

# munch



# munch (v.)

## Teach the Word

- 1 Say the word. Ask children to repeat it.
- 2 Explain the meaning. *When you **munch** food, you chew it loudly and completely.*
- 3 Talk about examples.

**Use the Image** *After school, Claire likes to **munch** on fresh vegetables.*

**Act It Out** Move your jaws, as if chewing.  
*I **munch** a crunchy apple.*

bellowed



# bel·lowed (v.)

## Teach the Word

- 1 Say the word. Ask children to repeat it.
- 2 Explain the meaning. *If you **bellowed**, you shouted in a loud, deep voice.*
- 3 Talk about examples.

Use the Image *The elk **bellowed** to communicate with other elks.*

Make a Connection Contrast volume.  
*When I **bellowed**, I was loud!*



rough



# rough (adj.)

## Teach the Word

- 1 Say the word. Ask children to repeat it.
- 2 Explain the meaning. *When you do something in a **rough** way, you are not being gentle.*
- 3 Talk about examples.

**Use the Image** *Sometimes the puppies play too **rough**.*

**Use a Prop** Demonstrate rough treatment of a book. *I should not be **rough** with a book, or I might ruin it.*

# handle



# han·dle (v.)

## Teach the Word

- 1 Say the word. Ask children to repeat it.
- 2 Explain the meaning. *When you cannot **handle** something, you are not able to deal with it.*
- 3 Talk about examples.

**Use the Image** *Andrew is able to **handle** many activities in one day.*

**Make a Connection** Relate to children's lives. *When something is too difficult to **handle** at school, seek help from a teacher.*



cool



# cool (v.)

## Teach the Word

- 1 Say the word. Ask children to repeat it.
- 2 Explain the meaning. *To **cool** how you feel means to calm down.*
- 3 Talk about examples.

**Use the Image** *Listening to music is one way to **cool** down and feel calm.*

**Act It Out** Show children one way to cool down. *I count to ten to **cool** down when I am upset.*

# bounce



# bounce (v.)

## Teach the Word

- 1 Say the word. Ask children to repeat it.
- 2 Explain the meaning. *When you **bounce**, you move up and down.*
- 3 Talk about examples.

*Use the Image My friends and I like to **bounce** in a **bounce** house.*

*Use a Prop Bounce a ball. **This ball can bounce easily.***



grinned



# grinned (v.)

## Teach the Word

- 1 Say the word. Ask children to repeat it.
- 2 Explain the meaning. *If you **grinned**, you smiled a wide smile.*
- 3 Talk about examples.

Use the Image *Emma **grinned** at the camera.*

Act It Out Smile broadly. *I **grinned** when I saw you all listening politely.*

# might



# might (n.)

## Teach the Word

- 1 Say the word. Ask children to repeat it.
- 2 Explain the meaning. *Doing something with all your **might** is using all your power.*
- 3 Talk about examples.

**Use the Image** *She kicked the ball with all her **might**.*

**Act It Out** Pretend to lift something heavy.  
*It takes all my **might** to lift this.*