Food Insecurity in South Africa

Students will learn the challenges and solutions surrounding the triple burden of disease, food and nutrition insecurity as well as dietary patterns and gain hands on experience in community outreach by visiting community gardens and centers and conduct workshops and information and education sessions on proper nutrition and food preparation. Texas Tech students will also stay with South African local families for a weekend for a 100% immersion experience.

South Africa has been declared one of the 18 mega-diverse destinations in the world. The country has about 52 million people, united in a diversity of origins, cultures, languages, and religions. Its pluralistic makeup is reflected in the recognition of 11 official languages with English as the official business language. There is also great diversity in South African cuisine, as foods from many cultures are enjoyed, but it is heavily meat-based and has spawned the distinctively South African social gathering known as a “braai” (barbecue).

COURSES OFFERED:
• NS4000/5000 World Food Problems I & II

ESTIMATED PROGRAM FEE:
• $6100

PROGRAM FEE INCLUDES:
• Housing and all meals
• Airfare to/from South Africa
• Local transportation
• Entrance fees

PROGRAM FEE DOES NOT INCLUDE:
• TTU tuition and fees (credit hrs)
• Personal spending money
• Insurance ($1.50/day)
• Education Abroad fee ($200)

TO APPLY:

PROGRAM OPEN TO:
• All TTU students

PROGRAM DATES:
• May 27 - June 25, 2016

FOR MORE INFORMATION CONTACT:
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