



COLLEGE OF HUMAN SCIENCES - ACADEMIC ADVISING SERVICES

2025-2026 GUIDELINES FOR REGISTRATION: CARS

Bachelor of Science in Counseling and Addiction Recovery Sciences

Office: HS 159

Tel: 806-742-1180

Web: <http://www.depts.ttu.edu/hs/advising/>

GPA: UPDATED: DB

FIRST YEAR				
FALL SEMESTER = 16 HOURS			SPRING SEMESTER = 15 HOURS	
<div></div>	HUSC	1100	Intro to Human Sciences	
<div></div>	CARS	2301	Introduction to CARS	
<div></div>	ENGL	1301	Essentials of College Rhetoric	
<div></div>	* MATH		Contemporary Math or Col. Algebra	
<div></div>	POLS	1301	American Government Organization	
<div></div>	* Language, Philosophy, and Culture			
SECOND YEAR				
FALL SEMESTER = 16 HOURS			SPRING SEMESTER = 16 HOURS	
<div></div>	CARS	2300	Communication, Civility, & Ethics	
<div></div>	CARS	2360	Multicultural Competence	
<div></div>	HIST	2300	US History to 1877	
<div></div>	^ MATH	2300	OR PSY 2400 (statistics)	
<div></div>	* Life and Physical Science			
<div></div>			<div></div>	HDFS 2303 Life Span Human Development
<div></div>			<div></div>	LIFE SKILLS - PFI 2301 OR FCSE 2300
<div></div>			<div></div>	HIST 2301 US History from 1877
<div></div>			<div></div>	* Life and Physical Science
<div></div>			<div></div>	^S CARS 2390 Understanding Res. & Academic Writing
THIRD YEAR				
FALL SEMESTER = 15 HOURS			SPRING SEMESTER = 15 HOURS	
<div></div>	^ ADRS	3325	Family Dynamics of Addiction & Recovery	
<div></div>	^F CARS	3320	Ethics in CARS	
<div></div>	^F CARS	3324(CL)	Theories of Counseling & Recovery	
<div></div>	^ HDFS	3326	Families in Crisis	
<div></div>	3 Hours Free Electives		<div></div>	^S CARS 3325(CL) Interviewing & Rel. Counseling Skills
<div></div>			<div></div>	^S CARS 4330 Professional Skills & Leadership
<div></div>			<div></div>	^ PSY 4305 Abnormal Psychology
<div></div>			<div></div>	# 3 Hours Guided Elective
<div></div>			<div></div>	# 3 Hours JR/SR Guided Elective
<div></div>	SUM ^ CARS 4314 - PRACTICUM IN CARS			
FOURTH YEAR				
FALL SEMESTER = 12 HOURS			SPRING SEMESTER = 12 HOURS	
<div></div>	^F CARS	4390(CL)	Senior Capstone in CARS	
<div></div>	^ 3 HRS FROM HDFS 3390, PSY 3401, SOC 3392		<div></div>	# 3 Hours JR/SR Guided Elective
<div></div>	# 3 Hours JR/SR Guided Elective		<div></div>	3 Hours Free Elective
<div></div>	# 3 Hours JR/SR Guided Elective		<div></div>	3 Hours Free Elective
<div></div>			<div></div>	3 Hours Free Elective
The above are suggested guidelines for registration. Students who prefer a lighter load each semester may take courses offered during the summer sessions. However, not all courses are offered in the summer. This plan assumes that the student is exempt from any additional foreign language requirement for the University Core.				
LEGEND				
^ Pre-requisites and restrictions apply			# GUIDED ELECTIVES: STUDENTS MAY CHOOSE ONE OF THE 2 OPTIONAL CONCENTRATIONS, BUT MAY ALSO CHOOSE ANY ADRS, CARS, HDFS, HUSC, PSY, FCSE OR SOC NON-REQUIRED COURSE. 12 HOURS OF GUIDED ELECTIVES MUST BE 3000/4000 LEVEL.	
* Refer to Univ. Core Curriculum Req. for course selection				
Gray box indicates grade must be "C" or better				
0 /120 HRS COMPLETED				
COMPLETE				
IN PROGRESS			^ PREREQUISITE	
STILL NEEDED			F - FALL ONLY SUM - SUMMER ONLY	
			S - SPRING ONLY	
OPTIONAL CONCENTRATIONS: APPLIED RELATIONAL COUNSELING - CARS 3325, CARS 4314, CARS 4331, HDFS 2322, HDFS 3324. ADDICTIVE DISORDERS & RECOVERY STUDIES - ADRS 3328, ADRS 3329, ADRS 4324, ADRS 4325, ADRS 4329				
CR HRS = COMPLETE S## - SPRING SU = SUMMER F## = FALL				
NOT APPLIED:				
NOTES:				