HOW-TO GUIDE: RISK ASSESSMENT

Risk assessment is a continuous and evolving analysis of hazards associated with ALL work procedures or operations. Before assessing your work, consider YOURSELF. Your physical, emotional and mental wellness effect your performance; stress/fatigue, illness, medications, pregnancy, distractions, allergies, etc. all effect your ability to perform.

The RAMP method can guide you through your risk assessments.

Recognize hazards.

Assess the risks of the hazards.

Minimize & manage the risks of the hazards.

Prepare for emergencies.

How do you **RAMP** up safety?

Helpful considerations:

- ✓ Have I identified ALL hazards for every step in the procedure?
- ✓ Do I need special PPE or controls?
- ✓ What about waste? How do I need to dispose of materials and/or decontaminate after I'm done?
- ✓ What could go wrong? Do I know how to respond in an emergency?
- ✓ Do others know I'm working? Should they?