hicks, J. G. (2014). The party’s over: Treating grief during recovery for

alcoholic women. In G. R. Walz, & J. C. Bleuer, & (Eds.). *VISTAS 2014.* Article 42.

Retrieved from http://counselingoutfitters.com/vistas/VISTAS\_Home.htm.

Froeschle Hicks, J. G. F., Noble, N., Berry, S., Talbert, S., Crews, C., Li, J., & Castillo, Y.

(2014). An Ethics Challenge for School Counselors: Part 2. *Journal of School Counseling,*

*12*(1). Retrieved from <http://www.jsc.montana.edu/articles/v12n1.pdf>

Li, J., & Froeschle, J.G. (2013). Culturally Effective Interventions for Emotionally

Disturbed Chinese Children. In G. R. Walz, & J. C. Bleuer, & (Eds.). *VISTAS 2013.* Article

36. Retrieved from http://counselingoutfitters.com/vistas/VISTAS\_Home.htm.

Froeschle, J. G., Crews, C., & Li, J. (2013). Ethically assisting students via social media.

*VISTAS, 2013.* Article 13. Retrieved at

http://counselingoutfitters.com/vistas/VISTAS\_Home.htm

Froeschle, J., Hunt, E., Riney, M., & Froeschle, H. (2013). Counselors as Partners in the

Recruitment/Retention of Female Mechanical Engineering Students. *VISTAS, 2013.* Article

1. Retrieved athttp://counselingoutfitters.com/vistas/VISTAS\_Home.htm

Bradley, L., Froeschle, J. G., Parr, G., & Hendricks, B. (2013). Using Solution focused

evaluation to engage students in the learning process. In *Teaching in Counselor Education:*

*Engaging Students in Meaningful Learning.* Association for Counselor Educators &

Supervisors.

Riney, M., & Froeschle, J.G. (2013). Socialization of female engineering students. In J. Kunz,

(Ed.). *Sociology: Beyond the Millennium*. Kendall Hunt Publishers.

Riney, M., & Froeschle, J. (2012). Socialization processes of engineering students: Differences

in the experiences of females and males. *Administrative Issues Journal, 2*(1)*,* 3-13.

Crews, C., Froeschle, J., & Li, J. (2012). Solution focused social interest: A targeted approach

to treating internet addiction. *VISTAS, 2012.*Article 84. Retrieved at

http://counselingoutfitters.com/vistas/VISTAS\_Home.htm

Crews, C., Froeschle, J., & Driscoll, R. (2011). The test anxiety reduction program. In T. Fitch

& J.L. Marshall, *Group work and outreach plans for college counselors* (pp. 33-42).

Alexandria, VA: American Counseling Association.

Froeschle, J. G., Crews, C, & Li, J. (2011). *A School and Technology Based*

*Program: Healing families affected by cyber-bullying*. Article 65. Retrieved from

<http://counselingoutfitters.com/vistas/vistas11/Article_xx.pdf>

Froeschle, J. G., & Crews, C.  (2010). An ethics challenge for school counselors. In M. A.

Hermann, T. P. Remley, Jr., & W. C. Huey, *Ethical and legal issues in school counseling*

(3rd ed., pp. 27-40).  Alexandria, VA:  American School Counselor Association.

Froeschle, J., & Moyer, M.  (2010). Just cut it out:  Legal and ethical challenges in counseling

students who self-mutilate.  In M. A. Hermann, T. P. Remley, Jr., & W. C. Huey, *Ethical*

*and legal issues in school counseling* (3rd ed., pp. 171-180).  Alexandria, VA:  American

School Counselor Association.

Froeschle, J. G., Mayorga, M., & Moe, J. (2010). Counselor Wellness Behavior and its Effects

on Counselor Educator’s Vulnerability to Stress. *Professional Issues in Counseling,*

Retrieved at http://www.shsu.edu/~piic/Fall2010/CounselorWellness.htm

Froeschle, J. G., & Crews, C. (2010). Examining teacher perspectives of creative relaxation.

*Journal of Creativity in Mental Health, 5,* 290-304*.*

Froeschle, J. G., Ray, J., & Castillo, Y. (2010). Using online mentoring to assist in the

development of LGBTQ students. *Louisiana Counseling Journal, 17,* 32-41.

Froeschle, J. G., & Crews, C. (2010). An ethics challenge for school counselors. *Journal of*

*School Counseling, 8*(14). Retrieved from <http://www.jsc.montana.edu/articles/v8n14.pdf>

Froeschle, J. G., & Crews, C. (2010). *The efficacy of a collaborative stress*

*management program for teachers.* Retrieved from

<http://www.counseling.org/Resources/Library/VISTAS/2010-V-> Online/Article\_71.pdf

Froeschle, J., & Crews, C. (2010). Assisting diverse female rape victims: A multi-cultural

model for school counselors. *New York State School Counseling Journal, 7,* 20-26.

Froeschle, J. G. (2009). Empowering abused women through equine assisted career therapy.

*Journal of Creativity in Mental Health, 4,* 180-190*.*

Froeschle, J. G. (2009). Using career counseling to influence minority dropout rates. In *VISTAS*

*Online 2009.* Retrieved from

http://www.counseling.org/Resources/Library/VISTAS/vistas09/vistas09.pdf

Froeschle, J. G. (2009). Using career counseling to influence minority dropout rates. In G. R.

Walz, J. C. Bleuer, & R. K. Yep (Eds.). *Compelling Counseling Interventions: VISTAS 2009*

(pp.11-20). Alexandria, VA: American Counseling Association.

Froeschle, J. G., & Nix, S. (2009, February 9). A solution-focused leadership model:

Examining perceptions of effective counselor leadership. *Journal of School Counseling,*

*7*(5). Retrieved from <http://www.jsc.montana.edu/articles/v7n5.pdf>

Hargrave, T., Froeschle, J., & Castillo, Y. (2009). Forgiveness and Spirituality: Elements of

Healing in relationships *Spiritual Resources in Family Therapy,* 72 Spring

Street, New York, NY:  Guilford Publications, Inc.

Froeschle, J., Mayorga, M., Castillo, Y., & Hargrave, T. (2008). Implementing strategies to heal

the mental anguish caused by cyberbullying. *Middle School Journal, 39*(4), 30-34.

Froeschle, J. G. & Moyer, M. (2008).  Junior high and high school students’ perceptions of

school based drug prevention. *Professional Issues in Counseling*. Retrieved at

<http://www.shsu.edu/~piic/winter2008/Froeschle.html>

Froeschle, J. G. & Riney, M. (2008).  Using Adlerian Techniques to Prevent Social Aggression.

*Journal of Individual Psychology, 64(3)*, 416-431.

Froeschle, J., Castillo, Y., Mayorga, M., & Hargrave, T. (2008).  Counseling Techniques for

Adolescent Females with Polycystic Ovary Syndrome. *Journal of Professional Counseling:*

*Practice,* *Theory, and Research, 36,* 17-29.

Froeschle, J., Smith, R., & Ricard, R. (2007). The efficacy of a systematic drug prevention

program for adolescent girls. *Professional School Counseling, 10*(5), 498-505*.*

Froeschle, J. (2007). History & controversy. *The Social Studies Texan, 23,* 16.

Froeschle, J. G. (2006, December 18). Solution focused empathy training groups

for students with fire-setting behaviors. *Journal of School Counseling, 4(*23).

Retrieved from <http://www.jsc.montana.edu/articles/v4n23.pdf>

Froeschle, J. (2006). The U.S. railroad’s impact on career and labor issues. *The Social Studies*

*Texan, 22,* 26.

Froeschle, J. & Moyer, M. (2004). Just cut it out: Legal & ethical challenges in counseling

students who self mutilate. *Professional School Counseling, 7*(4), 231-35.

Froeschle, J., Castillo, Y., Castro, V., & Castillo, Y. (2004). No child left uncounseled: The

middle school counselors’ challenge to assist students. *Education 2004: No Student Left*

*Behind,* 55- 67.

***Publications In Process***

Froeschle Hicks, J.G., Awbrey, B., & Willingham, M, Berry, S., & Waltz, M. (under review). Using solution focused running therapy to help depression and anxiety among

college athletes. *Professional Issues in Counseling.*

Froeschle Hicks, J. G., & Berry, S. (under review). Using solution focused brief therapy in

couples and family counseling. *The Family Journal*.

Froeschle Hicks, J. G., Lenard, N., & Brendle, J. (under review). Utilizing Filial Play

Therapy with Pre and Post-Deployment Military Families. *International Journal of Play*

*Therapy.*

Duemer, L., & Froeschle Hicks, J. G. (under review). Perceptions of Adults Adopted As

Children: Implications for Family Counselors. *The Family Journal.*

***Grant Submissions***

Froeschle Hicks, J. G., Parr, G., & Crews, C. (2015, October). Mental health expansion in

Lubbock, TX. Meadows Foundation. Submitted grant in the amount of $450,500.00.

Froeschle Hicks, J. G., Crews, C., & Back, S. (2014, August). Social and behavioral context of

learning grant. Unfunded grant submitted in the amount of $140,000. IES.

Crews, C., Froeschle Hicks, J. G. Co-PI, & Back, S. Co-PI (2014, July). Developing Knowledge

About What Works to Make Schools Safe. Unfunded grant submitted in the amount of

$680,000 U.S. Department of Justice.

Frye, G., Crews, C., & Froeschle Hicks, J. G., Poulsen, N. Supporting investigators in

conjunction with LCISD. (2014, June). “Now is the Time” Project AWARE Local

Educational Agency Grants, Center for Mental Health Services, Substance Abuse and

Mental Health Services Administration. Funded grant submitted in the amount of

$9,419,000, Fall 2014.

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Crews, C., & Froeschle, J. (2012, July). Treatment of technological overuse using personality

type. Unfunded Internal grant submission, Texas Tech University.

Froeschle, J. (2010, August). The efficacy of solution focused brief therapy for students

suffering from cyber victimization. Unfunded Submission to the Viola W. Bernard

Foundation.

###### *National and International Presentations*

Skoog, S., & Froeschle Hicks, J. G. (February, 2016). *6 Guidelines to Treating Addiction*

*Related Grief.* Association for Specialists in Group Work Conference, Washington, D.C.

Froeschle Hicks, J. G. (February 19, 2016). *Adults Adopted As Children: Research Based*

*Implications for Groups*. Association for Specialists in Group Work Conference,

Washington, D.C.

Froeschle Hicks, J. G. (February 18, 2016). *Adults Adopted As Children: Research Based*

*Implications for Groups*. Association for Specialists in Group Work Conference,

Washington, D.C.

Froeschle, Hicks, J. G. (2015, October). Overcoming bullying: Strategies for teachers, parents,

and students. Keynote and national speaker at the Troy University Annual School

Conference. Montgomery, Alabama.

Froeschle Hicks, J. G. (2015). *Technology: The answer to cyber-bullying?* Invited

Demo presentation at American Counseling Association Conference & Expo, Orlando, FL.

Poulsen, N., Rogers, E., Berry, S., Crews, C., & Froeschle Hicks, J.G. (2015*). Emerging issues*

*in the symptomology and diagnosis of synthetic marijuana use*. Accepted

presentation at American Counseling Association Conference & Expo, Orlando, FL.

Berry, S., Crews, C., Poulsen, N., & Froeschle Hicks, J.G. (2015). *When catastrophe hits: A*

*grounded theory of school counselors in crisis events.* Accepted presentation at American

Counseling Association Conference & Expo, Orlando, FL.

Lenard, N., & Froeschle Hicks, J. G. (2014). *Using filial play therapy with pre and post*

*deployment military families.* Annual APT International Conference, October 9, 2014,

Houston, TX.

Froeschle Hicks, J. G. (2014). *Using solution focused Adlerian techniques to combat cyber-*

*bullying: A counseling demonstration.* Invited presentation at American Counseling

Association Conference & Expo, March, 2014, Honolulu, HI.

Crews, C., Froeschle, J.G., & Parr, G. (2013*). Counselor Educators on the Early Adoption of*

*Essential Technologies for Use In the Counseling Classroom, In the Field, and In the Cloud*.

Presented at the Association for Counselor Educator’s and Supervisor’s Conference.

October, 2013. Denver, CO.

Flamez, B., & Froeschle, J. (2013). *Best Practices in Marriage and Family Counseling.*

Presented at the American Counseling Association Conference. March 2013. Cincinnati,

OH.

Crews, C., Froeschle, J. (2012). Advocating for generational parenting: Social justice,

education, and social development. 5th Annual Crimes Against the Elderly Conference. El

Paso, TX. (October 9, 2012).

Smith, R. L., Flamez, B., & Froeschle, J. (2012). *Best Practice in Marriage and Family*

*Counseling.* Presented at the American Counseling Association Conference, March, 2012.

San Francisco, CA.

Crews, C., Froeschle, J., Bradley, L., & Hendricks, B. (2011). *Teaching Advocacy*

*to Future Leaders in Counseling.* Presented at the Association for Counselor Educator’s and

Supervisor’s Conference, October, 2011. Nashville, TN.

Smith, R. L., Southern, S., Flamez, B., Devlin, J., & Froeschle, J. (2011). *Research and*

*Practice: Couple and Family Counseling.* Accepted for American Counseling Association

Conference, March, 2011. New Orleans, LA.

Froeschle, J. G. (2010). *The Dark Side of Technology.* Blog Talk Radio. Retrieved from

<http://www.blogtalkradio.com/search?q=Froeschle+Dark+Side>

Froeschle, J. G. (2010). *Using Solution Focused Evaluation Techniques to Educate Future*

*Counselors*. Presented at the Association for Assessment in Counseling Conference,

September, 2010. Memphis, TN.

Smith, R. L., Watts, R., & Froeschle, J. (2010). *Strategies/techniques in couples and family*

*counseling.* American Counseling Association Conference, March, 2010. Pittsburgh, PA.

Smith, R. L., Devlin, J., Froeschle, J., & Hendricks, B. (2009). *Psychoeducational research in*

*school and family settings.* Education Research Conference, January, 2009, Honolulu, HI.

Smith, R. L., Froeschle, J., & Zamarripa, M. (2009). *Meta and Content Analysis:*

*Research in School and Family Counseling.* American Counseling Association

Conference, March, 2009, Charlotte, N.C.

Froeschle, J. & Castillo, Y. (2008). *Using Career Counseling to Influence Minority Drop Out*

*Rates.* National Career Development Association Global Conference, July 10, 2008,

Washington, D.C.

Castillo, Y. & Froeschle, J. (2008). *Agents of Hope in Assisted Living Communities: Positive*

*Ways to Ease the Transition.*   Accepted for Society forResearch in Adult Development,

New York, New York. Accepted for Society for Research in Adult Development, March,

2008, New York, New York.

Froeschle, J., Castillo Y., Mayorga, M., Wardle, A., & Quintanilla, Y. (2008). The Role the

Media Plays on the Development of Female Self Esteem and Body Image. Accepted for

Society for Research in Adult Development, March, 2008, New York, New York.

Smith, R. L., Ricard, R. L., Froeschle, J., Quintanilla, & Gonzalez, N. (2007).

*Research experiences of graduate students.* American Counseling Association

Conference, March 23, 2007, Detroit, MI.

Hendricks, B., Bradley, L, Foster, V., Froeschle, J., Quintanilla, Y., Gonzalez, N., Ake, L.,

Blake, K., & Salinas, C. (2007). M*entoring graduate students: Faculty and student*

*perspectives.* American Counseling Association Conference, March 24, 2007, Detroit, MI.

Froeschle, J., Capps, F., & Garcia, E. (2004). *Dance floor pharmacology.* American Counseling

Association Conference, April 1, 2004, Kansas City.

***State Presentations***

Moore, U., Hicks, J. G., & Crews, C. R. (2015, November). S*uicide intervention techniques for*

*the military.* Texas Counseling Association Professional Growth Conference, Corpus Christi,

TX.

Humphries, K., Risner, W., Froeschle Hicks, J. G., & Moyer, M. (2015, November). *Non-*

*suicidal self-injury*: *Cutting through the pain*. Texas Counseling Association Professional

Growth Conference, Corpus Christi, TX.

Crews, C., & Froeschle Hicks, J. (2015, November). *Bringing Counselors into 21st Century*

*Technological Conversations.* Texas Counseling Association Professional Growth

Conference, Corpus Christi, TX.

Deming, E., Poulsen, N., & Froeschle Hicks, J. G. (2014, November). *Coloring outside the*

*lines: Creative techniques using art with children and adolescents.*

Lenard, N. J., Froeschle Hicks, J. G., Crews, C., & Waltz, M. (2014, November). *Exploring*

*Video Games to Better Identify Themes in Play.* Texas Counseling Association Professional

Growth Conference, Dallas, TX.

Skoog, S., & Froeschle Hicks, J. G. (2014, November). *Who You Gonna Call? MYTH*

*BUSTERS! : A Candid Conversation About the Myths and Stereotypes of Alcoholic Women*

*and How It Affects Treatment.* Texas Counseling Association Professional Growth

Conference, Dallas, TX.

Parr, J., & Froeschle Hicks, J. G. (2014, January). *Group work to promote multicultural*

*competence*. Presented at the Texas Association for Counselor Educator’s & Supervisors’

Conference. Austin, TX.

Crews, C., & Froeschle Hicks, J. G. (2013, November). *Technology in counseling.* Presented at

the Graduate Student Breakfast, Texas Counseling Association Professional Growth

Conference. San Antonio, TX.

Lenard, N., & Froeschle Hicks, J. G. (2013, November). *Using filial play therapy to help*

*military families cope with deployment.* Presented at the Texas Counseling Association

Professional Growth Conference, San Antonio, TX.

Skoog, S., & Froeschle Hicks, J. G. (2013, November). *The Party’s Over.* Presented at the

Texas Counseling Association Professional Growth Conference, San Antonio, TX.

Marbley, A., McGaha, V., Bradley, L., Wimberly, C., Li, J., & Froeschle Hicks, J. (2013,

November). *Multicultural social justice advocacy leadership: Ethical principles for working*

*with marginalized populations.* Presented at the Texas Counseling Association Professional

Growth Conference, San Antonio, TX.

Berry, S., & Froeschle Hicks, J. G. (2013, September). *Crisis management in the school setting*.

Texas Counseling Association Guidance Directors Conference. Corpus Christi, TX.

Froeschle, J., Parr, G., Bradley, L., & Hendricks, B. (2013, January). *Solution focused teaching*

*and assessment.* Texas Association for Counselor Educators and Supervisor’s Conference.

Austin, TX.

Froeschle, J., Crews, C., Jennings, L., Jennings, S., & Poulsen, N. (2012). *Counseling Children*

*of Trauma: Physiological, Psychological, and Behavioral Interventions.* Presented at the

Texas School Counseling Conference, February, 2012, Galveston, TX.

Froeschle, J., Bradley, L., Crews, C., & Moyer, M. (2011). *Just Cut It Out*. Texas Counseling

Association School Counseling Conference. February, 2011, Arlington, TX.

Crews, C., Bradley, L., Hendricks, B., Froeschle, J., Marbley, A., & Parr, G. (2010). *Counselor*

*Supervision*. Texas Counseling Association Professional Growth Conference, November,

2010, Austin, TX.

Froeschle, J., & Crews, C. (2010). *Cybersex, sexting, and cyberbullying: The dark side of*

*technology.* Elementary and Secondary Counselors Conference. February 15, 2010,

Galveston, Texas.

Froeschle, J., Castillo, Y., & Clayton, S. (2009). *The journey: Navigating the autism spectrum*

*one day at a time.* Texas Counseling Association Professional Growth Conference,

November, 2009.

Froeschle, J., Castillo, Y., & Clayton, S. (2009). *The courage to dream: Guiding and inspiring*

*students with Asperger’s Syndrome.* Texas Counseling Association Professional Growth

Conference, November, 2009.

Froeschle, J., Castillo, Y., & Clayton, S. (2009). *Innovative strategies for reducing alcohol*

*abuse in secondary schools.* Texas Counseling Association Secondary School Counseling

Conference, February 16, 2009, Austin, Texas.

Froeschle, J., Castillo, Y., & Clayton, S. (2009). *Strength in stories: Using narrative therapy*

*approaches to empower families and adolescents with Asperger’s Syndrome.* Texas

Counseling Association Secondary School Counseling Conference, February 17, 2009,

Austin, Texas.

Froeschle, J., Castillo, Y., Kygar, K., & Clayton, S. (2008, November). *THIS is Me, and I LOVE*

*Me! Mindful Treatments for College Women with Eating Disorders'.*  Texas Counseling

Association Professional Growth Conference, November 6, 2008, Houston, Texas.

Castillo, Y., Froeschle, J., Mayorga, M., Wardle, A., Hoefl, M. (2008). *Agents of hope and*

*healing: Positive ways to ease transition into assisted living communities.* Texas Counseling

Association Professional Growth Conference, November 7, 2008, Houston, Texas.

Froeschle, J. & Castillo, Y. (2008). Pyromania and Fire setting Behaviors. Presented at Texas

Counseling Association Secondary School Counselor Conference, February, 2008,

Galveston, Texas.

Froeschle, J. & Castillo, Y. (2007). *Affecting the quality of women’s lives everywhere: PCOS,*

*depression & what mental health professionals need to know.* Texas Counseling Association

Conference, November, 2007, Corpus Christi, TX.

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Froeschle, J. (2007, May). *Self mutilation: the school board member’s role in helping students.*

Texas Association for School Boards Conference, May 16, 2007, Canyon, TX.

Froeschle, J. & Mayorga, M.(2006). *Bullying: Alive and well on the internet.* Texas Counseling

Association Convention, November 30, 2006, San Antonio, TX*.*

Froeschle, J. & Moyer, M. (2004). *Just cut it out: Updating legal & ethical issues when working*

*with students who self-mutilate.* Texas Counseling Association Conference**,** November,

2004, Fort Worth, Texas.

Froeschle, J. & Moyer, M. (2003). *Just cut it out: Legal & ethical challenges in counseling*

*students who self-mutilate.* Texas Counseling Association Conference**,** November, 2003,

Galveston, TX.

Froeschle, J. & Abel, A. (2003). *Flash judgments.* Texas Counseling Association Conference,

November, 2003, Galveston, TX.

Froeschle, J., Capps, F., & Garcia, E. (2003). *Dance floor pharmacology.* Texas Counseling

Association Conference, November 6, 2003, Galveston, TX.

Froeschle, J. (1998). *Breaking the cycle of abuse.* Texas Baptist Schools Convention, Corpus

Christi, TX.

Froeschle, J. (1994). *Effective math teaching strategies.* Texas Middle School Association

Conference, Corpus Christi, TX.

***Local Presentations***

Froeschle Hicks, J. G., & Crews, C. (2014, Oct.). *Solution focused brief therapy.* South

Plains College, Levelland, TX.

Froeschle Hicks, J.G. (2014, Sept.). *Wellness in counseling*. Texas Tech University Professional

Growth Conference.

Crews, C., Froeschle Hicks, J. G., & Green, L. (2014, July). *Trends in career counseling.* South

Plains College, Levelland, TX.

Froeschle Hicks, J. G., Crews, C., & Poulsen, N. (2014, May). *Ethically assisting the self-*

*injuring student.* Lubbock-Cooper school counselor training, Lubbock, TX.

Bradley, L., Froeschle Hicks, J. G., & McClenagan, B. (2014, April). *The DSM-5: History &*

*Changes.* Texas Tech University Professional Growth Conference.

Froeschle Hicks, J. G. (2013, November). *Assisting the self-injuring student.* LISD school

counselor training, Lubbock, TX.

Froeschle Hicks, J., Crews, C., Killough, J., & Edmondson, T. (2013, October). *Getting ALL*

*students college and career ready.* South Plains Career Expo. Lubbock, TX.

Froeschle Hicks, J. , & Bradley L. (2013, June).*Cyberbullying and Sexting.*  Lubbock ISD

Leadership Conference, June, 2013.

Froeschle Hicks, J. G. (2013, Sept.). *Solution focused brief therapy.* Permian Basin Counselor’s Association.

Froeschle, J. G., Hendricks, B., & Gould, L. J. (2013, Sept.). *Stress management for*

*counseling professionals.* Texas Tech University Professional Growth Conference. Lubbock,

TX.

Crews, J., & Froeschle, J. (2013, Feb.). *Technology in Counseling.* Texas Tech Counselor

Education Professional Growth Conference.

Froeschle, J., Parr, G., & Bradley, L. (2013, Feb.). *Solution focused supervision.* Texas Tech

Counselor Education Professional Growth Conference.

Froeschle, J., & Crews, C. (2012). *Issues in Counseling.* Lubbock ISD Leadership Conference,

June 7, 2012.

Marbley, A., & Froeschle, J. (2012). *Ethics and social justice issues in supervision.* Texas Tech

University Growth Conference, February, 2012. Lubbock, TX

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Froeschle, J., & Bradley, L. (2011). *Solution focused teaching.* Lubbock ISD Leadership Conference, June, 2011. Lubbock, TX.

Froeschle, J., Crews, C., & Bradley, L. (2010). *Solution focused leadership.* Lubbock ISD

Leadership Conference, June 17, 2010, Lubbock, TX.

Froeschle, J. (2009). *Using solution focused strategies to influence the minority dropout rate.*

Accepted for the National Association for Multi-cultural Education, February, 2009, Texas

Tech University, Lubbock, Texas.

Froeschle, J. (2009). *PTSD: What counselors need to know.* Invited presentation at Family

Counseling Services, December, 2009, Lubbock, Texas.

Froeschle, J. (2009). *Ethics training for school counselors.* Lubbock Independent School

District, November, 2009, Lubbock, Texas.

Crews, C., & Froeschle, J. (2009). *School guidance programs in Texas.* Invited presentation at

West Texas Counseling Association, November, 2009, Lubbock, Texas.

Froeschle, J. (2009). *Destructive Behaviors.* Invited presentation at Amarillo Childcare

Association. April, 2009, Amarillo, Texas.

Froeschle, J. (2008). Pyromania and fire-setting behaviors: Strategies to help students in the

school setting.   Invited presentation at High Plains Counseling Association Winter

Workshop, January, 2008, Amarillo, Texas.

Castillo, Y. & Froeschle, J. (2007). Advocating for a New Generation: Counseling Children &

Adolescents in the 21st Century. Invited presentation at High Plains Counseling Association

Fall Luncheon, October, 2007, Amarillo, Texas.

Castillo, Y., & Froeschle, J. (2007). *Advocating for a new generation: Counseling children and*

*adolescents in the 21st century.* High Plains Counseling Association Luncheon, October,

2007, Amarillo, TX.

Froeschle, J. (2007). *Cyberbullying.* Invited presentation at High Plains Counseling Association

Conference, January, 2007, Amarillo, TX.

Froeschle, J. (2005). *The school counselor’s role in crises such as suicide or self-injury,*

Corpus Christi ISD Counselor In-service, January, 2005, Corpus Christi, TX.

Froeschle, J. (2004). *Effective drug prevention strategies in the school setting****.*** Corpus Christi

ISD Counselor In-service, September, 2004, Corpus Christi, TX**.**

Froeschle, J. & Moyer, M.. (2004). *Just cut it out: Legal & ethical challenges in counseling*

*students who self-mutilate.* Chi Sigma Iota Meeting**,** March, 2004,Corpus Christi, TX.

Froeschle, J.(2004)**.** *Solution focused brief therapy in the school setting.* Corpus Christi ISD

Counselor In-service, January, 2004, Corpus Christi, TX**.**

Froeschle, J. & Moyer, M.. (2003). *Just cut it out: Legal & ethical challenges in counseling*

*students who self-mutilate,* Corpus Christi ISD Counselor In-service, August, 2003, Corpus

Christi, TX**.**

Froeschle, J. (2003). *Effective school counseling programs,* Chi Sigma Iota Meeting, March,

2003, Corpus Christi, TX.

Froeschle, J. (2001). *An effective school based program for children of divorce.* Corpus Christi

ISD Counselors In-service.

Froeschle, J. (1997, April). *Motivation is the key to math success.* Wynn Seale Middle School

Faculty Presentation, April, 1997, Corpus Christi, TX.

Froeschle, J. (1997). *Motivation is the key to math success.* Corpus Christi ISD Leadership

Conference, January, 1997, Corpus Christi, TX.

***Counseling and Public School Teaching Experience***

**Clinical Mental Health Counselor**

Family Counseling Services, Lubbock, TX October 2009-October 2011

Counsel substance abuse clients, couples, and families

**Lead School Counselor** August 1998- June 2005

*Kaffie Middle School, Corpus Christi, TX*

Established and evaluated comprehensive school

guidance program

**Counseling Intern (MS Counseling Internship)** January 1997 –May 1997

*Rainbow House Women’s Shelter*

*Corpus Christi, TX*

**Math Teacher** Feb 1992 – Aug 1998

*Kaffie Middle School, Corpus Christi, TX*

**Substitute Teacher – Primary & Secondary** Aug 1991 – Feb 1992

*Clovis Municipal Schools, Clovis, NM*

**Math, Music, and Chapter 1 Teacher** Aug 1990 – May 1991

*Floyd, NM*

***Service***

*Service to the Profession*

American Counseling Association Expert Spokesperson for the national, state, and local media

CACREP Site Team Accreditation Member 2011-present

Texas Counseling Association Research Committee Co-Chair 2014-2016

Newsletter Contributor for the Texas Career Development Association, 2014

International Association of Marriage and Family Counseling Special Events Chair, 2012- 2014

American Counseling Association Conference Program Reviewer for 2012 -2016

Conferences

Texas Counseling Association Research Committee Member, 2009-2010 and 2013-2014

Conference Proposal Reviewer AARC Conference 2013

Consult with police officials to establish program for assisting abused children in Czechoslovakia 2013

Association for Assessment in Counseling & Education Standards Committee Member, 2011

Reviewer for the *Journal of Women and Minorities in Engineering,* 2010-2012

Texas School Counseling Association Ethics & By Laws Committee Member, 2009-2010

Texas Counseling Association Conference Program Selection Committee Member, 2007

Invited presenter at High Plains Counseling Association meetings 2007, 2008, 2011

Served as a mentor for school counselors and teachers via the e-bridge mentoring program,

2006 and 2007, West Texas A & M University

Planned local conferences to educate community and school counselors. Speakers included Jon

Carlson and Norman Gysbers and were held at West Texas A & M University, 2007, 2008.

*Service to the Community*

Conduct trainings on SFBT for Midland ISD and Region 17 in 2015.

Conduct trainings for South Plains College, LCISD, and LISD school counselors in 2013-2014.

Counsel clients pro-bono at Family Counseling Services, 2014

Compiled and reported outcome data for Family Counseling Services, 2012-2015

Organized, planned, and presented at bi-annual TTU Growth Conference, 2012-2015

Presented to LISD in June, 2011, 2012-Trained to incorporate counseling theory into teaching

Presented information on self-injury to NAMI, February, 2011

Trained school counselors to use solution focused brief therapy and ethics within LISD, 2010-

2013.

Trained counseling interns on PTSD and cyber bullying at Family Counseling Services 2009

Trained Dr. Gould and Dr. Crews’ counseling students on proper procedures when students

self-injure, spring, 2014.

Conducted parent training at Family Counseling Services July 10, 2010

Trained the community on cyber-bullying issues via a national online radio show

Trained middle school counselors on cyber-bullying, Canyon ISD, November 8, 2006

Trained school board members on self injury, Canyon, TX, May 16, 2007

Career Day Speaker, Westover Park Junior High, Canyon ISD, April 26, 2007

Conducted a parent training on cyber-bullying at OakDale Elementary School, Amarillo, TX on

January 19, 2007.

Assist school counselors with guidance curriculum/group counseling strategies at Westover

Park Junior High School, Amarillo, Texas on March 5, 2007.

*Service to the University/College/Department*

Served as Department Chair, 2015 to present

Served as Associate Department Chair, 2013-2014

Served on the GAAC Committee, 2012-2014

Served on the Annual EP & L Review Committee, 2012-2014

Write sections within the CACREP self-study; rewrite EPSY course syllabi to include CACREP standards and consult with EPSY Program Coordinator

Currently plan bi-annual counseling conference held each year at Texas Tech University

Served on Grade Appeal Committee, 2013

Authored paperwork for coordinating board approval of 60 hour counseling program, 2013

Member of the Faculty Council, 2011-2012

Spearheaded project to partner with West Texas A & M University and start a doctoral program

in the area 2011

Announced names of honorees at Texas Tech University College of Education Medallion

Ceremony August, 2010

Actively recruited students for Texas Tech University doctoral program and school counseling

programs

Wrote paperwork to be submitted to the coordinating board for doctoral program

expansion. Met with deans at WTAMU to establish partnership to recruit students.

Presented to Dr. Bradley and Dr. Ko’s counseling courses at Texas Tech University, 2009,

2010, Dr. Crews’ class 2010 , 2013, and 2014

Member, West Texas A & M University Curriculum Committee, 2008

Member, West Texas A & M University Post Tenure Review Committee, 2008

Member, West Texas A & M University Parking Committee, 2008

Presented on polycystic ovary syndrome to students/faculty at West Texas A & M University

via Women’s Day Career Poster, March 6, 2008.

***Special Skills***

Knowledge of CACREP Standards and Accreditation Process

Knowledge of school counseling programs, the *ASCA National Model*, and methods to

implement comprehensive guidance and counseling programs.

Knowledge of computer applications necessary for integrating technology into teaching such as:

website navigation and creation, WebCT, Wimba, Blackboard, Angel, Word, Excel,

PowerPoint, and Microsoft Works

Solution Focused Brief Therapy counseling skills with groups, individuals, and families

Career Counseling skills and experience in the field and teaching

Integrative counseling skills with groups, individuals, and families

Rational Emotive Behavior Therapy skills with groups, individuals, and families

Mediation training and program development

Career planning, career program curriculum writing, and test coordination for high school

transition

Counselor Supervision: Supervised and advised many students within the school and

community setting

Worked with multicultural populations and with all age levels

Facilitated school based conflict resolution and prejudice reduction

Curriculum writing and coordination of drug prevention and abstinence programs

***Certifications & Licensure***

Certified School Counselor K-12, Texas

Certified teacher K-8, Texas

Licensed Professional Counselor in Texas

#### *Honors & Awards*

Inducted into American Counseling Association Fellows 2015

Graduated President’s Leadership Institute TTU 2015

Inducted into the TTU Teaching Academy 2013

College of Education Barney E. Rushing, Jr. Research Award 2013-14

Nominated for President’s Excellence in Teaching Award 2013

Distinguished Service Award, IAMFC 2013

College of Education Hemphill-Wells Teaching Award 2011

Nominated for Alumni Association New Faculty Award 2011

Counselor of the Year, HPCA 2008, 2009

Lead Counselor 1998

Teacher of the Year 1995

Outstanding Undergraduate Student 1990

***Professional Memberships***

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#6201304 **American Counseling Association,** Member and Expert Media Spokesperson

#20593 **Texas Counseling Association,** Member and Research Committee Co-Chair

**Texas Association for Counselor Educators and Supervisors,** Member

**Texas School Counselors Association,** Member

**Association for Counselor Educators and Supervisors,** Member

**International Association of Marriage and Family Counselors,** Member and former Committee Chair

**Association for Research and Assessment in Counseling,** Former Member

**West Texas Counseling Association,** Member

**American School Counselors Association,** Member

**Association for Specialists in Group Work,** Member

**National Career Development Association,** Former Member