						Gates				
aily Breakfast	Serving Size) Vegan	Vegetarian	Gluten Free	Allergy/Contains
crambled Eggs	4 oz	169	13		0	11		~	~	Egg (May contain milk)
acon	2 slices	70	6	0	0	4				Pork
ausage	2 patties	307	28		0	12				Pork
iscuits	1 ea	180	8		1	18.5		~		Wheat, Milk, Soy
ravy	1oz	68	3	9	0	0		~		Wheat, Milk, Egg, Soy
ater Tots	4 oz	197	13		2	2	~	~		Soy Oil
ashbrown Patty	1 patty	184.5	12.5		2	2	✓	~		Soy
hredded Cheese	1 oz	110	9	1	0	7		~		Milk
alsa	1 oz	4	0	1	0	0	~	~	~	
co	1 oz	4	0	1	0	0	~	~	✓	
	Serving Size	Calories	Fat (g	() Carbs (g)	Fiber (g)	Protein (g) Vegan	Vegetarian	Gluten Free	
read and Bagels with toppings										
iscuits	1 ea	172	8	22	0	3		~		Milk
Flour Tortilla (for burrito build)	1 ea	99.5	3.5	15	0	2	✓	✓		Wheat
' Corn Tortilla	2 ea	125.5	1.5	25	2	3				Del Pasado item does not contain Soy, substitutions may vary across location
exas Toast	2 slices	194	2	38	0	6	1	✓		Wheat, Soy
uten Free Bread- White Northern Bake House	2 slices	170	4	36	4	1			✓	Sunflower oil
affles	1 ea	105	1	20	1	4		✓		Wheat, Milk, Soy
gel	2 slices	238	2	47	3	8	✓	1	✓	Wheat
tter	0.18 oz	31.5	3.5		0	0		~	~	Milk
ape Jelly	0.5 oz	24	0	6	0	0	~	✓	~	
rawberry Jam	0.5 oz	28	0	7	0	0	√	~	~	
		71	7	1	0	1		1	✓	Milk
ream cheese	1 oz	/1		-	U	1	+	<u> </u>	•	IVIIIK
ereal Bar: (Choices may vary) Nutrition without milk. Cows Milk and Dairy Alternatives Available				-			+	<u> </u>		*Select cereals contain oats which are a high cross contact grain with wheat
	1 /1	170		4 22				1		
nnamon Toast Crunch	1 cup/1 oz	176		4 33			2 🗸	*		Wheat, Soy
neerios	1 cup/1 oz	110		2 20			-			
oney Nut Cheerios	1 cup/1 oz	146		2 29				 ✓ 	√	Made from Whole Grain Oats*, Tree Nuts (Almond Flavor)
ucky Charms	1 cup/1 oz	141.5	1.					~	~	Made from Whole Grain Oats*
aisin Bran	1 cup/1 oz	213		1 46		-		√	~	Wheat, Milk
aisin Bran	1 cup/1 oz	156		0 36			_	~	~	Made from Rice(contains Malt which may contain Wheat)
at and Honey Granola (may be used on other lines)	~1 cup/1 oz	128.5	4.	5 20	2	1	2 ✓	✓	~	Made from Rice and Oats*, Soy
reakfast Yogurt Bar:	Serving Size	Calories	Fat (g	() Carbs (g)	Fiber (g)	Protein (g) Vegan	Vegetarian	Gluten Free	Allergy/Contains
anilla Greek Yogurt	4 oz	84	0	17	0	4		✓	~	Milk
ranola	1.5 oz	249	9	38	3	4		~		Soy
nocolate Chips	1/2 oz	80	4	10	1	1		~	✓	Milk, Soy
rozen Blueberries	2 oz	32	0	8	1	0				
landarin Orange	2 oz	32	0	8	1	0				
oney	1.5 oz	48	0	12	0	0				
dd Ons										
owdered Sugar	1 tsp	10	0	2.5	0	0	✓	✓	✓	
nnamon	.25 tsp	2	0	0.5	0.5	0	√ 	√ 	· ·	
			0				· ✓		· ·	
igar	1 tsp	16		4	0	0	✓ ✓	↓	v √	
rup	1 serving	116	0	29	0	0	✓ ✓		✓ ✓	
igar Free Syrup	1 serving	16	0	4	0	0	~	~	•	
zza/Pasta	Serving Size	Calories			Fiber (g)) Vegan	Vegetarian	Gluten Free	Allergy/Contains
iffalo Chicken Ranch Pizza (Hot Sauce, Mozzarella, Ranch, Parsley)	12 servings (1 slice)	332	15	31	1	18				Wheat, Milk, Egg, Soy
neese Pizza (Mozzarella, Sauce)	12 servings (1 slice)	184	4	31	1	7				Wheat, Milk, Soy
pperoni Pizza (Pepperoni, Mozzarella, Sauce)	12 servings (1 slice)	197	5	31	1	7				Wheat, Milk, Soy
eggie Pizza (Onions, Bell Peppers, Black Olive, Sliced Mushrooms,Mozzarella, Sauce)	12 servings (1 slice)	197	5	31	1	7				Wheat, Milk, Soy
usage Pizza (Sausage, Mozzarella, Sauce)	12 servings (1 slice)	267	11	31	1	11				Wheat, Milk, Pork, Soy
ill		1								
ngle Burger (Patty,Bun)	1 burger	467	27	33	1	24				Wheat, Soy, Sesame
Jten Free Bread- White Northern Bake House	2 slices	170	4	36	4	1			✓	Sunflower oil
igle Burger (Patty,Bun)	1 burger	467	27		1	24				Wheat, Soy, Sesame
ack Bean Burger (Patty, Bun)	1 burger	332	8	54	8	12		~		Sesame
ack Bean Patty (Gardein)	1 patty	166	6	21	7	7	~	· ·		Soy
	1 bun	165.5	1.5		1	5	v √	↓		Soy Wheat, Soy
amburger Bun (only)				29	1			+ ·		
ngle Hot Dog (Frank,Bun)	1 hot dog	313	17			11	+	+		Sesame
illed Cheese (Cheese, Bread)	1 sandwich	383	16	38	1	18				Wheat,Milk,Soy, Sesame
ench Fries (Crinkle)	3 oz	226.5	14.5	22	2	2	~	~	√	
				-			+	l		
	Serving Size	Calories	Fat	Carbs	Fiber	Protein	Vegan	Vegetarian	Gluten Free	Allergy/Contains
heese Options merican Cheese	1 slice 1 slice	61 74	5 6	0	0	4		✓ ✓	✓ ✓	Milk, Soy Milk

							1			
Basic Toppings	Serving Size	Calories		Carbs	Fiber	Protein	Vegan	Vegetarian	Gluten Free	Allergy/Contains
Ketchup	1 pkt	10.8	0	2.5	0	0.2	1	~	✓	
Lettuce	1 piece	4	0	0.5	0.5	0.5	~	√	√	
Mayo	1 pkt	76	8	1	0	0	~	✓ ✓	~	Egg, Soy
Mustard	1oz	10.5	0.5	1	0.5	0.5	✓ ✓	✓ ✓	✓ ✓	
Onion	2 slices/1 oz	4	0	1	0	0	✓ ✓	✓ ✓	✓ ✓	
Pickle	4 slices	4	0	1	0.5	0				
Tomato	2 slices	8	0	1.5	0.5	0.5	1	1	✓	
Salad Bar	Serving Size	Calories		Carbs	Fiber	Protein	Vegan	Vegetarian	Gluten Free	Allergy/Contains
Bell Peppers	1 oz	4	0	1	0	0	~	~	✓	
Black Olives	1 oz	41.8	3.8	1.9	0	0	1	×	1	
Broccoli	1 oz	12	0	2	0	1	1	×	1	
Celery	1 oz	4	0	1	0	0	1	×	1	
Cottage Cheese	1 oz	25	1	1	0	3		×	1	Milk
Croutons	.25 oz/7 g	33	1	5	0	1	1	✓		Wheat, Barley, Egg, Milk, Packaged in a facility with Tree Nuts
Cucumber	1/4 cup	4.8	0	1	0	0.2	1	✓	✓	
Diced Chicken	3 oz	94	2	1	0	18			✓	May contain soy
Diced Ham	2 oz	67	3	1	0	9			✓	Pork
Hard Boiled Egg	1 ea	71	5	0.5	0	6		×	✓	Egg
Lettuce Romiane	1 cup	8	0	1.5	0	0.5	~	~	~	
Macaroni Salad	2 oz	124.5	8.5	10	0	2		~		Wheat, Egg
Matchstick Shredded Carrots	1 oz	12	0	3	0	0	~	~	~	
Onions (white)	1 oz	8	0	2	0	0	~	~	~	
Potato Salad	2 oz	108	4	12	0	6		1	~	Egg, Soy
Salad Mix	4 oz	16	0	3	0	1	~	~	1	
Shredded Cheese	1 oz	113	9	1	0	7		1	~	Milk
Sliced Mushrooms	1 oz	8	0	1	0	1	1	1	✓	
Spinach	1 cup	8	0	1	1	1	1	1	1	
Sunflower Seeds	1 oz	175	15	5	2	5	1	1	1	
Tomato Cherry	3 ea	12	0	3	0	0	~	×	1	
Tuna Salad	2 oz	56.5	0.5	0	0	13			1	Fish
Dressings	Serving Size	Calories	Fat	Carbs	Fiber	Protein	Vegan	Vegetarian	Gluten Free	Allergy/Contains
Italian Dressing	1 oz	80	8	2	0	0	√	√	√	Soy
Ranch Dressing	1 oz	60	6	1	0	1		1	✓	Milk,Egg,Soy
Red Wine Vinegar	1 oz	0	0	0	0	0	✓	✓	✓	7.007-7
Thousand Island	1 oz	92	8	5	0	0		~	✓	Soy, Egg
Ranch Dressing			-	-	-					
Flavor Station	Complete Cine	Calories							Gluton Fron	Allergy/Contains
			Fat	Carbs	Fiber	Protein	Vegan			
	Serving Size			Carbs	Fiber 0	Protein 0	Vegan √	Vegetarian √	√	Allergy/Contains
Salsa	1 oz	4	0	1	0	0		vegetarian ✓		Anergy/contains
Salsa Pico de Gallo	1 oz 1 oz	4	0	1 1	0 0	0	✓ ✓	✓	✓ ✓	Allergy/Contains
Salsa Pico de Gallo Jalapenos Callo De	1 oz 1 oz 1 oz	4 4 8	0 0 0	1 1 1	0 0 1	0 0 0	✓ ✓ ✓	✓ ✓	√ √ √	
Salsa Pico de Gallo Jalapenos Pickles	1 oz 1 oz 1 oz 1 oz	4 4 8 4	0 0 0	1 1 1 1	0 0 1 0	0 0 0 0	✓ ✓ ✓ ✓	✓ ✓ ✓	✓ ✓ ✓ ✓	
Salsa Pico de Gallo Jalapenos Pickles Banana Peppers	1 oz 1 oz 1 oz 1 oz 1 oz	4 4 8 4 10	0 0 0 0	1 1 1 1 2	0 0 1 0 0	0 0 0 0	✓ ✓ ✓ ✓ ✓	✓ ✓ ✓ ✓ ✓		
Salsa Pico de Gallo Jalapenos Pickles Banana Peppers Tomatillo Salsa	1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz	4 4 8 4	0 0 0	1 1 1 1	0 0 1 0	0 0 0 0	✓ ✓ ✓ ✓	✓ ✓ ✓ ✓	✓ ✓ ✓ ✓	
Salsa Pico de Gallo Jalapenos Pickles Banan Peppers Tomatillo Salsa Lemon Wedges	1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 wedge juice	4 4 8 4 10 20	0 0 0 0 0	1 1 1 2 2	0 0 1 0 0 1	0 0 0 0 1	✓ ✓ ✓ ✓ ✓	✓ ✓ ✓ ✓ ✓ ✓		
Salsa Pico de Gallo Jalapenos Pickles Banana Peppers Tomatillo Salsa Lemon Wedges Fruit Cup (Honeydew, Cantaloupe)	1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 wedge juice 6 oz	4 4 8 4 10 20 63.5	0 0 0 0 0	1 1 1 2 2 5	0 0 1 0 0 1 1	0 0 0 0 1 0	✓ ✓ ✓ ✓ ✓ ✓ ✓	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	
Salsa Salsa Pico de Gallo Jalapenos Pickles Banana Peppers Tomatillo Salsa Lemon Wedges Fruit Cup (Honeydew, Cantaloupe) Honeydew Melon	1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 wedge juice 6 oz 3 oz	4 4 8 4 10 20 63.5 36	0 0 0 0 0 0 0	1 1 1 2 2 5 3	0 0 1 0 1 1 1 0.5	0 0 0 1 0 0	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓		
Salsa Pico de Gallo Jalapenos Pickles Banana Peppers Tomatillo Salsa Lemon Wedges Fruit Cup (Honeydew, Cantaloupe) Honeydew Melon Cantaloupe	1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 wedge juice 6 oz 3 oz 3 oz	4 4 4 10 20 63.5 36 27.5	0 0 0 0 0 0 0 0 0	1 1 1 2 2 5 3 2.3	0 0 1 0 1 1 0.5 0.5	0 0 0 1 0 0 0 0	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓			
Salsa Pico de Gallo Jalapenos Pickles Banana Peppers Tomatillo Salsa Lemon Wedges Fruit Cup (Honeydew, Cantaloupe) Honeydew Melon Cantaloupe Grapes - Red	1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 wedge juice 6 oz 3 oz 3 oz 1 oz	4 4 10 20 63.5 36 27.5 20	0 0 0 0 0 0 0 0 0 0 0 0	1 1 2 2 5 3 2.3 5	0 0 1 0 1 1 0.5 0.5 0.5	0 0 0 1 0 0 0 0 0 0	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	✓ ✓		
Salsa Salsa Salsa Pico de Gallo Jalapenos Pickles Banana Peppers Tomatillo Salsa Lemon Wedges Fruit Cup (Honeydew, Cantaloupe) Honeydew Melon Cantaloupe Grapes - Red Strawberries	1 02 1 02 1 02 1 02 1 02 1 02 1 02 1 wedge juice 6 02 3 02 3 02 1 02 1 02 1 02 1 02	4 4 10 20 63.5 36 27.5 20 28	0 0 0 0 0 0 0 0 0 0 0 0 0 0	1 1 1 2 5 3 2.3 5 7	0 0 1 0 1 1 0.5 0.5 0.5 0.5	0 0 0 1 0 0 0 0 0 0 0	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	✓ ✓	✓ ✓	
Salsa Pico de Gallo Jalapenos Pickles Banana Peppers Tomatillo Salsa Lemon Wedges Fruit Cup (Honeydew, Cantaloupe) Honeydew Melon Cantaloupe Grapes - Red	1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 wedge juice 6 oz 3 oz 3 oz 1 oz	4 4 10 20 63.5 36 27.5 20	0 0 0 0 0 0 0 0 0 0 0 0	1 1 2 2 5 3 2.3 5	0 0 1 0 1 1 0.5 0.5 0.5	0 0 0 1 0 0 0 0 0 0	✓ ✓	✓ ✓	✓ ✓	
Salsa Pico de Gallo Jalapenos Pickles Banana Peppers Tomatillo Salsa Lemon Wedges Fruit Cup (Honeydew, Cantaloupe) Honeydew Melon Cantaloupe Grapes - Red Strawberries Pineapple	1 02 1 02 1 02 1 02 1 02 1 02 1 02 1 wedge juice 6 02 3 02 3 02 1 02 1 02 1 02 1 02	4 4 10 20 63.5 36 27.5 20 28	0 0 0 0 0 0 0 0 0 0 0 0 0 0	1 1 1 2 5 3 2.3 5 7	0 0 1 0 1 1 0.5 0.5 0.5 0.5	0 0 0 1 0 0 0 0 0 0 0	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	✓ ✓	✓ ✓	
Salsa Salsa Pico de Gallo Jalapenos Pickles Banana Peppers Tomatillo Salsa Lemon Wedges Fruit Cup (Honeydew, Cantaloupe) Honeydew Melon Cantaloupe Grapes - Red Strawberries Pineapple Desserts Desserts	1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 wedge juice 6 oz 3 oz 3 oz 1 oz	4 4 8 4 10 20 63.5 36 27.5 20 28 14		1 1 1 2 2 5 3 2.3 5 7 7 3.5	0 0 1 0 1 1 0.5 0.5 0.5 0.5 0.5 0.5	0 0 0 1 0 0 0 0 0 0 0 0		✓ ✓		
Salsa Pico de Gallo Jalapenos Pickles Banana Peppers Tomatillo Salsa Lemon Wedges Fruit Cup (Honeydew, Cantaloupe) Honeydew Melon Cantaloupe Grapes - Red Strawberries Pineapple Pesserts Cookles	1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 wedge juice 6 oz 3 oz 3 oz 1 oz 1 oz 1 oz 1 oz 1 oz 5 erving Size	4 4 8 4 10 20 63.5 36 27.5 20 28 14 Calories	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 7 8 4	1 1 2 2 3 3 2.3 5 7 3.5 7 3.5 Carbs	0 0 1 0 0 1 1 0.5 0.5 0.5 0.5 0.5 0.5 0.5 Fiber	0 0 0 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0		✓ ✓		Allergy/Contains
Salsa Pico de Gallo Pico de Gallo Pico de Gallo Jalopenos Pickles Banana Peppers Tomatillo Salsa Lemon Wedges Fruit Cup (Honeydew, Cantaloupe) Honeydew Melon Cantaloupe Grapes - Red Strawberries Pineapple Desserts Cookies Chocolate Chip	1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 3 oz 1 oz 1 oz 1 oz 3 oz 1 oz 1 oz 5 erving Size 1 cokie	4 4 10 20 63.5 36 27.5 20 28 14 Calories 193	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1 1 2 2 3 3 2.3 5 7 3.5 7 3.5 Carbs 26	0 0 1 0 1 1 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5	0 0 0 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0		✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓		Allergy/Contains Wheat, Milk, Egg, Soy
Salsa Salsa Salsa Pico de Gallo Jalapenos Pickles Banana Peppers Tomatillo Salsa Lemon Wedges Fruit Cup (Honeydew, Cantaloupe) Honeydew Melon Cantaloupe Grapes - Red Strawberries Pineapple Desserts Cookies Chocolate Chip Snickerdoodle	1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 wedge juice 6 oz 3 oz 3 oz 1 oz 1 oz 1 oz 1 oz 1 oz 5 o	4 4 8 10 20 63.5 36 27.5 20 28 14 Calories 193 180	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1 1 1 2 2 3 3 2.3 5 7 7 3.5 7 7 3.5 2 6 25	0 0 1 0 0 1 1 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0		√ √		Allergy/Contains Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy
Salsa Pico de Gallo Pico de Gallo Pico de Gallo Jalapenos Pickles Banana Peppers Tomatillo Salsa Lemon Wedges Fruit Cup (Honeydew, Cantaloupe) Honeydew Melon Cantaloupe Grapes - Red Strawberries Pineapple Pesserts Cookles Cookles Chocolate Chip Snickerdoodle M&M	1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 wedge juice 6 oz 3 oz 3 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 5 oz 5 oz 1 oz 1 oz 1 oz 1 oz 1 wedge juice 6 oz 3 oz 3 oz 1 oz 1 oz 1 oz 1 wedge juice 6 oz 3 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 wedge juice 6 oz 3 oz 1 co 1 co	4 4 8 4 10 20 63.5 36 27.5 20 28 14 Calories 193 180 155	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1 1 1 2 2 2 3 3 5 5 7 3.5 5 7 3.5 5 7 7 3.5 5 7 7 3.5 5 7 2 2 5 22	0 0 1 0 0 1 1 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5	0 0 0 0 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0		✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓		Allergy/Contains Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy
Salsa Pico de Gallo Pico de Ga	1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 3 oz 1 oz 1 oz 1 oz 1 oz 1 oz 5 oz 3 oz 1 oz 1 oz 1 oz 5 oz 3 oz 1 oz 1 oz 1 oz 5 oz	4 4 8 4 10 20 63.5 36 27.5 20 28 14 Calories 193 180 155 123	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1 1 1 2 2 3 3 3 5 7 3.5 7 3.5 7 26 25 26 25 22 24	0 0 1 0 0 1 1 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0		 ✓ ✓		Allergy/Contains Wheat, Milk, Egg, Soy
Salsa Pico de Gallo Pico de Gallo Jalapenos Pickles Banana Peppers Tomatillo Salsa Lemon Wedges Fruit Cup (Honeydew, Cantaloupe) Honeydew Melon Cantaloupe Grapes - Red Strawberries Pineapple Desserts Cookles Chocolate Chip Snickerdoodle M&M	1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 wedge juice 6 oz 3 oz 3 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 5 oz 5 oz 1 oz 1 oz 1 oz 1 oz 1 wedge juice 6 oz 3 oz 3 oz 1 oz 1 oz 1 oz 1 wedge juice 6 oz 3 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 wedge juice 6 oz 3 oz 1 co 1 co	4 4 8 4 10 20 63.5 36 27.5 20 28 14 Calories 193 180 155	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1 1 1 2 2 2 3 3 5 5 7 3.5 5 7 3.5 5 7 7 3.5 5 7 7 3.5 5 7 2 2 5 22	0 0 1 0 0 1 1 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5	0 0 0 0 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0		√ √ √ √ √ √ √ √ √ √ √ Vegetarian √ √ √		Allergy/Contains Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy
Salsa Pico de Gallo Pico de Gallo Jalapenos Pickles Banana Peppers Tomatillo Salsa Lemon Wedges Fruit Cup (Honeydew, Cantaloupe) Honeydew Melon Cantaloupe Grapes - Red Strawberries Pineapple Desserts Cookies Chocolate Chip Snickerdoodle M&M Vanilla Pudding Chocolate Pudding	1 02 1 02 1 02 1 02 1 02 1 02 1 02 1 wedge juice 6 02 3 02 1 02 1 02 1 02 1 02 1 02 Serving Size 1 cookie 1 cookie 2 02 2 02	4 4 8 8 4 10 20 63.5 36 27.5 20 28 14 14 Calories 193 180 155 123 120	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1 1 1 2 3 3 2.3 5 7 3.5 Carbs 26 25 22 24 20	0 0 1 0 0 1 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5	0 0 0 0 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	 ✓ ✓	√ √ √ √ √ √ √ √ √ √ √ √ √ √	Allergy/Contains Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy Wheat, Milk, Soy Wheat, Milk, Soy
Salsa Pico de Gallo Jalapenos Pickles Banana Peppers Tomatillo Salsa Lemon Wedges Fruit Cug (Honsydew, Cantaloupe) Honeydew Melon Cantaloupe Grapes - Red Strawberries Pineapple Cookies Chocolate Chip Snickerdoodle M&M Vanilla Pudding Chocolate Pudding Cakes and Pies will be rotated	1 02 1 02 1 02 1 02 1 02 1 02 1 02 1 02 1 wedge juice 6 02 3 02 3 02 1 02 1 02 1 02 1 02 1 02 1 02 1 02 1 02 1 02 2 02 2 02 Serving Size Serving Size	4 4 8 8 4 10 20 6 3.5 3.6 27.5 20 28 14 193 180 155 123 120 Calories Calories	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1 1 1 2 2 3 3 5 7 7 3.5 2.3 5 7 7 3.5 2.6 25 26 25 22 24 20 Carbs Carbs	0 0 1 0 0 1 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	 ✓ ✓	√ √ √ √ √ √ √ √ √ √ √ √ √ √	Allergy/Contains Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy Wheat, Milk, Soy Wheat, Milk, Soy
Salsa Pico de Gallo Jalapenos Pickles Banana Peppers Tomatillo Salsa Lemon Wedges Fruit Cup (Honeydew, Cantaloupe) Honeydew Melon Cantaloupe Grapes - Red Strawberries Pineapple Desserts Cookies Chocolate Chip Snickerdoodle M&M Vanilla Pudding Chocolate Pudding Cakes and Pies will be rotated Carrot Cake	1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 wedge juice 6 oz 3 oz 3 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 2 oz 2 oz 5 serving Size 2 oz 5 serving Size 1 slice	4 4 8 8 4 10 20 	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1 1 1 2 5 3 2.3 5 7 7 3.5 7 7 3.5 26 25 22 24 20 Carbs 35	0 0 1 1 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5	0 0 0 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	√ √	√ √ √ √ √ √ √ √ √ √ √ √ √ √	Allergy/Contains Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy Wheat, Milk, Soy Wheat, Milk, Soy Wheat, Milk, Soy Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan)
Salsa Pico de Gallo Pico de Gallo Jalapenos Pickles Banana Peppers Tomatillo Salsa Lemon Wedges Fruit Cup (Honeydew, Cantaloupe) Honeydew Melon Cantaloupe Grapes - Red Strawberries Pineapple Desserts Cookies Chocolate Chip Snickerdoodle M&M Vanilla Pudding Chocolate Pudding Carrot Cake Carrot Cake Chocolate Cake	1 02 1 02 1 02 1 02 1 02 1 02 1 wedge juice 6 02 3 02 3 02 1 0 1 02 1 02 1 02 1 02 1 02 1 02 1 0 1 02 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0	4 4 8 8 4 10 20 63.5 36 27.5 20 28 14 Calories 180 155 123 180 Colories 287 304	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1 1 1 2 3 3 2.3 5 7 3.5 Carbs 26 25 22 24 20 Carbs 35 46	0 0 1 1 0 0 0 1 1 0 5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5	0 0 0 0 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	 ✓ ✓	√ √ √ √ √ √ √ √ √ √ √ √ √ √	Allergy/Contains Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy Wheat, Milk, Soy Wheat, Milk, Soy Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy
Salsa Pico de Gallo Jalagenos Pickles Banana Peppers Tomatillo Salsa Lemon Wedges Fruit Cug (Honsydew, Cantaloupe) Honeydew Melon Cantaloupe Grapes - Red Strawberries Pineapple Ocolies Cookies Chocolate Chip Snickerdoodle M&M Vanilla Pudding Chocolate Pudding Carot Cake Chocolate not iced cake	1 02 1 02 1 02 1 02 1 02 1 02 1 02 1 02 1 wedge juice 6 02 3 02 3 02 1 0 1 0	4 4 8 4 10 20 63.5 36 27.5 20 28 14 193 180 155 123 120 Calories 287 304 265	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1 1 1 2 5 3 3 5 7 3.5 7 7 3.5 2.6 25 26 25 26 25 22 24 20 Carbs 35 46 41	0 0 1 1 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	 ✓ ✓	√ √ √ √ √ √ √ √ √ √ √ √ √ √	Allergy/Contains Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy Wheat, Milk, Soy Wheat, Milk, Soy Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy
Salsa Pico de Gallo Jalapenos Pickles Banana Peppers Tomatillo Salsa Lemon Wedges Fruit Cup (Honeydew, Cantaloupe) Honeydew Melon Cantaloupe Grapes - Red Strawberries Pineapple Desserts Cookies Chocolate Chip Snickerdoodle M&M Yanilla Pudding Chocolate Pudding Carto Cake Chocolate rot iced cake Lemon Cream Cake	1 oz 1 wedge juice 6 oz 3 oz 3 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 2 oz 5 erving Size 1 cookie 1 cookie 1 cookie 2 oz 2 oz 5 erving Size 1 slice 3 oz 1 slice 1 slice 1 slice	4 4 8 8 4 10 20 63.5 36 27.5 20 28 14 Calories 123 120 Calories 287 304 265 255	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1 1 1 2 5 3 2.3 5 7 7 3.5 Carbs 26 25 22 24 20 Carbs 35 46 41 36	0 0 1 1 0 0 1 1 0 5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5	0 0 0 0 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	V V V V V V Vegetarian V Vegetarian V Vegetarian V	√ √ √ √ √ √ √ √ √ √ √ √ √ √	Allergy/Contains Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy
Salsa Pico de Gallo Pico de Gallo Jalapenos Pickles Banana Peppers Tomatillo Salsa Lemon Wedges Fruit Cup (Honeydew, Cantaloupe) Honeydew Melon Cantaloupe Grapes - Red Strawberries Pineapple Desserts Cookies Chocolate Chip Snickerdoodle M&M Vanilla Pudding Chocolate Pudding Carrot Cake Chocolate coke Chocolate coke Chocolate not iced cake Emon Cream Cake Boston Cream Pie	1 02 1 02 1 02 1 02 1 02 1 02 1 wedge juice 6 02 3 02 3 02 1 02 1 02 1 02 1 02 1 02 1 02 1 02 1 02 5 erving Size 1 cookie 2 02 2 02 5 erving Size 1 slice 1 slice 1 slice 1 slice 1 slice	4 4 8 8 4 10 20 63.5 36 27.5 20 28 14 Calories 180 155 123 180 Colories 287 304 265 255 350	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1 1 1 2 3 3 2.3 5 7 3.5 Carbs 26 25 22 24 20 Carbs 35 46 41 36 57	0 0 1 1 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	 ✓ ✓	√ √ √ √ √ √ √ √ √ √ √ √ √ √	Allergy/Contains Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy Wheat, Milk, Soy Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy
Salsa Pico de Gallo Pico de Gallo Jalapenos Pickles Banana Peppers Tomatillo Salsa Lemon Wedges Fruit Cup (Honeydew, Cantaloupe) Honeydew Melon Cantaloupe Grapes - Red Strawberries Pineapple Ookies Chocolate Chip Snickerdoodle M&M Yonilla Pudding Chocolate Chip Carot Cake Chocolate not iced cake Lemon Cream Cike Boston Cream Pie	1 02 1 02 1 02 1 02 1 02 1 02 1 02 1 wedge juice 6 02 3 02 3 02 1 0	4 4 8 4 10 20 63.5 36 27.5 20 28 14 123 120 Calories 287 304 265 255 350 410	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1 1 1 1 2 5 3 3 5 7 3.5 7 3.5 7 3.5 7 2.6 25 26 25 22 24 20 7 26 25 22 24 20 7 45 49	0 0 1 1 0.5 0.5 0.5 0.5 0.5 0.5 1 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	 ✓ ✓	√ √ √ √ √ √ √ √ √ √ √ √ √ √	Allergy/Contains Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy Wheat, Milk, Soy Wheat, Milk, Soy Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy, Wheat, Milk, Egg, Soy Wheat, Milk, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Soy, Processed in a facility with Tree Nuts
Salsa Pico de Gallo Pico de Gallo Jalapenos Pickles Banana Peppers Tomatillo Salsa Lemon Wedges Fruit Cup (Honeydew, Cantaloupe) Honeydew Melon Cantaloupe Grapes - Red Strawberries Pineapple Desserts Cookies Chocolate Chip Snickerdoodle Wailla Pudding Chocolate Pudding Cartor Cake Chocolate nut ited cake Lemon Cream Pile Boston Cream Pile Pompkin Pie	1 oz 1 oz 3 oz 3 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 2 oz 2 oz 5 serving Size 1 slice 1 slice	4 4 8 8 4 10 20 63.5 36 27.5 20 28 14 14 Calories 123 120 Calories 287 304 265 350 410 310	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1 1 1 2 5 3 2.3 5 7 7 3.5 Carbs 26 25 22 24 20 Carbs 35 46 41 36 57 49 48	0 0 1 1 0 0 1 1 0 5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5	0 0 0 0 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	V V V V V V Vegetarian V Vegetarian V Vegetarian V	√ √ √ √ √ √ √ √ √ √ √ √ √ √	Allergy/Contains Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy, Trocessed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts
Salsa Pico de Gallo Jalapenos Pickles Banan Peppers Tomatillo Salsa Lemon Wedges Fruit Cup (Honeydew, Cantaloupe) Honeydew Melon Cantaloupe Grapes - Red Strawberries Pineapple Ocokies Chocolate Chip Snickerdoodle M&M Vanilla Pudding Chocolate Chip Chocolate Chip Chocolate Chip Chocolate Chip Chocolate Chip Cartot Cake Chocolate nut ced cake Lemon Cream Cake Boston Cream Pie Chocolate Cream Pie	1 02 1 02 1 02 1 02 1 02 1 02 1 02 1 wedge juice 6 02 3 02 3 02 1 0	4 4 8 4 10 20 63.5 36 27.5 20 28 14 123 120 Calories 287 304 265 255 350 410	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1 1 1 1 2 5 3 3 5 7 3.5 7 3.5 7 3.5 7 2.6 25 26 25 22 24 20 7 26 25 22 24 20 7 45 49	0 0 1 1 0.5 0.5 0.5 0.5 0.5 0.5 1 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	 ✓ ✓	√ √ √ √ √ √ √ √ √ √ √ √ √ √	Allergy/Contains Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy Wheat, Milk, Soy Wheat, Milk, Soy Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy, Wheat, Milk, Egg, Soy Wheat, Milk, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Soy, Processed in a facility with Tree Nuts
Salsa Pico de Gallo Jalapenos Pickles Banan Peppers Tomatillo Salsa Lemon Wedges Fruit Cup (Honeydew, Cantaloupe) Honeydew Melon Cantaloupe Grapes - Red Strawberries Pineapple Desserts Cookies Chocolate Chip Snickerdoodle M&M Vanilla Pudding Chocolate Chip Chocolate Chip Snickerdoodle M&M Chocolate Chip Soutner on ticed cake Lemon Cream Cake Boston Cream Pie Chocolate Cram Pie Chocolate Cream Pie Soutner Neican Pie	1 02 1 02 1 02 1 02 1 02 1 02 1 02 1 wedge juice 6 02 3 02 3 02 1 5lice 1 slice 1 slice	4 4 8 4 10 20 63.5 36 27.5 20 28 14 14 Calories 193 180 155 123 120 Calories 287 304 265 255 350 410 310 525	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1 1 1 2 2 5 3 2.3 5 7 3.5 7 3.5 7 3.5 26 25 22 22 24 20 Carbs 35 46 41 36 57 49 48 70 77 48 70 70 70 70 70 70 70 70 70 70	0 0 1 1 0 0 1 1 1 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5	0 0 0 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	✓ </td <td>V V V V V V V Vegetarian V V V V V V V V V V V V V</td> <td> ✓ ✓</td> <td>Allergy/Contains Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy Wheat, Milk, Soy Wheat, Milk, Soy Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts</td>	V V V V V V V Vegetarian V V V V V V V V V V V V V	 ✓ ✓	Allergy/Contains Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy Wheat, Milk, Soy Wheat, Milk, Soy Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts
Salsa Pico de Gallo Jalapenos Pickles Banana Peppers Tomatillo Salsa Lemon Wedges Fruit Cup (Honeydew, Cantaloupe) Honeydew Melon Cantaloupe Grapes - Red Strawberries Pineapple Desserts Cookies Chocolate Chip Snickerdoodle M&M Vanilla Pudding Cakes and Pies will be rotated Carrot Cake Chocolate Chece Chece Chece Chocolate Chece Chec	1 oz 1 oz 3 oz 3 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 1 oz 2 oz 2 oz 5 serving Size 1 slice 1 slice	4 4 8 4 10 20 63.5 36 27.5 20 28 14 14 Calories 193 180 155 123 120 Calories 287 304 265 255 350 410 310 525	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1 1 1 2 2 5 3 2.3 5 7 3.5 7 3.5 7 3.5 26 25 22 22 24 20 Carbs 35 46 41 36 57 49 48 70 77 48 70 70 70 70 70 70 70 70 70 70	0 0 1 1 0 0 1 1 1 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5	0 0 0 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	✓ </td <td>V V V V V V Vegetarian V Vegetarian V Vegetarian V</td> <td> ✓ ✓</td> <td>Allergy/Contains Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy Wheat, Milk, Soy Wheat, Milk, Soy Wheat, Milk, Soy Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts</td>	V V V V V V Vegetarian V Vegetarian V Vegetarian V	 ✓ ✓	Allergy/Contains Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy Wheat, Milk, Soy Wheat, Milk, Soy Wheat, Milk, Soy Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy, Tree Nuts (Walnut, Pecan) Wheat, Milk, Egg, Soy Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts Wheat, Milk, Egg, Soy, Processed in a facility with Tree Nuts

Coffee	16 oz	2	0	0	0	0.5	1	1	1	
		2	0	0	0		✓ ✓	×	✓ ✓	
Coffee Decaf	16 oz	2	0	0	0	0.5	~	~	~	
Chocolate Milk	16 oz	216	0	38	0	16				
Milk (whole)	16 oz	312	16	26	0	16		✓	~	Milk
Milk (2%)	16 oz	247.5	9.5	24.5	0	16		~	✓	Milk
uice										
Apple Juice	16 oz	224	0	56	0	0	✓	✓	✓	
Cranberry Juice	16 oz	272	0	68	0	0	√	✓	✓	
Drange Juice	16 oz	224	0	54	0	2	√	✓	✓	
Raspberry Lemonade	16 oz	240	0	60	0	0	√	✓	✓	
Teas				1				1		
Jnsweet Tea	16 oz	0	0	0	0	0	✓	✓	✓	
iweet Tea	16 oz	144	0	36	0	0	✓	~	~	
aspberry Tea	16 oz	184	0	46	0	0	✓	✓	✓	
odas	Serving Size	Calories	Fat (g)	Carbs (g)	Fiber (g) Protein (g) Vegan	Vegetarian	Gluten Fre	ee Allergy/Contains
Coke	16 oz	208	0	52	0	0	✓	✓	✓	
Diet Coke	16 oz	0.4	0	0.1	0	0	✓	~	✓	
Coke Zero	16 oz	0.4	0	0.1	0	0	✓	~	~	
Dr. Pepper	16 oz	210	0	52.5	0	0	✓	~	~	
Drange Crush	16 oz	230	0	57.5	0	0	✓	✓	~	
prite	16 oz	204	0	51	0	0	✓	✓	✓	
Root Beer	16 oz	200	0	50	0	0	✓	~	~	
owerade	Serving Size	Calories	Fat (g)	Carbs (g)	Fiber (a) Protein (g) Vegan	Vegetarian	Gluten Fre	ee Allergy/Contains
ruit Punch-Red	24 oz	136	0	34	0	0	√ ×	√	✓	
/ountain Blast-Blue	24 oz	168	0	42	0	0	✓	✓	✓	
emon Lime-Yellow	24 oz	168	0	42	0	0	✓	~	~	
	2102	100	1 ×	+			+		1	
/es = ✓										
Yes = ✓ Allergy/Contains Column lists foods that may contain one of the big eight food allergies. Wheat, Milk, Soy, Eggs, Fish, Shell Fish, Peanuts, Tree Nuts, Pork, and Sesame										