

Sneed Breakfast Court									Updated	Fall 2023
Breakfast Line	Serving Size	Calories	Fat (g)	Carbs (g)	Fiber (g)	Protein (g)	Vegan	Vegetarian	Gluten Free	Allergy/Contains
Breakfast Sandwiches (bread not included)										
Bacon, Egg & Cheese	Your choice of bread	222	18	2	0	13				Milk, Egg, Soy, Pork
Sausage, Egg & Cheese	Your choice of bread	277	25	2	0	11				Milk, Egg, Soy, Pork
Egg and Cheese	Your choice of bread	139	11	2	0	8				Milk, Egg, Soy
Avocado, Egg & Cheese	Your choice of bread	200	16	5	2	9				Milk, Egg, Soy
Bread Options										
Texas Toast	2 slices	194	2	38	1	6	✓	✓		Wheat, Barley, Soy
Bread Options (Wheat bread)	2 slices	220	3	40	2	3	✓	✓		Wheat, Soy, Sesame
Gluten Free Bread	2 Slices	184	4	36	4	1	✓	✓		Sunflower Oil
Croissant	1 croissant	190	10	22	1	3		✓		Wheat, Milk, Egg
Biscuits	1 biscuit	176	8	22	1	4		✓		Wheat, Milk(Whey), Soy
Burritos (Comes with 2oz cup of salsa)										
Egg and Cheese Burrito	1 Burrito	368	20	25.5	1	21.5		✓		Wheat, Milk, Egg, Soy
Sausage, Egg & Cheese Burrito	1 Burrito	506	34	25.5	1	24.5				Wheat, Milk, Egg, Soy, Pork
Bacon, Egg & Cheese Burrito	1 Burrito	451	27	25.5	1	26.5				Wheat, Milk, Egg, Soy, Pork
Potato, Egg & Cheese Burrito	1 Burrito	552.5	32.5	41.5	3	23.5		✓		Wheat, Milk, Egg, Soy
Chorizo, Egg & Cheese Burrito	1 Burrito	547	35	28.5	2	29.5				Wheat, Milk, Egg, Soy
BYO Chalupa (served with salsa)										
Refried Beans	2oz	152	2	32.5	0.5	1	✓	✓	✓	
Shredded Cheese	1oz	113	9	1	0	7		✓	✓	Milk
Avocado	2 slices	61	5	3	2	1	✓	✓	✓	
Egg	1 patty	65	5	1	0	4		✓		Milk, Egg, Soy, Wheat
Bacon	2 slices	83	7	0	0	5			✓	Pork
Sausage Patty	1 patty	138	14	0	0	3			✓	Pork
Chorizo	2oz	179	15	3	1	8				Wheat
Scrambled Eggs	3.5oz	119.5	7.5	2.5	0	10.5		✓		Milk, Egg
Shredded Lettuce	2 oz	8.8	0.0	1.7	0.7	0.5	✓	✓	✓	
Diced Tomato	.50oz	2	0	0.5		0	✓	✓	✓	
Sides										
Sausage Patty	2 patty	276	28	0	0	6			✓	Pork
Bacon	3 Slices	124.5	10.5	0	0	7.5			✓	Pork
Texas Toast	2 slices	194	2	38	1	6	✓	✓		Wheat, Barley, Soy
Guacamole Cup	1-2oz Personal Container	119	11	4	2	1	✓	✓	✓	
Tater Tots	4 oz	203.4	10.6	24	1	3	✓	✓	✓	Soybean Oil
All Fried Items have been fried in Canola Fry Oil in Common Fryer with Dairy and Wheat Items										
Yes = ✓										
Indicates a "Smart Choice" lower in fat and packed with nutrients.										
Allergy/Contains Column lists foods that may contain one of the big eight food allergies. Wheat, Milk, Soy, Eggs, Fish, Shell Fish, Peanuts, Tree Nuts, Pork and Sesame										