

BURKHART

	Serving Unit Quantity	Calories	Fat (g)	Carbs (g)	Fiber (g)	Protein (g)	Vegan	Vegetarian	Gluten Free	Allergy/Contains
		576	42	11	2	38.5				
Build your own pizza (BYOP)										
Crust	1 crust	119	3	19	1	4		✓	✓	Milk, Eggs
Sauces										
Alfredo	2oz	141	12.5	4	0	3		✓	✓	Milk, Soy
BBQ	2oz	60	0	15	0	0	✓	✓	✓	
Buffalo	2oz	15	0.5	1	0	0	✓	✓	✓	
Marinara	2oz	40	1.5	5.5	1	1	✓	✓	✓	
Toppings and Add ons										
Mozzarella Cheese	4oz	182	14	2	0	12		✓	✓	Milk
Parmesean Cheese	2oz	234	15.5	2	0	21.5		✓	✓	Milk
Chicken	3oz	120	4	1	0	19			✓	
Bacon	2oz	102	6	0	0	12			✓	Pork
Black Forest Ham	2oz	60	0	2	0	10				Pork
Pepperoni	5 slices	132	12	0	0	6			✓	Pork
Peppers	1oz	10	0	2	1	0	✓	✓	✓	
Onions	1oz	9	0	2	0.5	0	✓	✓	✓	
Olives	1oz	47	3.8	1.9	0	0	✓	✓	✓	
Pineapple	2oz	28	0	7	0.5	0				
Pizzas										
Cheese Pizza	1 pizza	570	34	28	2	39		✓	✓	Milk, Egg
Spicy Buffalo Pizza	1 pizza	772	43	25	1	69			✓	Milk, Egg, Pork
Chicken Alfredo Pizza	1 pizza	893	55	28	1	72			✓	Milk, Egg, Soy, Pork
Pepperoni Bacon Pizza	1 pizza	808	52	29	2	57			✓	Milk, Egg, Pork
Chibatta Sandwiches										
Spicy Italian	1 Sandwich	453	26	25	1	25				Wheat, Milk, Soy, Egg, Pork
Chipotle Turkey Sandwhich	1 Sandwich	454	28	23	1	20				Wheat, Milk, Soy, Egg, Pork
Club Sandwhich	1 Sandwich	526	26	31	1	36				Wheat, Milk, Egg, Pork
American Ham and Cheese	1 Sandwich	270	6.5	24	1	19				Wheat, Mik, Pork
Condiments										
Ranch	1oz	116	12	2	0	0		✓	✓	Milk, Eggs
Fiery Chipotle Mayo	1oz	184	20	1	0	0		✓	✓	Milk, Eggs
Honey Mustard	1oz	136	12	7	0	0		✓	✓	
Mayo	1oz	216	24	0	0	0		✓	✓	Milk, Eggs
Mustard	1oz	21	1	2	0	1		✓	✓	
Spicy Mustard (Boars Head)	1oz	21	1	2	0	1		✓	✓	
Spicy Ranch	1oz	110	11	2	0	0		✓	✓	Milk, Soy, Egg
Thousand Island	1oz	106	10	4	0	0		✓	✓	Milk, Eggs
Yes =✓										
Allergy/Contains Column lists foods that may contain one of the big nine food allergies. Wheat, Milk, Soy, Eggs, Fish, Shell Fish, Peanuts, Tree Nuts, Pork and Sesame										