

Daybreak Café

Café Smoothies	Serving Size	Calories(g)	Fat(g)	Carbs(g)	Fiber(g)	Protein(g)	Vegan	Vegetarian	Gluten Free	Allergy/Contair
If Looks Could Kale (Apple Juice, Vanilla Yogurt Mix, Kale, Banana, Strawberries)	16oz	158	0	32.5	3.1	6.9		✓	✓	Milk
O Peach Please (Apple Juice, Vanilla Yogurt Mix, Peaches, Banana)	16oz	182	0	37.1	2.4	8.5		✓	✓	Milk
Mango Unchained (Almond Milk, Vanilla Yogurt Mix, Peach Flavor, Mango, Peaches)	16oz	191	0.8	39.7	2	6.2		✓	✓	Milk
The Big Green (Apple Juice, Stawberry, Spinach, Kale, Mango, Peaches, Banana)	16oz	312	0.2	74.2	4.5	3.3	✓	✓	✓	
Classic Smoothies	Serving Size	Calories(g)	Fat(g)	Carbs(g)	Fiber(g)	Protein(g)	Vegan	Vegetarian	Gluten Free	Allergy/Contair
Vincent Man-go (Vanilla Yogurt Mix, Mango)	16oz	329	3.7	69.3	0.9	4.5		✓	✓	Milk, Whey
Strawberry Bananza (Vanilla Yogurt Mix, Strawberry/Banana Flavor, Banana, Strawberries)	16oz	536	6	110	3	10		✓	✓	Milk, Whey
Berry Berry Good (Vanilla Yogurt Mix, Wild Berry Flavor, Triple Berry Blend)	16oz	422	4	92	2.5	4.5		✓	✓	Milk, Whey
Pina Colada (Coconut Milk, Pinacolada Flavor, Pineapple, Banana, Honey)	16oz	267	4	56.4	3	1.4	✓	✓	✓	Treenut, Proces Same Facility as
Very Raspberry (Vanilla Yogurt Mix, Rasperry Flavor, Raspberries)	16oz	369	3	80	4	5				Milk, Whey
Rasperry Banana (Vanilla Yogurt Mix, Rasperry Flavor, Raspberries, Banana)	16oz	423	3.4	92.8	5.2	5.3				Milk, Whey
Coffee Smoothies										
Dark Chocolate Mocha	16oz	618	22	92	0	14		✓		Milk, Soy,Whey
White Chocolate Mocha	16oz	644	24	96	0	12		✓		Milk, Soy,Whey
Day Break Cafe Coffee	Serving Size	Calories(g)	Fat(g)	Carbs(g)	Fiber(g)	Protein(g)	Vegan	Vegetarian	Gluten Free	Allergy/Contair
Brewed Coffee (Raider Awake, Hazelnut, Souther Pecan, Snickeroo)	12oz	3	0	0	0	1				May contain Tre
Brewed Coffee (Raider Awake, Hazelnut, Souther Pecan, Snickeroo)	16oz	3	0	0	0	1				May contain Tre
Cold Brew (Coffee, Milk)	16oz	43	2	4	0	3				Milk
Cappuccino with 2% Milk	12oz	83	2.5	9.2	0	6		✓	✓	Milk
Cappuccino with 2% Milk	16oz	164	4.8	18.3	0	12		✓	✓	Milk
Café Latte with 2% Milk	12oz	83	2.5	9.2	0	6		✓	✓	Milk
Café Latte with 2% Milk	16oz	164	4.8	18.3	0	12		✓	✓	Milk
Café Mocha with 2% Milk	12oz	223	5	15	0	14		✓	✓	Milk
Cafe Mocha with 2% Milk	16oz	400	7	64	0	20		✓	✓	Milk
Hot Chocolate	12oz	166	6	18	0	10		✓	✓	Milk
Hot Chocolate	16oz	268	12	24	0	16		✓	✓	Milk
Add Ins										
Hazelnut Syrup	0.5 oz	30	0	8	0	0	✓	✓	✓	Tree Nuts
Vanilla Syrup	0.5 oz	45	0	12	0	0	✓	✓	✓	
Caramel Syrup	0.5 oz	50	0	12	0	0	✓	✓	✓	
Chocolate Syrup	0.5 oz	34	0	9	1	0	✓	✓	✓	
Coffee Espresso (Plain)	16oz	9	1	0	0	0	✓	✓	✓	
Double Fudge Mocha (Only)	1 scoop	160	8	25	1	2		✓	✓	Milk
White Chocolate Symphony (Only)	1 scoop	190	9	27	0	1		✓	✓	Milk, Soy
Espresso Shot	1 shot	4	0	1	0	0	✓	✓	✓	
Espresso Double Shot	2 shots	8	0	2	0	0	✓	✓	✓	
Whipped Topping	1oz.	104	8	8	0	0		✓	✓	Milk
Milk Choice (Substitutions Available Upon Request)	Serving Size	Calories(g)	Fat(g)	Carbs(g)	Fiber(g)	Protein(g)	Vegan	Vegetarian	Gluten Free	Allergy/Contair
2% Milk	1 Cup/8oz	97	5	11	0	8		✓	✓	Milk
Chocolate Milk Chug	1 Cup/8oz	196	8	29	0	8		✓	✓	Milk, KOSHER
Coconut Milk	1 Cup/8oz	410	45	1	0	1	✓	✓	✓	
Almond Vanilla Milk	1 Cup/8oz	115	3	20	0	8	✓	✓	✓	Nut Milk
Lactose Free Milk (Market Store)	1 Carton	61	0	13	0	9		✓	✓	Milk

Add a Scoop™	Serving Size	Calories(g)	Fat(g)	Carbs(g)	Fiber(g)	Protein(g)	Vegan	Vegetarian	Gluten Free	Allergy/Contain
Energy	1 scoop	20	0	5	0	0	✓	✓	✓	Kosher/Halal
Green Blend	1 scoop	24	0	3	3	3	✓	✓		Wheat, Kosher/
Immune Support	1 scoop	16	0	4	0	0	✓	✓	✓	Kosher/Halal
Matcha Green Tea	1 scoop	28	0	7	0	0	✓	✓	✓	Kosher/Halal
Trim & Fit	1 scoop	20	0	5	0	0	✓	✓	✓	Kosher/Halal
Whey Protein	1 scoop	40	0	0	0	10		✓	✓	Kosher/Halal
<u>Baked Treats/Desserts</u>	Serving Size	Calories(g)	Fat(g)	Carbs(g)	Fiber(g)	Protein(g)	Vegan	Vegetarian	Gluten Free	Allergy/Contain
Banana Nut Muffin	1 Muffin	384	12	65	1	4		✓		Wheat,Egg, Tre
Blueberry Muffin	1 Muffin	354	10	61	1	5		✓		Wheat, Egg, Soy Processed in the
Chocolate Chunk Muffin	1 Muffin	379	15	56	2	5		✓		Wheat, Milk, Eg Processed in the
Cinnamon Roll	1 Roll	484	12	85	4	9		✓		Wheat/Barley, F Eggs, Soy, Proce the same facilit
White Chocolate Macadamia	2oz	252	13	33	1	3		✓		Wheat, Milk, So Tree Nuts
Chocolate Chip Cookie	1oz	246	11	36	1	3		✓		Held in Case wit Nut Products
M & M Cookie	2oz	153	7	22	0	2		✓		Wheat, Milk, So Held in Case wit
Sugar Cookie	2oz	242	11	35	1	3		✓		Wheat, Milk, Eg Case with Tree Products
Rice Krispie Treat	1 16oz Bar	364	20	42	<1	3		✓		Milk(Whey), So Contains Malt(Non flavoring contain)
Coffee Chocolate Almond Cake	(1) 3.5 oz	396	21	50	2	7		✓		Wheat, eggs, m nuts, soy
Double Chocolate Chunk Cookie	(1) 3 oz	411	21	54	3	6		✓		Wheat, Milk, Eg Processed in the facility with Tre and Peanuts
Coffee Cinnamon Cake	(1) 3.5 oz	299	9.5	52	1	5.5		✓		Wheat, Milk, Eg Processed in the facility with Tre and Peanuts
All Fried Items have been fried in Canola Fry Oil in Common Fryer with Dairy and Wheat Items										
Yes = ✓										
Indicates a "Smarter Choice" lower in fat and packed with nutrients.										
Allergy/Contains Column lists foods that may contain one of the big eight food allergies. Wheat, Milk, Soy, Eggs, Fish, Shell Fish, Peanuts, Tree Nuts, Pork and Sesame										