

KSM PFW Courses

- PFW 1111 Aerobics
- PFW 1112 Diet & Exercise
- PFW 1113 Golf
- PFW 1114 Jogging
- PFW 1117 Walking
- PFW 1118 Weight Training
- PFW 1119 Yoga
- PFW 1123 Racquetball
- PFW 1125 Tennis
- PFW 1127 Bowling
- PFW 1130 Basketball
- PFW 1132 Soccer
- PFW 1133 Softball
- PFW 1134 Volleyball
- PFW 1141 Scuba
- PFW 1142 Beginning Swimming