

| <h1>Sneed</h1>                                                                                                                                                          |                     |                 |                |                  |                  |                    |              |                   | <b>Updated</b>     | <b>Fall 2024</b>          |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|-----------------|----------------|------------------|------------------|--------------------|--------------|-------------------|--------------------|---------------------------|
| <b>Chicken N Such</b>                                                                                                                                                   |                     |                 |                |                  |                  |                    |              |                   |                    |                           |
| <b>Menu Item Name</b>                                                                                                                                                   | <b>Serving Size</b> | <b>Calories</b> | <b>Fat (g)</b> | <b>Carbs (g)</b> | <b>Fiber (g)</b> | <b>Protein (g)</b> | <b>Vegan</b> | <b>Vegetarian</b> | <b>Gluten Free</b> | <b>Allergy/Contains</b>   |
| <b><u>Chicken Strips (2)</u></b>                                                                                                                                        |                     |                 |                |                  |                  |                    |              |                   |                    |                           |
| Chicken Strips                                                                                                                                                          | 3 pieces            | 378.5           | 22.5           | 22               | 1                | 22                 |              |                   |                    | Wheat, Milk, Egg, Soy     |
| Chicken Strips                                                                                                                                                          | 4 pieces            | 502             | 30             | 29               | 1                | 29                 |              |                   |                    | Wheat, Milk, Egg, Soy     |
| <b><u>BYO Melt</u></b>                                                                                                                                                  |                     |                 |                |                  |                  |                    |              |                   |                    |                           |
| Gluten Free Bread- White Northern Bake House                                                                                                                            | 2 slices            | 170             | 4              | 36               | 4                | 1                  | ✓            | ✓                 | ✓                  | Sunflower oil             |
| Texas Toast                                                                                                                                                             | 2 slices            | 220             | 2              | 46               | 0                | 8                  | ✓            | ✓                 |                    | Wheat,Soy                 |
| Fried Chicken                                                                                                                                                           | 4 oz                | 255             | 15             | 15               | 0                | 15                 |              |                   |                    | Wheat Gluten, Wheat Flour |
| <b><u>Choice of Cheese</u></b>                                                                                                                                          |                     |                 |                |                  |                  |                    |              |                   |                    |                           |
| American Cheese                                                                                                                                                         | 1 Slice             | 70              | 6              | 1                | 0                | 4                  |              | ✓                 | ✓                  | Milk, Soy                 |
| Pepperjack Cheese                                                                                                                                                       | 1 Slice             | 74              | 6              | 0                | 0                | 5                  |              | ✓                 | ✓                  | Milk                      |
| Provolone                                                                                                                                                               | 1 slice             | 70              | 8              | 0                | 0                | 5                  |              | ✓                 | ✓                  | Milk                      |
| <b><u>Choice of Sauce</u></b>                                                                                                                                           |                     |                 |                |                  |                  |                    |              |                   |                    |                           |
| Buffalo Sauce                                                                                                                                                           | 2 oz                | 80              | 0              | 2                | 0                | 0                  | ✓            | ✓                 | ✓                  |                           |
| Honey Mustard                                                                                                                                                           | 2oz                 | 206             | 14             | 20               | 0                | 0                  |              | ✓                 | ✓                  | Egg, Mustard Seed         |
| Ranch                                                                                                                                                                   | 1oz                 | 125             | 13             | 1                | 0                | 1                  |              | ✓                 | ✓                  | Milk, Egg, Soy            |
| BBQ                                                                                                                                                                     | 1 oz                | 60              | 0              | 13               | 0                | 0                  | ✓            | ✓                 | ✓                  |                           |
| <b><u>SIDES</u></b>                                                                                                                                                     |                     |                 |                |                  |                  |                    |              |                   |                    |                           |
| Seasoned French Fries                                                                                                                                                   | 3 oz                | 140             | 6              | 19               | 2                | 2                  | ✓            | ✓                 |                    | Wheat                     |
| Tater Tots                                                                                                                                                              | 3oz                 | 174.5           | 10.5           | 18               | 2                | 2                  |              |                   | ✓                  | Soy                       |
| <b><u>TOPPINGS</u></b>                                                                                                                                                  |                     |                 |                |                  |                  |                    |              |                   |                    |                           |
| Lettuce                                                                                                                                                                 | 1 piece             | 4               | 0              | 0.5              | 0.5              | 0.5                | ✓            | ✓                 |                    |                           |
| Pickle                                                                                                                                                                  | 4 slices            | 4               | 0              | 1                | 0.5              | 0                  | ✓            | ✓                 | ✓                  |                           |
| <b><u>Wings</u></b>                                                                                                                                                     |                     |                 |                |                  |                  |                    |              |                   |                    |                           |
| Boneless Wings (No Sauce)                                                                                                                                               | 6 pieces            | 437             | 21             | 38               | 2                | 24                 |              |                   |                    | Wheat, Soy                |
| Boneless Wings (No Sauce)                                                                                                                                               | 12 pieces           | 874             | 42             | 76               | 4                | 48                 |              |                   |                    | Wheat, Soy                |
|                                                                                                                                                                         |                     |                 |                |                  |                  |                    |              |                   |                    |                           |
| <b><u>BREADS</u></b>                                                                                                                                                    |                     |                 |                |                  |                  |                    |              |                   |                    |                           |
| Texas Toast                                                                                                                                                             | 2 slices            | 220             | 2              | 46               | 0                | 8                  | ✓            | ✓                 |                    | Wheat,Soy                 |
|                                                                                                                                                                         |                     |                 |                |                  |                  |                    |              |                   |                    |                           |
| All Fried Items have been fried in Canola Fry Oil in Common Fryer with Dairy and Wheat Items                                                                            |                     |                 |                |                  |                  |                    |              |                   |                    |                           |
| Yes = check                                                                                                                                                             |                     |                 |                |                  |                  |                    |              |                   |                    |                           |
| Allergy/Contains Column lists foods that may contain one of the big eight food allergies. Wheat, Milk, Soy, Eggs, Fish, Shell Fish, Peanuts, Tree Nuts, Pork and Sesame |                     |                 |                |                  |                  |                    |              |                   |                    |                           |