

JACLYN CRAVENS PICKENS, Ph.D., LMFT-A

Couple, Marriage, and Family Therapy Program
 Department of Community, Family, and Addiction Sciences
 College of Human Sciences
 Texas Tech University
 Telephone: 806.834.2705
 Email: jaclyn.cravens@ttu.edu

PROFESSIONAL ACADEMIC EXPERIENCECURRENT/PAST APPOINTMENTS

- 2017 – Present *Assistant Professor, Couple, Marriage, and Family Therapy Program*
 Community, Family, and Addiction Sciences, Texas Tech University.
Clinical Assistant Professor Department of Pediatrics, Texas Tech University Health Sciences Center School of Medicine
- 2014 – 2017 *Assistant Professor, Addictive Disorders and Recovery Studies Program Director*
 Community, Family, and Addiction Sciences, Texas Tech University.
 Responsible for administration of ADRS minor and graduate certificate programs and the development of the online/distance education courses.
- 2013 – 2014 *Assistant Professor*
 Couple and Family Therapy Program, Alliant International University.
- 2012 – 2013 *Academic Intern*
 Marriage and Family Therapy Program, University of Nevada, Las Vegas.

EDUCATION

- Ph.D. Marriage and Family Therapy
 Texas Tech University, Lubbock, TX
Dissertation: Social Networking infidelity: Understanding the impact and exploring the rules and boundaries in intimate partner relationships
- M.S. Marriage and Family Therapy
 East Carolina University, Greenville, NC
Thesis: Facebook and Infidelity: Motivational Factors
- B.A. Psychology, minor in Child Development and Family Relations
 East Carolina University, Greenville, NC

Senior Research Project: Phonological and Semantic word association in children

RESEARCH

PUBLICATIONS

Publication Metrics (information obtained from Google Scholar on 5/12/2019)

Peer Reviewed Journal Publications = 18 (14 since appointment)

Peer Reviewed Published Book Chapters = 6 (4 since appointment)

Total Citation Count = 214 (201 since appointment)

h-index: 8; i10-index: 8

Referred journal articles

(* = notes undergraduate/graduate student mentorship at time of publication; IF = Impact Factor)

Johnson, D. J.*, Holyoak, D.*, & **Pickens, J. C.** (Accepted). Using Narrative Therapy in the treatment of Adult Survivors of Childhood Sexual Abuse in the context of Couples Therapy. *American Journal of Family Therapy*.
Citations = 0; Journal Ranking = 3; IF = 0.610

Whiting, J. B., Dansby, R.*, **Cravens Pickens, J.**, & Banford, A. (2019). Victim blaming in the forums of social media: A content analysis of internet accusations regarding domestic violence. *The Qualitative Report*, 24(1).
Citations = 0; Journal Ranking = XX; IF = NA

Gonzalez, N.*, Sukach, T.*, & **Pickens, J. C.** (2018). Experiences of human sex trafficking victims: A phenomenology. *The Qualitative Report*, 23(6).
Citations: 2; Journal Ranking = XX; IF = NA

McDaniel, B., Galovan, A., **Cravens, J. D.**, & Drouin, M. (2017). "Technoference" and implications for mothers' and fathers' couple and co-parenting relationship quality. *Computers in Human Behavior*, 80, 303-313.
Citations: 17; Journal Ranking: 4; IF = 3.435

Morris, N.*, & **Cravens, J.D.** (2017). "I am not a gadget." A grounded theory on unplugging. *American Journal of Family Therapy*.
Citations: 2; Journal Ranking = 3; IF = 0.610

McDaniel, B. T., Druin, M., & **Cravens, J. D.** (2017). Do you have anything to hide? Infidelity-related behaviors on social networking sites and marital satisfaction. *Computer in Human behavior*, 66, 88-95.

Citations: 29; Journal Ranking: 4; IF = 3.435

Macey, P. *, Morris, N. *, Hamlin, O. *, **Cravens, J. D.** (2017). Bi-invisibility: A Phenomenological Exploration of Same-sex Casual hook-ups. *Journal of Bisexuality*, 17(2), 225-250.

Citations: 0; Journal Ranking = XX; IF = NA

Cravens, J. D., Pratt, K. P., Palmer, E., & Amar, R.* (2016). Marriage and Family Therapy trainees' views on including weight bias training into their clinical training. *Contemporary Family Therapy*, 38(2), 210-222.

Citations: 3; Journal Ranking = 3; IF = 0.77

Pratt, K. J., Palmer, E., **Cravens, J. D.**, Ferriby M., Cai, Y., & Balk, E. K. (2016). Marriage and Family Therapy trainees' reports of explicit weight-bias. *Journal of Marital and Family Therapy*, 42(2), 288-298. doi:10.1111/jmft.12116

Citations: 11; Journal Ranking = 5; IF = 3

Whiting, J. B., Harris, S. F., Smith, D., Oka, M., & **Cravens, J. D.** (2016). Be the change you want to see: Discovering principles of nonviolent social movements in intimate relationships. *The Family Journal*, 1-11.

Citations: 2; Journal Ranking = XX; IF = NA

Negash, S., **Cravens, J. D.**, Brown, P. C., & Fincham, D. F. (2016). Relationship dissolution and psychologically aggressive dating relationships: preliminary findings from a college-based relationship education course. *Violence and Victims*, 31(5) 921-937.

Citations: 0; Journal Ranking = XX; IF = 0.858

Cravens, J. D. & Whiting, J. B. (2016). Fooling around on Facebook: The perceptions of infidelity on social networking sites. *Journal of Couple & Relationship Therapy*, 15(3), 231-231. doi:10.1080/15332691.2014.1003670

Citations: 7; Journal Ranking = 2; IF = 0.35

Whiting, J. B. & **Cravens, J. D.** (2016). Escalating, Accusing, and Rationalizing: A Model of Distortion and Interaction in Couple Conflict. *Journal of Couple and Relationship Therapy: Innovations in Clinical and Educational Interventions*, 15(4), 251-273. doi:10.1080/15332691.2015.1055417

Citations: 3; Journal Ranking = 2; IF = 0.35

Cravens, J. D., Whiting, J. B., & Amar, R.* (2015). Why I stayed/left: An analysis of voices of intimate partner violence on social media. *Contemporary Family Therapy*, 37(4), 372-385.

Citations: 18; Journal Ranking = 3; IF = 0.77

Cravens, J. D. & Whiting, J. B. (2014). Clinical implications of Internet infidelity: Where Facebook fits in. *American Journal of Family Therapy*. doi: 10.1080/01926187.2013.874211

Citations: 34; Journal Ranking = 3; IF = 0.610

Hertlein, K. M. & **Cravens, J. D.** (2014). Assessment and Treatment of Internet Sexuality Issues. *Current Sexual Health Reports*, 6, 56 -63.

Citations: 5; Journal Ranking = XX; IF = NA

Cravens, J. D., Leckie, K., & Whiting, J. (2013). Facebook Infidelity: When poking becomes problematic. *Contemporary Family Therapy*, 35(1), 74-90. doi:10.1007/s10591-012-9231-5

Citations: 59; Journal Ranking = 3; IF = 0.77

Pratt, K., Lamson, A., Lazorick, S., Swanson, M., **Cravens, J. D.**, & Collier, D. (2011). A Biopsychosocial Pilot Study of Overweight Youth and Care provider's perception of Quality of life. *Journal of Pediatric Nursing*, 26, 61-68.

Citations: 11; Journal Ranking = XX; IF = 1.016

Publications under review

Pickens, J. C. & Whiting, J. B. (Under Review). Tech Talk: Analyzing the negotiations and rules around technology use in intimate relationships.

Pickens, J. C., Morris, N.*, & Johnson, D. J.* (Under Review). The Digital Divide: Couple and Family Therapy Programs' integration of teletherapy training and education.

Johnson, J. D.*, Andrews, L. E.*, Levings, M. L.*, & **Pickens, J. C.** (Under Review). Using social media to change the narrative around chronic illness.

Milstead, K.*, Story, M. R.*, & **Cravens Pickens, J.** (Revising to resubmit). The relationship between eating disorders and the authentic self. An intimate partner violence comparison.

Peer Reviewed Book Chapters

Soloski, K., & **Cravens, J. D.** (2018). Medical Family Therapy in Alcohol & Drug Treatment. In (Eds.) T. Mendenhall., A. Lamson, & J. Hodgson. *Clinical Methods in Medical Family Therapy* (pp.321-356). New York: NY: Springer Publishing.

Schonian, S.*, & **Cravens, J. D.** (2017). Family of Origin. In (Eds.) J. Carlson & S. Dermer. *The Sage Encyclopedia of Marriage, Family, and Couples Counseling*. SAGE: Thousand Oaks, CA.

Schonian, S.*, & **Cravens, J. D.** (2017). Sexuality and Religion. In (Eds.) J. Carlson & S. Dermer. *The Sage Encyclopedia of Marriage, Family, and Couples Counseling*. SAGE: Thousand Oaks, CA.

Cravens, J. D. & Whiting, J. (2015). Communicating rules and boundaries for online interactions. In C. J. Bruess (Ed), *Family Communication in a Digital Age*. New York, NY: Peter Lang.

Cravens, J. D. & Whiting, J. (2014). Mindfulness: Acceptance & Non-judgment. In R. Bean, S. Davis, & M. Davey (Eds.), *Clinical Supervision Activities for Increasing Competence and Self-awareness*. Hoboken, NJ: Wiley.

Pratt, K. J. & **Cravens, J. D.** (2014). Weight and Body Awareness: Considerations for the supervisor and clinician in training. In R. Bean, S. Davis, & M. Davey (Eds.), *Clinical Supervision Activities for Increasing Competence and Self-awareness*. Hoboken, NJ: Wiley.

Other publications

Labanowski, J., Smith, S., **Pickens, J. C.**, & Norton, A. (March/April 2019). Online Therapy: Shaping the Future of our Field. *Family Therapy Magazine*, 18(2).

Cravens, J. D. (2015). Couples Communication of rules and boundaries for technology and the Internet. *NCFR Report, Effective Communication* (invited).

Cravens, J. D. (2014). Book Review: The Couple and Family Technology Framework: Intimate Partners in a Digital Age. *Journal of Couple and Relationship Therapy*, 13, 173-174. doi:10.1080/15332691.2014.895269

Cravens, J. D., Hertlein, K. M., & Blumer, M. (March/April 2013). Are all technology issues created equal? Assessing, diagnosing and treating Internet Issues in relationships. *Family Therapy Magazine*.

Lamson, A., Phelps, K., Stanton, M., **Cravens, J.**, Fewell, C., Hinshaw, B., & Lewicki, J. (2009). Marriage and family therapists and school mental health. NCAMFT White Paper.

Manuscripts in Preparation for Publication

Bedard, C.*, **Pickens, J. C.**, Piland, N., & Fife, S. (in preparation). Religious Couples' shared experiences of infertility: A phenomenological analysis (anticipated submission 8/01).

Pickens, J. C., White, M., & Soloski, K. (in preparation). Connecting and disconnecting: the role of technology in today's intimate partner relationships. (anticipated submission 6/19)

Whiting, J. B., **Pickens, J. C.**, & PettyJohn, M.* (in preparation). Why I didn't report: Reasons for hiding sexual violence. (anticipated submission 6/01).

Morris, N.*, & **Pickens, J. C.** (in preparation). Parenting in the digital age: Rules, monitoring and their impact on parent-child relationships. (anticipated submission 5/20).

Gonzalez Castañeda, N.*, **Cravens, J. C.**, Fife, S., Pilan, N., Dalla, R. (in preparation). Surviving Sex Tracking: A coping journey. (anticipated submission 5/20).

PRESENTATIONS, CONSULTATIONS

Invited Workshops or Presentations

Norton, A., **Cravens, J. D.**, Smith, S., & Labanowski, J. (2018, November). *Integrating online therapy into your practice: A systemic approach*. **Institute Workshop** (6.5 hours of continuing education) presented at the American Association of Marriage and Family Therapy National Conference (AAMFT), Louisville, KY. (Invited presentation).

Cravens, J. D. (2017, March). *Navigating technology in the therapy room*. **Keynote Presentation** for the South Carolina Association of Marriage and Family Therapy. Charleston, South Carolina. (12-hours of continuing education presentations, 4 workshops).

Cravens, J. D. (2016, April). *Ethical and Legal issues in a Digital Age and Navigating Technology in the Therapy Room: The influence of digital media on couple and family relationships*. **Keynote Presentation** for Ohio Association of Marriage and Family Therapy. Columbus, Ohio. (8-hours of continuing education presentations, 2 workshops)

Cravens, J. D. (2015, April). *Facebook and Internet issues in clinical work*. Invited Continuing Education Training presentation. McKenzie Lectureship Series, Center for the Study of Addiction and Recovery, Texas Tech University.

Cravens, J. D. (2013, December). *Clinical considerations in working with Intimate Partner Violence*. Invited Clinical Training presentation for Delta Kappa: International Marriage and Family Therapy Honors Society, University of Nevada, Las Vegas.

Cravens, J. D. (2014, January). *Facebook infidelity: When poking becomes problematic*. Invited Continuing Education Workshop. Family Therapy Symposium, Lubbock, TX.

Referred Conference Presentations

Labanowski, J., Norton, A., **Cravens, J. D.**, & Smith, S. (2019). *Getting started in teletherapy: A call to action*. Workshop submitted for review for the American

- Association of Marriage and Family Therapy National Conference (AAMFT), Austin, TX. (Part 4 of 4-part workshop series on teletherapy).
- Cravens, J. D.,** Smith, S., Labanowski, J., & Norton, A. (2019). *Getting started in teletherapy: Legal and Ethical Considerations*. Workshop submitted for review for the American Association of Marriage and Family Therapy National Conference (AAMFT), Austin, TX. (Part 3 of 4-part workshop series on teletherapy).
- Smith, S., Labanowski, J., Norton, A., **Cravens, J. D.,** (2019). *Getting started in teletherapy: Clinical Considerations*. Workshop submitted for review for the American Association of Marriage and Family Therapy National Conference (AAMFT), Austin, TX. (Part 2 of 4-part workshop series on teletherapy).
- Norton, A., **Cravens, J. D.,** Smith, S., & Labanowski, J. (2019). *Getting started in teletherapy: Logistical Considerations*. Workshop submitted for review for the American Association of Marriage and Family Therapy National Conference (AAMFT), Austin, TX. (Part 1 of 4-part workshop series on teletherapy).
- Whiting, J. B., **Pickens, J. C.,** & PettyJohn, M.* (Submitted). Why I didn't report: Reasons for hiding sexual violence. Paper presentation submitted for the National Council of Family Relations Conference (NCFR), Fort Worth, TX, 2019.
- Cravens, J. D.,** Whiting, J., Dansby, R.*, & Banford, A. (2017). Blaming victims of intimate partner violence: A Content analysis of online social media comments. Paper presentation accepted for the National Council of Family Relations Conference (NCFR), Orlando, FL, 2017.
- Morris, N.*, **Cravens, J. D.** (2017). "I am not a Gadget": A grounded theory on unplugging. Poster accepted for the National Council of Family Relations Conference (NCFR), Orlando, FL, 2017.
- Morris, N.*, **Cravens, J. D.** (2017). "I am not a Gadget": A grounded theory on unplugging. Poster accepted for the Texas Association of Marriage and Family Therapy National Conference (TAMFT), Austin, TX, 2017.
- Cravens, J. D.,** Minaiy, C.*, & Morris, N.* (2016). Working with today's technology connected children. Workshop at the American Association of Marriage and Family Therapy National Conference (AAMFT), Indianapolis, IN, 2016.
- Macey, P.*, **Cravens, J. D.,** Morris, N.* (2016). Massively Multiplayer online role-playing games and intimate relationships. Poster presentation at the American Association of Marriage and Family Therapy National Conference (AAMFT), Indianapolis, IN, 2016.

- McDaniel, B., Drouin, M., & **Cravens, J. D.** (2016). Technoference and implications for mothers' and fathers' couple and coparenting relationship quality. Workshop at the National Council on Family and Relations (NCFR). International Conference, 2017.
- Cravens, J. D.**, & Ivey, D. (2016). Ethical issues in the Digital Age. Workshop at the Texas Association of Marriage and Family Therapy (TAMFT) State Conference, San Antonio, TX, 2016.
- Cravens, J. D.**, Whiting, J., & Amar, R.* (2015). Why I stayed/Left: Voices of Intimate Partner Violence on Social media. Research poster presented at the NCFR International Conference, Vancouver, CA, 2015.
- Aamar, R.*, **Cravens, J. D.**, & Whiting, J. (2015). The lived experience of obesity: A Phenomenological Study. Research poster presented at AAMFT National Conference, Austin, TX, 2015.
- Cravens, J. D.** & Whiting, J. (2014). Communicating rules and boundaries for the Internet in relationships. Research poster accepted for the AAMFT National Conference, Milwaukee, WI, 2014.
- Palmer, E., Pratt, K. P., & **Cravens, J. D.** (2014). Couple and Family therapists' views on a weight and body awareness curriculum and weight-bias. Research poster accepted for the AAMFT National Conference, Milwaukee, WI, 2014.
- Palmer, E., Pratt, K. P. & **Cravens, J. D.** (2014). Couple and Family Therapists' views on a weight and body awareness curriculum and weight-bias). Research poster accepted for the IFTA Conference, Panama City, PA, 2014.
- Cravens, J. D.** & Whiting, J. (2013). Clinical issues of Internet infidelity: A comparison of offline, online and social networking site behaviors. Research poster accepted for the AAMFT National Conference, Eugene, OR, 2013.
- Whiting, J. & **Cravens, J. D.** (2013). Conflict, Escalation and Distortion: A process study. Research poster accepted for the AAMFT National Conference, Eugene, OR, 2013.
- Pratt, K. J.* & **Cravens, J. D.** (2013). Weight and Body Size Awareness: Implications for the supervisor, clinician and field. Research symposium accepted for the NCFR National Conference, San Antonio, TX, 2013.
*Paper won Best Research Paper by a New Professional for the Family Therapy section of the National Council of Family Relations.
- Whiting, J. B. & **Cravens, J. D.** (2013). Escalating and Accusing: A model of Distortion and Blame in Couple Conflict. Research symposium accepted for the NCFR National Conference, San Antonio, TX, 2013.

Pratt, K. J., Yoo, H., Lamson, A., **Cravens, J. D.**, & Cai, Y. (2013). The self-reported strengths and concerns of diabetic youth and their caregivers. Research symposium accepted for the NCFR National Conference, San Antonio, TX, 2013.

Cravens, J. D., Leicke, K., & Whiting, J. (2012). Facebook & Infidelity: When poking becomes problematic. Research poster presented at AAMFT National Conference, Charlotte, NC, 2012.

Cravens, J. D., Whiting, J., & Smith, D. (2012). Predicting Violence with assessment measures: A Clinical Guide. Research poster presented at AAMFT National Conference, Charlotte, NC, 2012.

Cravens, J. D., & White, M. (2011). Social Networking & Motivational Factors for Infidelity. Research Poster Presented at the American Association for Marriage and Family Therapy's National Conference, Fort Worth, TX, 2011.

GRANTS

External Grants:

Cravens, J. D., Springer, N., & Brown, C. *Family Therapy Clinic Innovations in Therapeutic Services and Training*. Texas Tech Alumni Associations 2018 Excellence Grant. (Awarded on June 01, 2018: \$10,000).

Lertora, I., **Cravens, J.**, Phelan-Glasscock, K, Crews, C., & Moffit, B. (CO-I). *Counselor Practicum and Internship Scholarship*. The CH Foundation, Inc. (Grant Awarded December 2018: \$75,000).

Cravens, J. D., Springer, N., & Brown, C. *Pediatric Telemental Health Outreach Services*. The CH Foundation, Inc. (Selected as finalist January 2018; Not Awarded; Grant Amount: \$48,153.40).

Internal Grants:

Cravens, J.D. *Online and Distance Education proposal for the Addictive Disorders and Recovery Studies program – Course Development grant ADRS 4329*. Texas Tech University, eLearning Worldwide. (Accepted Dec. 22, 2015: \$5,000.00).

Cravens, J.D. *Online and Distance Education proposal for the Addictive Disorders and Recovery Studies program – Course Development grant ADRS 3329*. Texas Tech University, eLearning Worldwide. (Accepted Dec. 22, 2015: \$5,000.00).

Cravens, J. D., Shumway, S., & Morelock, C. N. *Online and Distance Education proposal for the Addictive Disorders and Recovery Studies program*. Texas Tech University, eLearning Worldwide (Accepted Jan. 05, 2015, \$19,249.97).

TEACHING

TEACHING EXPERIENCE

Texas Tech University

- Individuals, Couples, and Families in the Digital Age (MFT 6342), Graduate
 - Summer 2018**
- Couples and Sex Therapy (MFT 6303), Graduate
 - Spring 2018**, Spring 2019
- Psychopathology and DSM in MFT (MFT 5305), Graduate
 - Fall 2017**, Fall 2018, Fall 2019
- Couple & Family Dynamics of Addiction (ADRS 6301), Graduate
 - Fall 2016**
- Program Development and Evaluation (CFAS 4380), Undergraduate
 - Fall 2016**
- Introduction to Eating Disorders (ADRS 4329), Undergraduate
 - Spring 2016**, Spring 2017, Fall 2019
- Treatment of Addictive Disorders (ADRS 4325), Undergraduate
 - Fall 2015** (online/distance education)
- Raider Ready – Freshman Seminar, Undergraduate
 - Fall 2015**
- Practicum in CFAS (CFAS 4314), Undergraduate
 - Summer 2015**, Summer 2016 (face-to-face and distance/online**), Summer 2017 (face-to-face and distance/online), Summer 2019
- Introduction to Marriage and Family Therapy (CFAS 4331), Undergraduate
 - Fall 2014**
- Practicum in Marriage and Family Therapy (MFT 6395), Graduate
 - Fall 2014**, Spring 2015, Fall 2015, Fall 2017, Spring 2018, Summer 2018, Fall 2018, Spring 2019, Summer 2019

** Indicates a new course preparation.

Alliant International University

- Supervision practicum (PSY7360), Graduate
 - Summer 2014
- Chemical Dependency and Families, Graduate (PSY7330)
 - Spring 2014
- Research Methods (PSY 7302), two sections, Graduate
 - Fall 2013

University of Nevada, Las Vegas

- Substance Abuse in Marriage and Family Therapy (MFT 731), Graduate
 - Summer 2013
- Personal Growth (MFT 150), Undergraduate Online and Face-to-face
 - Fall 2012, Spring 2013, Summer 2013
- Practicum (MFT 773), Graduate
 - Spring 2013, Summer 2013

- Multicultural Diversity (MFT 225), Undergraduate
 - Spring 2013
- Internship Practicum (MFT 776), Graduate
 - Fall 2012

Curriculum Development

Developed eLearning/Distance Education courses for ADRS undergraduate minor

ADRS 2310 – Understanding Alcohol, Drugs, and Addictive Behaviors

ADRS 3325 – Family Dynamics of Addiction and Recovery

ADRS 3327 – Substance Abuse Prevention

ADRS 3329 – Addiction, Recovery, and Relationships

ADRS 4325 – Treatment of Addictive Disorders

ADRS 4329 – Eating Disorders

New Graduate Course

CMFT 6342 - Individuals, Couples, and Families in the Digital Age

This course was developed from my research and clinical expertise and meets the Texas Department of State Health Services' requirement for training in teletherapy for mental health providers.

Teaching Awards

2017 Hemphill-Wells New Professor Excellence in Teaching Award

Texas Tech University College of Human Sciences Nominee

2017 Favorite Professor

Texas Tech Athletic Academic Department – Student Athlete with highest GPA award

Selected Guest Lectures at Texas Tech University

- *Telemental Health Services – Ethical Considerations*, Professional Issues in MFT, master's course, Texas Tech University, Camron Brown, PhD
Fall 2017
- *Weight bias and Clinician Self-awareness*, Diversity in Marriage and Family Therapy (MFT), doctoral course, Texas Tech University, Kristy Soloski, PhD,
Spring 2017, Spring 2016, Spring 2015
- *Intimate Partner Violence: Ethical Considerations and Assessment*, Ethical and Legal Issues in Marriage and Family Therapy (MFT 653), graduate course, Saint Louis University, Fall 2014

GRADUATE STUDENT ADVISING

Dissertation/Thesis Committees

Chair – In progress

- Dissertation CHAIR: **Kaitlyn Milstead**, Texas Tech University, Graduation date:
Spring 2020

- Dissertation CHAIR: **Jenna Chang**, Texas Tech University, Graduation date: Spring 2020

Chair – Completed

- Thesis CHAIR: **Caroline Gimarc**, Texas Tech University, Graduated: Summer 2019
- Dissertation CHAIR: **Chris Bedard**, Texas Tech University, Graduated: Summer 2019
- Dissertation CHAIR: **Neli Morris**, Texas Tech University, Graduated: Spring 2019
- Dissertation CHAIR: **Natalie Gonzalez**, Texas Tech University, Graduated: Fall 2018
- Dissertation CHAIR: **Cody Heath**, Texas Tech University, Graduated: Fall 2018
- Portfolio CHAIR for Interdisciplinary Studies Graduate Degree: **Onaye Parker** (CMFT, HDFS, KIN), Graduated: Fall 2018
-

Committee member – In progress

- Dissertation committee member: **Dane Eggleston**, Texas Tech University, Anticipated graduation date: Summer 2020
- Dissertation committee member: **Morgan Ellese PettyJohn**, Michigan State University, Anticipated graduation date: Summer 2020
- Dissertation committee member: **Megan Story**, Texas Tech University, Anticipated graduation date: Spring 2020
- Dissertation committee member: **William Young**, Texas Tech University, Anticipated graduation date: Fall 2019

Committee member - Completed

- Dissertation committee member: **Rebecca Lucero Jones**, Texas Tech University, Graduated: Summer 2019
- Dissertation committee member: **Cayla Minyai**, Texas Tech University, Graduated: Summer 2018
- Dissertation committee member: **Brandon Eddy**, Texas Tech University, Graduated: Summer 2018
- Dissertation committee member: **Mariam Massoud**, Texas Tech University, Graduated: December 2017
- Thesis committee member: **Kaitlyn Milstead**, Texas Tech University, Graduated: May 2016
- Dissertation committee member: **Ashlee Miller**, Texas Tech University, Graduated: December 2015
- Dissertation committee member: **Rola Amar**, Texas Tech University, Graduated: May 2016
- Dissertation committee member: **Michael Pounds**, Texas Tech University, Graduated: December 2015

- Thesis committee member: **Neli Morris**, Texas Tech University, Graduated: August 2015
- Thesis committee member: **Joslyn Armstrong**, Texas Tech University, Graduated: Spring 2015
- Thesis committee member: **Sarah Schonian**, University of Nevada, Las Vegas, Graduation date: Fall 2013

Candidacy/Comprehensive Exam Committees:

Doctoral Candidacy Committee Chair

- Doctoral Portfolio Chair: David J. Johnson (2020 anticipated)
- Doctoral Portfolio Chair: Kaitlyn Milstead (2019 anticipated)
- Doctoral Portfolio Chair: Neli Morris (2018 completed)
- Doctoral Portfolio Chair: Natali Gonzalez (2018 completed)

Doctoral Candidacy Committee Member

- Doctoral Portfolio Committee Member: Jesse Smith (2018 completed)
- Doctoral Portfolio Committee Member: Adam Jones (2018 completed)
- Doctoral Portfolio Committee Member: Rebecca Lucero Jones (2018 completed)
- Doctoral Portfolio Committee Member: Valerie Hadley (2018 completed)

Master's Comprehensive Exam Committee Chair

- Master's Portfolio Chair: Lauren Andrews (2020 anticipated)
- Master's Portfolio Chair: Caroline Gimarc (2019 completed)
- Master's Portfolio Chair: Kaily Moore (2019 completed)
- Master's Portfolio Chair: Benjamin Finlayson (2019 completed)
- Master's Portfolio Chair: Ryan Nies (2018 completed)
- Master's Portfolio Chair: Stephanie Knudson (2018 completed)

Master's Comprehensive Exam Committee Member

- Master's Portfolio Committee Member: Michael Daniels (2019 anticipated)
- Master's Portfolio Committee Member: Claire Eggleston (2019 completed)
- Master's Portfolio Committee Member: Taralyn Hemphill (2019 completed)
- Master's Portfolio Committee Member: Katrina Flores (2019 completed)
- Master's Portfolio Committee Member: Justin Romney (2019 completed)
- Master's Portfolio Committee Member: Peter Beckman (2019 completed)
- Master's Portfolio Committee Member: Gary McCroy (2018 completed)
- Master's Portfolio Committee Member: Chris Asikis (2018 completed)
- Master's Portfolio Committee Member: Lauren Creger (2018 completed)
- Master's Portfolio Committee Member: Victor Pena (2018 completed)
- Clinical Capstone committee member: Kristina Hudleston, University of Nevada, Las Vegas, Graduation date: Spring, 2013
- Clinical capstone committee member: Vanya Georgieva, University of Nevada, Las Vegas, Graduation date: Fall 2012

- Research capstone committee member: Heather Hoshiko, University of Nevada, Las Vegas, Graduation date: Fall 2012

Advising

Doctoral students

- David J. Johnson, Fall 2018 - present
- Benjamin Finlayson, Spring 2018 - present
- Kaitlyn Milstead, Spring 2017 – present
- Neli Morris, Fall 2016 – Spring 2019
- Natali Gonzalez, Summer 2017 – Winter 2018

Master's students

- Lauren Andrews, Fall 2018 – present
- Caroline Gimarc, Fall 2017 – Summer 2019
- Kylie Moore, Fall 2017 – Summer 2019
- Ryan Nies, Spring 2018 – Summer 2018

SERVICE

UNIVERSITY SERVICE

Committee Service

Texas Tech University

- University: NCAAW Alcohol Awareness Week Planning committee member (2015 - 2017)
- University: Graduate Research Competition Judge (2015)
- College: Online Learning Committee (2018 – current)
- College: Student Services Committee (2017 – current)
- College: Faculty Council (2016 – 2018)
- College: Associate Dean Search Committee member (2017 – 2018)
- College: Program Director of the Addictive Disorders and Recovery Studies (ADRS) (2014 – 2017)
- Department: CMFT Faculty Member Search Committee, Committee member (2018)
- Department: Annual Faculty Review Committee (2016 – 2018)
- Department: Chair of online education Committee (2015 – 2017)
- Department: Committee member for Study Abroad Development (2015 – 2017)
- Department: Committee member for distance education/study abroad development with Charles University (Prague, Czech Republic) (2015 – 2017)
- Department: Co-Chair search committee for ADRS Associate Professor position (2015 – 2016)
- Department: Commencement Activities Committee (2014 – 2015)
- Department: Executive Committee member (2014 – 2017)

Alliant International University

- University: Institutional Review Board Committee, 2013-Present.
- Program: Co-chair of Outcome Committee, 2013-Present. Responsibilities: Collecting and analyzing data for COAMFTE accreditation and Annual University reports.
- Program: Faculty Advisor of Couple and Family Therapy Club
- Program: Social networking recruiting. Responsibility: Updating social media sites for CFT program to assist with keeping current students connected to program events and to help recruit future students.

University of Nevada, Las Vegas

- Program: Marriage and Family Therapy Student Awards Committee
- Program: Public Relations for the Center for Individual, Couple and Family Counseling (CICFC)
- Program: Student application review for the MFT program for 2013-2014 academic year
- Program: Curriculum development for MFT 225: Multicultural Issues in Families

SERVICE TO THE PROFESSION**Editorship and reviewer service:**

- Editorial Board: Journal of Couple and Relationship Therapy, 2018
- Ad hoc reviewer – Journal of Marital and Family Therapy, 2017
 - Mentor for Student Apprentice Reviewer – 2019
- Ad hoc reviewer – Computers in Human Behavior, 2017
- Ad hoc reviewer – Contemporary Family Therapy, 2015
- Ad hoc reviewer – Journal of Family Communication, 2015
- Ad hoc reviewer – Journal of Feminist Family Therapy, 2015
- Ad hoc reviewer – Cyberpsychology, Behavior and Social Networking, 2015
- Ad hoc reviewer – Sexual and Relationship Therapy, 2015
- Reviewer for National Council on Family Relations Annual Conference proposal submission since 2014
- Reviewer – Journal of Marital and Family Therapy, 2014
- Student Apprentice Reviewer – Journal of Marital and Family Therapy, 2012

OUTREACH/ENGAGEMENT**Community Outreach and Engagement Projects**

- Pediatric Trauma Research and Intervention, Development and Implementation of Clinical Services, Research, and Creative Activity at University Medical Center (UMC) Pediatric Trauma Unit

Community Outreach Presentations

- Sexism|Cinema, *Adam's Rib* Guest Speaker, Lubbock, TX (May 1, 2018)

- Our Technology Connected Children and Teens, *Empowering Families Conference*, Lubbock, TX. (October 25, 2018, 2 1 hour presentations).
- Screenagers: Technology use in school-aged children, *Lubbock Independent School District (LISD) 17*. (September 10, 2018, 3-hour presentation).
- Parenting Program: Addressing technology-related issues in our children, *All Saint's Episcopal School*. (May 11, 2017; 2-hour presentation).
- Student Presentation: Being a good digital citizen, *All Saint's Episcopal School, Grades: 3rd/4th*. (May 22, 2017, 1-hour presentation).
- Student Presentation: Managing technology-related issues (dating, online posts, professionalism, body shaming, bullying), *All Saint's Episcopal School, Grades: 9th, 10th, & 11th*. (May 22, 2017, 1-hour presentation).
- Student Presentation: Technology overuse, *All Saint's Episcopal School, Grade: 8th*. (May 22, 2017, 1-hour presentation).
- Student Presentation: Being a good digital citizen, *All Saint's Episcopal School, Grade: 5th*. (May 23, 2017, 1-hour presentation).
- Student Presentation: Being a good digital citizen, *All Saint's Episcopal School, Grade: 6th*. (May 23, 2017, 1-hour presentation).
- Student Presentation: Technology Overuse, *All Saint's Episcopal School, Grade: 7th*. (May 23, 2017, 1-hour presentation).

Community Consultations

- Television Interview: KLBK News, Lubbock, TX (December 3, 2018). *Facebook Kids Messenger App*.
 - Link: <https://www.everythinglubbock.com/news/klbk-news/facebook-kids-messenger-app/1637682942>
- Television Interview: KLBK News, Lubbock, TX (December 17, 2018). *Protecting children from online pornography exposure*.
 - Link: <https://www.everythinglubbock.com/news/klbk-news/protecting-children-from-pornography/1663905347>
- Fatherly Magazine Interview: Bulger, A. (August 14, 2017). *How Digital Infidelity can ruin a marriage*.
 - Link: <https://www.fatherly.com/love-money/digital-infidelity-ruin-marriage/>
- Fatherly Magazine Interview: Bulger, A. (August 30, 2017). *8 easily avoidable fights couples get into – and how to avoid them*.
 - Link: <https://www.fatherly.com/love-money/common-fights-and-how-to-avoid-them/>
- Guest on NPR radio show *AirTalk* with Larry Mantle: *Surviving Thanksgiving post-election*. (November, 26, 2016)
 - Link: <http://www.scpr.org/programs/airtalk/2016/11/25/53269/airtalk-listeners-share-the-good-bad-and-ugly-of-t/>
- Interview for Live Science: *How to Survive Thanksgiving in a postelection, social media world*, Stephanie Pappas (November 21, 2016).
 - Link: <http://www.livescience.com/56949-how-to-survive-thanksgiving-after-the-election.html>

- Cosmopolitan Magazine: *What does it mean when he won't put your photos on social media?* (August, 2016)
 - Link: <http://www.cosmopolitan.com/sex-love/a62927/he-wont-put-photos-on-social-media/>
- Television interview: Fox34; *Body Shaming: Causes and effects* (February, 2016)
 - Link: <http://www.fox34.com/story/31262532/body-shaming-causes-and-effects#.VssN6bgEacc.facebook>
- Continuous Education Project for Veteran family and the military, East Carolina University and The Redditt House, Outstanding Education Series, *Integrating Mindfulness in Clinical Practice*
- Guest on KTRN Houston Radio, *Cheating in a Social Media Age*
- Guest on BluRadio Columbia, *Facebook infidelity: When poking becomes problematic*. International radio show.
- Topic expert on Technology and Relationships for *News One: For Black America*
 - Example article: *Wife Takes back husband after he posts "I am a cheater" picture on Facebook*

PROFESSIONAL DEVELOPMENT

Professional Meetings Attended

- American Association for Marriage and Family Therapy (AAMFT), National Conferences, Various Years.
- National Council on Family Relations (NCFR), Various Years.
- Texas Association of Marriage and Family Therapy (TAMFT), State Conference, Various years
- North Carolina Marriage and Family Therapy (NCAMFT), State Conference, 2009, 2010.

Profession Development

- **Crafting a Concept Paper for Funded Research** – Texas Tech University, July 25, 2017
- **TLPDC Trainings for online/distance education pedagogy** – Various trainings (12) from 2014 – 2016.
- **Advanced Statistics training on Dyadic Data Analysis**, Dr. Jared Durtchi, Invited training to Lubbock, TX
- **Advanced Statistics class on Structural Equation Modeling (SEM)**, Texas Tech University, Lubbock, TX
- **Teaching Effectiveness and Career Enhancement Training**, TLPDC, Texas Tech University, Lubbock, TX, 2012
- **'Why Try'** Mentor based, therapeutic program for teens in juvenile detention, Lubbock, TX, 2011
- **'Great Start'** Pre-marital Workshop Leader Training, New Hope counseling & resources, Lubbock, TX, 2011
- **A.S.I.S.T.** Suicide Prevention Training, REAL Crisis Center, Greenville, NC, 2006

Clinical Experience

- Licensed Marriage and Family Therapist Associate in the state of Texas (202702).
- MFT Practice: *Lighthouse Couple & Family Practice* (Private Practice) – part time in Lubbock, TX
- AAMFT Approved Supervisor Candidate
- Family Therapy Intern at Texas Tech University Family Therapy Clinic (2010-2011).
- Lubbock County Juvenile Justice Center (2011-2012).
- Family Therapy Intern at East Carolina University Family Therapy Clinic (2009-2010).
- Pitt County Memorial Hospital-Behavioral Health Services (2009-2010).
- Greene County Health Care-Migrant Farm Outreach Program (2009-2010).

Scholarships

- Graduate Scholarship, \$1,000 recipient of scholarship, Texas Tech University, (2012-2013)
- Helen Devitt Jones Scholarship, \$30,000 recipient of nominated scholarship, Texas Tech University, (2010-2013).

Professional Organizations

- American Association for Marriage and Family Therapy (AAMFT)
- National Council on Family Relations (NCFR)
- International Family Therapy Association (IFTA)
- Psi Chi National Psychology Honor Society