



Student Services

Student Wellness Center

A one-stop wellness resource for students, the SWC combines the services of the **Student Health Center** and the **Student Counseling Center**. The facility houses a clinic, a counseling center, laboratory services, x-ray services and a pharmacy. The building comes equipped with more than 30 exam rooms, four nurses' stations, a library and 16 psychology offices housing a consulting psychiatrist and numerous psychologists, located on the second floor. There are also rooms set aside for group therapy sessions and patient observation. The center also provides the Raider Assistance Program for alcohol education, assessment and referrals for students.

Student Health Center

The Mission and Vision of Student Health Services is to “promote each student’s learning experience’ by providing health care and health education to insure academic success of students. Student Health Services provides comprehensive, cost effective, and compassionate medical care to students. This includes education to promote healthy behaviors and avoidance of preventable disease.”

The Student Health Center provides the following services:

- [Immunizations](#)
- [Student Health Insurance](#)
- Assistance with [After Hours Urgent Care](#)
- [AlcoholEdu®](#)
- [Pharmacy](#) and [X-ray](#) services

1003 Flint Avenue (corner of Flint and Main on the TTU campus)

Appointment Line: (806) 743-2848

Pharmacy Line: (806) 743-2636

Administrative Line: (806) 743-2860

<http://www.ttuhscc.edu/studenthealth/>

Student Counseling Center

➤ **MindSpa**

The MindSpa housed within the Student Counseling Center is open to Texas Tech enrolled students, faculty, and staff. Relax in the massage chair, meditate using the zafu/zabuton, peruse our library of yoga, meditation, visualization, and stress management audio recordings. Our biofeedback computer games will teach you to manage your stress at a physiological level through breathing and visualization techniques. MindSpa visitors are not required to be clients of the SCC, so there is no need to complete paperwork to visit, but visits are made by appointment only. For more information, call 742-3674 or see our website at http://www.depts.ttu.edu/scc/Mind_Body/Introduction.php.

➤ **Student Counseling Center Walk-In Clinic**

The Student Counseling Center provides individual, couples, and group counseling and therapy sessions as well as online, self-help resources. No scheduled appointment is necessary to initiate services! Walk in to the SCC, fill out paperwork, and see a counselor for an initial intake for approximately 30 minutes. For more details see the “Getting Started” at the Student Counseling Center page at http://www.depts.ttu.edu/scc/For_Students/Walk-In.php.

1003 Flint Avenue (corner of Flint and Main on the TTU campus), 2nd floor of the Student Wellness Center

Walk-In Clinic Hours: Monday – Friday 12:30-3:30pm

Phone: 806.742.3674

<http://www.depts.ttu.edu/scc/>

Career Center

➤ RaiderJobs

The following information comes from the RaiderJobs website: “For our students, alumni, faculty/staff and parents, you will be able to search job postings and employers. Registered students and alumni will be able to look at organizations that are conducting interviews on campus, submit a resumé to them for consideration, and sign up for interview times. As an employer, we can host all of your recruiting needs in a one stop shop, both physically in our office, as well as online through RaiderJobs. You may post positions, set up recruiting information and events, and much more.” See the website at www.raiderjobs.ttu.edu.

➤ OptimalResume.com

The Texas Tech Career Center provides access to optimalresume.com. Students can view sample resumé and letters. OptimalResume.com allows students to create their own resumé, letters, portfolios, websites and video resumes. Students have the ability to conduct a practice virtual interview or they can set up an appointment to conduct a mock interview at the Career Center.

➤ Career and Personality Assessments

Students are encouraged to take personality and career assessments, which can be helpful for deciding on a good fit for a major or clarify how to best work in collaborate groups. Access the following assessments at www.careercenter.ttu.edu:

- StrengthsQuest
- Strong Interest Inventory
- FOCUS Career Assessment
- Personality Assessment

Rm. 150 Wiggins Complex (south of the Rec fields across 18th Street), MS 5006

Hours: Monday – Friday 8:00am-5:00pm

Phone: 806.742.2210 (appointments appreciated)

www.careercenter.ttu.edu

Student Resolution Center (formerly the Ombudsman)

The Student Resolution Center provides informal, neutral, and confidential dispute resolution services. We assist people with interpersonal misunderstandings or disputes as well as those with concerns about academic or administrative issues. We attempt to help individuals resolve their concerns fairly and, if possible, informally.

Our office operates independently as a supplement to existing administrative or formal grievance procedures and has no formal decision-making authority. We do not act as advocates for either side in a dispute. Rather, we act as advocates for fairness for all parties involved. Perhaps most importantly, we operate confidentially, which means we do not acknowledge who has--or has not--used the Student Resolution Center without the permission of the individual.

The Student Resolution Center deals with a wide range of conflicts, complaints, and disputes, such as:

- Policies and procedures (campus, college/school, or departmental)
- Decisions or actions affecting groups or individuals
- Grading issues
- Interpersonal disputes
- Unfair treatment

Rm. 232E Student Union Building, MS 2031

Phone: 806.742.SAFE

www.studentresolutioncenter.ttu.edu

Center for Campus Life

The Center for Campus Life promotes each student's learning experience by focusing on student transitions and connecting you to the University and campus traditions through leadership and involvement opportunities.

Areas under CCL include:

- [Red Raider Orientation](#)
- [Greek Life](#)
- [Warren Risk Management Retreat](#)
- [Spirit Squads](#)
- [First Year Raider Experience](#)
- [Transfer Connection](#)
- [Sophomore Year Experience](#)
- [Raiders Off Campus Student Services](#)
- [Leadership and Civic Engagement](#)
- [General Student Services](#)
- [Student Organizations](#)

Rm. 201 Student Union Building, MS 5014

Phone: 806.742.5433

www.campuslife.ttu.edu

Office of Student Conduct

The Office of Student Conduct promotes student success. Programs housed in the OSC include:

- [Student Right to Know](#)
- [Campus Incident Report Forms](#)
- [Student Code of Conduct](#)
- [Academic Integrity](#)

Rm. 211 Student Wellness Center, MS 5029

Phone: 806.742.1714

<http://www.depts.ttu.edu/studentconduct/>

Academic Support Services

➤ **Academic Testing Services**

Academic Testing Services is an approved/recognized national testing site. It is involved from the beginning of the prospective students' admission requirements, and continues as an integral part of each student's academic progress through graduation, including graduate admissions and professional certification/licensure requirements. ATS assists students with CLEP testing and some certification exams, but does not administer the Math and Chemistry Placement Exams, which are taken online.

Rm. 214 West Hall, MS 5002

Phone: 806.742.3671

www.testing.ttu.edu

➤ **The Learning Center**

The Learning Center offers a wide variety of services designed to increase students' effectiveness as well as resources which enable them to make the most of their education, such as:

- Drop-In Peer Tutoring in subjects such as Math, Physics, Chemistry, Biology, Accounting, Engineering.
- Individual academic counseling with a Learning Specialist.
- Peer coaching with skills in test-taking, time management, etc.
- Online tutoring Monday through Thursday from 7:30-10:00pm.
- Online resources such as Note-Taking Tips, Study Tips, Test Prep, and information on learning styles

Rm. 80 Holden Hall, MS 5020
Phone: 806.742.3664
<http://www.depts.ttu.edu/passcntr/PLC/>

➤ **Department of Math and Statistics Tutoring & Study Center**

The Tutoring & Study Center is a free tutoring service provided by the Department of Math and Statistics, and offers tutoring by undergraduate or graduate math majors who are able to help you with your math coursework. Open hours are Monday through Friday 9:00am-5:00pm.

Rm. 106 Math Building, MS 5020
Phone: 806.742.2566
<http://www.math.ttu.edu/Undergraduate/Resources/tutor.shtml>

➤ **University Writing Center**

The University Writing Center offers undergraduates, graduate students, faculty and staff 30-minute, one-on-one tutorials on any type of writing, including resumes, personal statements, research papers, and articles for publication. We believe that writing serves as one of the primary means for learning and communicating and that every good writer needs a good reader. The UWC offers online tutorial services as well as in-person appointments, and also provides [writing resources online](#). The University Writing Center is open Monday through Friday, 9:00am-5:00pm. To schedule an appointment, either drop by in person or call us at 806.742.2476.

Rm. 175 ENGPL Building, MS 3091
Phone: 806.742.2476 (appointments appreciated)
www.uwc.ttu.edu