



SCHOOL OF MUSIC

TEXAS TECH

J.T. & Margaret Talkington College of Visual & Performing Arts

PIANO PEDAGOGY DMA LECTURE RECITAL

Hanwen Yan, piano

Monday, March 23rd, 2026 | 8:00 pm

The Kent R. Hance Chapel

Teaching Body-Aware Piano Technique to Children

I. Introduction

II. Literature Review

III. Kinesthetic Vocabulary Training for Children

IV. Developmental Approach to Body-Aware Technical Training for
Young Pianists

V. Conclusion

This lecture explores how body awareness can be systematically integrated into early piano instruction. Drawing from research in pedagogy, motor learning, and Body Mapping principles, it proposes a developmentally informed approach to teaching piano technique to children. By establishing clear kinesthetic vocabulary and accurate body maps at the primary level, young students can develop efficient coordination, prevent unnecessary tension, and build a sustainable technical foundation that supports long-term musical growth.

This recital is presented in partial fulfillment of the requirements
for the Doctor of Musical Arts degree.

Hanwen Yan is a student of Professor Carla Cash.

Upcoming Events

Tech Folk Orchestra

8:00 PM, Monday, March 30th
Hemmle Recital Hall

Chamber Ensembles Recital

8:00 PM, Wednesday, April 1st
Hemmle Recital Hall

Thierry Barbé Guest Artist Double Bass Recital

8:00 PM, Wednesday, April 8th
Hemmle Recital Hall