IGNITE! Session Descriptions

**Allyship is Not an Identity; It's a Practice!**: This offering will focus on foundational information relevant to the LGBTQIA community with an emphasis on cultural competence, structural competence, and methods for putting Allyship into practice. This is the primary session offered within the IGNITE! program.

**Navigating Authenticity & Career Preparation**: Are you preparing to enter the workforce with a desire to learn how to succeed in an interview? How can employers be accepting of LGBTQIA-identified interviewees? This session will help participants in the development of skills to navigate the workforce as LGBTQIA individuals along with common experiences that they experience.

**Faculty & Staff Panel: Allyship as a Practice**: Faculty and staff are extraordinarily impactful in determining the campus climate and state of inclusion at the university. This facilitated session will feature faculty and staff from a wide array of departments and colleges as they share their experiences with navigating the university for the empowerment of LGBTQIA people at Texas Tech.

**Living Authentically: Promising Allyship for Transgender & Gender non-Conforming Individuals**: Practicing Allyship to LGBTQIA people has many positive impacts on the well-being and inclusion of the community. This session will focus specifically on the practice of Allyship to transgender and gender non-conforming individuals by supporting them in being their authentic selves. Participants will learn the distinction of gender expression, gender identity, and biological sex.

**Home for the Summer: Strategies, Resources, & Support**: This session will focus on the strategies that have been proven effective in navigating unaccepting environments when LGBTQIA students return home. An emphasis will be placed on the necessity for supportive Allies in times of need. This session is co-presented with the Student Counseling Center.