

This DFSCA Biennial Review covers academic years 2023-2024 and 2024-2025.

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Oversight Responsibility

The Drug-Free Schools and Communities Act Biennial Review Committee was headed by the Office of Institutional Compliance and was comprised of the following members. Ad hoc members were included as needed.

Claire Nevarez, Clery Compliance Officer
Tyler Patrick, Deputy Compliance Officer
Kim Simon, Chief Compliance Officer
Angela Chisum, Staff Senate President
Dawn Payne, Equal Employment Opportunity Director
Eric Maki, University Recreation Managing Director
Grant Stovall, Senior Associate Athletics Director
Jawana Green, Office of Student Conduct Senior Director
Serena Shade, Risk Intervention and Safety Education (RISE) Senior Director
Todd Phillips, Human Resources Administration Senior Director
Lisa Viator, Student Counseling Center Managing Director
Faith Geistweidt, Student Government Association President
Tammy Diaz, Student Health Services Nurse Manager
William (Buddy) Gerber, Center for Students in Addiction Recovery Director

Introduction

Texas Tech is a public, co-educational research university located in the city of Lubbock, Texas, a city with a population of more than 260,000. Established in 1923, it is part of the Texas Tech University System.

Texas Tech currently has five (5) regional campus and academic sites around the state of Texas - TTU at DFW, TTU at El Paso, TTU at Highland Lakes, TTU School of Veterinary Medicine, and TTU at Waco - and an international location in San Jose, Costa Rica. Each of the regional and international campus locations report alcohol and drug-related violations to the Office of Institutional Compliance and the Office of Student Conduct.

This DFSCA Biennial Review does not pertain to Texas Tech University Health Sciences Center (TTUHSC) in Lubbock, Texas Tech University Health Sciences Center El Paso, or any regional TTUHSC teaching sites. The DFSCA and Drug and Alcohol Abuse Prevention Programs (DAAPP) for each Health Sciences Center campus is on their respective websites.

Texas Tech University is committed to fostering a campus community that promotes the overall wellbeing of its community members and is free from illegal drugs and alcohol abuse. All campus community members should be aware that the unlawful possession, use, or distribution of illicit drugs and alcohol on Texas Tech University property or as part of any Texas Tech University activity is prohibited by law and Texas Tech University policy.

Questions about this Biennial Review should be directed to the Texas Tech Clery Compliance Officer at clerycompliance@ttu.edu or by calling 806-834-1884.

Drug-Free Schools and Communities Act's (DFSCA) Drug and Alcohol Prevention Program (DAAPP) and Biennial Review

The Drug-Free Schools and Communities Regulations (34 CFR Part 86) of the Drug-Free Schools and Communities Act (DFSCA) requires that, as a condition of receiving funds or any other form of financial assistance under any federal program, an institution of higher education must adopt and implement a program designed to prevent the possession, use, or distribution of illicit drugs and the abuse of alcohol by students and employees.

At a minimum, Texas Tech University must annually distribute the following in writing to all students and employees:

- Standards of conduct that clearly prohibit the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees;
- A description of the legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol;
- A description of the health risks associated with the use of illicit drugs and alcohol abuse;

- A description of any drug or alcohol counseling, treatment, rehabilitation, or reentry programs that are available to employees and students; and
- A clear statement that the institution will impose sanctions on students and employees
 and a description of those sanctions, up to and including expulsion or termination of
 employment and referral for prosecution, for violations of the standards of conduct or
 law.

The DFSCA also requires a biennial review that includes the following objectives:

- Determine the effectiveness of, and to implement any needed changes to, the AOD prevention programs
- Ensure that campuses enforce the disciplinary sanction for violating standards of conduct consistently

Texas Tech University Drug-Free Schools and Communities Act Policy

Texas Tech University has enacted <u>TTU OP 40.06 (Drug-Free Schools and Communities Act)</u> to ensure understanding of and standardized procedures in compliance with the provisions of the Drug-Free School and Communities Act, as amended.

TTU OP 40.06: describes the:

- Authority of how Texas Tech's policy on drug and alcohol abuse prohibits the unlawful possession, use, or distribution of alcohol and illicit drugs by employees and students on Texas Tech property or as a part of any officially sponsored Texas Tech activities.
- Implementation of the policy to create an environment for employees and students that is free from illicit drugs and the abuse of alcohol. This includes a biennial review of the drug and alcohol prevention program to determine its effectiveness, implementing changes if they are needed, and ensuring that sanctions are consistently enforced.
- Penalties for violation of the policy.

Annual Report Notifications

In addition to TTU OP 40.06, Texas Tech's <u>Drug and Alcohol Abuse Prevention Program</u> (DAAPP) has been created and annual notification of Texas Tech University's DAAPP is distributed to all current students and employees each semester (fall, spring, and summer) through Texas Tech email. New employees receive notification at New Employee Orientation and from Human Resources electronically during the onboarding process. New students receive notification electronically upon enrollment. Employees and students can access the DAAPP and the accompanying Biennial Reports through the regularly updated Drug-Free Schools and Communities Act website.

Texas Tech University's Office of Institutional Compliance also produces Annual Security Reports (ASRs) and Annual Security and Fire Safety Reports (ASFSRs) which describe campus policies and procedures surrounding safety and include statistics related to Clery Act crimes. Oncampus alcohol and drug referrals and arrests are part of the statistics documented in the ASRs and ASFSRs. These reports are campus specific and are emailed annually to all students and employees by October 1st. All currently enrolled students, employees, and prospective students and prospective employees are entitled to request and receive a copy of the applicable ASR or ASFSR. They are also available online and can be requested in person at the Texas Tech Police Department (413 Flint Ave., Lubbock, TX).

Strengths, Opportunities, and Recommendations

• Strengths:

- Compliance with the DFSCA was moved under the Office for Institutional Compliance which created the opportunity to determine the Texas Tech University community's level of understanding related to AOD policies and resources by someone who is knowledgeable with the Jeanne Clery Campus Safety Act.
- The collaboration necessary to produce a successful biennial review have previously been established by the Clery Compliance Officer so more progress will be able to be made moving forward than in the past.

• Opportunities for improvement:

- O The results of the survey distributed to the Texas Tech University shows that education and promotion about current policies and resources needs to be prioritized at the campus-wide level to ensure faculty, staff, and students understand the policies they are being held to and the resources that are available to them. Based on the number of available alcohol-free and drug-free programming available to students, marketing promoting the events needs to be increased.
- O Through conversations that arose from the biennial review, it was determined that the regional campuses are not aware of the AOD-related policies and resources that are available to the students at their sites. Regional campuses tend to be disconnected from the Lubbock campus, but ensuring continuity of the faculty, staff, and student will be a focus of the next biennial review.

Recommendations for the 2024-2026 Biennium

- Meet with departments across campus (Office of Equal Opportunity, Risk Intervention and Safety Education [RISE], and Human Resources) to enhance education about alcohol and drug related programs, policies and resources to faculty, staff, and students.
- o Increase communication and awareness of resources and virtual programming to faculty, staff, and students at regional campuses.

Campus-Wide Biennial Review Process

Texas Tech University conducted a biennial review of both students' and employees' knowledge and awareness of alcohol and drug-related policies, prevention programs, and the number of alcohol and drug related referrals and arrests for the 2023-2024 and 2024-2025 academic years.

In November 2024, Drug-Free Schools and Communities Act compliance (including the Drug and Alcohol Abuse Prevention Programs and biennial review) was moved under the Office of Institutional Compliance as it directly pertains to the department's Jeanne Clery Campus Safety Act compliance requirements. The Office of Institutional Compliance determined that the focus of its first biennial review should be to determine the baseline of where the Texas Tech University community is in understanding AOD policies, available resources, and prevention programs. The results will describe objectives for future DFSCA Biennial Reviews.

Objective 1: Evaluate students' knowledge and understanding of AOD-related policies and available prevention resources.

Process: A SurveyMonkey questionnaire was developed and distributed through email requests and TechAnnounce promotion to gather information. The questionnaire consisted of 2 likert-scale questions and 10 questions that had "yes", "no", or "unsure" options as answers and was available to be completed from November 6, 2025, through December 5, 2025. Students were able to provide their email address if they wanted to be contacted about available drug/alcohol resources. The eight email addresses provided were sent to RISE (Risk Intervention and Safety Education) for information distribution.

Fifty-seven students completed the *TTU Student Drug and Alcohol Policies & Procedures Survey*.

Likert Question: How familiar are you with the TTU Code of Student Conduct prohibitions on drug and alcohol use?

Average Answer: 65 (on a scale from 0-100)

Question: Are you aware that TTU's Student Code of Conduct prohibits the unlawful or unauthorized possession, use, distribution, delivery, or sale of alcohol and/or public intoxication and the possession, use sharing, furnishing or distribution of illegal drugs, intoxicants, controlled substances and/or drug paraphernalia?

YES: 87.72% **NO**: 8.77% **UNSURE**: 3.51%

Question: Are you aware that TTU's Amnesty Policy allows the University to offer amnesty to individual student(s) for conduct violations who 1) May have committed a violation at the time of an incident or 2) Offers help to those who need medical assistance and if amnesty is offered, educational options may be explored, but no conduct actions or sanctions will result?

YES: 66.07% **NO**: 23.21% **UNSURE**: 10.71%

Question: Are you aware that all local, state and federal laws pertaining to drugs and alcohol apply to all students while on campus, including those living in the residence halls?

YES: 89.29% NO: 5.36% UNSURE: 5.36%

Question: Are you aware that West Village B is the only residence hall that allows alcohol if the student is over 21 years of age?

YES: 56.14% **NO:** 42.11% **UNSURE:** 1.75%

Question: Are you aware that the Office of Student Conduct investigates and issues sanctions for alcoholic beverages and narcotics or drug violations of the Student Code of Conduct including educational opportunities, reprimands, probation, suspension, and expulsion?

YES: 80.70% **NO**: 17.54% **UNSURE**: 1.75%

Likert Question: How familiar are you with TTU's drug and alcohol related education and programming resources?

Average Answer: 58 (on a scale from 0-100)

Question: Are you aware that TTU provides programs for education, impact, and growth surrounding alcohol and drug use?

YES: 79.63% **NO**: 20.37% **UNSURE**: 0%

Question: Are you aware that TTU provides alcohol-free programming free to students with their TTU Student ID?

YES: 64.81% NO: 33.33% UNSURE: 1.85%

Question: Are you aware that TTU's Crisis HelpLine (806-742-5555) is available 24 hours a day, 7 days a week, 365 days a year to assist students experiencing a mental health or interpersonal violence crisis?

YES: 85.19% **NO**: 12.96% **UNSURE**: 1.85%

Question: Are you aware that TTU's Raider Ride provides students with on-demand rides on campus from 6:00 pm-2:45 am, 7 days a week (while classes are in session) with a valid student ID through the TechRide app?

YES: 77.78% **NO**: 16.67% **UNSURE**: 5.56%

Question: Are you aware that TTU can help connect you with on-campus and community resources pertaining to alcohol and drug use and misuse?

YES: 92.59% NO: 7.41% UNSURE: 0%

Objective 2: Evaluate employees' knowledge and understanding of AOD-related policies and available resources.

Process: A SurveyMonkey questionnaire was developed and distributed through email requests and TechAnnounce promotion to gather information. The questionnaire consisted of 2 likert-scale questions and 11 questions that had "yes", "no", or "unsure" options as answers and was available to be completed from November 6, 2025, through December 5, 2025. Employees were able to provide their email address if they wanted to be contacted about available drug/alcohol resources. The three email addresses provided were sent to the Office of Equal Opportunity and Human Resources for information distribution.

One hundred and thirty-one employees completed the *TTU Employee Drug and Alcohol Policies* & *Procedures Survey*.

Likert Question: How familiar are you with TTU policies and sanctions regarding alcohol and drug use?

Average Answer: 60 (on a scale from 0-100)

Question: Are you aware that Texas Tech University System Regulation 07.07 Employee Conduct, Coaching, Corrective Action and Termination (TTUS Reg. 07.07) addresses being unfit for duty, including being under the influence of drugs or alcohol, or refusing to submit to a drug or alcohol test?

YES: 77.86% **NO**: 14.50% **UNSURE**: 7.63%

Question: Are you aware that the unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance, or any substance, the possession or distribution of which is regulated by federal or Texas law, except where the manufacture, distribution, dispensing, possession or use are in accordance with the laws of each is defined as a breach of trust for TTU faculty?

YES: 83.21% **NO**: 10.69% **UNSURE**: 6.11%

Question: Are you aware that all employees are required to notify their University's human resources department of any indictment, criminal conviction or deferred adjudication, no later than three (3) calendar days after such has been rendered (not required for minor traffic offenses, unless one of the Employee's job duties includes or involves use of a University vehicle) (TTUS Reg. 07.07)?

YES: 58.02% NO: 33.59% UNSURE: 8.40%

Question: Are you aware that violations of misconduct could result in coaching, written corrective action, suspension without pay, or demotion or reassignment?

YES: 91.60% **NO**: 5.34% **UNSURE**: 3.05%

Question: Are you aware that university funds may not be used to purchase alcohol?

YES: 89.31% **NO**: 4.58% **UNSURE**: 6.11%

Likert Question: How familiar are you with TTU's drug and alcohol related benefits and resources?

Average Answer: 46 (on a scale from 0-100)

Question: Are you aware that the Texas Employees Group Benefits Program (GPB) insurance program, administered by the Employees Retirement Systems of Texas, administers benefits for Texas Tech employees and retirees and provides coverage for substance abuse?

YES: 39.20% **NO**: 52.00% **UNSURE**: 8.80%

Question: Are you aware that coaching and corrective action may be provided to identify conduct that is failing to meet expectations and to allow the employee a reasonable opportunity to improve deficiencies and maintain satisfactory work performance (TTUS Reg 07.07)?

YES: 70.40% **NO**: 23.20% **UNSURE**: 6.40%

Question: Are you aware of the many substance abuse resources available to Texas Tech University employees in the Lubbock community?

YES: 46.77% **NO**: 43.55% **UNSURE**: 9.68%

Question: Are you aware that the Employee Assistance Program (EAP) can provide substance use and abuse counseling, referrals, recovery support, and reentry counseling at the TTU Health Sciences Center?

YES: 72.58% **NO**: 22.58% **UNSURE**: 4.84%

Question: Are you aware that EAP Counseling services are private and confidential, records are separate and not part of an employee's personnel file, and that information is not released to the employer or supervisor?

YES: 83.87% **NO**: 14.52% **UNSURE**: 1.61%

Question: Are you aware that EAP Counseling services can be used for TTU employees and their dependents and if more than the 8 included sessions are needed, the Counseling Center can file insurance and also accepts self-pay?

YES: 74.40% **NO**: 21.60% **UNSURE**: 4.00%

Campus-Wide Surveys Administered

National Survey of Student Engagement (NSSE) Mental Health & Well-Being Topical Module

The Mental Health and Well-Being Topical Module provides colleges and universities an opportunity to understand and address current concerns about students' emotional, psychological, and social wellness. Results help institutions promote well-being by purposefully creating supportive environments and providing necessary resources for students to thrive. This module assesses students' experiences related to a range of dimensions for mental health and well-being. It also examines sources of support and explores students' perceptions about campus resources.

Texas Tech University Lubbock Campus administered the NSSE before Spring Break 2025. NSSE sends out the surveys directly based on a population file Texas Tech shared of first year and senior students.

Question: If you were to experience substance abuse, would you know how to get help at your institution?

Answer:

Year	Response		as Tech iversity		negie R1 titutions
		Count	Percentage	Count	Percentage
	No	99	31	7,729	40
	Yes	219	68	11,752	59
First Year	Help for this is not available	1	0	211	2
	Total	319	100	19,692	100
	No	182	45	10,089	47
	Yes	217	53	11,105	51
Seniors	Help for this is not available	8	2	452	3
	Total	407	100	21,646	100

WISHES Survey

The Wellbeing Improvement Survey for Higher Education Settings (WISHES) provides colleges and universities with timely and actionable data to adapt and improve institutional norms, structures, and processes so all students can thrive and flourish.

Texas Tech administers the WISHES survey twice a semester and is open to all undergraduate students. The survey is administered through an internal Qualtrics account and takes about 10 minutes to complete.

Question: In the past 2 weeks, how many times have you had 5 or more drinks in a day (for men)/ 4 or more drinks in a day (for women)?

Answer:

The columns represent the number of people who selected each number as the total time they'd had 5 (men)/4 (women) drinks in a day in the last two weeks.

Date of Survey	0	1	2	3	4	5+	
	Fall 2023						
December 1, 2023	1,036	144	94	52	33	52	
		Spring	2024				
March 1, 2024	683	104	51	22	19	28	
May 1, 2024	504	78	61	21	25	35	
		Fall 2	2024				
October 1, 2024	1,258	151	95	37	61	69	
November 1, 2024	518	68	40	20	18	26	
		Spring	2025				
March 4, 2025	235	27	22	11	10	15	
April 28, 2025	555	75	44	12	14	12	
	Fall 2025						
September 30, 2025	1,081	157	106	47	39	35	

Amnesty

As stated in the <u>Texas Tech University Student Code of Conduct</u>, the University will not take any disciplinary action against a student who in good faith reports being the victim of, or witness to, an incident of Sexual Misconduct for a violation of the *Code of Student Conduct* occurring at or near the time of the incident, regardless of the location at which the incident occurred or the outcome of the Grievance Process regarding the incident.

Amnesty will be extended to the Complainant, Respondent, and witnesses who provide statements during an investigation and disclose their own personal drug or alcohol use. Amnesty will not be extended in situations where substances were used to facilitate sexual misconduct. Abuse of amnesty provisions can result in a violation of the *Code of Student Conduct*. The *Code of Student Conduct* amnesty provisions do not influence criminal proceedings or charges.

The University may provide educational options to students to address any concerning behavior as part of the afforded amnesty or in lieu of conduct proceedings. Amnesty does not preclude students from being required to meet with University staff and to participate in conditions such as counseling, alcohol assessments, and other requirements.

Alcohol and Other Drugs Arrests and Violations Referred for Disciplinary Action

The following tables show drug and alcohol arrests and referrals from all TTU campuses during the 2023-2024 and 2024-2025 academic years. Per Jeanne Clery Campus Safety Act compliance, the data represented reflects calendar years represented in the Annual Security Report for each campus.

Texas Tech Police Department has reported that there are zero reported deaths involving alcohol or drugs on the campuses in which they have jurisdiction in the academic years included in this Biennial Review.

Lubbock Campus

Violation	Location	2022	2023	2024
	On-campus Total	66	36	43
Liquor Law	On-campus Student Housing	14	4	6
Arrests	Non-campus	1*	0	0
	Public Property	3	4*	4
Liquor Law	On-campus Total	398	368	312
Violations Referred	On-campus Student Housing	348	310	277
for Disciplinary	Non-campus	4	0	1
Action	Public Property	1	0	0
	On-campus Total	258	183	180
Drug Law Arrests	On-campus Student Housing	35	31	34
	Non-campus	4*	5*	5*
	Public Property	16	22	24
Drug Law	On-campus Total	49	28	14
Violations Referred	On-campus Residence Halls	35	26	14
for Disciplinary	Non-campus	0	0	0
Action	Public Property	0	0	0

On-campus total is a combination of incidents that are reported to have occurred within on-campus student housing facilities and other on-campus locations. Example: 50 total on-campus incidents= 21 housing incidents + 29 campus incidents

Statistics denoted with an asterisk (*) may include crime that occurred during student travel

Texas Tech University Costa Rica Campus

Violation	Location	2022	2023	2024
	On-campus Total	0	0	0
Liquor Law	On-campus Student Housing	N/A	N/A	N/A
Arrests	Non-campus	0	0	0
	Public Property	0	0	0
Liquor Law	On-campus Total	0	0	0
Violations Referred	On-campus Student Housing	N/A	N/A	N/A
for Disciplinary	Non-campus	0	0	0
Action	Public Property	0	0	0
	On-campus Total	0	0	0
Drug Law Arrests	On-campus Student Housing	N/A	N/A	N/A
	Non-campus	0	0	0
	Public Property	0	0	0
Drug Law	On-campus Total	0	0	0
Violations Referred	ons Referred On-campus Residence Halls		N/A	N/A
for Disciplinary	Non-campus	0	0	0
Action	Public Property	0	0	0

Texas Tech University at DFW Campus

Violation	Location	2023	2024
	On-campus Total	0	0
Liquor Law	On-campus Student Housing	N/A	N/A
Arrests	Non-campus	0	0
	Public Property	0	0
Liquor Law	On-campus Total	0	0
Violations Referred	On-campus Student Housing	N/A	N/A
for Disciplinary	Non-campus	0	0
Action	Public Property	0	0
	On-campus Total	0	0
Drug Law Arrests	On-campus Student Housing	N/A	N/A
	Non-campus	0	0
	Public Property	0	0
Drug Law	On-campus Total	0	0
Violations Referred	On-campus Residence Halls	N/A	N/A
for Disciplinary	Non-campus	0	0
Action	Public Property	0	0

Texas Tech University at DFW was not open in 2022.

Texas Tech University at El Paso Campus

Violation	Location	2022	2023	2024
	On-campus Total	0	0	0
Liquor Law	On-campus Student Housing	N/A	N/A	N/A
Arrests	Non-campus	0	0	0
	Public Property	0	0	0
Liquor Law	On-campus Total	0	0	0
Violations Referred	On-campus Student Housing	N/A	N/A	N/A
for Disciplinary	Non-campus	0	0	0
Action	Public Property	0	0	0
	On-campus Total	0	5	0
Drug Law Arrests	On-campus Student Housing	N/A	N/A	N/A
	Non-campus	0	0	0
	Public Property	0	0	0
Drug Law	On-campus Total	0	0	0
Violations Referred On-campus Residence Halls		N/A	N/A	N/A
for Disciplinary	Non-campus	0	0	0
Action	Public Property	0	0	0

Texas Tech University at Highland Lakes Campus

Violation	Location	2022	2023	2024
	On-campus Total	0	0	0
Liquor Law	On-campus Student Housing	N/A	N/A	N/A
Arrests	Non-campus	0	0	0
	Public Property	0	0	0
Liquor Law	On-campus Total	0	0	0
Violations Referred	On-campus Student Housing	N/A	N/A	N/A
for Disciplinary	Non-campus	0	0	0
Action	Public Property	0	0	0
	On-campus Total	0	0	0
Drug Law Arrests	On-campus Student Housing	N/A	N/A	N/A
	Non-campus	0	0	0
	Public Property	0	0	0
Drug Law	On-campus Total	0	0	0
Violations Referred	olations Referred On-campus Residence Halls		N/A	N/A
for Disciplinary	Non-campus	0	0	0
Action	Public Property	0	0	0

TTU School of Veterinary Medicine Campus

Violation	Location	2022	2023	2024
	On-campus Total	0	0	0
Liquor Law	On-campus Student Housing	N/A	N/A	N/A
Arrests	Non-campus	0	0	0
	Public Property	0	0	0
Liquor Law	On-campus Total	0	0	0
Violations Referred	On-campus Student Housing	N/A	N/A	N/A
for Disciplinary	Non-campus	0	0	0
Action	Public Property	0	0	0
	On-campus Total	0	0	0
Drug Law Arrests	On-campus Student Housing	N/A	N/A	N/A
	Non-campus	0	0	0
	Public Property	0	0	0
Drug Law	On-campus Total	0	0	0
Violations Referred	ations Referred On-campus Residence Halls		N/A	N/A
for Disciplinary	Non-campus	0	0	0
Action	Public Property	0	0	0

Texas Tech University at Waco Campus

Violation	Location	2022	2023	2024
	On-campus Total	0	0	0
Liquor Law	On-campus Student Housing	N/A	N/A	N/A
Arrests	Non-campus	0	0	0
	Public Property	0	0	0
Liquor Law	On-campus Total	0	0	0
Violations Referred	On-campus Student Housing	N/A	N/A	N/A
for Disciplinary	Non-campus	0	0	0
Action	Public Property	0	0	0
	On-campus Total	0	0	0
Drug Law Arrests	On-campus Student Housing	N/A	N/A	N/A
	Non-campus	0	0	0
	Public Property	0	0	0
Drug Law	On-campus Total	0	0	0
Violations Referred	ns Referred On-campus Residence Halls		N/A	N/A
for Disciplinary	Non-campus	0	0	0
Action	Public Property	0	0	0

Employee drug and alcohol arrests and referrals

Drug and alcohol arrests and referrals from all campuses the Office of Equal Opportunity adjudicates employee-related reports and referrals and has reported that there were zero drug and alcohol referrals or arrests in the calendar years included in this Biennial Review.

Statistics from TTU Lubbock Campus AUDIT-C usage

AUDIT-C is a questionnaire filled out at a student's first visit and then annually to determine levels of alcohol consumption, as of January 1, 2025. (It may be administered at each visit if the appointment is regarding an alcohol consumption concern or at the discretion of the clinician at any time.) Prior to January 1, 2025, AUDIT-C was administered at every patient visit. Education is provided by the clinician regarding responsible alcohol consumption and counselors are available for further treatment

AUDIT-C screening was performed less in the 2024-2025 academic year due to an IT outage that occurred in the fall semester.

Date	Number of Students who completed AUDIT-C	Number of Students in Level	Corresponding Risk Level
August 2024- May 2025	3,155	2,492 (78.87%) 1,395 (41.22%) 56 (1.77%)	Low-Risk Range Medium-Risk Range Concerning Range
August 2023- May 2024	9,849	6,180 (62.74%) 1899 (19.28%) 141 (1.43%)	Low-Risk Range Medium-Risk Range Concerning Range

A total score of 4 or below (out of 12) suggests a lower risk of alcohol consumption.

A total score of 5 to 8 (out of 12) suggests medium or harmful alcohol consumption.

A total score of **9 or greater** (out of 12) indicates a concern of alcohol dependence.

Alcohol- and Drug-free Programming Available for Students

University Student Housing (Lubbock campus only)

University Student Housing (USH)'s mission is to empower students through innovation, service, and civility and its values include service, stewardship, innovation, inclusion, and collaboration. The student employees living within the residence halls provide various levels of programming to ensure the mission and values are portrayed to those students who reside oncampus.

During the 2023-2024 academic year, USH held 43 passive events that provided alcohol and other drug education to the students within the halls. With information formatted in ways to grab students' attention, such as "Stop!... and Listen...", "Concerning Baggage", and "How Much is Too Much?", they were able to get the information to 2,025 students. Twenty events including "Mafia, Mocktails & Mystery", "Casino Night", "Sip Smart and Stay Sharp", and "Anti-heroin Night" brought 1,249 together to learn about alcohol and drug safety. Events such as "UFC

Watch Night", "Suns Out, Guns Out" group workout, and "Winter Wonderland Dance" provided 247 students with an alcohol or drug-free alternative event on a Thursday, Friday or Saturday evening. The six late night events that were hosted all started or ended later than ten in the evening.

During the 2024-2025 academic year, USH held 40 passive events that provided alcohol and other drug education to the students within the halls. Campaigns such as "Life is a Highway: Don't Ride It Drunk", "A 'Shot' of Information", and "Think Before You Drink" were aimed at presenting information to 1,880 students. Thirty-two events focused primarily on alcohol and drug education and brought 1,349 students together. Some of the events included "Oh No, He Didn't!: Red Flag Jeopardy", "Root Beer and Alcohol Safety Trivia", and "Cookies Against Crack". The late-night events (events starting or ending after 10:00 pm and hosted on a Thursday, Friday or Saturday to provide an alternative alcohol and drug event) brough 136 students together. The seven events included various game nights, a haunted tour of the TTU campus and "Donuts Not Drugs".

Center for Students in Addiction Recovery (Lubbock campus only)

The Center for Students in Addiction Recovery (CSAR) believes in the power of education and the ability of students in addiction recovery to transform their lives. To facilitate success, the CSAR utilizes a comprehensive approach which includes financial, academic, and recovery support in a compassionate environment. Through dynamic connections, the CSAR fosters personal growth, academic achievement, and increased awareness through the interconnected community.

The following alcohol- and drug-free events were hosted during the Fall 2023-Spring 2024 and Fall 2024- Spring 2025 academic years.

Event	Total Attendance
Overdose Awareness Event	125
Recovery Tailgates	450
Sober Event for Carol of Lights	80
Association of Students about Service (ASAS) Conventions	526
Covenant Detox Presentation	103
Recovery Ally trainings	163
NARCAN training courses	112

Student Activities Board (Lubbock campus only)

The Student Activities Board (SAB) hosts alcohol- and drug-free events throughout the year, free for students with their TTU Student ID.

Late Night Movies

In collaboration with Student Union & Activities and Hospitality Services, the Student Activities Board (SAB) hosts a movie at 10:00 pm every Thursday and Friday during academic semesters. Students who attend the movie receive free popcorn and a drink.

Academic Year	Thursday Night Attendance	Friday Night Attendance	Total Attendance
Fall 2023-Spring 2024	1,417	1,473	2,890
Fall 2024-Spring 2025	1,393	1,792	3,185

National Collegiate Alcohol Awareness Week

Colleges and universities across the country sponsor programming, educational events, and social activities aimed at raising awareness of alcohol-related issues on collegiate campuses. The focus is to help students better understand alcohol abuse, impaired driving, and making healthier decisions surrounding alcohol.

Hosted annually in October, SAB collaborates with offices across campus to provide interactive activities centered around alcohol safety and education. In Fall 2023, their event Ok-Sober Fest was attended by 123 students and 60 students attended the Alcohol Awareness Week Kick-Off event in Fall 2024.

Texas Tech University Recreation Center (Lubbock campus only)

The TTU Recreation Center's goal is to enrich the lives of Red Raiders by building community through dynamic leadership, leisure, recreation, and wellness opportunities. As a leader in collegiate recreation, University Recreation ensures that their hours reflect the interests of the community who wish to live a healthy lifestyle, providing alternate options on Thursday and Friday evenings and during the day on Saturday.

Academic Year	Area	Thursday (4:00 pm-close)	Friday (4:00 pm-close)	Saturday (all day)
Fall 2023-Spring 2024	Indoor Aquatic Center	827	664	946
	Outdoor Leisure Pool	2,426	2,620	4,600
	Student Recreation Center	60,287	43,850	52,865
	Turf Complex	3,411	1,415	430
	Group X classes	2,943	861	78
	Intramural Sports	7,479	1,001	0
Fall 2024-Spring 2025	Indoor Aquatic Center	1,657	990	861
	Outdoor Leisure Pool	1,442	1,420	2,284
	Student Recreation Center	60,959	42,264	51,136
	Turf Complex	2,762	1,232	440
	Group X classes	3,674	1,055	65
	Intramural Sports	6,322	586	0

Texas Tech University Student Involvement

Students wishing to form, register, or reinstatement a university-recognized student organization at any campus must attend Risk Management trainings through the Office of Student Involvement. Risk Management sessions include best practices surrounding alcohol use. In the Fall 2023-Spring 2024 academic year, 1,060 students attended the Risk Management session and 1,122 students attended it in the Fall 2024-Spring 2025 academic year.

Texas Tech University Risk Intervention & Safety Education (RISE)

The Risk Intervention & Safety Education office (RISE) helps students live vital, meaningful lives through prevention education and holistic well-being strategies. Through hosting presentations, leading workshops, working resource tables, coaching students about their substance use and wellness using individualized harm reduction strategies, and providing resources, RISE plays a vital role at Texas Tech University in educating students about alcohol and drug usage.

RISE's alcohol and drug education presentations can be requested by any Texas Tech University campus and can be tailored to specific audiences.

The information below reflects the number of events hosted and the number of students who participated in RISE's events for the Fall 2022-Spring/Summer 2023 and Fall 2023-

Spring/Summer 2024 academic years. Around 90% of their events and presentations include alcohol and other drug education and prevention.

EVENT	FALL 2022	SPRING/ SUMMER 2023
Presentations & Workshops	55	33
Information & Resource Fairs	36	58
Large Scale Events	36	14
Social Media Events	15	17
Online Prevention Courses	4	4
Student Coaching Programs:	3	3
Raider Restart: Alcohol and Other Drugs Individual	50	24
Raider Restart: Alcohol and Other Drugs Group	46	59
Raider Recharge: Wellness Coaching	5	20
Healthy Relationships/Bystander Intervention	105	80
Total Events Hosted	355	312
Total Student/Faculty/Staff Participants	8,944	5,534

EVENT	FALL 2023	SPRING/ SUMMER 2024
Presentations & Workshops	46	26
Information & Resource Fairs	68	95
Large Scale Events	31	24
Social Media Events	70	64
Online Prevention Courses	4	4
Student Coaching Programs:	3	3
Raider Restart: Alcohol and Other Drugs Individual	27	140
Raider Restart: Alcohol and Other Drugs Group	60	6
Raider Recharge: Wellness Coaching	4	8
Healthy Relationships/Bystander Intervention	69	59
Total Events Hosted	382	429
Total Student/Faculty/Staff Participants	14,404	6,857

Policies for Students

Student Code of Conduct

The <u>Texas Tech University Student Handbook and Code of Student Conduct</u> outline behavioral standards developed by the university community for students and student organizations and the related procedures for addressing misconduct. The university may impose disciplinary charges against any student who violates the Texas Tech University Code of Student Conduct and/or local, state and federal laws concerning controlled substances.

The policies regarding the use and abuse of alcohol and drugs are listed in Part I, Section B.3 and B.4 of the *Student Code of Conduct* and state that Texas Tech University specifically prohibits:

- B.3. Unlawful or unauthorized possession, use, distribution, delivery, or sale of alcohol and/or public intoxication; or operating a vehicle while intoxicated or under the influence of alcohol.
- B.4. Possession, use, sharing, furnishing or distribution of illegal drugs, intoxicants, controlled substances and/or drug paraphernalia; including the distribution, use or possession of prescription medications contrary to a valid prescription; being under the influence of illegal drugs, intoxicants, and/or controlled substances.

University Student Housing Policies

Students residing in on-campus housing must follow the alcohol and drug policies outlined in the *Student Code of Conduct*. In addition, students may possess a maximum of two empty alcohol containers (i.e., beer bottle, wine, or champagne bottle) which must be cleaned and used for decoration only. Collections of alcohol-related containers are not permitted. Alcohol use for culinary purposes is still considered a violation of the alcoholic beverages and alcohol containers policies. Students over the age of 21 residing in West Village Building B may have alcohol in the apartment if all residents and guests are over the age of 21.

Texas Tech Department of Intercollegiate Athletics Drug Policy

Student-Athlete Expectations

All student-athletes acknowledge by signature to follow the Texas Tech Athletic Department Student-Athlete Expectations ("Student-Athlete Expectations") before they can participate in Athletics. This document states "the use of banned and/or illegal Drugs, including marijuana, and non-prescribed prescription medications, are prohibited at all times." Failure to follow the Student-Athlete Expectations can result in dismissal from the team by the Head Coach and loss/reduction of a scholarship.

Illegal "Drugs"

The use of *Drugs* made illegal by local, state or federal law or by University policy is strictly prohibited.

Pre-Participation Physical Drug Screen for New Athletes

All athletes new to Texas Tech (incoming freshmen and transfers) will be screened for Drugs as part of the pre-participation physical. Any positive results may be reviewed with the athlete, the head coach, Athletics Director, and sport supervisor. The athlete may be referred to counseling for a risk assessment.

Banned Substances List

All student-athletes are subject to Drug screenings to permit testing for any or all of the substances that appear on the NCAA list of banned Drugs. The current list is located on the NCAA website (2025-26 NCAA Banned Substances). The list is subject to change and the student-athlete shall be held accountable for all banned Drug classes on the current list.

Self-Referral- SAFE HARBOR

The Department encourages each student-athlete to seek help about concerns he or she may have regarding a potential substance abuse problem. Any student-athlete who has a concern about substance abuse may notify the Drug Testing Coordinator (Sr. Associate Athletics Director for Sports Medicine or designee) of such concerns and receive education, substance use monitoring, and a referral to counseling. The first such self-referral shall not constitute a failed Drug test, provided that the self-referral is made before notice of a pending Drug test. If a student-athlete notifies a staff member, the staff member must contact the Drug Testing Coordinator no less than 5 business days of such self-referral.

Frequency of Testing

Tests will be administered on a random basis and may or may not be announced in advance. Tests may be administered at any time throughout the year. The Director of Athletics and the Sr. Associate Athletics Director for Sports Medicine shall determine the number, timing and other procedures for testing.

Failure of the student-athlete to complete the consent form or submit to an immediate drug test once he/she has been notified will be considered an automatic positive test and all corresponding sanctions will apply. Additionally, the Head Coach may request a test for Drugs at any time. The frequency of these tests will be at the discretion of the Head Coach upon approval by the Athletics Director or his designee.

Marijuana Use

All student-athletes are expected to abstain from using marijuana for any reason as it is illegal and may severely affect academic and athletic performance.

A student-athlete who has a positive test for marijuana may be subject to any of the following consequences to be determined by the Head Coach and reviewed by the Athletics Director and/or Sport Administrator:

First and Second Positives – Possible Consequences

- Reduced playing or practice time
- Requirement to participate in campus or community recovery meetings or other educational offerings
- Requirement to do community service; commitment time; extra study hall time

• Loss of complimentary tickets

Beginning at 3rd positive and beyond to include any of the above plus:

- Suspension (temporary practice/game and team activities)
- Loss and/or reduction of scholarship
- Removal from team

Repeated positives may increase the number of consequences or increase the length of any suspension.

Any positive drug test for marijuana will be reported to the Head Coach, Athletics Director and Sport Supervisor. The Head Coach should consult with Sports Medicine if there is a concern regarding substance abuse and related mental and medical health concerns.

After five positive drug tests for marijuana, then a conference with the Head Coach, Sport Administrator, Sr. Associate AD/Sports Medicine, and Director of Clinical Psychology will be scheduled to review whether additional services are needed or if further participation will be allowed.

The purpose of this policy is to curb the use of marijuana by strengthening the ability of each sport to manage student-athletes who have a positive drug test for marijuana. This policy is intended to supplement and potentially be more stringent than the NCAA, Big 12 and University policy and would be in addition to any potential legal consequences.

Remedial Action and Penalties for Positive Drug Test Results (excluding marijuana)

Upon a student-athlete's first positive drug test:

- The Head Coach, Athletics Director, Sport Supervisor, Sport Team Physician and Compliance Office, will be notified (Notification of positive test results received after normal business hours will occur the first business day after the receipt of the positive result.) A parent or legal guardian may be notified at the discretion of TTU.
- After notification, the student-athlete will immediately be suspended from required team practice and competition.

At the discretion of the head coach, the student-athlete may be reinstated to practice and competition upon completion of the following:

- A. Meet with an assigned counselor to complete a standardized risk assessment.
- B. Submit to a follow-up drug test (as outlined under the Follow-up Testing and Monitoring subsection below); and have a zero level of substance in his/her body.

If the student-athlete has a second positive test result:

- The Head Coach, Athletics Director, Sport Supervisor, Sport Team Physician and Compliance Office, will be notified (Notification of positive test results received after normal business hours will occur the first business day after the receipt of the positive result.) A parent or legal guardian may be notified at the discretion of TTU.
- After notification, the student-athlete will immediately be suspended from required team practice and competition.

The Head Coach may at his/her discretion, seek the reinstatement of the student-athlete to his/her team, but any such reinstatement requires written prior approval by the Athletics Director and only after completion of the above criteria (A-B).

If the student-athlete has a third or any subsequent positive test result:

- The Head Coach, Athletics Director, Sport Supervisor, Sport Team Physician and Compliance Office, will be notified (Notification of positive test results received after normal business hours will occur the first business day after the receipt of the positive result.) A parent or legal guardian may be notified at the discretion of TTU.
- After notification, the student-athlete will immediately be suspended from required team practice and competition.

The Head Coach may at his/her discretion, seek the reinstatement of the student-athlete to his/her team, but any such reinstatement requires written prior approval by both the Athletics Director and a written majority determination by a subcommittee of the Athletics Council, and only after completion of the above criteria (A-B).

The Athletics Council Subcommittee will consist of 3 members of the Athletics Council appointed by the Chair of the Athletics Council.

Follow up Testing and Monitoring

Once a student athlete has tested positive for *Drugs* (excluding marijuana), he or she will be tested weekly to monitor levels. The student-athlete will remain suspended until his/her levels reach zero. Any increase in the level may be considered reuse and result in continued suspension. Determination of reuse will be made in consultation with the lab and the team physician. Once the student athlete's level has reached zero, the frequency of testing will be determined by the Drug Testing Coordinator with consultation from the counselor and any further positives will constitute an additional positive.

Policies for Employees

<u>Texas Tech University System Regulation 07.07: Employee Conduct, Coaching, Corrective Action, and Termination</u>

General employee conduct states that all employees are expected to understand and conduct themselves in accordance with the performance criteria for their particular job and with all rules, procedures, and standards of conduct established by the System, University, and the Employee's department or unit. An Employee who does not fulfill the responsibilities set out by such performance criteria, rules, procedures, and standards of conduct, or who violates the standards established in this regulation, may be subject to coaching, corrective action, and/or termination. Misconduct, specifically listed in TTUS 07.07, includes 'being unfit for duty, including being under the influence of drugs or alcohol, or refusing to submit to a drug or alcohol test'.

Texas Tech University Operating Policy and Procedure 32.04: Conduct of University Faculty

Each faculty, staff, and/or student employee is required to notify the university of any criminal drug conviction no later than five days after such a conviction. *In accordance with Section 03.02.2, *Regents' Rules*.

<u>Texas Tech University Operating Policy and Procedure 34.26: Faculty-Led Study Abroad Programs</u>

In accordance with Texas Tech policy, TTU funds may not be used to purchase alcohol. Faculty and students of legal age in the study abroad location may purchase and consume alcohol with their own funds. Faculty may not purchase alcohol for students.

<u>Texas Tech University Operating Policy and Procedure 70.35: Drug and Alcohol Testing for Safety- and Security- Sensitive Positions</u>

The purpose of this Operating Policy/Procedure (OP) is to establish programs designed to help prevent accidents and injuries resulting from the misuse of alcohol or the use of controlled substances by applicants for and employees in security-sensitive positions and drivers of commercial motor vehicles. It is also the intent of this OP to comply with the Federal Highway Administration (FHWA) and the Department of Transportation (DOT) regulations requiring drug and alcohol testing for employees in safety-sensitive functions.

Available Resources

The following resources are available to all students and TTU employees within the United States. For those at the Costa Rica campus, please contact Adrianne Pacheco Payne (Director of Student Life & Chief Compliance Officer at adriapac@ttu.edu) to determine if a Lubbock campus or Costa Rica campus resource is the best avenue for assistance.

Students

- o **Risk Intervention & Safety Education (RISE)** | Drane Hall 247, Lubbock, TX | 806-742-2110
 - Provides a wide range of alcohol and drug education initiatives, including interactive workshops, one-on-one wellness coaching, substance-free campus events, and administration of the required prevention education course for all incoming first-year and transfer students. In addition to the mandatory online course, students have access to specialized support programs such as:
- Raider Restart for Alcohol and Raider Restart for Cannabis Use Individual coaching sessions focused on harm-reduction strategies and healthier decisionmaking.
- o **BASICS for Alcohol** Evidence-based sessions available to any student seeking to reduce the negative impacts of alcohol use.
- o Student Health Services | 1003 Flint Ave., Lubbock, TX | 806-743-2848
 - Located in the Student Wellness Center
- AUDIT-C: Questionnaire filled out at a student's first visit and then annually to
 determine levels of alcohol consumption. (May be administered at each visit if the
 appointment is regarding an alcohol consumption concern or at the discretion of
 the clinician at any time.)
 - Education is provided by the clinician regarding responsible alcohol consumption
 - Counselors are available for further treatment
- Student Counseling Center | 1003 Flint Ave. Rm. 201, Lubbock, TX | 806-742-3674
 - Located in the Student Wellness Center
 - Individual and group counseling
 - In-person alcohol assessments provided
- The Center for Students in Addiction Recovery | 1301 Akron Ave, Lubbock, TX | 806-742-2891
 - Program that assists students to flourish in recovery through accountability and support
 - Recovery Residence Options
 - Hosts daily 12- step Recovery-support meetings
 - Celebration of Recovery every Thursday at 7:00 pm when the university is open. Open to the Lubbock community
 - Weekly seminars for students in the Collegiate Recovery Community

- Sober Tailgates
- Student organizations to support and engage in Recovery enhancement through service
- Annual Conference of Addiction, Recovery, and Families
- O University Recreation | 3219 Main St., Lubbock, TX | 806-742-3351
 - Robert H. Ewalt Student Recreation Center has a diverse line-up of engaging programs and services which promote a healthy lifestyle
- o **Student Involvement** | 1502 Akron Ave. Ste. 203, Lubbock TX | 806-742-5433
 - Provides annual required Risk Management training surrounding alcohol and drugs and how to implement best practices when alcohol is present at an event
 - Educates on Texas Tech policies and procedures surrounding alcohol and drugs

o Texas Tech Department of Intercollegiate Athletics Drug Policy & Program

- As a condition of participation in intercollegiate athletics at Texas Tech, all student-athletes are required to agree, in writing, to comply with the drug policy and the consequences of any positive drug tests.
- The basic goal of the drug program is education and to deter the use of drugs. However, education and assistance with potential substance use concerns are key components of the program.
- Education is provided annually on the negative effects of drugs and alcohol on academics and athletics.

Employees

- o The Texas Employees Group Benefits Program (GPB)
 - The insurance program administered by the Employees Retirement Systems of Texas (ERS). ERS administers benefits for Texas Tech employees and retirees. Coverage for substance abuse can be found on page 87 of the Master Benefit Plan Document.
- o Employee Assistance Program (EAP) | 806-743-1327 or 800-327-0328
 - Can provide substance use and abuse counseling, referrals, recovery support, and reentry counseling at the Tech University Health Sciences Center, 1A300 HSC building
 - Counseling services are private and confidential, and records are separate and not part of an employee's personnel file. Information is not released to the employer or supervisor. Confidentiality is regulated by federal guidelines.
 - More information can be found by contacting the EAP directly or through TTU OP 70.33.
- o The Counseling Center at TTUHSC | 806-743-1327 or 800-327-0328
 - Can file insurance (for Texas Tech University System employees and their dependents), or accepts self-pay, if and when there is a need for sessions beyond the eight of the current EAP benefit
- HealthSelect Mental Health Virtual Visits

Employees who participate in HealthSelect can consult a licensed mental health professional any day of the week online. A mental health virtual visit is similar to an outpatient visit to a mental health provider's office, but the visit is conducted online. Licensed mental health professionals can provide treatment for anxiety, depression, insomnia, substance abuse, anger management, and addiction.

O HealthSelect Care Management Program

- The HealthSelect Care Management Program is a team of dedicated clinicians who take a holistic approach to address all your health concerns and questions rather than trying to treat one condition that may be occurring today. Dedicated mental health clinicians are available for concerns including substance abuse issues.
- If you have questions for a clinician about a physical or mental health concern or condition, call BCBSTX toll-free at (800) 252-8039 (TTY:711) between 7 a.m. and 7:00 p.m. CT, Monday through Friday, and between 7:00 am and 3:00 pm CT on Saturday to speak with a clinician.
- You can get help with a mental health or substance use issue 24 hours a
 day, seven days a week. If you or your covered dependents are in a crisis,
 call (800) 252-8039 (TTY:711).
- The Care Management Program also identifies participants that may benefit from extra support and may reach out to you.

Community Resources

- o Alcoholics Anonymous | 806-799-0124
- o **National Substance Abuse Hotline** | 866-210-1303 (hotline for substance misuse and drug addiction)
- Narcotics Anonymous | 818-773-9999 x771
 - 12-step meetings for people struggling with addiction. Local meetings available.
- o Aspire Addiction Recovery Centers | 888-502-3631
 - Inpatient and outpatient treatment programs for alcohol and drug addiction.
- Stages of Recovery | 806-412-4721
 - Provides clients with multilayered addiction treatment plans that support lasting sobriety and personal growth.
- **The Ranch at Dove Tree** | 866-568-5661
 - Specializes in alcohol and drug addiction with co-occurring issues such as depression, anxiety, disordered eating, and trauma.
 - One of the nation's leaders in alcohol and drug addiction treatment facilities
- o Grace Manor | 806-897-9735
 - Alcohol and drug rehabilitation center that provides residential treatment to adults seeking recovery from addiction.
- o SUSAN (Substance Use Service Assistance Network) | 806-775-3860

- Provides financial assistance for treatment/detox, transportation (medical), medical services, personal hygiene, educational employment needs, sober housing, as well as assistance in harm reduction via syringe cleaning kits, Naloxone, condoms/lubricant, and wound/first aid kits.
- o **DB Education** | 806-793-4522
 - State certified alcohol education classes for MIP, MIC, PI (Proportional Integrator), DUI Minor, and DWI offenses.