

Aaron Michael Arreola

PT, MPT, ATC/L, PES, COMT

Department of Kinesiology and Sport Management

Room 147

Texas Tech University

Lubbock, TX 79409

(806 742-3371

E-mail: aaron.arreola@ttu.edu

EDUCATIONAL BACKGROUND

- 2015-present Doctor of Science in Physical Therapy(ScD)
Texas Tech University Health Sciences Center- Lubbock, TX
- 2004-2007 Master of Physical Therapy
Texas Tech University Health Sciences Center- Lubbock, TX
- 1999-2003 Bachelor of Arts in Kinesiology with Athletic Training Emphasis
St. Edward's University- Austin, TX

ACADEMIA EXPERIENCE

- 2016- Instructor, Department of Kinesiology and Sport Management- Texas Tech University
Lubbock, TX
 - θ KINE 3346-Anatomical Kinesiology
 - θ KINE 4301-Intro to Biomechanics
- 2011-2015 Adjunct Professor, Chandler-Gilbert Community College
Gilbert, AZ
 - θ BIO 160- Intro to Anatomy and Physiology
 - θ BIO 201- Anatomy and Physiology I

HEALTH PROFESSIONAL EXPERIENCE

- 2011-2016 Physiotherapy Associates, Tempe Sport Clinic
Tempe, AZ 85224
 - (2013-2016)- PT Coordinator for Arizona State University Athletics
 - θ Orthopedic/Sports Medicine for all sports
 - θ Assistance with home Football Games
 - θ Fusionetics Program-Functional movement screens
 - θ Aquatic/vestibular rehabilitation
 - (2011-2013)- Chandler Sport Clinic-Staff Physical Therapist/Athletic Trainer
Chandler, AZ 85204
 - (2011-2016) Pre-Season Physicals for Anaheim Angels, MLB
-Outreach program of Physiotherapy Associates
 - θ Full Musculoskeletal Orthopedic Screens
- 2008-2011 Kempton & Nelson Physical Therapy
Mesa, AZ 85206
 - Clinic Director
 - Lead Physical Therapist/Athletic Trainer
- 2008 -2010 Ford Ironman Arizona; Tempe, AZ
 - Medical Staff- Affiliated with Onsite Sports Medicine

2008 Mesa Community College

θ Volunteered athletic trainer services in training room and on-field practice coverage during football season

2007 Physiotherapy Associates, Mesa Sport Clinic

Mesa, AZ 85213

-Staff Physical Therapist/Athletic Trainer

2005-2007 Covenant Health System, Owens-White Rehabilitation Center

Lubbock, TX 79408

-Athletic Trainer-Hale Center High School

PROFESSIONAL ACCOLADES

2013 Physiotherapy Associates-Clinician of the Quarter: Southwest Region, 1st Quarter

2012-15 Physiotherapy Associates- Most Valuable Performer awards

2015 & 2016 Appreciation Award for Clinical Instructors- A.T. Still University, PT program

CREDENTIALS

TX Board Licensed Physical Therapist

AZ Board Licensed Physical Therapist, #7708

NATABOC Certified Athletic Trainer, Certification #090502014

Licensed Athletic Trainer- Arizona, #1258

Licensed Athletic Trainer- Texas, #AT3432(expired, seeking re-instatement)

COMT- Certified Orthopedic Manual Therapist: IAOM-US

Performance Enhancement Specialist (PES)- NASM

CPR- MEDIC First Aid Provider

PROFESSIONAL MEMBERSHIPS AND ORGANIZATIONS

2013-current IAOM-US, Evolved Member

2014-current Adjunct Faculty Assoc. of the Maricopa County Community College District