OSHER LIFELONG LEARNING INSTITUTE

Hill Country

Fredericksburg • Junction • Marble Falls

Fall 2016
Welcome to the Osher Lifelong Learning Institute at Texas Tech University!

At Texas Tech University, we aspire to provide students an experience that is transformative, one that promotes intellectual curiosity, and promotes lifelong learning.

The Osher Lifelong Learning Institute at Texas Tech University embodies these attributes. It offers unique opportunities for local citizens of more than 50 years of age who have a common interest in continuing their learning experiences and intellectual stimulation in an organization of like-minded people who value the joy of learning.

Many individuals have taken advantage of the offerings afforded through this exciting program. Courses are developed by peers with the goal of providing a high quality learning experience accessible to all. In addition, OLLI membership provides an opportunity for social interaction and new friendships with members who bring a lifetime of personal and professional experience to class.

I welcome and encourage your participation in this program that will provide opportunities to grow intellectually and socially.

Sincerely,

Lawrence Schovance, Ph.D.
President.

The Osher Foundation

The Bernard Osher Foundation, headquartered in San Francisco, was founded in 1977 by Bernard and Barbro Osher, a respected businessman and community leader. The Foundation seeks to improve quality of life through support for higher education and the arts. Mr. Osher is a community-oriented businessman whose philanthropy created Osher Lifelong Learning Institutes (OLLI) across the country. Our OLLI is in a network of 119 lifelong learning programs on university and college campuses across the country, with at least one grantees in each of the 50 states and the District of Columbia. OLLI owes its existence to Bernard and Barbro Osher, whose vision and continuing moral and financial support of lifelong learning is unprecedented and unparalleled. We are very fortunate and proud to have an OLLI at Texas Tech University.

Our Mission

The mission of Osher Lifelong Learning Institute (OLLI) at Texas Tech University is to provide enjoyable and stimulating non-credit learning and cultural opportunities for its members.

What is Osher Lifelong Learning Institute (OLLI)?

OLLI began as a continuing education program at Texas Tech University in 2002-2003 as Texas Tech Lifelong Learning. In 2008, endowment support was received from the Bernard Osher Foundation. In recognition of its affiliation with the Osher Foundation and as one of 117 such institutes nationwide, Texas Tech Lifelong Learning was re-named Osher Lifelong Learning Institute (OLLI) at Texas Tech University. We are self-sustaining, supported through membership dues, class fees, an endowment from the Bernard Osher Foundation, donations and in-kind support from Texas Tech University. No tests, no grades, no research papers – Just intellectual stimulation.

What are the requirements to join?

Everyone age 50 and older may join. The only prerequisite is a desire to learn.

What does membership cost?

Membership is $30 per person, valid from September to July, and does not include cost of individual courses.

Who teaches OLLI classes?

Most of our classes are taught by distinguished professors, both active and retired. Other instructors are experts in their fields, university doctoral students or OLLI members. There is one common denominator: they teach because they enjoy education and OLLI students.

How do I sign up?

Below are the methods to register for memberships, classes and other events:

- Get a 3% discount if you pay online! Using a credit card, register online through our website www.olli.ttu.edu. We accept VISA, MasterCard, and Discover.
- Memberships or classes with food, transportation or supplies are not eligible for the discount.
- Mail registration form in catalog or printed from OLLI website www.olli.ttu.edu to a check to OLLI, TCU. Higher Education Teaching Site at Fredericksburg.
- Bring completed form with check to the OLLI office in Fredericksburg on Monday-Thursday noon-5pm.

What happens for weather or other emergency cancellations?

In case of questionable weather call 830.990.4948 and ask for OLLI to confirm if class has been canceled. OLLI reserves the right to substitute instructors, rearrange class schedules, or cancel classes because of low enrollment or other reasons. In case of class cancellation or a schedule change, you will be notified and may receive a credit for another class in the same semester or a refund.

Where is the OLLI office?

Our office is located in the TTU Higher Education Teaching Site at 2818 East U.S. Hwy 290, Fredericksburg, Texas. Our email is olli.lifelong@ttu.edu, and our phone number is 830.990.4948. Our phone stays busy each semester, so if you reach voicemail, it is likely the staff is on another phone call or has a visitor in the office. Please leave a message, and your call will be returned as quickly as possible by an employee or a volunteer.
Fredericksburg Theater Tour
This talk will attempt to encapsulate the theatrical experience with emphasis on community theatre, particularly the Fredericksburg Theater Company, through most phases of staging a production. It will begin with the selection process for a particular show, including who makes such decisions and why. From selection, it will address securing the rights to the property, underwriting or otherwise accounting for the financial commitments to produce the show, considerations for a director, scheduling the show in a season, sending out audition calls, auditions, casting, building the set(s), rehearsals, promotion, efforts, ticketing, opening night, closing matinée and striking the set. Against that backdrop, the more personal story of one actor’s ever deepening immersion in the role of a lifetime will be juxtaposed. The dramatic arts change the lives which they touch, from the graphic artist’s creating a show poster, to the experiences of actors and crew, and, ultimately, the audience.
Instructor: Larry Hess, M.M., is a retired Lubbock ISD educator and an OLLI member. (Poodle skirts and duck tails are optional.)
Date: September 8, 2016
Day: Thursday, 2-4pm
Fee: $20 for OLLI members; $30 for non-members (fee includes refreshments)
Location: Location: Texas Tech University Higher Education Teaching Site at Fredericksburg (not broadcast)

Pop Music of the 1950’s
Larry Hess returns to examine another decade of popular music. This time attention is turned to the 1950’s. From pop crooners to rhythm and blues singers to early rock and roll...we will examine it all. We may even make a side trip to country and folk artists. A toe-tapping time is guaranteed! (Poodle skirts and duck tails are optional.)
Instructor: Larry Hess, M.M., is a retired Lubbock ISD educator and an OLLI member.
Date: September 9, 2016
Day: Friday, 2-4pm
Fee: $20 for OLLI members; $30 for non-members (fee includes refreshments)
Location: Location: Texas Tech University Higher Education Teaching Site at Fredericksburg (not broadcast)

Oak Wilt Management
Oak wilt is one of the most destructive tree diseases in the country and is destroying trees in epidemic proportions in Central Texas. In this extended session, sponsored by OLLI and the Native Plant Society of Texas, learn how trees are initially infected, which kinds of trees are susceptible, how the disease spreads, and what you as a property owner can do to minimize the risk of initial infestation and to contain its spread. Treatment options and correct pruning techniques will be demonstrated in the field in the afternoon.
Participants should bring a brown bag lunch.
Since the HCU is normally closed on weekends, donations will be accepted at the door to cover the cost of this special Saturday session.
Instructor: Robert Edmonson is a Biologist III with the Texas A&M Forest Service at the Johnson City regional office, which includes Gillespie County. Edmonson holds a Wildlife Management degree from Texas Tech University. His current responsibilities include implementation of oak wilt suppression programs, oak wilt research, maintenance of the oak wilt partnership website (texasoakwilt.org), and implementation of forest and woodland stewardship and conservation programs.
Date: September 10, 2016
Day: Saturday, 9am-1pm
Fee: FREE for OLLI members & non-members
Location: Texas Tech University Higher Education Teaching Site at Fredericksburg (not broadcast)
Enrollment is limited to 100 participants.

Garrison Brothers Distillery: An Introduction to Texas Straight Bourbon
Garrison Brothers Distillery owner, Dan Garrison, will discuss the history of bourbon and how he established the first post-Prohibition legal bourbon distillery in the state of Texas while including enlightening anecdotes about the spirits industry. You will learn the “A, B, C’s” of producing bourbon as well as the correct way to nose and taste bourbon like a pro. Take a virtual tour of the distillery with Dan in this class and make your plans to visit in person.
Instructor: Dan Garrison is the owner and proprietor of Garrison Brothers Distillery, the first legal bourbon distillery in Texas since Prohibition. Dan spent time in Kentucky learning the craft of distilling bourbon and brought the craft home to start his own distillery in 2006 on a beautiful ranch in Hye, Texas.
Date: September 12, 2016
Day: Monday, 2-3:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Fredericksburg (not broadcast)

The Art of Mexican Silver in the 20th Century
Course will cover Mexican history from the 1920’s through 1960’s and its influence on the art of Mexico. The arrival of William Spratling in Mexico and his establishment of a studio in Taxco are covered. Subsequent studies that developed afterwards in Taxco are discussed including “Los Castillo,” “Margot de Taxco,” “Antonio Pineda,” “Hector Aguilar,” and “Matl.” The course features numerous slides to illustrate the jewelry produced during the golden era of jewelry production in Taxco from the 1930’s through the 1960’s.
Instructor: Carmen Armstrong established Plata del Carmen in 2005. Ms. Armstrong has had a long-standing affection for Latin American folk arts which began in 1974 with a trip to Bolivia to vaccinate young children against polio and measles. Currently Carmen works with 17 silversmiths throughout Mexico which include locations in Mexico City, the State of Mexico, Guanajuato, Merida, Taxco, and Oaxaca.
Date: September 13, 2016
Day: Tuesday, 2-3:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Fredericksburg (broadcast to Junction and Marble Falls)

"OLLI is a great way for adults working or retired to learn new subjects and have social touches with new and longtime friends." 
– Jean Schulte
Move It or Lose It: Simple Techniques to Maintain Balance, Prevent Falls and Stay Strong
Declining strength and balance are not inevitable as we age. One out of three seniors fall each year, and one out of five of those falls causes serious injury. You don’t have to be one of them! Learn some very simple self-assessment tools to see where you are in terms of strength and balance and some easy ways to either improve or maintain them. Exercise doesn’t have to be extreme or time consuming, and it doesn’t have to be unpleasant. A little bit of effort goes a long way in improving your overall quality of life. Anyone, regardless of health issues or physical limitations, can benefit from learning these techniques. It’s simple, really – move it or lose it!
Instructor: Patty Williamson is a certified personal trainer, healthy back specialist, and yoga and meditation instructor who specializes in therapeutic movement. She is the owner of Lizard Dreaming Yoga and Training and believes in moving your body joyfully.
Date: September 20, 2016
Day: Tuesday, 2-3:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Fredericksburg (broadcast to Junction and Marble Falls)

New Orleans: The Festival Feast
Join John DeMer, author of 56 published books about food, wine, travel, and their history, for a four-course cooking class celebrating his hometown, New Orleans. Experience the rich traditions of Creole and Cajun cuisine for which is closest and dearest to his heart. Traditional and innovative menu items for our evening meal together include Muffuletta Quesadillas, Shrimp and Okra Gumbo, Boudin Stuffed Chicken Breast, and Bananas Foster Bread Pudding. It’s a colorful trip with stories about the other side of the Sabine River. Enjoy dinner with or without wine.
Instructor: John DeMer, M.A., has a degree in journalism and is the author of many cookbooks. His most recent books include The Delicious Misfits Texas Cookbook, Fredericksburg Flavors, The Source, and the novel, New Wine. John will have his books for sale and for signing after dinner.
Date: September 21, 2016
Day: Wednesday, 5-7pm
Fee: $75 with wine for OLLI members; $90 with wine for non-members
Location: Das Peach Haus, 1406 US-87, Fredericksburg, TX 78624 (not broadcast)
Enrollment is limited to 50 participants.

Returning Home: The Forensic Process of Skeletal Identification
Approximately 83,000 veterans are still considered missing in action today. Organizations like History Flight and the Defense POW/MIA Accounting Agency strive to find them and bring them home. How are these soldiers found, identified, and returned? This course will explore the forensic methods used to do this identification through the story of 36 Marines who were killed in the Battle of Tarawa in 1943. Learn how forensic anthropologists create a biological profile for a case through the hands-on use of skeletal models to determine skeletal age, sex, ancestry, and stature.
Instructor: Allison Bowman, M.A., M.A., received her degrees in Forensic Anthropology and Museum Studies. She teaches Forensic Science, Biology, and Chemistry at a high school in Round Rock.
Date: September 30, 2016
Day: Friday, 3-4pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Fredericksburg (broadcast to Junction and Marble Falls)

Demystifying Popular Diets
Do you have questions about what you are eating and how to stay healthy? What is a low-carb diet? What do vegetarians really eat? Is all the hype about eating a Mediterranean diet? What are the ancestral diets? What is the diet supported by USDA? Are these diets really different? In this course each of the types of popular diets will be explained and compared on key nutritional constructs. Differences and similarities will be highlighted to make it easy to understand these approaches to eating. Finally, guidelines for choosing a diet to support living well are provided.
Instructor: Rena S. Day, Ph.D., is a nutritional epidemiologist. She teaches graduate courses in the conduct of epidemiologic field studies, advanced design and analysis of epidemiologic studies, and nutrition research methods, and advises masters and doctoral level students at the University Of Texas School Of Public Health in Houston.
Date: September 26, 2016
Day: Monday, 1-2:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Fredericksburg (broadcast to Junction and Marble Falls)

The Process of Lost Wax Casting
In this introduction to the process of lost wax casting, we will follow the process from sketch of a simple design to completed piece. Along the way we will discuss wax carving, mold making, and casting multiple pieces at once, as well as the polishing process. Participants will see actual flasks pulled from the kiln and centrifugally cast. A question and answer period over any aspect of jewelry design, manufacture, and repair will conclude the presentation.
Instructors: Champe Carter and Paul Jennings are the proud owners and operators of Champe Jennings Jewellery, located in a historic downtown Fredericksburg building constructed in 1898. Paul and Champe are both bench jewelers and have been in business together since 1995. They both attended the Texas Institute of Jewelry Technology in Paris, Texas.
Date: September 15, 2016
Day: Thursday, 2-3:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Champ Jennings Studio, 109 N. Adams, Fredericksburg, TX (not broadcast)
Enrollment is limited to 30 participants.

Behind the Scenes: The Business of Art
Fredericksburg is a thriving American art destination, but what does that mean for our community? Join us at InSight Gallery to learn what it is like to run an art gallery and discover how galleries find or select artists to feature and partner with. Participants will also enjoy a discussion about the state of the arts in Fredericksburg - the impact of art galleries on tourism, the impact of tourism on the galleries, and how all of this affects the economy in Fredericksburg. Art lovers, artists, or those of you who just want to learn how it all works – bring your questions for an open Q & A session during the class.
Instructors: Stephen and Elizabeth Harris are proprietors of InSight Gallery in Fredericksburg. Elizabeth has a degree in Interior Design and Art and worked previously as an event planner in Jackson Hole, Austin, and Fredericksburg before joining InSight Gallery in 2010. Stephen is the immediate past chairman of the Fredericksburg Chamber of Commerce and has a background in business and finance.
Date: September 22, 2016
Day: Thursday, 5-6:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: InSight Gallery 214 W. Main Street, Fredericksburg (not broadcast)
Enrollment is limited to 35 participants.

“I like the friendliness of everyone involved, teachers, and classmates. I like what I have seen so far. I’m very glad my friend told me about OLLI.”
– Carolyn Hanson

“Excellent insight for my educational goals on world perspectives.”
– Carol Nussbaum
Inman’s View of the World
With his background as Director of the National Security Agency and Deputy Director of Central Intelligence, Admiral Inman will take us on a journey around the world, identifying the current hot spots, and discuss the issues of ongoing conflict and political unrest involved as they affect the United States.

Instructor: Bobby R. Inman, Admiral, U. S. Navy, (Ret.)
Admiral Inman graduated from the University of Texas at Austin in 1950, and from the National War College in 1972. He became an adjunct professor at the University of Texas at Austin in 1987. He was appointed as a tenured professor holding the Lyndon B. Johnson Centennial Chair in National Policy in August 2001. He served as Interim Dean of the LBJ School of Public Affairs from 1 January to 31 December 2005 and again from January 2009 to March 2010.

Date: October 5, 2016
Day: Wednesday, 2:30-3:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Fredericksburg (broadcast to Junction and Marble Falls)

Psychoanalysis in Kusnacht, Switzerland, Assisi, Italy, will be a large part of the time devoted to the seminar. This understanding. The format is intended to be existential, to understand and simplify the struggles and sufferings of life’s aging process. This seminar explores the varying ways that our first separation from the home within our mother’s womb. Life then becomes a series of passages within the womb. Passage 1: The Hero’s Journey

The Phenomena of Aging as “The Hero’s Journey”
In our understanding of the phenomena of space and time, we progress from incarnate birth to death. Our journey of life commences with the birthing experience, our first separation from the home within our mother’s womb. Life then becomes a series of passages within the aging process. This seminar explores the varying ways that this journey of passages may be viewed. When we seek to understand and simplify the struggles and sufferings of life’s passages, it allows us to accept the circumstances of each successive passage. We find courage and resilience within this understanding. The format is intended to be existential, instructive, and spiritually motivating. Interactive dialogue will be a large part of the time devoted to the seminar.

Instructor: Jim Spruille, Ph.D., received his doctorate from Texas A & M University at Commerce. He has also received post-doctoral training in Jungian Psychoanalysis in Kusnacht, Switzerland, Assisi, Italy, and the New York Center for Jungian Studies. He holds Diplomatic status in Behavioral Medicine from the International Academy of Behavioral Medicine, Counseling, and Psychotherapy and has been practicing psychotherapist for more than forty years.

Date: October 12, 2016
Day: Tuesday, 2:30-3:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Fredericksburg (broadcast to Junction and Marble Falls)

How to Read & Influence People: Verbal, Non-verbal & Visual Cues
Wouldn’t it be nice to know who someone else is thinking? Or, to be able to “speak the language” of a person with whom you’d like to build a relationship? How valuable would it be to have an instant “lie detector”? This class will show you how to determine whether another person is visual, auditory, or feelings-oriented, and then how to express yourself in their language. We will also review non-verbal behaviors that provide insight into what another person is thinking, along with examining behaviors of our own to see how they might influence our own interactions. Finally, you will have the opportunity to practice these techniques in the classroom.

Instructor: Marye Tharp, Ph.D., is a retired associate professor having taught at the University of Texas, Emerson College, and Shriner University. Her speaking engagements have included sites in Brazil, Japan, Chile, Ecuador, Vancouver, Kuala Lumpur, Malaysia, Manila, Singapore, and the United States.

Date: October 10, 2016
Day: Tuesday, 3:30-4:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Fredericksburg (broadcast to Junction and Marble Falls)

Research into Anthrax and Other Pandemic Diseases
Learn about the research and science behind the drugs and cures for many pandemic diseases. When the anthrax mail attacks in October of 2001 killed six people and caused widespread concern in the U.S., a cure for late stage anthrax was developed at UT Austin and has now been acquired as part of the U.S. Strategic National Stockpile of countermeasures against a potential bioterrorist attack. Come learn the process for drug development and what happens next!

Instructor: Brent Iverson, Ph.D., received his Chemistry degree from the California Institute of Technology. He is currently Dean of the College of Undergraduate Studies and continues to teach an Organic Chemistry course each spring where he maintains an active research lab.

Date: October 31, 2016
Day: Monday, 2:30-3:30pm
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Date: October 31, 2016
Day: Monday, 2:30-3:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Fredericksburg (broadcast to Junction and Marble Falls)
Introduction to Islam: A Self-Learning Experience

In this session we will view and discuss several curated Ted Talks on Islam, the often misunderstood faith practiced by more than 1.5 billion people worldwide. We will consider Islam's dominant values and which of those values are based on the Qu'ran and which on cultural traditions; we will also consider actions taken in the name of Islam which could counter our Western values.

Instructor: Judy Unger, M.S., has a passion for lifelong learning and interest in current events which has led her to Ted Talks and other references concerning Islam. After viewing several Ted Talks and other videos about Islam with the group, she will facilitate an informal discussion about the religion with those present.

Date: November 17, 2016
Day: Thursday, 2-3:30pm
Fee: FREE for OLLI members & non-members
Location: Texas Tech University Higher Education Teaching Site at Fredericksburg (broadcast to Junction and Marble Falls)


A new President will have just been elected and this course will begin with an overview of this new President's tax proposals and a reconciliation of those proposals with the path the country has been on. Do the new administration's proposals represent a significant break from current policy, an extension of existing policies, or something in between? Discussion will include the potential impact on the distribution of the tax burden (who pays the tax, who benefits/suffers from the proposed changes, etc.), as well as on the likely economic and budgetary effects of the proposals. Active participation from attendees is welcome!

Instructor: Robert Ricketts, Ph.D.
Date: November 4, 2016
Day: Friday, 3-4:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Fredericksburg (broadcast to Junction and Marble Falls)

The Future of Our Ground Water Supply

Water is the most important resource in the Hill Country. In this informative session, we will learn about the aquifers that supply water for Gillespie County residents and how their levels are monitored and future levels forecasted. We will also learn about the other half of the equation, the projected demands on our ground water and what the supply and demand projections tell us about the future of our ground water supply.

Instructor: Paul Tybor, General Manager, Hill Country Underground Water District
Date: November 3, 2016
Day: Thursday, 2-3:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Fredericksburg (broadcast to Junction and Marble Falls)

Crime Scene Investigation

Fact and Fiction

Every weekend at least one network offers a prime time show about catching the "bad guys." CSI, Bones, Daxter, and Law and Order use forensic science to help solve their cases. Techniques like blood spatter analysis, DNA fingerprinting, and entomology give police the evidence they need to ensure a conviction. How accurate are the techniques portrayed on TV? Learn about the basic techniques used in forensics and how they are used in criminal investigations.

Instructor: Allison Bouwman, M.A., M.A., received her degrees in Forensic Anthropology and Museum Studies. She teaches Forensic Science, Biology, and Chemistry at a high school in Round Rock.
Date: November 10 & 14, 2016
Day: Thursday & Monday, 3-4:30pm
Fee: $30 for OLLI members; $60 for non-members
Location: Texas Tech University Higher Education Teaching Site at Fredericksburg (broadcast to Junction and Marble Falls)

Empires Ancient and Modern

Empires, unusually large states encompassing a variety of peoples, have existed since the second millennium BC. What have they had in common? How do they rise and what brings about their fall? Have they been forces for progress or simply exercises in greed? Are there empires today? Is the United States in some sense an empire? What is the future of empire? All of these questions will be considered in this class.

Instructor: Stephen H. Balch, Ph.D., received his doctorate in Political Science at the University of California, Berkeley. He is currently Director of the Institute for the Study of Western Civilization at Texas Tech University.
Date: December 9, 2016
Day: Friday, 2-3:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Fredericksburg (broadcast to Junction and Marble Falls)
JUNCTION, TEXAS

254 Red Raider Lane

The Reckoning: The Triumph of Order on the Texas Outlaw Frontier

Dr. Peter R. Rose will be discussing his book The Reckoning: The Triumph of Order on the Texas Outlaw Frontier. The lecture will portray facts about frontier West Texas as it really was – a raw, lawless, unforgiving place and time that yielded only stubbornly to Order and its handmaiden, the Rule of Law.

Instructor: Peter R. Rose, Ph.D., received his doctorate in Geology from the University of Texas at Austin. Dr. Rose is a geologist who thinks like a historian.

Date: September 29, 2016
Day: Thursday, 2-3:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Junction (broadcast to Fredericksburg and Marble Falls)

Discussion of Our Hill Country Governor, Coke R. Stevenson

This course will be intriguing in the current election year. Frederica Wyatt will discuss the life and times of Gov. Coke Robert Stevenson who was the 35th Governor of Texas from 1941 to 1947. He was the only 20th century Texas politician to serve as Speaker of the Texas House of Representatives, Lieutenant Governor, and then as Governor. He was best known for his hotly contested U.S. Senatorial race against LBJ.

Instructor: Frederica Wyatt, lifelong resident of Kimble County, is our local historian. She is the chairman of the Kimble County Historical Commission as well as the curator of the Kimble County Historical Museum. Ms. Wyatt is also the biographer of Governor Coke R. Stevenson of Junction having written and published the book Coke R. Stevenson, A Texas Legend.

Date: November 8, 2016
Day: Tuesday, 2-3:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Junction (broadcast to Fredericksburg and Marble Falls)

Our Hill Country Rivers: Do We Take Them for Granted? How Can We Preserve Them?

The rivers of the Texas Hill Country are a treasure for the region, offering recreational opportunities, habitat for unique plant and animal communities, and water supply for local communities. The protection and preservation of the flow of these rivers are critical environmentally, economic, and cultural concern. Where does the water in these rivers come from? Will it be there in the future? What is being done to protect it?

Instructor: Tyson Broad is our Watershed Coordinator for the Llano River Field Station at Texas Tech University in Junction. He co-founded the South Llano Watershed Alliance (now Llano River Watershed Alliance) in 2008.

Date: December 13, 2016
Day: Tuesday, 2-3:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Junction (broadcast to Fredericksburg and Marble Falls)

Fourth Annual Christmas Discovery Point Trail of Lights

Celebrate the holidays with TTU Junction staff, featuring our ½ mile trail lined with over 2,000 decorated luminaries, a lighted covered bridge in the woods, holiday music, a lighted covered wagon, cookies, coffee, hot chocolate, and the quiet solitude of the South Llano River. Small gifts for the kids included.

Date: December 15, 2016
Day: Thursday, 6:30pm
Fee: FREE for OLLI members & non-members
Location: Quail Point Community Center, 107 Twilight (off Red Sail), Horseshoe Bay, Texas 78657 (not broadcast)

MARBLE FALLS

806 Steve Hawkins Pkwy

Pop Music of the 1950's

Larry Hess returns to examine another decade of popular music. This time attention is turned to the 1950’s. From pop crooners, to rhythm and blues singers, to early rock and roll…we will examine it all. We may even make a side trip to country and folk artists. A toe-tapping time is guaranteed!

Instructor: Larry Hess, M.M., is a retired Lubbock ISD educator and an OLLI member. He is also a professional musician, having retired after 30 years as a percussionist with the Lubbock Symphony Orchestra.

Date: September 9, 2016
Day: Friday, 2-6pm
Fee: FREE for OLLI members & non-members
Location: Qual Point Community Center, 107 Twilight (off Red Sail), Horseshoe Bay, Texas 78657 (not broadcast)

The History of Spanish Renaissance Architecture through Texas & Texas Tech University

Spanish architecture came to the New World from 16th century Spain in the form and design of Spanish missions. The building design seemed well suited to the tablelands of West Texas. It was similar in color and character to those of Central Spain and so suited to the Spanish background of southwestern history.

So, it was the architecture chosen for the first buildings on the Texas Tech campus in the early 1920’s by the architects, Sanguinet, Staats, and Hedrick of Fort Worth and William Ward Watkin of Houston. The material selected was red brick with roofs of red mission tile.

Texas Tech University has maintained the continuity of this architecture for the past 90 plus years, not only on the Lubbock campus but also on many of the other campuses. How this has been accomplished over these many years is a very intriguing story and shows the university’s dedication to the overall master plan. There will also be an update on new construction and master planning of the Lubbock campus and others as well.

Instructor: Michael Molina, Vice Chancellor of Facilities Planning & Construction for Texas Tech University System. Throughout his professional career, he has collectively managed a capital improvement and development portfolio exceeding $2.2 billion. Mr. Michael Molina assumed the position as the vice chancellor of facilities planning and construction (FP&C) for the Texas Tech University System on April 1, 2010.

Date: September 19, 2016
Day: Monday, 3-4:30pm
Social and refreshments following Fee: FREE – in conjunction with the Texas Tech Alumni Association
Location: Qual Point Community Center, 107 Twilight (off Red Sail), Horseshoe Bay, Texas 78657 (not broadcast)

The National Effort of the American Heart Association to Help Classify Healthy Food Through the Heart Check Classification

Cardiovascular disease is the number one killer of women and men in America and diet is a key contributor to heart disease. Since there are many misconceptions about what is or is not healthy in food, the American Heart Association is mounting a national effort to certify heart healthy foods to help consumers make heart healthy choices. The Heart Check label is a front of package health claim, and foods that are certified meet the American Heart Association’s stringent criteria for certification. Ultimately, the Heart-Check program will help meet the American Heart Association’s goal of improving the cardiovascular health of all Americans. Kevin will explain the ideas behind the program, the goals of the program, and the desired results.

Instructor: Kevin Billings, B.A., Texas Tech University, American Heart Association:
National Manager Heart-Check Food Certification Program. He currently sits on the Private Brand Council of the Food Marketing Institute.

Date: September 22, 2016
Day: Thursday, 1-3:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Marble Falls
(broadcast to Junction and Fredericksburg)
How Important is Individual Support for Your Alma Mater…and Where Does All That Money Go?

What is the process of the development office at your university, and who decides what happens to the money you contribute? Can you (the donor) specify exactly where you want your contribution to go, or does it all go into one big pot and is then appropriated according to the greatest needs? What are the greatest demands of the development office, and what are the greatest rewards? Amanda Billings will provide insights into the process of development and why it is valuable at multiple levels. There will be time for questions and answers at the end of the presentation.

Instructor: Amanda Billings, B.A., has served as the Vice President of Development for Southwest Medical Center in Dallas since 2010.

Date: September 22, 2016
Day: Thursday, 3:30-5pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Marble Falls (broadcast to Junction and Fredericksburg)

What Your Hair is Saying About You

Are you struggling with your over-50 “look”? Do you wonder what hair style works for your age? Long hair or short hair? To color or not to color? To curl or not to curl? The hair is the frame of your face. Minimal changes can make a drastic difference. Come learn beauty secrets and tips to maximize your over 50 look.

Instructor: Pamela Wills has 42 years in the hair care industry. For 30 years she was a color educator nationally and internationally. She is a guest speaker for the American Board of Certified Hair Colorists. This year she is the keynote speaker for the International Summit for American Board of Certified Hair Colorists.

Date: October 3, 2016
Day: Monday, 2-3:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Marble Falls (broadcast to Junction and Fredericksburg)

Critical Issues of Current Veterans and the Evolving Health Consequences of Serving in Foreign Wars

More than 2.5 million military veterans were deployed for service in Iraq and/or Afghanistan, and another 20 million veterans have been involved in prior-era conflicts including World War II, Korea, Vietnam, and Gulf War I. This session will examine some of the major health concerns for veterans today including PTSD, depression, and effects from exposure to chemical agents used in the wars. The course will conclude with discussions about how our personal and community efforts can assist this population.

Instructor: Myrna Armstrong, Ed.D. RN, FAAN, is a former TTUHSC Regional Dean for the Hill Country Marble Falls campus and now a Professor Emerita from the Texas Tech University Health Sciences Center School of Nursing. She has co-authored several published articles about veteran care of those who served in the Korean, Vietnam, Iraq, and Afghanistan wars. In addition, she served 29 years in the U.S. Army Reserves as a nurse, was deployed for Gulf War I, achieved the rank of Colonel, and retired in 2003.

Date: September 27, 2016
Day: Tuesday, 2-3:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Marble Falls (broadcast to Junction and Fredericksburg)

Making Nature Personal – Upper Highland Lakes Nature Center

The Upper Highland Lakes Nature Center, located on over 800 acres just 8 miles NW of Burnet, TX, provides multiple opportunities for exploring Highland Lakes’ natural assets. The presenter will share varied programs ranging from geological explorations, hikes, natural wildlife/fauna review, in-depth plant and animal studies, and recreational options. Mr. Hutson, the founding director, will touch on each of these topics—and assist in coordinating follow-up group or individual visits to the center.

Instructor: Billy Hutson is a retired engineer with nine years of experience as a Texas Master Naturalist, past president of the local Master Naturalist chapter, past president and activities director of several local organizations. Billy is the founder and director of the Upper Highland Lakes Nature Center.

Date: October 4, 2016
Day: Tuesday, 2-3:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Marble Falls (broadcast to Junction and Fredericksburg)

What You Always Wanted to Know About Memory Loss But Forgot To Ask

The public fear of memory loss and its relationship to Alzheimer’s disease is in epidemic proportions. The focus of this course will be memory loss and dementia—“the glass is half full, NOT half empty!” There are numerous causes of memory loss unrelated to Alzheimer’s. You will learn (1) how our memory system works, (2) when is memory loss not normal, (3) causes of memory impairment, (4) how is someone with memory loss evaluated, (5) treatment for memory disorders, and (6) how is memory loss different from dementia.

Instructor: Ronald DeVere, M.D., is a Board Certified Neurologist with specialty interest in cognitive neurology. He is Director of the Alzheimer’s Disease and Memory Disorders Center, Lakeway, Texas, and a Fellow of the American Academy of Neurology. He is a member of the Texas Council on Alzheimer’s disease; chairman of the state committee that put together the Texas State Guidelines for Alzheimer’s Disease; and a contributing editor since 2008 to the journal “Practical Neurology on Dementia Insights.”

Date: October 6, 2016
Day: Thursday, 2-3:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Marble Falls (broadcast to Junction and Fredericksburg)

Digestive Wellness: The Link Between Aging and Digestive Disorders

Session 1: October 18
Did you know that as you grow older, you are more likely to suffer from indigestion, constipation, and other ailments of the digestive system? Aging doesn’t necessarily mean you will start to have GI problems, but it definitely increases the odds that you might. Everything changes as our body ages, and some of these changes do impact your GI tract. We will cover the possible reasons that you may be having some digestive issues, and what you can do naturally to get back on track to a healthy gut.

Session 1 Instructor: Shannon Jamison is a Board Certified Holistic Health Practitioner. She is Board Certified as a Therapeutic Shoe Fitter specializing in diabetic foot care and a Board Certified Mastectomy Fitter helping women deal with the physical aftermath of surgery due to breast cancer.

Instructor: Shannon Jamison
Session 2: October 25
The second session will be a hands-on, more individualized session focusing on what you are doing and what drugs you are taking that may be harmful to your digestive system.

Bring your prescriptions, vitamins, and supplements for an analysis of interactions between what you are taking. Come learn what you may be taking too much of or too little of. Our pharmacist, Dr. Michael Lacey, will review and analyze your prescription and non-prescription drug list and will advise you personally.

Instructor: Gordon T. Smith, Ph.D., is a retired Associate Pastor and Director of Pastoral Care/Counseling at Riverbend Church of Austin, Texas.

Date: November 1, 2016
Day: Tuesday, 2-3:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Marble Falls (broadcast to Junction and Fredericksburg)

Abandoned: American Nazi Germany Survivor
With the help of Ray Bronk, Ms. Baumann has written Abandoned! The WWII ordeal of an American Child Living and Surviving from 1928-1946 in Hitler’s Nazi Germany. Ms. Baumann’s mother abandoned her as an infant in Brooklyn, NY, and she was sent by boat to Germany to be raised by grandparents during one of the most dangerous times of the twentieth century. She will discuss the physical, mental, and environmental destruction of the country and its people after Hitler came into power.

Instructor: Darlene Williams her husband Chris Williams collaborated on her two books, she as the writer and he as the graphic illustrator and designer.

Writing Children’s Books: It Should Be Easy…Shouldn’t It?
Darlene Williams did not become a published author until she was sixty, which is a perfect age to also become the self-proclaimed “Fairy Grandmother.” She will describe what inspired her to write each of her two books, her illustrations, editing processes, and how and why she self-published her books. She will also demonstrate how she promotes her books and character (the Fairy Grandmother) in person by dressing in costume for book signings and special groups (because everyone loves magic in their lives). She will describe lessons she learned through the writing process and how you can maximize your own ideas.

Instructors: Darlene Williams and her husband Chris Williams collaborated on her two books, she as the writer and he as the graphic illustrator and designer.

Living Effectively With Loss
Scott Peck in his classic work, The Road Less Traveled, begins with the statement, “Life is difficult.” Most would agree that one of life’s greatest difficulties is coming to terms with grief which is precipitated by loss. The focus of this seminar is to help one be better prepared to experience loss, by learning how to cope with loss and providing ways to turn your loss into a gift to others. Topics to be explored include the complexities and contradictions of grief; the many faces of grief; the symptoms of grief; the stages of grief; the consequences of unresolved grief; strategies for those “stuck” in grief; and how to turn your grief into a positive.

Instructor: Gordon T. Smith, Ph.D., is a retired Associate Pastor and Director of Pastoral Care/Counseling at Riverbend Church of Austin, Texas.

Date: November 1, 2016
Day: Tuesday, 2-3:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Marble Falls (broadcast to Junction and Fredericksburg)

Mission Work in Mexico through Hands on Work by Hill Country Missioners
This program will provide the missioner’s view of Mexico - highlighting the team’s activities of support for the past 17 years. Projects have included the construction of homes and schools for marginalized families, building facilities to serve the citizens and providing much needed medical treatments for the people of the country. The presenters will also share their experiences regarding the outreach efforts of the Mexican people who are serving their own communities and ours.

Instructors: William Edwards, B.S., is a registered professional engineer. Edra Edwards, B.S., is a special education teacher/consultant & registered occupational therapist. They have been Volunteers in Missions participants since 1994 in 8 different countries.

Date: November 15, 2016
Day: Tuesday, 2-3:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Marble Falls (broadcast to Junction and Fredericksburg)

Art for Investment, Pleasure, and Life Enrichment
Marta Stafford is passionate about bringing the benefits of fine art to all ages, whether as an observer or an active participant. She will present an overview of building your fine art collection which is not limited to the visual arts, but includes multiple art forms. She wants to empower the collector as well as non-collectors to explore the psychological reasons why they sometimes have an immediate emotional reaction to a piece of art and how sometimes that feeling either grows or fades with time. Ms. Stafford will also discuss the importance and benefits of participating in the arts and supporting art at all levels.

Instructor: Marta Stafford, B.A. started Marta Safford Art Gallery in Marble Falls 7 years ago. She chaired Region 13’s Cultural Art Programs and is currently on the board for the Highland Lakes Creative Arts organization.

Date: December 13, 2016
Day: Tuesday, 2-3:30pm
Fee: $15 for OLLI members; $30 for non-members
Location: Texas Tech University Higher Education Teaching Site at Marble Falls (broadcast to Junction and Fredericksburg)
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<td>Fredericksburg Theater Tour (pg 4)</td>
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<td>Pop Music of the 1950's (pg 4)</td>
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<td>Oak Hill Management (pg 5)</td>
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<td>9am-1pm</td>
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<td>Garrison Brothers Distillery (pg 5)</td>
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<td>Art of Mexican Silver (pg 5)</td>
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<td>History of Spanish Renaissance Architecture (pg 13)</td>
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<td>Heart Check Classification for Healthy Food (pg 13)</td>
<td>Thur. 9/22</td>
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<td>Individual Support for Your Alma Mater (pg 14)</td>
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<td>Demystifying Popular Diets (pg 7)</td>
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<td>Critical Issues of Current Veterans (pg 14)</td>
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<td>2-3:30pm</td>
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<td>Triumph of Order on the Teaxs Frontier (pg 12)</td>
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<td>2-3:30pm</td>
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<td>What Your Hair is Saying About You (pg 14)</td>
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<td>Making Nature Personal (pg 15)</td>
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<td>Abandoned: American Nazi Germany Survivor (pg 16)</td>
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<td>2-3:30pm</td>
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<td>How to Read &amp; Influence People (pg 9)</td>
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<td>Texas Rangers – History and Heritage (pg 9)</td>
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<td>The Future of Our Ground Water Supply (pg10)</td>
<td>Thur. 11/3</td>
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<td>Introduction to Islam (pg 11)</td>
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<td>Champagne and Little Things Mean A Lot! (pg 11)</td>
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<td>Empires Ancient and Modern (pg 11)</td>
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**Locations**

- Texas Tech University Higher Education Teaching Site at Fredericksburg: 2818 East U.S. Hwy 290, Fredericksburg, TX 78624
- Texas Tech University High Tech Education Teaching Site: 806 Steve Hawkins Pkwy, Marble Falls, TX 78654

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**Fall 2016 Class Summary - Hill Country**

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<td>9/8-12/15</td>
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**Participants Information**

- Name: ____________________________
- Email Address: ____________________
- City: ____________________________
- State: ____________________________
- Zip: ____________________________
- Age: ____________________________
- Work Status: ____________________
- Primary Phone: ____________________
- Birthday: (Month) ____________ (Day) ____________
- Are you a member? Yes [ ] No [ ]
- How did you hear about OLLI? ______________________________

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**Member Non-Member**

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**Enroll online using a credit card at www.olli.ttu.edu.**
- We accept Visa, Discover, and MasterCard.

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**How did you hear about OLLI?**

- Work Status: ____________________
- Primary Phone: ____________________
- Birthday: (Month) ____________ (Day) ____________
- Are you a member? Yes [ ] No [ ]
- How did you hear about OLLI? ______________________________

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**Lubbock Membership and Program Registration**

- Participant Name(s) ____________________
- Program Title ____________________
- Program Date(s) ____________________
- Fee ____________________
- New Membership Grand Total $__________________

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**Lubbock Payment Information**

- Enroll online using a credit card at www.olli.ttu.edu.
- We accept Visa, Discover, MasterCard, and American Express.
- Receive a 3% discount if you enroll online. Membership or events with food, transportation, or supplies are not eligible for discount.
- Check or money order (payable to OLLI@TTU). Mail this completed form with check to: OLLI@TTU Higher Education Teaching Site | 2818 East U.S. Hwy 290 | Fredericksburg, TX 78624
- OLLI would appreciate any donations.
- You may donate online at: www.olli.ttu.edu or send a check payable to OLLI@TTU.

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**If you have a disability and may need auxiliary aids or services, please call 830.990.4948 Mon.-Thurs. from 9:00 am-5:00 p.m., at least five days before your course begins.**
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