



Support for Your Mental Health Anywhere

Doctor On Demand offers a private and secure space where you can connect with a licensed psychologist or psychiatrist face-to-face from your smartphone, 7 days a week.

HealthSelect plans now cover mental health virtual visits.

Register and choose a provider who fits your needs from a team of diverse and experienced psychologists and psychiatrists. Then make an appointment that works with your schedule to discuss what's important to you.

HOW WE CAN HELP

Our team of psychologists and psychiatrists are here to help when you are looking for extra support.

- + Anxiety
- + Depression
- + Relationship Issues
- + Trauma & Loss
- + Family & Parenting
- + Addiction
- + Anger Management
- + Insomnia
- + Many More

WHAT IT COSTS

The following benefits apply for in-network mental health virtual visits:

- + HealthSelectSM of Texas and HealthSelectSM Out-of-State: \$25 copay
- + HealthSelectSM Secondary: 70% coinsurance, after the annual deductible is met.
- + Consumer Directed HealthSelectSM: 80% coinsurance, after the annual deductible is met.

DOWNLOAD AND REGISTER
doctorondemand.com

HealthSelect^{of Texas}

CONSUMER DIRECTED
HealthSelectSM



*Doctor On Demand physicians do not prescribe Controlled Substances, and may elect not to treat or prescribe other medications based on what is clinically appropriate. Doctor On Demand is not meant for crisis or emergency situations. If you are experiencing a crisis or emergency, call 911 or go to your nearest emergency room. You can also access the free, 24-hour National Suicide Prevention Lifeline at 1-800-273-8255. Doctor On Demand also does not prescribe DEA controlled substances, including benzodiazepines and stimulants.