

**AUSTIN AREA NONPROFITS OFFERING
LOW COST OR SLIDING SCALE COUNSELING**

<u>Agency</u> phone, address	<u>Website</u>	<u>Fee</u> <u>Information</u>	<u>Population</u> <u>Served</u>
Austin Child Guidance Center 512.451.2242 810 W. 45 th St. Austin 78751	www.austinchildguidance.org	sliding scale	children & their parents
Austin Community College	www.austincc.edu/support/advising/counseling/index.php		current students
Austin Family Institute 512.329.6611 4201 Bee Cave Rd., Suite C213 Austin 78746	www.austinfamilyinstitute.org	sliding scale	individual, couples, & families
Capital Area Counseling (formerly Capital Area Mental Health) 512.302.1000 2824 Real St. Austin 78722	www.camhc.org	fees b/t \$10 - \$50 based on income & household size	adults & children
Diocese of Austin Pastoral Center 512.949.2494 6225 Hwy. 290 East Austin 78723	www.austindiocese.org	sliding scale	children, teens, adults; marriage & family counseling

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Lifeworks 512.735.2400 several locations	www.lifeworksaustin.org	sliding scale	youth & their families
New Life Institute Counseling Center 512.469.9447 607 Rathervue Place Austin 78705	www.newlifetexas.org	sliding scale	individual, couples, & families
SafePlace 512.267.SAFE (267.7233)	www.safeplace.org	free	survivors of domestic violence & sexual assault
St. Edward's University Health & Counseling Center 512.448.8538	www.stedwards.edu/counsel/services.htm		current students
Samaritan Center for Counseling & Pastoral Care 512.451.7337 8956 Research Blvd. Austin 78758 & locations in Round Rock, Georgetown, & San Marcos <i>includes program: Hope for Heroes</i>	www.samaritan-center.org	sliding scale sliding scale	individual, couples, & families for service members, current or previous, & their families
SIMS Foundation 512.494.1007 various locations	www.simsfoundation.org	sliding scale	professional musicians

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Tejas Family Guidance Center 1000 Westbank Dr., Suite 5-A 200 Austin 78746	www.tejasfamilyguidancecenter.org	sliding scale	children, families, adults
University of Texas Counseling & Mental Health Center 512.471.3515	www.cmhc.utexas.edu	\$5	current students
University of Texas Employee Assistance Program (EAP) 512.471.3366		free 6 sessions	U.T. faculty & staff
Waterloo Counseling Center 512.444.9922 314 E. Highland Mall Blvd., Suite 301 Austin 78752	www.waterloocounseling.org	sliding scale	LGBT
YWCA Counseling & Referral Center 512.326.1222 2015 S. IH35, Suite 110, Austin 78741	www.ywca.org/site/pp.asp?c=9oIILUOtGIF&b=374549	sliding scale, \$5 & up	women and their families

OTHER RESOURCES

Counseling/Therapy for Seniors/Elders

Most seniors are covered by Medicare Part B which pays 50% of the allowable fee charged by the counselor; counselors who are Medicare eligible are either Social Workers or Psychologists. Many seniors also have secondary coverage to complement Medicare, which pays most of the copay; thus making your out of pocket cost zero or close to it. Low income seniors and disabled persons will use Medicaid as a primary and/or secondary payer source. To find a provider online: go to www.medicare.gov. Click on “Facilities & Doctors;” then click on “Find a Doctor.” Under “Type,” click “Other Healthcare Professional,” then select either “Social Work” or “Psychology-Clinical.” You can search both. You can narrow your search to: varying distances from your home; gender (of counselor); & language spoken.

Alcoholics Anonymous Hill Country Intergroup (Austin groups information) 512.444.0071	www.aa.org www.austinaa.org	free	support for alcoholics
Al-Anon Austin 512.441.8591	al-anon.alateen.org www.austinalanon.org	free	support for families & friends of alcoholics
Austin Crisis Hotline	512.472.HELP (512.472.4357)		
Psychiatric Emergency Services (PES) 56 East Avenue Austin 78701	512.472.HELP (472.4357)		Walk-in psychiatric emergency clinic open 24/7
National Suicide Prevention Lifeline	www.suicidepreventionlifeline.org		1.800.273.TALK (1.800.273.8255)