Recovery Meeting Schedule

Sunday

12:00 PM - 1:00 PM - Narcotics Anonymous (NA) - Whatever it Takes - Open

Serenity Center B

Monday

1:00 PM - 2:00 PM - National Alliance of Mental Illness (NAMI) Meeting

NAMI of Lubbock *(CLOSED) 18 Years and older

1st and 3rd Mondays of the month.

Serenity Center B

More information about NAMI.

Tuesday

12:00 PM - 1:30 PM - ED Lunch Support - Open

Serenity Center B

5:00 PM - 6:00 PM - Alcoholics Anonymous (AA) - Happy Hour - Open

Serenity Center B

Wednesday

5:30 PM - 6:30 PM - Eating Disorders Anonymous (EDA) - CLOSED
Serenity Center B

**7:00 PM - 8:00 PM - LGBTQIA+ All Recovery Meeting - Open**

Serenity Center B

**Thursday**

**7:00 PM - 8:00 PM - Celebration of Recovery (All Recovery Meeting)**

Open - Hybrid Meeting

In person - Serenity Center B

Online - [Connect with Zoom Here](#)

**Friday**

**1:00 PM - 2:00 PM - SMART Recovery - Open**

In person - Serenity Center B

About [SMART Recovery](#)

**Saturday**

No meetings scheduled. Center is closed.

**NOTE:** CLOSED meetings are for people who are living with that particular topic.