

Sam's SUB Late Night

Spring 2023

Burgers	Serving Size	Calories	Fat (g)	Carbs (g)	Fiber (g)	Protein (g)	Vegan	Vegetarian	Gluten Free	Allergy/Contains
Single Burger (Patty,Bun)	1 Burger	467	27	33	1	24				Wheat, Soy
Single Cheese Burger (Patty, American Cheese, Bun)	1 Burger	537	33	34	1	28				Wheat, Milk, Soy
Double Burger (2 Patty,Bun)	1 Burger	767.5	51.5	33	1	43				Wheat
Double Cheese Burger (2 Patty, American Cheese, Bun)	1 Burger	908	64	35	1	51				Wheat, Milk, Soy
Basic Toppings	Serving Size	Calories	Fat	Carbs	Fiber	Protein	Vegan	Vegetarian	Gluten Free	Allergy/Contains
Ketchup	1 pkt	10.8	0	2.5	0	0.2	✓	✓	✓	
Mayo	1 pkt	76	8	1	0	0		✓	✓	Egg, Soy
Mustard	1oz	10.5	0.5	1	0.5	0.5	✓	✓	✓	
Lettuce	1 piece	4	0	0.5	0.5	0.5	✓	✓	✓	
Tomato	2 slices	8	0	1.5	0.5	0.5	✓	✓	✓	
Onion	2 slices/1oz	4	0	1	0	0	✓	✓	✓	
Pizza By The Slice										
Cheese Pizza	1 (10") Pizza	539	30	38	2	40		✓		Wheat, Barley, Milk, Soy
Pepperoni Pizza	1 (10") Pizza	639	39	38	2	45				
Sausage Pizza	1 (10") Pizza	710	43.5	40	2.2	49				
Fried Items										
Fried Burrito	1 burrito	370	17	40	5	15				Wheat, Milk, Soy
Corn Dog	1 dog	230	13	23	1	6				Wheat, Milk, Soy, Pork
Chicken Strips (3)	~3 strips	359	28	31	0	17				Wheat, Milk, Soy, Egg, Pork
Chicken Strips (4)	~4 strips	478	37	41	0	23				Wheat, Milk, Egg, Soy
Waffle Fries	5oz	300	18.3	30.4	3.3	3.3				Wheat, May contain: Soy
Ranch (Heinz)	1oz.	80	9	2	0	0		✓	✓	Milk, Egg
BBQ (Heinz)	1oz.	35	0	8	0	0				
Honey Mustard	1oz.	140	13	6	0	0			✓	Eggs,Soy
White Gravy	1oz	84	4	12	0	0		✓		Wheat,Milk, Egg, Soy
Yes = ✓										
Allergy/Contains Column lists foods that may contain one of the big eight food allergies. Wheat, Milk, Soy, Eggs, Fish, Shell Fish, Peanuts, Tree Nuts, Pork and Sesame										