



NUTRITION (NTRN) MINOR 2023-2024

Office: HS 159

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Web: <http://www.depts.ttu.edu/hs/advising/>

- ❖ Nutrition's health related curriculum focuses on individual, clinical, and community nutrition, and on the important role nutrition plays in mental and physical well-being.
- ❖ A student may minor in Nutrition by completing at least 18 hours of selected course work with 9 upper level hours. Courses for the minor are finalized and approved in conjunction with the student's major and minor advisors.
- ❖ All required courses must be completed with a grade of "C" or higher.
- ❖ All courses in **BOLD** are offered online

Offered		Required Courses		Prerequisites
Fall, Spring & Summer	NS 1410	Science of Nutrition		
Fall & Summer	NS 3340	Nutrition in the Lifecycle		NS 1410
Choose 4 courses from the following: (2 must be at a 3000 or 4000 level):				Prerequisites
Fall & Spring	NS 2310	Science of Food		Lecture portion is online, online lab is also available for TDE students.
Spring & Summer	NS 2330	Nutrition for Health, Fitness and Sport		
Summer	NS 2380	Cultural Aspects of Food		Sophomore Classification
Fall & Spring	NS 3310*	Intro to Medical Nutrition Therapy		NS 1410 and ZOOL 2404
Spring	NS 3332	Fundamentals of Human Health Behavior Change		
Fall, Spring & Summer	NS 3325	Sports Nutrition		NS 1410 and ZOOL 2404
Fall, Spring & Summer	NS 4220	Medical Terminology		Junior Classification
Spring	NS 4301	Nutrition and Chronic Diseases		NS 1410 & NS 3340
Fall & Spring	NS 4330	Community Nutrition		NS 3340 (see advisor for authorization)
Fall, Spring & Summer	NS 4350	Emerging Issues in Food Science and Nutrition		NS 3340 and Junior Classification
*NS 3310-Intro to Medical Nutrition Therapy is highly recommended for those pursuing degrees with a Pre-Professional Health focus. You will get experience with patient assessment, reading labs, electronic charting, interprofessional health care interaction, and application of medical cases through case study scenarios.				