

The Commons

Pi Pizza

Fall 2022

	Serving Size	Calories	Fat (g)	Carbs (g)	Fiber	Protein (g)	Vegan	Vegetarian	Gluten Free	Allergy/Contains:
Pizza Pi										
Regular Cheese Pi	1 10" Pi	670	32	55	4	42		✓		Wheat, Milk, Soy
Cauliflower Crust	1 10" Crust	370	10	62	2	8			✓	Milk, Egg
Pizza Pi BYO										
10" Pizza Crust	1 10" Crust	252	4	46	2	8				Wheat, Soy
10 Pizza Cauliflower Crust	1 10" Crust	119	3	19	1	4		✓	✓	Milk, Egg
Sauce Option										
Pizza sauce	2 oz	24	0	5	2	1	✓	✓	✓	
BBQ sauce	2 oz	76	0	19	0	0	✓	✓	✓	
Alfredo Sauce*	2 oz	88	8	2	1	3			✓	Milk, Soy, (May Contain Wheat)*
*Due to current supply issues, alfredo sauce options may contain wheat										
Meat Options										
Bacon crumbles	1 oz	140	12	0	0	8			✓	Pork
Crumbled Beef	2 oz.	57	2.8	2.3	1.1	5.7			✓	Soy, Pork
Diced Grilled Chicken	2 oz	81	4	0	0	11			✓	
Pepperoni	0.5 oz	66	6	0	0	3			✓	
Italian Sausage	2 oz	162	14	2	1	7			✓	Soy, Pork
Toppings										
Mozzarella Blend Cheese	4 oz	344	24	4	0	28		✓	✓	Milk
Red onion	1 oz	3	0	1	0	0	✓	✓	✓	
Bell Peppers	1 oz	14	0	3	1	1	✓	✓	✓	
Jalepenos	1 oz	4	0	1	0	0	✓	✓	✓	
Mushrooms	0.5 oz	3	0	1	0	0	✓	✓	✓	
Olives	1 oz	65	5	5	0	0	✓	✓	✓	
Tomatoes	1 oz	5	0	1	0	0	✓	✓	✓	
Spinach	0.5 oz	4	0	1	0	0	✓	✓	✓	
BYO Specialty Pie										
Bacon Chicken Ranch	1-10" Pi	800	42	55	4	51				Wheat, Milk, Soy, Pork
Buffalo Chicken	1-10" Pi	687	32	53	2	47				Wheat, Milk, Soy
Cheese	1-10" Pi	620	28	55	4	37				Wheat, Milk, Soy
Chicken Carbonara	1-10" Pi	827	48	53	3	47				Wheat, Milk, Soy, Pork
Garden Veggie	1-10" Pi	675	31	62	5	38				Wheat, Milk, Soy
Pepperoni	1-10" Pi	922	55	59	4	49				Wheat, Milk, Soy
Raider Pie	1-10" Pi	939	54	64	6	49				Wheat, Milk, Soy, Pork
Tuscan	1-10" Pi	828	45	61	5	46				Wheat, Milk, Soy, Pork
Yes =✓										
Indicates a "Smart Choice" lower in fat and packed with nutrients.										
Allergy/Contains Column lists foods that may contain one of the big eight food allergies. Wheat, Milk, Soy, Eggs, Fish, Shell Fish, Peanuts, Tree Nuts, Pork and Sesame										