COLLEGE OF HUMAN SCIENCES - ACADEMIC ADVISING SERVICES
2018-2019 GUIDELINES FOR REGISTRATION: NTRN
Bachelor of Science in Nutrition
with a concentration in Nutrition, Health, and Wellness

Office: HS 159
Tel: 806|742|1180
Web: http://www.depts.ttu.edu/hs/advising/

FIRST YEAR

FALL SEMESTER = 14 HOURS				
(1)		HUSC	1100	Intro to Human Sciences
		or IS	1100	Freshman Transition
(3)		ENGL	1301	Essentials of College Rhetoric
(3)	*	MATH	1320	College Algebra (*or higher)*
(3)		POLS	1301	American Government Organization
(4)	#*	CHEM	1307/1107	Principles of Chemistry I & Lab

SPRING SEMESTER = 16 HOURS				
(3)	^	ENGL	1302	Advanced College Rhetoric
(3)		MATH	2300	Statistical Methods
(2)		NS	1201 [S]	Introduction to Dietetics
(4)		NS	1410	Science of Nutrition
(4)	# *	CHEM	1308/1108	Principles of Chemistry II & Lab

SECOND YEAR

FALL SEMESTER = 15 HOURS				
(3)		NS	2310	Principles of Food Preparation
(3)		Oral Communication (CFAS 2300 or COMS 2358)		
(3)		POLS	2306	Texas Politics & Topics
(3)	^	CHEM	2303 [F]	Intro to Organic Chemistry
(3)		HIST	2300	US History to 1877

SPRING SEMESTER = 16 HOURS				
(4)		ZOOL	2404	Anatomy and Physiology II
(3)		MCOM 2320 Writing for Media and Communication OR ENGL 2311 Introduction to Technical Writing		
(3)		FDSC	3303	Food Sanitation
(3)		HIST	2301	US History from 1877
(3)		NS	2380	Cultural Aspects of Foods

THIRD YEAR

FALL SEMESTER = 15 HOURS				
(3)		Creative Arts Elective (suggest MCOM 2301-Visual Storytelling)		
(3)		RHIM	4341	Hospitality Management
(3)	^	NS	3340	Nutrition Through the Lifecycle
(3)		KIN	1301	Introduction to Kinesiology
(3)		ADRS	2310	Understanding Alcohol, Drugs, etc.

SPRING SEMESTER = 14 HOURS				
(3)		NS	3332 (S) OR 3360 (F)	Motivating Health Behavior-Coaching Theory & Application OR Nutrition Education
(3)	^	KIN	3305	Exercise Physiology
(3)		NS	2330** [S]	Nutr for Health, Fitness & Sport
(2)		NS	4220** **	Medical Terminology
(3)	^	NS	3310	Intro to Medical Nutrition Therapy

FOURTH YEAR

FALL SEMESTER = 15 HOURS				
(3)		NS	4360	Intro to Nutrition Research
(3)		INTS	3301	Career & Professional Development
(3)		NS	4301 **	Nutrition and Chronic Disease
(3)		CFAS	4300	Coaching Leaders
(3)	^	NS	3325	Sports Nutrition

SPRING SEMESTER = 15 HOURS				
(3)	^	Guided Elective of KIN 3318 Exercise and Sport Psychology or KIN 3368 Exercise Testing and Prescription		
(3)	^	NS	4330	Community Nutrition
(3)	^	NS	4350	Emerging Issues in Food Sci & Nut.
(3)	^	RHIM	4316	Hospitality Sales and Marketing
(3)	*	Language, Philosophy & Culture Elective (suggest MCOM 2330 Media Literacy)		

The above are suggested guidelines for registration. Students who prefer a lighter load each semester may take courses offered during the summer sessions. However, not all courses are offered in the summer. Refer to the website www.raiderlink.ttu.edu student for updates on course offerings. This plan assumes that the student is exempt from any additional foreign language requirement for the University Core.

LEGEND

* Refer to Univ. Core Curriculum Req. for course selection

\# Concurrent enrollment is required

^ Pre-requisites or restrictions apply

** Offered Online only

NOTES