

INTERNSHIP SITE LIST

Cardiac/Pulmonary Rehabilitation

LifeStyle Centre – Covenant Medical Center
3615 19th St., Lubbock, TX 79408
806-725-4386

University Medical Center Cardiac Rehab **Must complete application on UMC website
Medical Office Plaza- 3502 9th St., Suite 410
Zeke Nino, Internship Coordinator
(806) 775-8950

Commercial Fitness Centers / Sports Clubs

TRUFIT Family Center
5105 82nd St., Lubbock, TX

TRUFIT Sport
5921 W. 34th & Loop 289
799-4040

Freedom Fitness
4124 19th St., Lubbock, TX 79407
General Manager - 797-7867

TRUFIT
5402 4th St.& Slide, Lubbock, TX
(806) 687-4242
aabraham@clubtrufit.com

Premier Sportsplex
9000 Memphis , Lubbock, TX 79423
Owner, Curry Blackwell or Fitness Director – (806) 771-4263

The Falls Tennis & Athletic Club
4705 112th St. Lubbock, TX 79424
Manager-Marti Watts-806-686-6080 or 806-441-6035

Orange Theory Fitness
5214 98th #300
Lubbock, TX (806) 749-1200

Corporate Fitness / Wellness Programs

Physical Therapy Today – Wellness Today
Physical Therapy Today Exercise Center
2431 S. Loop 289 Lubbock, TX

United Supermarkets
7830 Orlando Ave., Lubbock, TX 79423
Wellness Mgr.

Carillon Health Care Center
1717 Norfolk Lubbock, TX 79416
Fitness Director- 281-6158

Miscellaneous Fitness Programs/Centers

Healthy Lubbock Initiative
Garrison Institute on Aging
6630 S. Quaker, Ste E, Lubbock, TX

TTU Student Recreation Center
Fit/Well Department

YWCA
3101 35th St., Lubbock, TX 79413
Fitness Director - (806) 792-2723

CrossFit Paladin
www.CrossFitPaladin.com
CrossFit Level 3
CrossFit Olympic Lifting

Occupational Therapy/Medicine

UMC Physical Network Services- Occupational Medicine
5219 City Bank Pkwy, Ste. 160, Lubbock, TX 79407

Transitional Learning Center (TLC) (Traumatic brain injury)

Crown Point (Skilled Nursing facility)

Covenant Neuroscience Center

TrustPoint Hospital

Physical Therapy/Rehab / Sports Medicine Centers

Cornerstone Physical Medicine & Rehabilitation
4010 82nd St., Ste. 130 Lubbock, TX - (806) 783-8234

Owens-White Outpatient Rehab Center/ Covenant Sports Medicine
4010 22nd St, Lubbock, TX 725-5627

Physical Therapy Today Exercise Center
2431 S. Loop 289 Lubbock, TX - Jeff Powell – 771-8010

Physical Therapy Today
4138 19th Street, Lubbock, TX
Mike McKaskle- 780-2329

Lubbock Sports Rehab (TXL Sports Training)
6206 Norwich Ave. Lubbock, TX (806) 792-7200

University Medical Center – Team Rehab

- Team Rehab & Sports Medicine -4642 N. Loop 289 Suite 205, Lubbock, TX 79416
- * Team Rehab at Zach’s (2 locations)
 - 1) 4229 78th, Lubbock, TX (806) 775-9279
 - 2) 7105 Kewanee, Lubbock, TX (806) 775-9275

South Plains Rehab Hospital of UMC and Encompass Health- 5406 Colgate Street, Lubbock Texas 79416

Strength & Conditioning / Sports Training

Athletic Training Center, Texas Tech University

TXL (formerly D1) Sports Training
6206 Norwich Ave.
Lubbock, TX (806)702-8978

Texas Tech Men’s Basketball
Strength Coach, 392-5774

Volunteer Organizations

American Cancer Society
3411 73rd St., Lubbock, TX 79423 792-7126

American Diabetes Association
8008 Slide Rd., Lubbock, TX 79424 794-0691

American Heart Association
2514 82nd St. – Suite B Lubbock, TX 79423

Misc.

The Ranch at Dove Tree in collaboration with the Center for the Study of Addiction and Recovery at Texas Tech University- 1406 CR 5800, Lubbock, TX 79403; PH (806) 746-6777; FAX (806) 746-6770
Chris Carrillo, B.S., CPT, CSN, Health & Wellness Director