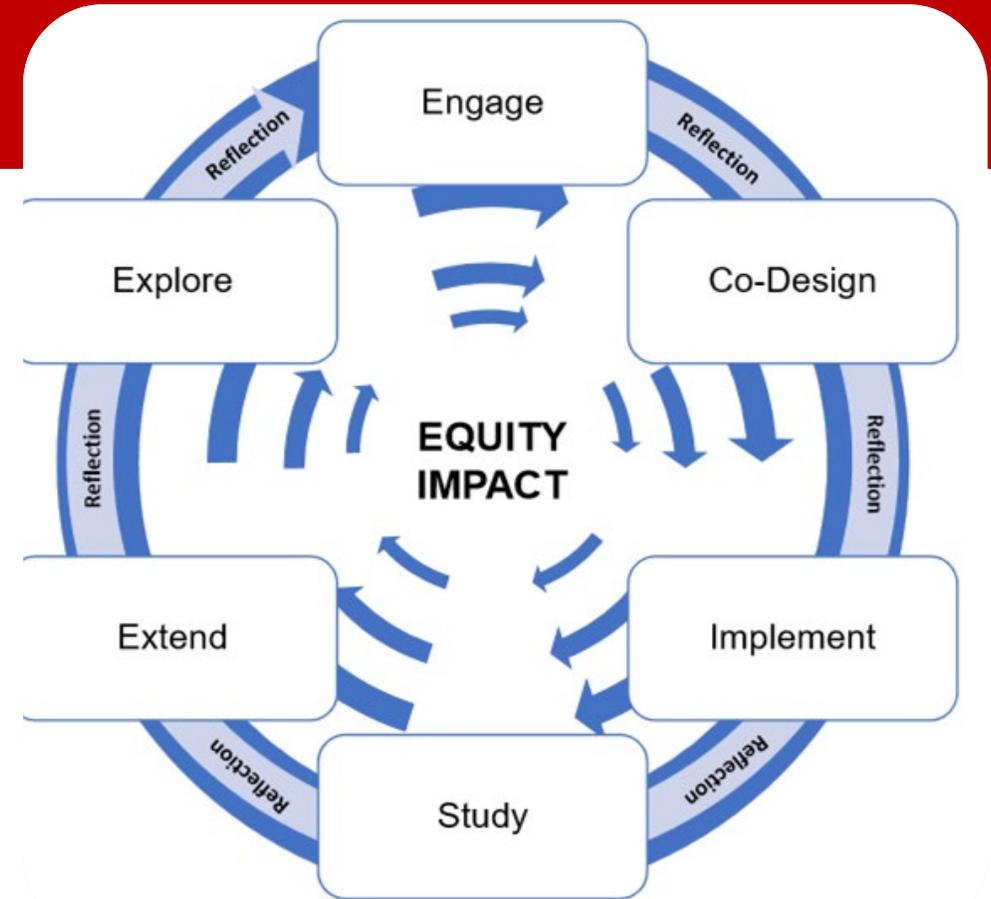


# Improving Texas Students' Access to Mental Health Resources

- Texas is ranked 46<sup>st</sup> in the US in regards to students having access to mental health resources.
  - Research how different states have been addressing children's access to mental health resources.
  - Project status: Ongoing with the aim to develop a white paper with policy recommendations
  - Use of conferences, panels and meetings to discuss how to widen mental health access to students
  - Disseminating information to other mental health disciplines to brainstorm a collaborative approach to this crisis.



The IEL Equity Impact Framework

Tiffany J. Phillips, Texas EPFP 2022-2023 Fellow



# Improving Texas Students' Access to Mental Health Resources

- Drop teaching requirements for school counselors to ensure school counselors are able to enter directly into the workforce.
- Allow School Psychologists to work independently and unrestricted.
- Mandate insurance companies (both public and private) to cover mental health support.
- The Texas Child Mental Health Care Consortium should not be exclusive to Psychiatrist. Expand provider list to include psychologists, counselors and therapists.



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