

Sneed									Updated	Fall 2024
Broadway Cafe										
Menu Item Name	Serving Size	Calories	Fat (g)	Carbs (g)	Fiber (g)	Protein (g)	Vegan	Vegetarian	Gluten Free	Allergy/Contains
Entree's										
Chicken Marsala	4 oz	249	5	3	0	48				Milk
Marsala Sauce	2 oz	138	9	11	4	3				
Creamy Mushroom Marsala	4 oz	352	35	5	1	4				Milk
Tortellini Florentine	4 oz	334	12	44	3	14				
Chicken Fettucine	4oz	836	24	94	4	61				Milk, Soy, Wheat
Penne Noodles	4 oz	410	2	84	4	14	✓	✓		Wheat
Alfredo Sauce	2 oz	244	20	8	0	8		✓	✓	Milk
Marina sauce	2 oz	20	0	4	2	1	✓	✓	✓	
Green Chile Casserole	4oz	306	17	22	3	15				Wheat,Milk, Soy
Sante Fe Chicken	4oz	382	23	1	0	43			✓	
Seared Salmon	4oz	218	14	0	0	23				Fish
Green Bean Mushroom Casserole	4oz	61	5	5	0	1				Wheat, Milk, Soy
Hamburger Steak	4oz	292	24	0	0	19				
Brown Gravy	2oz	176	0	33	0	11		✓		Wheat, Milk
Chicken Fried Chicken	4 oz	246	9.5	20	1	20				Wheat,Soy
Egg noodle	4 oz	224	3.5	41	2	7.5				
Chicken Curry Rice	4oz	0	0	0	0	0				Soy
Chicken Marsala	4 oz	249	5	3	0	48				Milk
Marsala Sauce	2 oz	138	9	11	4	3				
Chicken Carbonara	4 oz	485	38	23	4	13				Wheat, Milk, Soy, Egg
Baked Spaghetti	4 oz	354	4	58	3	21				Wheat, Milk, Egg, Soy
Panko Chicken	1 serving	612	8	80	4	55				
Lemon Sauce	2 oz	95	8	3	0	2				Milk
Fried Breaded Cod	4oz	219	7	25	1	15				Soy
Caribbean Jerk Chicken	4oz	100	0	0	0	25				
Spicy Pineapple Shrimp	4 oz	704	2	142	7	30				
Fried Catfish	4oz	205	9	19	2	12				Wheat, Milk
Chicken Fried Steak (No Gravy)	4 oz	302	18	22	1	14				
White Gravy	2oz	231	11	33	0	0		✓		Soy
Brown Gravy	2oz	176	0	33	0	11		✓		Soy
Rotational Vegetables:										
										Soy
Hush Puppies	2ct.	169	9	20	1	2				Soy
Refried Beans	3oz	47	1	8	3	3	✓	✓	✓	
Spanish Rice	4oz	204	4	38	2	4	✓	✓		May contain wheat
Mixed Squash	4oz	71	3	10	2	1	✓	✓	✓	Soy
Scallop Potatoes	1 oz	105	1	22	1	2	✓	✓	✓	
Vegetarian Dirty Rice	4 oz	173	1	37	2	4				
Brown Rice and Quinoa Blend	4oz	192	4	35	3	4	✓	✓	✓	Soy
Prince Edward Vegetables	4 oz	37	0	8	3	1.32				
Basmati Rice	4oz	360	0	82	2	8	✓	✓	✓	
Spinach	4oz	55	3	4	2	3	✓	✓	✓	Soy
Roasted Cauliflower and Tomatoes	4oz	26	0	5	2	2				Wheat, Milk, Egg, Soy
Italian Green Beans	4oz	102	6	8	4	4	✓	✓	✓	
Garlic Bread	1 slice	131	7	14	1	3		✓		
Mac and Cheese	4 oz	164	8	16	1	8				
California Blend Veggies	4 oz	110	6	5	6	9	✓	✓	✓	
Corn	4 oz	166	6	24	4	4	✓	✓	✓	
Peas and Carrots	4 oz	55	1	10	4	3	✓	✓	✓	
Broccoli	4 oz	53	1	8	4	3	✓	✓	✓	

[illegible]