

**PROFESSIONAL EXPERIENCE:**

2004-Present	Texas Tech University Center for the Study of Addiction and Recovery Community Family and Addiction Services	Associate Director- External Relations Instructor
2002-2003	Texas Tech University	Part-Time Faculty
1991-2003	Lubbock Independent School District Safe & Drug-Free Schools and Communities	Specialist
1990-1991	Lubbock Council on Alcohol & Drug Abuse	Education Specialist
1988-1989	Canyon Lakes Residential Treatment	Psychiatric Care Specialist
1987-1988	Christ the King Middle School	Teacher
1984-1987	Wayne State University	Teaching Assistant
1982-1984	Hogan High School	Teacher

**EDUCATIONAL BACKGROUND:**

1999-2005	California Coast University	Psy.D.
2001-2002	Texas Tech University	Education
1989-1990	Texas Tech University	Substance Abuse Minor
1984-1987	Wayne State University	Master of Fine Arts
1978-1980	Avila College	Bachelors of Fine Arts

**CREDENTIALS:**

- Licensed Chemical Dependency Counselor, 9029
- Certified Alcoholand Drug Counselor, 10679-1096
- Internationally Certified Prevention Specialist, 1136-0797
- Texas Educator Certificate, 1145456

**ADDITIONAL CERTIFICATION/TRAINING:**

- Drug Endangered Children
- The Meadows Model of Relationship Recovery
- Asset Development Trainer
- Redirecting Children's Behavior Trainer
- Understanding Adolescent Risk-Taking Behaviors, Univ. of Minn.
- Reality Therapy Certified Counselor
- Reclaiming Youth International Facilitator
- Trauma & Loss Center Specialist
- Rainbow Days – Youth/Kids Connection, Facilitator
- Crisis Prevention Specialist
- Rope Course Instructor
- Resiliency: Steve and Sybil Wolin Facilitator
- Parenting: Practical Parenting Educator
- Personality Profiles: True Colors Facilitator
- Gurian Institute – How Boys & Girls Learn Differently, Facilitator

**PROFESSIONAL PRESENTATIONS:**

- “Combining the old and new to start fresh”, professional development, Smylie Wilson Middle School staff, August 19, 2015
- “Strengthening Character and Uncovering Self-Deception”, professional development, All Saints Episcopal Schools, August 18, 2015
- “Family Matters: recognizing substance use and responding effectively”, co-presented with Dr. Kitty Harris, First United Methodist Church, August 14, 2015
- “Starting the year with Passion,” Roscoe Wilson Elementary professional development, August 13, 2015
- “Colors-knowing self and others for success”, Catholic Charities professional development, The Range, July 17, 2015
- “Substance Abuse: Signs, Symptoms and Responses,” Lubbock ISD counselors, social workers and support staff, Jay Gordon Room, June 16, 2015
- “Dealing with Crisis, Lubbock ISD counselors, social workers and support staff. Jay Gordon Room, June 15, 2015
- “Spirituality in Collegiate Recovery Programs, Association of Recovery in Higher Education, Reno, Nevada, May 29, 2015
- “Realizing the Dream”, Ecuadorian Students, Kansas State University, May 16, 2015
- “Coming together to teach”, Go Teach, Kansas State University, May 15, 2015
- “The Good, The Bad, The Recovery,” Teaching , Learning and Professional Development Center, Texas Tech University, March 9, 2015
- “Recognizing Addiction in the Family”, Family Guidance and Outreach Center of Lubbock, November 18, 2014.
- “Working with Children In Crisis”, Communities In Schools, Lubbock ISD Gordon Room, November 10, 2014.
- “Sibling Rivalry”, Family Guidance and Outreach, November 4, 2014.
- “Suicide: the Impact of Addiction and Recovery” Bullying and Suicide Summit, South Plains Suicide Coalition, Knipling Center, October 24, 2014.
- “True Colors: Teaching to Meet Personality Preferences of Our Students”, Bayless Elementary, October 13, 2014.
- “Using the Logic Model”, VOICES coalition, September 2.
- “Teambuilding Our Board”, Children’s Advocacy Board, Board President’s Home, August 23, 2014.
- “Working With Students Who Can Be Challenges”, Littlefield Schools, August 19, 2014.
- “Working With the Social Development Approach to Prevention”, the Texas Association of Addiction Professionals State Conference, San Antonio, Texas, August 15, 2014.;
- “Teambuilding: Who Are We As We Start A New Year”, Centennial Elementary, August 13, 2014.
- “Teambuilding: Coming Together to Build for A New Year”, Roscoe Wilson Elementary, August 13, 2014.
- “Community Conversation: Mental Illness and Substance Abuse, Starcare, Legacy of Lubbock, July 24, 2014
- “Teambuilding and Connecting to Start Summer”, YWCA Summer Camp Staff, Legacy of Lubbock, May 21, 2014.
- “Town Hall Meeting”, VOICES Coalition of Lubbock, Virginia College, Mary 20, 2014.
- “Take the Challenge: Perseverance”, Post Rotary Club, Senior Day, Post, Texas, May 13, 2014.
- “Staying Motivated to Build on Success”, Student Academy of Nutritionists Dieticians, May 6, 2014.
- “Poverty Simulation”, Regional Council of Child Welfare Boards, Plainview, Texas, March 29, 2014.
- “Knowing each other and how we work together most effectively”, Ecuadorian Students and the Go Teach Program, Kansas State University, Manhattan, Kansas, March 7-9, 2014.
- “Boundaries in the System Challenged by Addiction”, Second Baptist Church, Lubbock, Texas, February 27, 2014
- “Overcoming Obstacles: the challenge of addiction and recovery”, Estacado High School, Lubbock Texas, February 16, 2014
- “Naming, claiming and moving past Compassion Fatigue”, Service Appreciation Luncheon, South Plains Community Action Association, Catholic Charities, December 13, 2013
- “Addiction and Suicide.” Levelland Suicide Symposium, South Plains Community College, November 7, 2013
- “Working Together Effectively.”, Jackson Elementary Staff, August 21, 2013

- “Moving Past the Barriers”, Lubbock County Juvenile Justice Alternative Education Placement staff, November 6, 2013
- “Working Together Effectively.”, Student Council for Regional high schoolstudents and staff, Lubbock Cooper Performing Arts Center, October 23, 2013
- “Working Together Effectively.”, Student Council for Regional middle-school students and staff, Irons Middle School auditorium, October 30, 2013
- “Substance Abuse and Domestic Violence”, YWCA Headstart, October 8, 2013
- “Current and Changing Trends with Youth Substance Use”, Department of State Health Services, Regional Offices (Lubbock), September 25, 2013
- “Addiction and Suicide.” Regional Suicide Symposium, International Cultural Center, September 4, 2013
- “Working Together Effectively.”, Jackson Elementary Staff, August 21, 2013
- “Knowing each other and how we work together most effectively”, Ecuadorian Students and the Go Teach Program, Kansas State University, Manhattan, Kansas, August 16-18
- “Working Together Effectively.”, Roscoe Wilson Elementary Staff, August 14, 2013
- “The Continuum of Substance Use and How to Respond”, TTU Housing Staff, College of Education, August 13, 2013
- “Moving Past the Barriers”, TTU-Early Head Start, Lubbock, Texas, July 11, 2013
- “Impaired Lawyers Program panel, Texas Lawyers Assistance Program, Texas Tech University School of Law Lanier Auditorium, April 10, 2013

- “Knowing each other and how we work together most effectively.”, Ecuadorian Students and the Go Teach Program, Kansas State University, Manhattan, Kansas, January 25-27
- Continuum of Addiction and Resources for Lubbock ISD social workers, Lubbock ISD, January 21, 2013
- Respect and Protect: Violence Prevention training for faculty and staff, All Saints Episcopal School, January 7, 2013
- Believe It Or Not I Care (BIONIC): Peer Helpers Training, Estacado High School, Lubbock, Texas, November 26, 2012
- Natural Helpers Training, Monterey High School, Lubbock, Texas, November 19, 2012
- Crisis Management: Having a plan, working the plan, being present. LISD Guidance and Counseling, LHS Library, October 8, 2012
- “Collegiate Recovery”, Concho Valley C.A.R.E.S. Coalition, Alcohol & Drug Abuse Council for the Concho Valley, September 12, 2012
- “A New Year, New Challenges, New Attitude,” Ropesville ISD, August 17, 2012
- “Working Together Smarter, Not Harder”, Lubbock Area United Way, July 9, 2012
- Knowing Your Style and How You Work Best With Others, Department of Family & Community Medicine and Student Health Services, June 29, 2012
- “What’s Going On With Our Youth and Drugs?”, Second Baptist Church, June 28m 2012
- Peer Mediation, Preparation for Adult Living Conference (CPS), Texas Tech University, Student Union Building, April 21, 2012
- “Knowing Who You Are and Where You Are Going”, New Century Leaders, Texas Tech University Student Union Building, March 21, 2012
- Teambuilding, Children’s Advocacy Center: Board Training, CAC Offices, February 25, 2012
- Steps to Stem Substance Abuse on College Campuses, Texas Behavioral Health Institute, Austin, Texas, July 19, 2012
- “Coming Together to Gear Up for the Campaign”, Lubbock-Area United Way Office, July 9, 2012
- “Leadership Clinic”, Family Medicine Clinic, Health Sciences Center Academic Classroom Building, June 29, 2012
- “Youth and Drugs: Shocking Realities and the Hope of Solutions” Stephens Ministry, 2<sup>nd</sup> Baptist Church, Lubbock, Texas, June 28, 2012
- Natural Helpers Training, Lubbock High School, Lubbock, Texas, April 30, 2012
- “Peers Making Peace”, Preparation for Adult Living conference, April 21, 2012
- Problem Solving Skills—Mackenzie Middle School, Lubbock, Texas, March 9, 2012
- Teambuilding to build unification and focus on departmental mission, Lubbock ISD Special Services, Lubbock, Texas, December 13, 2011
- Luncheon Keynote: Mixed Blessings, Mixed Emotions. March of Dimes, December 2, 2011
- Gifted and Talented program: Leadership skills through personality. Frenship ISD, Wolfarth, Texas, November 21, 2011
- Teambuilding and communication development. Society for the Advancement of Management, Lubbock, Texas, Society for the Advancement of Management. October 20, 2011.
- SKIN DEEP: Students Confronting Racism, TTU - Office of Diversity -- Difficult Dialogues, Lubbock, Texas, October 5, 2011
- Working together with different personalities, Student Health Services, Lubbock, Texas, August 15, 2011
- Drugs and alcohol. The Center as a great resource. University Student Housing. August 15, 2011
- Follow-up workshop: discussion and develop strategies for the college. Northwest Kansas Technical College, Goodland, Kansas, August 9, 2011
- “Break the Barriers”, TTU-Early Head Start, Lubbock, Texas, July 21, 2011
- “Inclusive Institution”, Northwest Kansas Technical College, Goodland, Kansas, May 23, 2011
- “Assembly on Bullying”, Ralls ISD, Ralls, Texas, May 12, 2011
- “Bio/psycho/social aspects of substance use and abuse.” Diocese of Lubbock—Rooted Conference, Lubbock, Texas, April 30, 2011
- “Sober In Collegiate Environments” Youth Cultures Symposium, Houston Council on Addiction, Houston, Texas, April 15, 2011
- “Teambuilding with faculty”, LISD- Bowie Elementary, Lubbock, Texas, April 13, 2011
- Diversity Panelist, TTU Office of Diversity-- Diversity Summit, Lubbock, Texas, April 12, 2011
- “We Serve: Working With Youth Who Abuse Substances”, Lions club, Post, Texas, January 22, 2011
- “Solutions using the developmental assets”, Lamesa--solutions group, Lamesa, Texas, January 13, 2011
- “Survival Skills: Dealing With Bullying”, Closing the GAP Conference, Texas Tech University, November, 2010

- “The 40 Developmental Assets: Being An Assets Builder”, 15<sup>th</sup> Annual Building Strong Families Conference, Lubbock Civic Center, October, 2010
- “Addiction As A Chronic BioPsychoSocial Phenomenon”, 15<sup>th</sup> Annual Building Strong Families Conference, Lubbock Civic Center, October, 2010
- “Understanding Family Stages and Systems”, Annual Diocesan Catecheticaland Ministries Conference, Matrimony: Sacrament of Enduring Love, Lubbock Civic Center, October, 2010
- “Parenting for Success”, Monday Night Footballwith Dad, Atkins Middle School, September, 2010
- “Parenting With Spark”, Parenting, United Future Leaders Conf, Sept 2010
- “The Healthy Adolescents Initiative”, Lubbock Women Republicans, The Women’s Club, September, 2010
- “Moving On: Time to Use the Tools”, Family Drug Court Graduation, June 2010
- “Hearing the Echo in the Chaos: Resiliency Amidst Dysfunction.” Community Recovery Center, The Heritage House, Post TX, Sept 2010
- “BARNGA: Working With Diverse Populations”, PEAKS Conf, Civic Center, Lubbock TX, July 2010
- “Resiliency: Helping Our Clients Bounce Back From Adversity”, Statewide Texas Association of Addiction Professionals Conf, San Antonio TX, July 2010
- “Teambuilding: Working Stronger Together”, Child Development & Research Center, Lubbock TX, May 2010
- “What Are The Kids In Our Community Using?” Addressing Underage Drinking, Texans Standing Tall Regional Forum, Lubbock TX, May 2010
- “Re-Energizing and Re-Directing Your Organization”, 2010 Student Organization Academy, Texas Tech University, April, 2010
- “Stages of Change”, IMPACT Tech, Sept 2009
- “Making Your Home A Place Your Children (and their friends) Want To Be”, Parenting, United Future Leaders, Texas Tech University, Sept 2009
- “Peers Helping Peers: Giving Students the Tools to Help”, Positive Behavior Support Conf, Aug 2009
- “Gambling and Shopping Addiction”, TTU Red to Black, April 2009
- “Positive Alternatives.” New Century Leaders, Chamber of Commerce, Lubbock TX, Oct 2008
- “Assessing the Continuumof Substance Abuse”, “The CASA Story”19<sup>th</sup> Annual Statewide CASA Conference, Oct 2008
- “Stages of Change”, IMPACT Tech, Sept 2008
- “Teambuilding 101”, County Extension Agents, Texas Tech University, Aug 2008
- “Engaging the At-Risk Learner”, Region 17 ESC, Annual At-Risk Conference, Lubbock TX, Aug, 2008
- “Assessing the Continuumof Substance Abuse”, Court Appointed Special Advocates training, Lubbock TX, July 2008
- “Living the Life of a Butterfly – on purpose!” Region 17 ESC, 4th Annual PBS Conf: A Picture Perfect Event , Lubbock TX, June 2008
- “Making Your School A National Treasure”, Lubbock Elementary Principals and Supervisors Association, Panhandle Plains Museum, Canyon TX, June 2008
- “Living a Well-Rounded Life”, Regional Secretary’s Day Conference, Lubbock Civic Center, April 2008
- “Our Kids Are Hurting: What They Are Doing to Stop The Hurt; What Can We Do To Help.” New Century Leaders, Chamber of Commerce, Lubbock TX, Feb 2008
- “Redirecting Children’s Behavior”, United Future Leaders, Texas Tech University, Feb 2008
- “Overview Alcohol, Drug, and Addictive Behaviors”, Lubbock Cooper Counselors Retreat, Jan 2008
- “Family Fun Time: Let Your Hair Down” 12th Annual Building Strong Families: Tools for Success Conf, Nov 2007
- “Just Laugh! It’s Good For Your Health!” Region 17 Health Expo, Civic Center, Lubbock TX, Dec 2007
- “Trauma and Recovery”, Lubbock Association of Addiction Professionals, Nov 2007
- “Addressing the Continuumof Substance Abuse”, “Coming Along” 18th Annual Statewide CASA Conf, Dallas TX, Oct 2007
- “Abuse, Neglect and Exploitation”, Staff Development at The Ranch at Dove Tree, Nov 2007
- “Civility, Ethics, and Leadership Formation in Our Schools,” Parents at Wheelock Elementary, Oct 2007
- “Our Kids Are Hurting: What They Are Doing to Stop The Hurt; What Can We Do To Help.”, Sudan ISD Parents, Sept 2007
- “Our Kids Are Hurting: What They Are Doing to Stop The Hurt; What Can We Do To Help.”, Sudan ISD Staff, Aug 2007
- “Introducing the Center for Prevention and Resiliency”, The First Annual Educationaland In-service Training Conference for the Texas Cooperative Extension North Region Family and Consumer Sciences Agents, Aug 2007

- “Activities that Teach Drug Prevention”, Texas Cooperative Extension North Region Family and Consumer Sciences Agents, S.W.A.T, June 2007
- “Trauma and Recovery”, 29<sup>th</sup> Annual Institute on Substance Abuse and Addiction, Lubbock Memorial Civic Center, Mar 2007
- “Trauma In the Classroom”, Safe & Drug-Free Schools & Communities Conf, Austin TX, Feb 2007
- “Natural Helpers”, Dumas TX, Nov 2006
- “Prevention for Health Care Workers and Pastoral Care”, TTU HSC, Nov 2006
- “What Works In Prevention”, West Texas Institute for Safe & Drug Free Schools, Lubbock TX, Oct 2006
- “Trauma in Recovery” Texas Association of Addiction Professionals, Corpus Christi TX, June 2006
- “Prevention for Health Care Workers and Pastoral Care”, TTU HSC, Nov 2006
- “Prevention: What Works”, West Texas Institute for Safe & Drug Free Schools, Lubbock TX, Oct 2006
- “Trauma and Recovery”, Texas Association of Addiction Professionals, Corpus Christi TX, June 2006
- “Social Support In Recovery”, Texas Association of Addiction Professionals, Corpus Christi TX, June 2005
- “Social Support In Recovery”, Thomas Kimball, Amanda Baker, Rick Herbert and George Comiskey, 27<sup>th</sup> Annual Institute for Substance Abuse and Addiction. Lubbock TX, April 2005
- “Male Drinking: Why Men Drink, Belch, Get Drunk, & Fall Down”, Steve Talbert and George Comiskey, 27<sup>th</sup> Annual Institute for Substance Abuse and Addiction. Lubbock TX, April 2005
- “Finance for Addicts”, 27<sup>th</sup> Annual Institute for Substance Abuse and Addiction. Lubbock TX, April 2005
- Symposium: Harris, K.S., Reifman, A. (Chairs), & Cleveland, H.H. (Organizer). (submitted). Building and understanding a collegiate substance use recovery community (participants include H.H. Cleveland, G.E. Comiskey, R.E. Herbert, T. Kimball, A.K. Baker, & K.S. Harris). American Psychological Association, Washington DC, Aug 2005
- “The Few, The Proud, The Foster Parent”, Building Strong Families Parenting Conf, Lubbock TX, Nov 2004
- “Parenting for Inoculation” National Practical Parenting Conf, Dallas TX, Nov 2004
- “Skin Deep: Talking about Culture and Counseling”, 26<sup>th</sup> Annual Institute for Substance Abuse and Addiction. Lubbock TX, April 2004
- “Multicultural classrooms”, 3<sup>rd</sup> Annual English As A Second Language Teachers Conf, Garden City KS, July 2004
- “Communicating Effectively: Parent and Child”, Building Strong Families Parenting Conf, Nov 2003
- “Why 21”, West Texas Safe & Drug Free Schools and Wellness Conf, Region 17 Education Service Center, Lubbock TX, Oct 2003
- “Fit to lead”, Leadership Lubbock, Lubbock Chamber of Commerce, Aug 2003
- “Student Assistance Programming”, Safe & Drug Free Schools Conf, Houston TX, Feb 2003
- “Boys Will Be Boys or So They Say”, Safe & Drug Free Schools and Communities Conf, Waco TX, Feb 2001
- “Student Assistance Programs”, Safe & Drug Free Schools and Communities Conf, Waco TX, Feb 2001
- “Boys Will Be Boys or So They Say”, TEA Administrators Mid-winter Conf, Jan 2001
- “Boys Will Be Boys or So They Say”, Building Strong Families Conf, Lubbock TX, Nov 2000
- “Principles of Effectiveness”, Wellness Day, Region 16, Amarillo TX, May 2000
- “Activities That Teach”, Eanes ISD, Austin TX, April 2000
- “Resiliency in Our Youth”, Annual Safe & Drug Free Schools and Communities State Conf, Corpus Christi TX, April 2000
- “Natural Helpers: Peer Helper and Support Training.” presented to students and staff from seventeen Lubbock ISD elementary schools, 5 junior high schools and 2 high schools, Sept 1999 through April 2000
- “Respect and Protect: a system-wide approach to violence prevention”, training with staffs across the district in Lubbock ISD, Sept 1996-1999
- “Skin Deep: Race Relations in America”, 18<sup>th</sup> Annual Institute on Substance Abuse and Addiction, Lubbock TX, Mar 1996
- “Second Step: Violence Prevention Program”, presented to students and staff in Lubbock ISD campuses, Oct 1996 – 1999
- “Developing Capable People”, presented to parents in schools and organizations throughout the Lubbock community, Oct 1992 – May 1995
- “True Colors”, presented to students and staff in 25 Lubbock ISD campuses, Sept 1992 – 1993
- “Codependency in the Classroom”, Lubbock ISD Student Support Team leader training, Sept 1991
- “Play in Recovery”, 13<sup>th</sup> Annual Institute on Substance Abuse and Addiction, Lubbock TX, March 1991
- “Children of Alcoholics”, TTU, Association of Addiction Specialists, Lubbock TX, May 1990