



TEXAS TECH UNIVERSITY

Department of Kinesiology
& Sport Management

Health Minor Degree Plan

Catalog Year: 2022

Total required hours: 18

Name: _____ R# _____

E-mail: _____

Required Courses:

- **HLTH 2307:** Understanding Death & Dying (**Spring**)
- **HLTH 3311:** Communicable and Chronic Diseases (**Fall, Summer**)
- **HTLH 4313:** Mental Health (**Fall, Spring**)
- **HTLH 4344:** Managing Stress (**Fall**)
- **KIN 3308:** Science of a Healthy Lifestyle

PLUS, choose one of the following electives:

- **HLTH 2302:** Environmental Health and Awareness (**Spring**)
- **HLTH 3301:** Epidemiology (**Spring**)
- **HLTH 3312:** Health Considerations of Special Populations (**Summer**)
- **HLTH 4308:** Introduction to Biostatistics (**Summer**)

Minor Advisor: *Miranda Ortiz* Date: _____