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# US Center for Mental Health & Sport

# **Internship Opportunities**

# **About The US Center for Mental Health & Sport**

We are looking for motivated interns to help us grow a one year old National Not-for-Profit Sport Organization that seeks to provide administrators, coaches, parents and athletes with resources they need to learn how to create a mental health supporting environment. We provide Mental Health Awareness Training so that our members can not only recognize signs and symptoms of mental disorders but are also be well-equipped to provide a sporting environment in which all participants can thrive, and appropriate support can be provided.

We work in various capacities with a number of National Sport Governing Bodies to educate their coaches, parents, athletes and administrators in the importance of providing mentally healthy environments in sport.

### The Internship Opportunities (Fall, Spring and Summer)

The US Center for Mental Health & Sport is seeking various majors to support our growing National not-for-profit organization that seeks to bring mental health awareness and training to sport environments. The interns will get a GREAT, HANDS-ON experience with a National Sport supporting organization.

These are UNPAID/Stipend based virtual internships, but we do have the ability to provide some flexibility in work scheduling.

# Positions we are seeking:

- 1. Marketing & Sport Content Development Intern
  - a. This candidate should understand sport marketing landscapes as well as be able to create content, monthly newsletters, maintain partner relationships and work with program and community partners and have a basic understanding of sponsorship contracts and obligations.

## 2. Social & Graphic Media Intern

a. This candidate should have a sound understanding of various social media platforms, be able to generate brand appropriate content and maintain consistent messaging with an understanding of the political and social environments that the US Center for Mental Health & Sport serves. An ideal candidate will also be able to generate various graphic/photographic/video content and provide examples of their work in the interview.

# 3. Counseling Development Program Intern

a. This Candidate will help grow the virtual Mental Health and Sport Counseling virtual program. You will not need to be a counselor yourself but rather be able to reach out to grow our counseling partners, engage with USC-MHS clients and connect/facilitate engagement opportunities in an integrated way between clients and counselors.

### **Requirements:**

- 1. Must be organized, team oriented, self-starting, vigorous, outgoing, and innovative
- 2. Must be flexible and excited to work within a growing, self-motivated environment
- 3. Must have a basic understanding of mental health and/or the sport landscape in the USA
- 4. Must be able to work under pressure, meet tight deadlines and produce National quality work
- 5. Must approach all work with professionalism and honor commitments to the internship
- 6. Able to make a staff meeting once per week and a cohort meeting once per week.

### **How to Apply**

Interested applicants should send their resume, a cover letter, and examples of their relevant work (marketing content, media/graphic content, sponsorship ask documents etc.) along with a proposed timeline for their internship to: <a href="mailto:skye@mentalhealthandsport.org">skye@mentalhealthandsport.org</a>