



TEXAS TECH UNIVERSITY

College of Human Sciences

Center *for* Early Head Start™

# Community Resource Handbook

# AGENCIES AND RESOURCES

## **BASIC NEEDS: RENT, UTILITIES, CLOTHING, FOOD, HEALTH CARE, ETC.**

### **211 REFERRAL AND INFORMATION PROGRAM**

**2-1-1**

Referral program for Lubbock County to provide confidential referrals to **any community resources**. Information and referral services informs, guides, directs and links individuals to the appropriate resources including the resources listed below, are provided 24-hours-a-day. For more information contact South Plains Association of Governments **762-8721**

### **AUNT BERTHA (FIND HELP)**

**www.findhelp.org**

Free search tool online that will help locate help from community agencies.

### **ADULT PROTECTIVE SERVICES** – 1622 10<sup>th</sup> Street

**762-8922**

Investigates/provides services for **services for the elderly (65+) or persons with disabilities** that are abused, neglected, or exploited.

**Report abuse 800-252-5400**

### **AMERICAN RED CROSS** – 2201 19<sup>th</sup> Street

**765-8534**

Provides **emergency disaster assistance**.

### **ATTORNEY GENERAL OF TEXAS (CHILD SUPPORT)** – 401 East 50<sup>th</sup> Street

**767-0521**

Child support services including establishing paternity and parent-child relationships, and establishing, modifying, and enforcing court orders.

**CHILD SUPPORT HOTLINE 800-252-8014**

### **BACKYARD MISSION** – 8205 Quincy Ave

**300-0184**

Provides free **home repairs** such as leaky roofs, broken windows, heaters, water heaters, exterior doors, etc. for low-income, **elderly** (over 60 years) homeowners in Lubbock. Must own or be buying home. By appointment only, call to request an application.

### **BROADWAY CHURCH OF CHRIST** – 1924 Broadway

**763-0464**

**Soup kitchen** every Sunday at 12 pm. (Served at Carpenters Kitchen behind the church at Main & Ave S)

**Clothing closet** call on Thursday to schedule an appointment for following Tuesday, one visit per 3 months, photo ID and social security card required.

Prescription assistance, call for information and availability.

### **BUCKNER FAMILY HOPE CENTER** – 1510 S. Loop 289

**799-0990**

Provide critical services, aid and coaching to families experiencing poverty, family issues, and a lack of services

**BURKHARDT CENTER** – 2902 18<sup>th</sup> St **742-4561**  
Providing services, preparing educators, and conducting research for individuals with autism and their families. Guide for autism resources can be found at <https://www.depts.ttu.edu/burkhartcenter/autism-resources/online-resource-guide.php>

**CARPENTER'S CHURCH – "Open Door"** – 1901 13<sup>th</sup> Street **687-6876**  
Basic health care services for adults provided by volunteer nurses and paramedics. Showers provided. 2<sup>nd</sup> Saturday of each month, 10:00 a.m. - Noon

**CATHOLIC CHARITIES DIOCESE OF LUBBOCK** – 4620 4<sup>th</sup> Street **792-3943**  
Emergency assistance with **food, utilities and/or prescriptions**

**COUNSELING:** Couples counseling, family counseling, male education (for domestic abuse), and anger management program, CAALM. Youth counseling for at-risk youth (STAR) and runaway and homeless youth (RYH.)

**IMMIGRATION** information and assistance with all immigration processes.

**SELF-SUFFICIENCY PROGRAM** – helps low-income, single parents to complete their college education by aiding with tuition, books, rent, utilities, childcare, and mileage reimbursement. Call to get on waiting list.

**RESALE CENTER** – 1505 34<sup>th</sup> Street (Used clothing/home furnishings) **763-8315**

**CHILD PROTECTIVE SERVICES** – 1622 10 St. **762-8922**  
Investigates/provides services for **services for children** that are abused or neglected.  
**Child Abuse Hotline 800-252-5400**

**CHILDREN'S CONNECTIONS** – 2514 82<sup>nd</sup>, Suite G **745-7995**  
Pregnancy services for those in crisis, adoption services, crime victim assistance

**COMMUNITY HEALTH CENTER OF LUBBOCK** – 1610 5<sup>th</sup> Street **765-2611**  
Assists with **rent, health care, pregnancy, prescriptions, family planning, eye care, dental and social services** to low-to-moderate income and homeless persons.  
**Dental Services** for children and **Medical services** for children and adults on a sliding fee scale, accept Medicaid, Medicare, CHIP and other forms of payment. Other services: Diabetes self-management, Nutrition, Asthma management, Obesity, Mental Health counseling, Eye care, Prenatal care, Chronic disease management. CHCL also provides a **mobile health and dental care unit** for individuals in rural areas.

**CHCL Arnett-Benson Medical & Dental Clinic** – 3301 Clovis Rd **763-5557**

**CHCL Parkway Clinic** – 406 MLK **767-9744**

**CHCL Dental Clinic** – 1313 Broadway Suite 5 **392-6408**

**CHCL Chatman Clinic** – 2301 Cedar Ave **749-0024**

**CHCL West Medical & Dental Clinic** – 5424 19<sup>th</sup> Street **722-4453**

**COVENANT COMMUNITY HEALTH OUTREACH SERVICES** –  
**Family Dental Clinic** – 4122 22<sup>nd</sup> Place, Suite D **725-2222**  
Adults and children, requires financial application, qualification and co-pay.

**EARLY CHILDHOOD INTERVENTION (ECI/DEBT – LISD)** – 1628 19<sup>th</sup> Street **219-0500**  
Provides early **identification and intervention** for children with signs of developmental delays. Also provides **physical/occupational/speech therapists** and **adaptive equipment**.

**FAMILY PROMISE -** (Call for information) 1319 15<sup>th</sup> Street **744-5035**  
Assistance for homeless families with children, families in multi-family situations and/or undesirable situations. An interview process is required. Assist with **temporary housing, meals, clothing, etc.** Also provides **counseling and help finding housing, day care and jobs**.

**FOOD BANK (South Plains)** – 5605 MLK Boulevard **806-763-3003**  
The SPFB is here to help in any way we can. If you need help receiving **food**, finding an agency or any other type of assistance, we are happy to get you the information you need. To request assistance, please fill out the form on our website. A case manager will be with you in 1-2 business day, but earlier if possible. For assistance, we will request that you show your ID and Proof of address.  
[www.spfb.org/get-help](http://www.spfb.org/get-help) - **Scroll down to find a form to fill out to request assistance.**  
**Text: 806-253-6701** for more information and assistance.

**FREE MEDICINE PROGRAM** [www.freemedicineprogram.com](http://www.freemedicineprogram.com) **800-921-0072**  
Provides prescription assistance for low to moderate income families for a \$5.00 fee.

**GOODWILL INDUSTRIES OF LUBBOCK** – 715 28<sup>th</sup> St **744-8419**  
Call or walk in for **Clothing Vouchers** as well as household goods vouchers; individuals must bring referral on letterhead from a social service agency.

**GRAND EXPECTATIONS (UMC)** – 2602 Avenue Q **761-0611**  
**Pregnancy tests, doctor referral and prenatal health program** for low-income pregnant women delivering at University Medical Center. Medicaid worker available to assist with Medicaid application. **Baby Boutique** – baby clothes program; can earn items by completing steps such as physician appointments and completed paperwork.

**GREENLAWN CHURCH OF CHRIST** – 5701 19<sup>th</sup> St **795-4377**  
The Blessing Center has **food pantry and clothing closet** available. Food pantry requires photo ID and social security card.

**GUADALUPE ECONOMIC SERVICES** – 1502 Erskine Street **744-4416**  
Monday & Wednesday, 1:00-4:00 p.m. Must be referred from Adult, Children's, or Women's Protective Services

**HEARTLINE WOMEN'S CLINIC** – 2309 Broadway **788-0500**  
Free confidential **pregnancy testing, ultrasounds, prenatal and parenting education**. Photo ID is required.

**HIGHLAND BAPTIST CHURCH** – 4316 34th St **795-6453**  
(Shopping center across from church.) Free **baby closet** Tues 1-3 pm and Wed 3:30-5pm.  
Provides **baby clothes, diapers, some equipment.** Infants to 4 years of age.

**HOPE COMMUNITY OF SHALOM** – 2005 Ave. T **795-4377**  
Clothing.

**LAKERIDGE UNITED METHODIST CHURCH** – 4701 82<sup>nd</sup> St **794-4015**  
**Clothing closet:** Walk-ins welcome.

**LARRY COMBEST COMMUNITY HEALTH AND WELLNESS CENTER** – 301 40<sup>th</sup> **743-9355**  
Family Care clinic, medical transportation is provided for anyone needing assistance getting to the clinic. Fees on a sliding scale; Medicaid, Medicare, and private insurance accepted. Walk-ins welcome. Mon – Fri 8-12 pm, 1-5 pm.

**Prenatal Centering Pregnancy: Nurse-Midwife** **743-9355**

**Prenatal Health Program: The Nest** **743-6667**

**NURSE-FAMILY PARTNERSHIP** **743-3390**

**Prescription Assistance Program** **743-9355**

**LIFE/RUN CENTER FOR INDEPENDENT LIVING** – 8240 Boston Ave **795-5433**  
Provides services to people with disabilities including purchasing mobility equipment, vehicle modifications, hearing aids, etc.

**LUBBOCK B.A.C.A** – P.O. Box 65387 Lubbock, Texas 79464 **877-544-2153**  
Child protection in abuse cases.

**LUBBOCK CHILDRENS HEALTH CLINIC** – 302 N University **749-3803**  
**EAST LCH Clinic** – 1307 MLK Boulevard **749-3800**

Offers **well checks, sick visits and immunizations** for children 18 and under.  
Fees on a sliding scale; no child will be turned away for inability to pay. Need patient immunization record, social security card, and proof of income.

**LUBBOCK CITY HALL/VITAL STATISTICS** – 1625 13<sup>th</sup> St. **775-3000**  
Offers **BIRTH CERTIFICATES** - \$23.00 **DEATH CERTIFICATES** - \$21.00

**LUBBOCK COUNTY GENERAL ASSISTANCE** – 916 Main Street, Ste.104 **775-1605**  
Temporary assistance with **food, partial payments for rent, payments for utilities, and burial expense.** No deposits, reconnections, or any payment in arrears.  
No telephone bills. The household must include a totally disabled adult or minor child and the household must have been without income for thirty days to qualify. Call for details.

**LUBBOCK DREAM CENTER CHURCH ON THE ROCK** – 1111 30<sup>th</sup> St **793-3336**  
**Clothing closet** for low income. **Food Pantry** for low income. Other services: Computer and Related technology classes, GED instruction, and parenting education. For all services, need photo ID and social security card. Call for more information.

**LUBBOCK IMPACT/TTU HSC FREE CLINIC** – 2707 34<sup>th</sup> St **799-4329**  
Free Clinic provides free **basic healthcare** – does not accept private insurance, Medicaid, Medicare or Blue Card – by doctors and medical students from TTU HSC School of Medicine. Appointments are limited (20 patients per night).

**LUBBOCK RAPE CRISIS CENTER** – PO Box 2000 (79457) **24-hour crisis hotline 763-7273**  
Free services for **victims of rape**. Victims receive help with **medical and legal procedures** as well as **counseling**. Administration **763-3232**

**MANAGED CARE CENTER WALKER HOUSE** – 1614 AVENUE K **305-9258**  
Addiction treatment Center

**MARCH OF DIMES** – 2801 26<sup>th</sup> Street **797-6771**  
Congenital conditions and anomalies: Free **pregnancy testing, pregnancy information**, point system for free **baby care items**, information on other related charitable organizations.

**NAVIGATE LIFE TEXAS** **877-787-8999**  
Disability services

**NEW DIRECTIONS – LISD** – 417 North Akron Ave. **766-1299**  
**Free services** for any pregnant girl under the age of 21 who has not completed High school. Must be attending LISD High School. Provides **education** during and after pregnancy, **counseling and offers child care** on a sliding fee scale.

**PARENT LIFE (TEEN PARENTS)** – 2621 34<sup>th</sup> St. **763-9794**

**PARENTING COTTAGE** – 3818 50<sup>th</sup> Street **795-7552**  
Provides resources and referrals to expectant mothers living in the community. Parent education groups, with special group meetings for teen parents. Parents as Teachers program utilizing home visits/screenings for normal child development and health, vision and hearing. Safe Riders car seat class – will provide eligible parents with a free car seat.  
**Safe Riders 800-252-8255**

**PARKRIDGE** – 3718 20<sup>th</sup> St **780-8555**  
5203 79<sup>th</sup> St, Suite A **794-8555**  
Free **pregnancy testing, STD testing and treatment, counseling, ultrasounds and client support**. Call for times available.

**POISON CENTER NETWORK, TEXAS** **800-222-1222**  
Answers question on preventing a poisoning or treating a poison exposure.

**PRODUCTIVE LIFE MEDICAL SUPPLY** – 1726 Parkway Drive **744-8400**  
Provide diabetic, incontinence, and other medical supplies. Accept Medicaid and Medicare. Make monthly home deliveries if needed.

**Q LINK WIRELESS** **qlinkwireless.com**  
Free smartphone device and services. Qualified by SNAP, Medicaid, or household income.

**SALVATION ARMY** – 1614 Avenue J **765-9434**  
Limited assistance with **clothing, food, rent, utilities, and prescriptions**. Call for information and to verify funding. Requires photo ID, social security card, proof of residence, application. Referral from DHS is required for food voucher. Tues, Wed, Thurs 9:00-11:30 am.

**SALVATION ARMY - Soup Kitchen** – 1111 16<sup>th</sup> Street  
Free hot meal provided twice a day, seven days a week. Photo ID required (will be issued if client does not have one.)

**SICK CHILDREN'S CLINIC** – 1002 Avenue A **762-1805**  
Free medical services for sick children ages newborn to 16 years. No appointment needed. Hours change frequently – call for current hours. No well checks, immunizations, or physicals. Prescriptions are included as needed.

**SOCIAL SECURITY ADMINISTRATION** – 5825 16<sup>th</sup> St **866-467-0460**  
Assists people in filing for **benefits** and obtaining **Social Security cards**. Toll free number has information on: Social Security retirement, survivor, disability, Medicare, SSI disability and aged.

**STARCARE SPECIALTY HEALTH SYSTEM** – 904 Avenue Q

**Aging and Disability Resource Center (ADRC)** **740-1414**  
Provides community referrals for assistance for medications, utilities, rent, and transportation. Also provides information and assistance to Caregivers.

**Administrative Agency for HIV Services** **766-0308**  
Services for medical care, medications, Medicare for those living with HIV

**HIV Outreach** – 3315 East Broadway **786-5246**  
Free HIV and Syphilis testing and education

**Sunrise Canyon** – 1950 Aspen Avenue **740-1414**  
Mental health and addiction services.

**TEXAS HEALTH AND HUMAN SERVICES COMMISSION (HHSC)** – 5806 34<sup>th</sup> St. **791-7502**  
Provides **Food Stamps, Medicaid, TANF and employment** assistance to families. Will provide emergency food stamps on individual case basis.

**TRINITY OUTREACH CENTER AND STOREHOUSE** – 3027 34<sup>th</sup> St **788-0501**  
Free **clothing** for the entire family. Each family gets 3 appointments per year. Call to schedule an appointment; must provide proof of address, social security card, and photo ID.

**UMC Car Seat Safety Program** – 602 Indiana Ave **806-761-0660**  
UMC Trauma & Burn Services has offered a Car Seat Safety Program, through the Safe Riders Traffic Safety Program, for more than three years. Through this offering, any parent, caregiver or expecting parent in the last trimester of pregnancy who needs a car seat can attend the one-hour car seat safety class and receive a **FREE car seat**.

**UNITING PARENTS** – 8212 Ithaca Suite W-11 **877-488-9068**  
Provides case/care management and children's respite care to support families caring for children with chronic illnesses and/or disabilities. Program is designed to empower families and enhance their children's quality of life providing information, education, training, referrals, networking and support.

**UNIVERSITY MEDICAL CENTER (UMC)** – 602 Indiana **775-9050**  
**County Indigent Health Care Program (CIHIP) Blue Card** – UMC Basement  
Provides basic health care service to indigent residents who reside within the county area and meet resource and income limits. Call for appointments and eligibility requirements.

**UPBRING NEIGHBORHOOD HOUSE** – 6501 University, Suite 504 **589-1907**  
Provide a variety of services for families in need

**VETERAN'S AFFAIRS OUTPATIENT CLINIC** – 6104 Avenue Q **472-3400**  
Call Monday through Friday, 8:30-4:30 for information on services available. Must have DD214 to register.

**WESTMINSTER PRESBYTERIAN CHURCH** – 3321 33<sup>rd</sup> Street **799-3621**  
**Loads of Love** – assistance with laundry services, Monday & Wednesday 10:00 a.m. – 3:00 p.m. / Wednesday evening 5:30-8:30 p.m. Laundry is .25 per load/maximum two loads daily. Women and children ONLY allowed in building.

**WOMEN INFANT AND CHILDREN PROGRAM (WIC)** – 1946 Ave. Q **747-0104**  
Free **nutrition program** that provides **education and food vouchers** for necessary foods such as infant formula, milk, cheese, juice, cereal, beans and eggs to pregnant women, infants and children under 5 years old.

**CELIA ANN WIC CLINIC** – 602 W Loop 289 **747-0178**

**CENTRAL LUBBOCK WIC CLINIC** – 1946 Ave Q Suite 101 **747-0104**

**PARKWAY CLINIC WIC** – 1811 Parkway Drive **747-0182**

**FREEDOM SQUARE WIC** – 1301 50<sup>th</sup> St Space #10 **747-0006**

**WOMEN OF FAITH CLOTHES CLOSET (Iglesia Bautista Templo)** – 4810 Ave. P **744-9986**



**WOMEN PROTECTIVE SERVICES** – PO Box 54089 (79453) **747-6491**  
Protection for women and children in a dangerous or abusive situation. Will provide emergency transportation, shelter, food, clothing, protection, counseling, etc. for women and children. **Crisis Hot Line (800) 747-6491**

**WORKFORCE SOLUTIONS CHILD CARE SERVICES (CCS)** – 2002 W Loop 289 **765-5038**  
Provides assistance in paying for child care services for low-income parents attending school or working. Call for details and appointment.

**WORKFORCE OF THE SOUTH PLAINS** – 1301 Broadway Ste. 201 **744-1987**  
Career & Employment services – assist job seekers with resumes, applications, Interviews, hiring, career/skills assessments, money management, etc.

**WRENCH-IT-FORWARD** – 1111 31<sup>st</sup> Street **701-4568**  
Assistance with discounted car repair. [wrenchitforwardlbk.org](http://wrenchitforwardlbk.org)

## DENTAL PROVIDERS

**ALLINGTON DENTAL** – 1923 Marsha Sharp Fwy. **223-1052**

**BLISS DENTAL LUBBOCK** – 4819 Ave Q **686-6722**

**CHCL ARNETT-BENSON MEDICAL & DENTAL CLINIC** – 3301 Clovis Rd **763-5557**

**CHCL COMMUNITY DENTAL CLINIC** – 1826 Parkway Dr. Suite 500 **687-6259**

**CHCL WEST MEDICAL & DENTAL CLINIC** – 1702 Parkway Dr. **687-6259**

**KIDS DENTISTREE (Abbeville Dentistry)** – 3801 50<sup>th</sup> St. **833-5437**

**FAMILIA DENTAL** – 2402 19<sup>th</sup> St. **368-3731**

**FAMILY SMILES OF LUBBOCK** – 5709 4<sup>th</sup> Street **507-3944**

**LUBBOCK KIDS DENTAL** – 1504 Buddy Holly Ave **749-5437**

**LUBBOCK PEDIATRIC DENTISTRY** – 6309 4<sup>th</sup> Street **318-5241**

**PARKVIEW PEDIATRIC DENTISTRY** – 7515 Quaker Ave **796-2408**

## LEGAL ASSISTANCE

**DISABILITY RIGHTS** **765-7794**

**LEGAL AID OF NORTHWEST TEXAS** – 1711 Avenue J **763-4557**  
General legal aid for those who qualify. Areas of practice include family, housing, health, elderly, children/youth issues, public benefits, employment, education, individual rights, probate and consumer. Fees on a sliding scale. Appointment required.

**LEGAL AID SOCIETY OF LUBBOCK** – 916 Main Street #103 **762-2325**  
Assistance with legal matters (Family law or elder law) for low income families. Fees \$5 or money order application fee for divorces.

## **HOUSING/EMERGENCY ASSISTANCE**

**COMMUNITY DEVELOPMENT/HOUSING DEPT.** – 806 18<sup>th</sup> St. **775-2301**  
(Call for Information) Grants awarded annually for different home repair services. Services are for low to moderate income homeowners.

**FAMILY PROMISE (INTERFAITH HOSPITALITY NETWORK)** (Call for information) **744-5035**  
Assistance for homeless families with children, families in multi-family situations and/or undesirable situations. Assist with **temporary housing, meals, clothing, etc.** Also provides **counseling and help finding housing, day care and jobs.**

**GUADALUPE ECONOMIC SERVICES CORPORATION** – 1502 Erskine St. **744-4416**

**HABITAT FOR HUMANITY** – 8004 Indiana Ave. B-8, Melonie Square **763-4663**  
Provides assistance with the purchase of low-income housing for families who qualify based on need, ability to pay and the willingness to partner with the Habitat affiliate.

**LUBBOCK HOUSING AUTHORITY** – 1708 Crickets Ave **762-1191**  
Offers Public Housing and Section 8 housing assistance with the **rent** for the low to moderate income families, elderly, or persons with disabilities. Accepting applications for section 8 lottery beginning in November. *Does not provide emergency housing.*  
Cherry Point Office (Public Housing Manager) –4115 36<sup>th</sup> Street **762-6909**

**LUBBOCK HOUSING FINANCE CORPORATION** – 3212 Ave Q **745-9559**  
Provide down payment assistance, mortgage lending, construction financing, and small business lending. Budgeting services, income tax preparation and E filing for free. Walk-ins welcome.

**NEW LEGACY HOME FOR WOMEN** – P.O. Box 1258 Lubbock, Texas 79408 **535-5857**

**NORTH & EAST LUBBOCK COMMUNITY DEV** – 1708 Crickets Ave. **747-5937**

**PAUL'S PROJECT-GRACE CAMPUS** – 1301 Ave. A **500-5006**

**SALVATION ARMY** – 1111 16<sup>th</sup> Street **765-9434**

**Emergency Disaster Service**

Disaster Alert Response Team (DART) provides counseling, comfort, food, beverages, and other timely services.

**Emergency Shelter and Social Services**

Offers temporary shelter for homeless individuals and families. Clients may stay three nights, extensions are available. Services include mailbox, voicemail service, laundry, and shower facilities in family apartment style rooms.

**SAFE EXCHANGE ZONES** – 10<sup>th</sup> Street & Texas Ave. **775-2816**

Marked with signs and blue paint. Can be used for custody exchanges and other public meetings that may require protection. 24 hours.

## **ADULT & CHILDREN EDUCATION**

**ADULT EDUCATION** – 1601 24<sup>th</sup>St. **281-5750**

Basic education, Reading, Writing, Arithmetic, English, and other subjects taught. Improves ability for employment, GED preparation and English as a Second Language (ESL).

**BURKHART CENTER FOR AUTISM EDUCATION & RESEARCH** – 2902 18<sup>th</sup> St. **742-4561**

**CHRISTIAN WOMEN'S JOB CORPS** – 1301 Redbud Ave. **762-3601**

Provides job preparation, GED preparation, life skills education, parenting education, nutrition education, basic computer skills, and budget skills to women over the age of 18. Must be able to read, complete application, take TABE test, and interview with director. Walk-ins welcome for application, appointment required for interview.

**EARLY LEARNING CENTERS OF LUBBOCK Administrative Offices** **765-9981**

Provide affordable **child-care services**. Fees are based on income and eligibility. Call for information.

**Carver Center** – 2509 Elm Street 744-6726

**Erskine Center** – 2714 Erskine 763-0535

**Guadalupe Center** – 101 Ave K 763-3777

**New Directions** – 417 Akron 765-9126

**EARLY CHILDHOOD INTERVENTION (ECI/DEBT – LISD)** – 1628 19<sup>th</sup> Street **219-0500**

Provides early **identification and intervention** for children with signs of developmental delays. Also provides **physical/occupational/speech therapists** and **adaptive equipment**.

**EDUCATION SERVICE CENTER - REGION 17** – 1111 West Loop 289 **792-4000**

Provides resources and services which are solely aligned with, and designed to support, the Texas Essential Knowledge and Skills (TEKS) adopted by the State Board of Education.

**FAMILY CONNECTIONS PROGRAM – LISD**

**766-1976**

Provides **parenting classes** for students and parents in LISD. Also provides **private counseling sessions** for families. Includes tutoring on various campuses.

**FOSTER GRANDPARENT PROGRAM** – 3401 N University

**741-3631**

Foster grandparents must be 60+ years of age and meet certain income eligibility requirements. Volunteer in various settings for an average of 20 hours a week while receiving training, stipend, meals, and reimbursement for transportation.

**GOODWILL INDUSTRIES OF LUBBOCK** – 715 28<sup>th</sup> Street

**744-8419**

Provide areas of assistance to **job seekers**, starting from attaining computer skills to job placement: Basic computer skills, advanced computer tutorials, customer service skills, job seeking assistance, interviewing skills, temporary and temp-to-hire employment solutions, and a school-to-work program for high school students with disabilities transitioning to the workplace.

**LEARN, INC** – 2161 50<sup>th</sup> St

**763-4256**

Assist with financial aid for college, career counseling, and **information concerning college and vocational schools**. Offers GED prep courses.

**LIFE/RUN CENTER FOR INDEPENDENT LIVING** – 8240 Boston

**795-5433**

Provides services to people with disabilities, including independent living skills training, job readiness skills, housing, nursing home care, interpretation services for the deaf, and advocacy for other needed services.

**LITERACY LUBBOCK** – (Mahon Library 1306 9th)

**775-3636**

Teach basic reading and writing skills to adults. Offer one on one tutoring, small groups and classes, Dyslexia screening, Susan Barton Program, GED and ESL classes.

**LUBBOCK INDEPENDENT SCHOOL DISTRICT HEAD START & PRE-K PROGRAMS** **766-1000**

Program for children who are 4 by September 1. Must meet low income/disability guidelines. At various elementary campuses within LISD.

**METHODIST CHILDREN’S HOME** – 2028 82<sup>nd</sup>, #101

**792-0069**

**Family Solutions** – program for at-risk families

**Nurturing Parenting** – parenting classes for families

**GAPP** – program for grandparents raising children

**NEW DIRECTIONS LISD** – 417 N Akron Ave

**765-9126**

Free services for any pregnant girl under the age of 21 who has not completed High School. Provides education during and after pregnancy, counseling and offers child care on a sliding fee scale.

**PARENTING COTTAGE** – 3818 50<sup>th</sup> St **795-7552**  
Provides Parents as Teachers program utilizing home visits/screenings for normal child development and health, vision, and hearing. Free parenting and prenatal classes. Car seat safety program which allows families to earn a free car seat.

**SPCAA – HEAD START PROGRAMS** – 1303 82<sup>nd</sup> Street St. 200 **762-8815**

## **PARENTING, COUNSELING AND MENTORING SERVICES**

**BIG BROTHERS BIG SISTER OF LUBBOCK, INC.** – 3416 Knoxville Ave. **763-6131**  
One-to one mentoring through positive adult role models that are trained and professionally supervised. Services for children between 5 and 15 years of age. Call the office to request and an interview or application.

**CATHOLIC CHARITIES DIOCESE OF LUBBOCK** – 102 Ave J **765-8475**  
Direct client assistance (household assistance), Immigration assistance and intake, Nutrition & Wellness, Parenting Empowerment Program, Safe Place, Youth Services: apply online **[www.cclubbock.org](http://www.cclubbock.org)**

**COVENANT COMMUNITY HEALTH OUTREACH SERVICES** – 4122 22<sup>nd</sup> Place **725-5443**  
Individual, couples and family therapy **counseling services**. Ages 18 and up. Person to receive services must call for themselves for phone screening. No CPS cases, custody battles, or MHMR cases. Fee is on a sliding scale

**FAMILY CONNECTIONS PROGRAM – LISD** **766-1976**  
Provides **parenting classes** for students and parents in LISD. Also provides **private counseling sessions** for families. Includes tutoring on various campuses.

**FAMILY GUIDANCE AND OUTREACH CENTER** – Briercroft Office Park #5 **747-5577**  
Provides support and mentoring for parents. Free **parenting classes**.

**OPTIMIST BOYS AND GIRLS CLUB** – 3301 Cornell St. **762-4990**  
During School Year: Mon-Fri 3:30-7 pm. During summer: 10 am – 6 pm.  
Educational and recreational activities for children ages 6-18. Provide programs in The following areas: Education, Career, Character/Leadership, Health/Life Skills, Sports, Fitness/Recreation. \$10.00 fee during the school year.

**THE PARENTING COTTAGE** – 3818 50<sup>th</sup> **795-7552**  
Parenting classes, prenatal education classes, car seat safety program

## MENTAL HEALTH SERVICES

**CHILDREN'S BEHAVIORAL HEALTH CLINIC** - UMC Medical Office Plaza I, 3502 9<sup>th</sup> Street Suite 250  
Mental health & behavioral therapy services. Teleservices offered. **742-3074**

**STARCARE SPECIALTY HEALTH SYSTEM** – 3804 Interstate 27 **766-1310**  
**SERVICE COORDINATION** - 904 Avenue O **740-1421**  
Services for people with mental health issues, including a mental health crisis, intellectual disability services, substance use services, aging services, and veteran services.

**SILVER STAR** – 4010 22<sup>nd</sup> Street **740-1500**  
Services for the elderly, including medical care and support services

## TRANSLATION / HEARING LOSS SERVICES

**2-1-1 TEXAS SOUTH PLAINS**- 1323 58<sup>th</sup> St **2-1-1**  
Connects individuals with services in their area. Available in over 90 languages and is TDD/TTY accessible. Available 24 hours, 7 days a week.

**LIFE/RUN CENTER HEARING LOSS RESOURCE SPECIALIST** - 8240 Boston Ave **795-5433**  
Provide services to persons with hearing loss, including those who are recently deafened.

**TTY RELAY SERVICES** **7-1-1**  
Telephone communication services for those with hearing loss

## FINANCIAL & TAX SERVICES

**ATTORNEY GENERAL OF TEXAS (CHILD SUPPORT)** – 4630 50<sup>th</sup> St Ste. 200 **767-0521**  
Child support services including establishing paternity and parent-child relationships, and establishing, modifying, and enforcing court orders.

**CHILD SUPPORT HOTLINE 800-252-8014**

**TEXAS TECH UNIVERSITY LOW INCOME TAXPAYER CLINIC** – 3311 18<sup>th</sup> St. **742-4312**  
Offers assistance with IRS issues including examination notices, collection notices, audit appeals, earned income credit concerns, innocent spouse relief of tax debt.

## FREQUENTLY CALLED LUBBOCK COUNTY NUMBERS

<b>ADULT PROBATION/COMMUNITY SUPERVISION</b>	<b>775-1200</b>
<b>BUSINESS CRIMES/HOT CHECKS, CRIMINAL DISTRICT ATTY. OFFICE</b>	<b>775-1111</b>
<b>CHILD SUPPORT RECORDS, DISTRICT CLERK</b>	<b>775-1314</b>
<b>DEPARTMENT OF PUBLIC SAFETY</b>	<b>762-5000</b>
<b>MARRIAGE LICENSE (COUNTY CLERK)</b>	<b>775-1056</b>
<b>SHERIFF'S OFFICE/COUNTY JAIL (NON-EMERGENCY)</b>	<b>775-1400</b>

## FREQUENTLY CALLED CITY OF LUBBOCK NUMBERS

<b>ANIMAL SERVICES</b>	<b>775-2057</b>
<b>CITY BUS</b>	<b>712-2000</b>
<b>CITY HALL</b>	<b>775-3000</b>
<b>CODE ENFORCEMENT</b>	<b>775-2123</b>
<b>CRIME LINE</b>	<b>741-1000</b>
<b>HEALTH DEPARTMENT</b>	<b>775-2933</b>
<b>HOUSING AUTHORITY (LHA)</b>	<b>762-1191</b>
<b>LUBBOCK POWER &amp; LIGHT &amp; WATER</b>	<b>775-2933</b>
<b>POLICE DEPARTMENT (NON-EMERGENCY)</b>	<b>763-5333</b>
<b>STREET MAINTENANCE (ALLEYS, POTHOLES, ROADS)</b>	<b>775-2606</b>

For more information, contact:  
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