

Trauma-Informed Classroom Strategies

Crisis Prevention Supports

MODULE 5



Reinforce classroom routines, expectations, and procedures with visual supports

Provide predictable schedules and warnings of foreseeable changes followed by appropriate coping strategies

Limit demands and requests that may overwhelm a student's mental load

Teach, practice, and model effective coping skills and strategies

Create an individual crisis intervention plan with the student and family

Encourage and reinforce self-regulation skills to help manage emotions and behavior

Use group meetings to practice social and emotional learning skills

View challenging behavior with empathy

References

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National Child Traumatic Stress Network Schools Committee. (2008). *Child trauma toolkit for educators*. National Center for Child Traumatic Stress.
https://www.nctsn.org/sites/default/files/resources//child_trauma_toolkit_educators.pdf



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