



WEEK 1  
AUG 25 - 29  
SEP 15 - 19  
OCT 6 - 10  
OCT 27 - 31  
NOV 17 - 21  
DEC 8 - 12

WEEK 2  
SEP 1 - 5  
SEP 22 - 26  
OCT 13 - 17  
NOV 3 - 7  
NOV 24 & 25

WEEK 3  
SEP 8 - 12  
SEP 29 - OCT 3  
OCT 20 - 24  
NOV 10 - 14  
DEC 1 - 5

## Daily Breakfast

Scrambled Eggs • Bacon • Sausage • Tater Tots • Biscuits  
Yogurt w/ Assorted Toppings • Bagels • Toast

Mon  
Waffles

Tue  
French  
Toast

wed  
Pancakes

Thu  
French  
Toast

Fri  
Waffles

Assorted Breakfast Sandwiches (made to order)

## Daily Lunch & Dinner

Grilled Chicken • Hamburgers • Smashed Potatoes • Fruit & Salad Bar

Mon  
Chicken  
Strips

Tue  
Ground  
Beef Tacos

wed  
Smoked  
Sausage

Thu  
Chicken  
Fried  
Steak

Fri  
Fried  
Catfish

Hamburger  
Steak

Fish  
Tacos

Chicken  
Parmesan

Seasoned  
Chicken Legs

Blackened  
Baked Fish

Sides

Mashed Potatoes  
Green Beans  
California Blend  
Veggies

Sides

Spanish Rice  
Refried Beans  
Veggie Mix  
Roasted Zucchini  
Chile Corn

Sides

Red Potatoes  
Roasted Zucchini  
Broccoli

Sides

Mashed Potatoes  
Green Beans  
Carrots

Sides

French Fries  
Hush Puppies  
Rice Pilaf  
Cabbage  
Corn

## Pasta of Day

Spaghetti

Fettuccine Alfredo

Baked Ziti

Pasta  
Primavera

Bowtie Pasta w/  
Creamy Tomato Sauce

Spaghetti w/  
Meat Sauce

Chicken Fettuccine  
Alfredo

Baked Ziti  
w/ Meat Sauce

Chicken  
Primavera

Bowtie Pasta w/  
Creamy Meat Sauce

Meatballs & Marinara

Meatballs & Marinara

Meatballs & Marinara



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NOV 10 - 14  
DEC 1 - 5

## Daily Breakfast

Scrambled Eggs · Bacon · Sausage · Tater Tots · Biscuits  
Yogurt w/ Assorted Toppings · Bagels · Toast

Mon  
Waffles

Tue  
French  
Toast

wed  
Pancakes

Thu  
French  
Toast

Fri  
Waffles

Assorted Breakfast Sandwiches (made to order)

## Daily Lunch & Dinner

Grilled Chicken · Hamburgers · Smashed Potatoes · Fruit & Salad Bar

Mon  
Chicken  
Nuggets

Tue  
Ground  
Beef Tacos

wed  
Meat  
Lasagna

Thu  
Chicken  
Fried Chicken

Fri  
Fried  
Catfish

Lemon Pepper  
Baked Fish

Fish  
Tacos

King Ranch  
Chicken

Green Chile  
Beef  
Casserole

Blackened  
Baked Fish

Sides  
Mashed Potatoes  
Green Beans  
California Blend  
Veggies

Sides  
Spanish Rice  
Refried Beans  
Veggie Mix  
Roasted Zucchini  
Chile Corn

Sides  
Red Potatoes  
Roasted Zucchini  
Broccoli

Sides  
Mashed Potatoes  
Green Beans  
Carrots

Sides  
French Fries  
Hush Puppies  
Rice Pilaf  
Cabbage  
Corn

## Pasta of Day

Spaghetti	Fettuccine Alfredo	Baked Ziti	Pasta Primavera	Bowtie Pasta w/ Creamy Tomato Sauce
Spaghetti w/ Meat Sauce	Chicken Fettuccine Alfredo	Baked Ziti w/ Meat Sauce	Chicken Primavera	Bowtie Pasta w/ Creamy Meat Sauce
Meatballs & Marinara		Meatballs & Marinara		Meatballs & Marinara



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## Daily Breakfast

Scrambled Eggs · Bacon · Sausage · Tater Tots · Biscuits  
Yogurt w/ Assorted Toppings · Bagels · Toast

Mon

Waffles

Tue

French  
Toast

wed

Pancakes

Thu

French  
Toast

Fri

Waffles

Assorted Breakfast Sandwiches (made to order)

## Daily Lunch & Dinner

Grilled Chicken · Hamburgers · Smashed Potatoes · Fruit & Salad Bar

Mon

Santa Fe  
Chicken

Lemon  
Pepper  
Baked Fish

Sides

Mashed Potatoes  
Green Beans  
California Blend  
Veggies

Tue

Crispy  
Beef  
Tacos

Fish  
Tacos

Sides

Spanish Rice  
Refried Beans  
Veggie Mix  
Squash  
Chile Corn

wed

Teriyaki  
Chicken

Buffalo Lemon  
Lollipops  
(chicken legs)

Sides

Roasted  
Red Potatoes  
Roasted Zucchini  
Broccoli

Thu

Beef &  
Broccoli  
Stir-fry

Chicken  
Tempura

Sides

White Rice  
Stir-fry Veggies  
Green Beans  
Spinach

Fri

Fried  
Catfish

Blackened  
Baked Fish

Sides

French Fries  
Hush Puppies  
Rice Pilaf  
Cabbage  
Corn

## Pasta of Day

Spaghetti

Spaghetti w/  
Meat Sauce

Meatballs & Marinara

Fettuccine Alfredo

Chicken Fettuccine  
Alfredo

Baked Ziti

Baked Ziti  
w/ Meat Sauce

Meatballs & Marinara

Pasta  
Primavera

Chicken  
Primavera

Bowtie Pasta w/  
Creamy Tomato Sauce

Bowtie Pasta w/  
Creamy Meat Sauce

Meatballs & Marinara