



**LLI**  
at Texas Tech University

# Lubbock

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FALL 2017 COURSE CATALOG

*Philena Farmer,  
resident since 2013*

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*Len Ainsworth, resident since 2010*

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# Welcome to the Osher Lifelong Learning Institute at Texas Tech University!



At Texas Tech University, we aspire to provide students an experience that is transformative, one that promotes intellectual curiosity, and promotes life-long learning.

The Osher Lifelong Learning Institute at Texas Tech University embodies these attributes. It offers unique opportunities for local citizens of more than 50 years of age who have a common interest in continuing their learning experiences

and intellectual stimulation in an organization of like-minded people who value the joy of learning.

Many individuals have taken advantage of the offerings afforded through this exciting program. Courses are developed by peers with the goal of providing a high quality learning experience accessible to all. In addition, OLLI membership provides an opportunity for social interaction and new friendships with members who bring a lifetime of personal and professional experience to class.

I welcome and encourage your participation in this program that will provide opportunities to grow intellectually and socially.

Sincerely,



Lawrence Schovanec, Ph.D.  
President.



## The Osher Foundation

The Bernard Osher Foundation, headquartered in San Francisco, was founded in 1977 by Bernard Osher, a respected businessman and community leader. The Foundation seeks to improve

quality of life through support for higher education and the arts. Mr. Osher is a community-oriented businessman whose philanthropy created Osher Lifelong Learning Institutes (OLLI) across the country. Our OLLI is in a network of 120 lifelong learning programs on university and college campuses across the country, with at least one grantee in each of the 50 states and the District of Columbia.

OLLI owes its existence to Bernard and Barbro Osher, whose vision and continuing moral and financial support of lifelong learning is unprecedented and unparalleled. We are very fortunate and proud to have an OLLI at Texas Tech University.

## OLLI Staff

**Shelby Crews**  
OLLI Director  
(806) 742-OLL I (6554)  
[shelby.crews@ttu.edu](mailto:shelby.crews@ttu.edu)

**Melanie Hart, Ph.D.**  
Vice Provost, Texas Tech University  
OLL I Texas Tech Oversight

**Otto Ratheal, M.B.A**  
Associate Director

## OLL I Advisory Board

Len Ainsworth, Ed.D.  
Nicky Anderson  
James Brink, Ph.D.  
Jan Broome  
Jim Douglass  
Gary Elbow, Ph.D.  
Ed Fowler  
Larry Hess, M.M.  
Nancy Isom  
Karen King  
Peter Lavery  
Joan McComb-Dominey  
Sam Media, J.D.  
Jimmy Moore, M.Ed.  
Jane Nagy, M.A.  
Terri Navrkal, MS.Ed. - Chair  
Greg Pare  
Paul Rostad, M.Ed.  
Kathy Stocco

## OLL I Office Hours

Monday-Thursday 9 a.m.-5 p.m.  
Friday 9 a.m.-Noon

*Please check our website and monthly electronic newsletters for holiday or other closing dates.*

[www.oli.ttu.edu](http://www.oli.ttu.edu)

## Our Mission

The mission of Osher Lifelong Learning Institute (OLLI) at Texas Tech University is to provide enjoyable and stimulating non-credit learning and cultural opportunities for its members.

## What is Osher Lifelong Learning Institute (OLLI)?

OLLI began as a continuing education program at Texas Tech University in 2002-2003 as Texas Tech Lifelong Learning. In 2008, endowment support was received from the Bernard Osher Foundation. In recognition of its affiliation with the Osher Foundation and as one of 120 such institutes nationwide, Texas Tech Lifelong Learning was re-named Osher Lifelong Learning Institute (OLLI) at Texas Tech University. We are self-sustaining, supported through membership dues, class fees, an endowment from the Bernard Osher Foundation, donations and in-kind support from Texas Tech University. *No tests, no grades, no research papers – just intellectual stimulation.*

## What are the requirements to join?

Everyone age 50 and older may join. The only prerequisite is a desire to learn.

## What does membership cost?

Membership is \$35 per person, valid for a year from date of purchase, and does not include cost of individual courses.

## Who teaches OLLI classes?

Most of our classes are taught by distinguished professors, both active and retired. Other instructors are experts in their fields, university doctoral students or OLLI members. There is one common denominator: they teach because they enjoy education and OLLI students.

## How do I sign up?

Below are the methods to register for memberships, classes and other events:

- Using a credit card, register online through our website [www.lli.ttu.edu](http://www.lli.ttu.edu). We accept VISA, MasterCard, and Discover.
- Memberships, events with food, transportation, and supplies are not eligible for the discount.
- Mail registration form in catalog or printed from OLLI website [www.lli.ttu.edu](http://www.lli.ttu.edu) with a check to OLLI, P.O. Box 45001, Lubbock, Texas 79409-5001 or bring into the OLLI office.



## What if I have to cancel my registration?

Because space in classes is limited, please let the office know as soon as possible if you need to cancel a class registration. It is important that you are aware that canceling any class requiring bus transportation, food or supplies will result in loss of the registration fee unless the member is able to find a replacement to attend in their place.

For all other classes, we ask that members let us know of their cancellation at least 4 days in advance to be eligible to receive a credit transfer to be applied to another class or a refund. Members may also choose to donate their refund if they wish to support OLLI operations. We do provide full refunds on a case-by-case basis for illness, medical emergencies etc. Membership fees cannot be credited or refunded.

## What happens for weather or other emergency cancellations?

OLLI follows the same policy as Texas Tech University for cancellations because of weather or other acts of nature or emergencies. If TTU classes are canceled, OLLI classes are also canceled. Postings can be found at [www.emergency.ttu.edu](http://www.emergency.ttu.edu) as well as on local television or radio stations. OLLI reserves the right to substitute instructors, rearrange class schedules, or cancel classes because of low enrollment or illness. In case of class cancellation or a schedule change, you will be notified and may receive a credit for another class in the same semester or a refund.

## Where is the OLLI office?

Our office is in the Texas Tech Plaza, 5th floor, Suite 513 at 19th & University Avenue, Lubbock, Texas. Our email is [lli@ttu.edu](mailto:lli@ttu.edu), and our phone number is (806) 742-OLLI (6554).

## OLLI Member Discounts

- OLLI Members now have the ability to access the Texas Tech University Robert H. Ewalt Recreation (Rec) Center with reduced membership rates - \$295 for a year or \$120 per semester. Join today to take advantage of the extensive facilities, the numerous fitness and wellness classes and the resort style pool. For more information about the Rec Center, please call (806) 742-3351 or visit [www.depts.ttu.edu/recsports](http://www.depts.ttu.edu/recsports).

*\*\*This offer applies only to the OLLI Member and cannot be applied to a spouse or child. Proof of OLLI membership may be required to ensure reduced rates at the time of Rec Center enrollment.\*\**

- **SAVE \$6** on the **TTU Presidential Lecture and Performance Series**. OLLI individual general admission price is \$12 with a 2016-2017 OLLI name badge and can be purchased at the Select-A-Seat box office at the Lubbock Memorial Civic Center or online at [www.selectaseatlubbock.com](http://www.selectaseatlubbock.com) using discount code OLLI. Tickets available August 1!

- **SAVE \$8 ON MAINSTAGE THEATRE OR \$5 ON LAB THEATRE** at Texas Tech University Charles E. Maedgen Jr. Theatre-Mainstage Theatre. OLLI price for Mainstage Theatre is \$10 & Lab Theatre is \$5. Call (806) 742-3603, or visit [www.depts.ttu.edu/theatreanddance/](http://www.depts.ttu.edu/theatreanddance/)
- **PURCHASE AT STUDENT RATE** for ticketed performances at The School of Music. For more information, call 806.742.2270 or visit [www.depts.ttu.edu/music/](http://www.depts.ttu.edu/music/)

*OLLI presents programs exclusively for the members of the Osher Lifelong Learning Institute (OLLI) at Texas Tech University. Please consider joining today!*

*Even if a class is free, pre-registration is required to ensure adequate seating and refreshments (when offered).*

# There's something for everyone!

Come experience excitement, discovery and the spirit of exploration at the Museum of Texas Tech University!

**Tuesday - Saturday 10am - 5pm**

**Sunday 1pm - 5pm**

**Closed Monday and Holidays**



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Museum of Texas Tech University

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## OLLI Orientation

### OLLI Orientation for New and Prospective Members

If you are a new member, or are interested in learning more about what OLLI has to offer, this is your chance! Learn about OLLI's many programs and activities, meet board members and staff. You will also find out about our wide variety of course topics, committees and volunteer opportunities. Bring your catalog if you already have one; we will go over classes and procedures using this publication.

This class is open to current members and those who are not currently members, but are interested in finding out more about what OLLI has to offer. Refreshments will be served.

**Instructor:** Terri Navrkal is honored to serve on the advisory board of OLLI at Texas Tech University in Lubbock, Texas. She has been on the board for three years and will serve as chair of the board 2017-2019. She earned a bachelor's degree in secondary education and a master's degree in education administration from Texas Tech University.

**Date:** August 16, 2017

**Day:** Wednesday, 2-3:30 p.m. or 5:30-7 p.m.

**Fee:** FREE

**Location:** Museum of Texas Tech University, 3301 4th St, Lubbock, TX 79415

## Fall Kickoff

### Today's College Athletics with Kirby Hocutt



OLLI at Texas Tech University is pleased to announce the fall kick off speaker: **Kirby Hocutt**. Kirby has guided the Texas Tech athletics department to unprecedented success since being named the 13th director of athletics in school history on March 2, 2011. Hocutt, who also serves as the College Football Playoff Selection Committee chairman, led Texas Tech to one of its most successful campaigns over the course of the 2015-16 academic year where Texas Tech claimed three Big 12 championships (women's soccer, men's tennis, baseball) and had 14 of its 17 intercollegiate teams advance to the NCAA postseason.

Join your OLLI friends as we celebrate the beginning of a new semester of course offerings and hear about Kirby's vision for Texas Tech athletics and college sports as a whole.

**Date:** August 22, 2017

**Day:** Tuesday, 5:00-7:30 p.m.

**Fee:** \$20 for OLLI Members \$35 for non-members

**Location:** McKenzie-Merket Alumni Center at 17th and University Avenue

## Arts and Culture

### Planet 9 or the Heart of the Sun?

#### Can a University Museum be Core Business for the University?

Universities and university museums have a long history, one that extends back thousands of years. Yet, in modern times, university core business and that of the university museum do not always coincide. Join us to explore the galleries of the Museum of Texas Tech University with its executive director, and see how the museum is repositioning itself to be a primary point of engagement between the rich creative resources of a large research-intensive university and the many publics that visit the museum.

**Instructor:** Gary Morgan, Ph.D., is executive director of the Museum of Texas Tech University. A zoologist by training, he has worked as director, senior manager and consultant to museums in Australia, New Zealand, the United Arab Emirates, Malawi (Africa), and the U.S.A.

**Date:** September 21, 2017

**Day:** Thursday, 2-3:30 p.m.

**Fee:** \$15

**Location:** Museum of Texas Tech University, 3301 4th St, Lubbock, TX 79415

### Architecture as Classroom

#### How Paul Whitfield Horn Laid Out a Vision for Texas Tech University in its Earliest Buildings

After Paul Whitfield Horn became the first president of Texas Tech University in 1923, he played a major role in selecting the ornamentation for the new buildings, and in particular, the Administration Building, which was the first one to be erected. This ornamentation reflects Horn's vision of what the university would become. This OLLI offering will explore the ornamentation of the TTU Administration Building and contemporaneous buildings that also reflect Horn's desire that the university's architecture would contribute to the students' learning experience.

A small amount of walking will be required for this class.

**Instructor:** Gary Elbow, Ph.D., has taught classes on geography and Latin America at Texas Tech University for over 45 years. He is the recipient of Fulbright Awards for teaching and research in Costa Rica and Ecuador and has received local and national recognition for his contributions in teaching, research, and service.

**Date:** October 3, 2017

**Day:** Tuesday, 5:30-7 p.m.

**Fee:** \$15

**Location:** Texas Tech University Administration Building, Parking available in the Honors College Parking Lot

### Leonard Bernstein at 100



By many accounts, Leonard Bernstein is the single most influential American in the history of classical music. As a composer he wrote for virtually every genre; including his beloved West Side Story (1957). As conductor of the New York Philharmonic, he premiered works by the century's best composers. An integral part of world events, Bernstein conducted concerts at JFK's inauguration (1961), the reunification of Jerusalem (1967), and the fall of the Berlin Wall (1989). Join instructor, David Forrest, to explore both Bernstein's career and his lasting impact on the study and performance of music.

**Instructor:** David Forrest, B.M.E., M.M., Ph.D., serves as assistant professor of music theory at Texas Tech University. He has presented research on twentieth-century music analysis in Europe and the U.S.

**Date:** October 11, 2017

**Day:** Wednesday, 2-3:30 p.m.

**Fee:** \$15

**Location:** Museum of Texas Tech University, 3301 4th St, Lubbock, TX 79415

### Much Ado About Nothing

Enhance your theater experience by joining OLLI as we enjoy one of Shakespeare's most popular offerings, "Much Ado About Nothing." Our members will receive a special treat not available to most theater goers: a pre-play discussion with the director as we focus on the storyline, characters, themes, theatrical techniques and featured actors.

This play has all the intrigue, romance, twists, turns, and dialogue which are characteristically unique to William Shakespeare.

**Instructor:** Bill Gelber, Ph.D., is an associate professor of theatre in the School of Theatre and Dance at Texas Tech University. He teaches acting, directing, pedagogy, and period styles. He has directed over 60 productions in various genres including plays by Shakespeare, Chekhov, Pirandello, Williams, and Kushner.

**Date:** October 20, 2017

**Day:** Friday, 7-10 p.m. (Participants will meet in the theater lobby at 7 p.m.)

**Fee:** \$20 (includes ticket to show)

**Location:** Charles E. Maedgen Jr. Theater, 2812 18th Street, Lubbock, TX 79409



## Deck the Halls with OLLI

### The Stories Behind Your Favorite Christmas Songs

It's the most wonderful time of year and one of the most musical as well! It never fails, every Christmas season we are surrounded by our favorite and familiar carols and holiday songs. Join Larry Hess as he shares some of the "back stories" behind the music we all know so well!

Christmas sweaters (ugly or not) are encouraged, and holiday drinks and appetizers will be enjoyed!

**Instructor:** Larry Hess, M.M., is a retired Lubbock ISD educator. He is also a professional musician having retired after 30 years as a percussionist with the Lubbock Symphony Orchestra. Not only is he a member of OLLI, he now serves on the Lubbock Advisory Board.

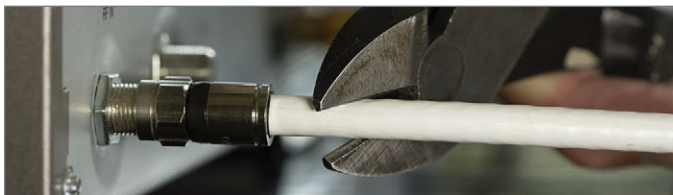
**Date:** December 12, 2017

**Day:** Tuesday, 2-4 p.m.

**Fee:** \$20

**Location:** Museum of Texas Tech University,  
3301 4th St, Lubbock, TX 79415

## Current Topics



### Cutting the Cord

#### Alternatives to Cable/Satellite Television

With the rise of internet download speeds, streaming services (e.g., Netflix and Hulu), and unobtrusive and easy to use hardware (e.g., Apple TV and Roku), the possibility of bypassing cable/satellite providers in order to obtain media content is quickly becoming a reality. This exploration offers a survey of the alternatives to cable/satellite as well as their benefits and drawbacks. We'll also examine instances when cable/satellite are still better options and whether "Cutting the Cord" is right for you.

**Instructor:** Marilda Oviedo, Ph.D., is an assistant professor of journalism and electronic media at the School of Media and Communication. She received her undergraduate and master's degrees at Texas Tech University and her doctorate in mass communications from the University of Iowa.

**Date:** August 28, 2017

**Day:** Monday, 5:30-7 p.m.

**Fee:** \$15

**Location:** Museum of Texas Tech University,  
3301 4th St, Lubbock, TX 79415

## Mutual Mentoring

### How Boomers and Millennials Can Get Along in the Office and in Life

Every generation has, no doubt, been frustrated by their elders; in return, the seniors have been puzzled by and skeptical about their juniors. Today, both in the workplace and among families, the current generation gap is between boomers (in their 50s to 70s) and millennials (college age through 20s). In this class, we will take a practical, but also lighthearted, look at some of the cognitive and behavioral differences that play out and affect our professional and personal lives. The emphasis will be on best practices for getting along, getting by, and getting the job done.

**Instructor:** David D. Perlmutter, Ph.D., is a professor at and dean of the College of Media & Communication (CoMC) at Texas Tech University. He received his bachelor's in '85 and master's in '91 from the University of Pennsylvania, and his doctorate in '96 from the University of Minnesota.

**Date:** September 12, 2017

**Day:** Tuesday, 5:30-7 p.m.

**Fee:** \$15

**Location:** Museum of Texas Tech University,  
3301 4th St, Lubbock, TX 79415

## Keeping You Safe I

### A Look at the Lubbock Police Department

What does it take to protect a city of 250,000 people? How do you manage 35,000 calls for service every single month? From patrolmen to homicide detectives to dispatchers and special operations, hundreds of people make up the complex workings of the Lubbock Police Department to ensure the safety of our community. During this session, Chief of Police Gregory Stevens will take you on a tour of LPD including a look at the Communications Center that handles all 911 calls for the city, the identification department where evidence is processed and much more.

He will also discuss the intricate organization of the department, our Lubbock crime rates and the future of community policing for LPD. After the class, the Chief will be available for questions and further discussions.

**Instructor:** Chief Greg Stevens was appointed as the Lubbock Chief of Police on August 21, 2015. After four years in the U.S. Air Force, Stevens joined the Lubbock Police Academy in 1992. Throughout his career at LPD, Stevens has served in numerous roles that have touched every facet of the department including patrol, special operations and administration.

**Date:** October 12, 2017

**Day:** Thursday, 1-3 p.m.

**Fee:** \$15 for individual class or

**\$40 for the 3 Part Keeping You Safe Series**

**Location:** Lubbock Police Department,  
916 Texas Avenue, Lubbock, TX, 79401

## Keeping You Safe II

### An Inside Look at the Lubbock County Sheriff's Department



Sheriff Kelly Rowe will provide OLLI members an inside look of the functions of the sheriff's department and its role in the protection of the 901 square miles of Lubbock County. Sheriff Rowe will not only talk about managing the jurisdiction of Lubbock County, but, will also include an overview and update on the Lubbock Country Detention Center and how the agency also provides assistance to other municipalities including Shallowater, Abernathy, New Deal, Idalou, Buffalo Springs/Ransom Canyon, Slaton and Wolfforth, as well as numerous independent school districts.

**Instructor:** Sheriff Kelly S. Rowe began his tenure with the Lubbock County Sheriff's Office in 1999 as the administrative lieutenant of the detention division. He was promoted to the rank of captain in the detention branch and later transferred to law enforcement.

**Date:** October 19, 2017

**Time:** Thursday, 2-3:30 p.m.

**Fee:** \$15 for individual class or

**\$40 for the 3 Part Keeping You Safe Series**

**Location:** Lubbock County Sheriff's Academy,  
712 Broadway Ave, Lubbock, TX, 79401

## Keeping You Safe III

### An Overview of the Texas Department of Public Safety



Commander Gary Albus will provide an overview of the functions of the Texas Department of Public Safety and will provide students an opportunity to hear about the many missions of law enforcement personnel including the Texas Rangers, Texas Highway Patrol, criminal investigations; as well as divisions such as Driver License. Attendees will have the opportunity to ask questions and speak with Commander Albus at the end of the class.

**Instructor:** Commander Gary Albus started his career with the Texas Department of Public Safety on January 10, 1979. He served for 14 years in Odessa as a highway patrolman and in the license and weight service. Subsequent promotions resulted in transfers to Lubbock, Corpus Christi, El Paso, San Antonio and a return to Lubbock as regional commander in October of 2014.

**Date:** October 26, 2017

**Day:** Thursday, 5:30-7 pm.

**Fee:** \$15 for individual class or

**\$40 for the 3 Part Keeping You Safe Series**

**Location:** Museum of Texas Tech University,  
3301 4th St, Lubbock, TX 79415

## Red Raiders in Costa Rica?

Join OLLI on an exploration of the future of the University and discussion of why Texas Tech University decided to open a degree-granting international campus and why it chose San José, Costa Rica, for its first such endeavor. The new campus in San José, Costa Rica, will offer students in Central America an opportunity to earn credits necessary for undergraduate or graduate degrees. With instruction in English, programs will be offered by the Rawls College of Business, the Edward E. Whitacre Jr. College of Engineering, the College of Arts & Sciences and the Department of Hospitality and Retail Management within the College of Human Sciences.

Texas Tech University Costa Rica plans to open for Spring 2018.

**Instructor:** Sukant Misra, Ph.D., is the Associate Vice Provost at the Texas Tech University Office of International Affairs. Misra has considerable administrative experience in managing international initiatives and has visited over 25 countries. As a faculty member, Misra has received numerous teaching awards, has authored more than 100 publications, and has generated over \$2.2 million in research funding.

**Date:** October 25, 2017

**Day:** Wednesday, 2-3:30 p.m.

**Fee:** \$15

**Location:** Museum of Texas Tech University,  
3301 4th St, Lubbock, TX 79415

## Is the Wall the Way?

### Texas Department of Public Safety Border Security Operations

Commander Gary Albus will present an in-depth presentation about the Texas Department of Public Safety Border Operations. Students will be given an inside look at the role of TXDPS and other law enforcement agencies in protecting our often volatile Texas-Mexico border and get a unique, close-up look at incidents and crimes on the border including: drug trafficking activities, illegal border crossing methods, human trafficking, and the resulting threats to public safety. Commander Albus will be available after class for questions and discussion.

**Instructor:** Commander Gary Albus started his career with the Texas Department of Public Safety on January 10, 1979. He served for 14 years in Odessa as a highway patrolman and in the license and weight service. Subsequent promotions resulted in transfers to Lubbock, Corpus Christi, El Paso, San Antonio and a return to Lubbock as regional commander in October of 2014.

**Date:** November 9, 2017

**Day:** Thursday, 5:30-7 p.m.

**Fee:** \$15

**Location:** Museum of Texas Tech University,  
3301 4th St, Lubbock, TX 79415

## I'm Going to Live Until I Die

### A Full Life and a Peaceful Death



This interactive reflection addresses issues of being fully alive until our death. Ways in which we realize life's opportunities as we age are explored together with our hopes and our expectations of a peaceful death. Participants are encouraged to share their own wisdom derived from those experiences which give meaning to our lives. Narrative and storytelling are encouraged. Attention is also given to the realities of a peaceful death in so far as we can plan for the final days of our lives.

**Instructor: Tom McGovern, Ph.D.**, is a retired professor of psychiatry and Director Emeritus of the Center of Ethics, Humanities and Spirituality at the School of Medicine, Texas Tech University Health Sciences Center where he has served for 40 years.

**Date: November 14, 2017**

**Day: Tuesday, 2-3:30 p.m.**

**Fee: \$15**

**Location: Museum of Texas Tech University,  
3301 4th St, Lubbock, TX 79415**

## Film Study

### Movie Night

#### Let's Have Dinner with Mr. and Mrs. Smith

Discover Alfred Hitchcock's comedy of a zany couple who find out their marriage is not legally valid. Of course, chaos ensues as the partners try to figure what each really want (including each other). This film features a fine performance by Hitchcock's personal friend and queen of comedy, Carole Lombard. Also featured are Robert Montgomery and Betty Compton. Come join fellow OLLI members for an evening of fun and dining with the "Smiths."

**Facilitator: Rob Weiner, M.A., M.S.**, is humanities librarian for the College of Visual and Performing Arts and of Film Studies for Texas Tech University. He has written several articles about film and television which have appeared in books such as "Too Bold for the Box Office: The Mockumentary from the Big Screen to the Small Screen and Movies in American History."

**Date: November 16, 2017**

**Day: Thursday, 5:30-7 p.m.**

**Fee: \$27 (includes a meal)**

**Location: Lubbock Women's Club,  
2020 Broadway, Lubbock, TX 79401**

## Finance

### I've Saved It, Now How Do I Withdraw It?

#### Navigating Retirement Distribution Rules

You've spent many years saving money into various accounts earmarked for retirement; now, you're ready to start taking that money out to live your retirement life! Navigating retirement plan distribution rules can be daunting; however, knowledge is power and an understanding of these rules can help you maximize your retirement income. This presentation will provide attendees with an understanding about the key retirement plan distribution rules and strategies related to defined contribution retirement accounts (e.g., 401(k), 403(b), etc.), required minimum distributions (RMDs), company stock distributions, early withdrawal penalties (and exceptions), Roth IRA withdrawals and conversions, and charitable IRA distributions.

**Instructor: Sarah Asebedo, Ph.D., CFP®**, is an Assistant Professor of Personal Financial Planning with Texas Tech University. With extensive financial planning practitioner experience, her goal is to connect research and financial planning practice with a focus on the relationship between psychological attributes, financial conflicts, and financial behavior.

**Date: October 19, 2017**

**Time: Thursday, 10-11:30 a.m.**

**Fee: \$15**

**Location: Museum of Texas Tech University,  
3301 4th St, Lubbock, TX 79415**

### Identity Theft IQ

Identity theft is an increasing crime in the United States. With everyone sharing information and purchasing products online, it's easier than ever for criminals to obtain personal information. That's why it's important to be proactive and protect yourself as much as possible from becoming a victim of identity theft.

Join Personal Finance Coach Greg Pare as he talks about tax fraud and gives you a simple, informative quiz to assess your risk of identity theft.

In addition to the interactive quiz, participants will be given a list of action items to begin implementing immediately to help stop identity theft.

**Instructor: Greg Pare**, among other career successes, built a multi-million dollar technology company from scratch, which he sold after 20 years of ownership. He is passionate about helping people achieve financial peace in their lives.

**Date: November 7, 2017**

**Time: Tuesday, 2-3:30 p.m.**

**Fee: \$15**

**Location: Museum of Texas Tech University,  
3301 4th St, Lubbock, TX 79415**

## Food

### Cooking With Dirk Rambo

#### The Fine Art of French Cuisine

In his third series of cooking classes, Dirk Rambo will be bringing a guest cook to demonstrate the fine art of French cooking. Erin Owens has spent many years working in French as well as French Creole cooking techniques. Her expertise will amaze as she demonstrates the preparation of 4 classic French delicacies: mesclun salad with French herbs, apples and crumbled cheese, beef bourguignon, a French zucchini gratin, and the classic choux a la crème dessert. Please join us for a fun and educational (not to mention filling) time.

**Instructor:** Dirk Rambo is head of operations and concept development for Abuelo's, a 41-unit chain of Mexican restaurants. He has been in the restaurant industry for 42 years and developed menu items, recipes, presentations, restaurant design, and operating systems for 26 years.

**Date:** October 18, 2017

**Day:** Wednesday, 5:30-7:30 p.m.

**Fee:** \$35 per person (includes a meal)

**Location:** YWCA Sun and Fun,  
6204 Elgin Ave, Lubbock, TX 79413

### Cooking With the Fab 5!



Diane Earl, Stephanie McKee and Phyllis Underwood, three of the Fab Five, will demonstrate holiday dishes for your dining pleasure. They delight in telling the story of their long-term 30 year friendship, the steps that took place to work a cookbook business and how they encourage others to "make time for things that are important".

**Instructors:** Stephanie McKee, Diane Earl, Phyllis Underwood, Jan Tonroy and Debbie Powell Rubin

**Date:** October 19, 2017

**Day:** Thursday, 5:30-7 p.m.

**Fee:** \$30 per person (includes a meal)

**Location:** YWCA Sun and Fun,  
6204 Elgin Ave, Lubbock, TX 79413

## Health and Wellness

### Health (and Healthcare) in America

#### Today's Challenges, Tomorrow's Crises

Dr. Mitchell's presentation will explore medical challenges in the 21st century. In particular, Dr. Mitchell will provide an overview of the fundamental shift in life expectancy and the determinants of how we age successfully. With individuals living longer, it is now more important than ever that we put greater focus on maintaining a higher quality of life throughout the aging process rather than focusing on expensive end-of-life interventions.

**Instructor:** Tedd Mitchell, M.D., is the President of the Texas Tech University Health Sciences Center, former President and Chief Executive Officer of the world famous Cooper Clinic in Dallas, and a former captain in the U.S. Army Reserves (Medical Corps).

**Date:** August 31, 2017

**Day:** Thursday, 5:30-7 p.m.

**Fee:** \$15

**Location:** Texas Tech University Health Sciences Center, 3601 4th St, Lubbock, TX 79430

### Muscle Strength and Aging

Muscle strength of the lower extremities is critical for fundamental activities of daily living, including; rising from a chair, walking, maintaining postural stability, and jumping. However, with advanced age, muscle strength deficits have been suggested to reduce one's ability to perform these daily tasks. This course will look at the effects of age on muscle strength and explore intervention strategies aimed at improving mobility and function in the elderly.

**Instructors:** Dr. and Mrs. Ty Palmer study the effects of aging, fall-history, and athletic status on muscle stiffness, strength, postural balance, and other performance-based outcomes in young and elderly adults.

**Date:** September 6, 2017

**Day:** Wednesday, 2-3:30 p.m.

**Fee:** \$15

**Location:** Museum of Texas Tech University,  
3301 4th St, Lubbock, TX 79415

*"My first year of participating in OLLI has been far greater than my expectations. The variety of classes along with the experience and knowledge of the presenters has been tremendous.*

**– Pam Parkman**

## Introduction to Yoga

What have you heard about yoga? You have to be flexible to do yoga. Yoga is only for young people. Only women do yoga. Yoga is a religion. Many myths and misconceptions exist when talking about yoga. Yoga uses a set of physical exercises or postures, sequences of postures and conscious breathing to develop awareness, balance, strength and flexibility. There are many styles of yoga, any one of them may be right for you. Come give "Introduction to Yoga" a try and get a taste of yoga.

Please wear comfortable clothing that allows movement. Yoga mats available for use during class.

**Instructor:** Andi Giberson is a certified yoga instructor who has been teaching at a variety of facilities in Lubbock for over three years. She completed her 200-hour certification through the Indigo Yoga Teacher Training School.

**Date:** September 26 & 28, 2017

**Day:** Tuesday & Thursday, 2:30-3:30 p.m.

**Fee:** \$30

**Location:** UMC Activities Center,  
5217 82nd St, Suite 128 (SW Corner of 82nd & Slide)  
**Enrollment limited to 15 individuals**

## Are You Sick and Tired of Feeling Sick and Tired?

If you are sick and tired of feeling sick and tired, then it is time to gain knowledge from over 40 different doctors, chiropractors, naturopathic doctors, and medical experts of some of the causes of health problems in today's world. The information discovered can help you to get to the root of your own health challenges. Learn about the importance of colon health, probiotics, fiber, and healthy eating; as well as about the dangers of candida, parasites, and constipation/diarrhea.

**Instructor:** Debra Pugh has a bachelor's in kinesiology, is a certified personal trainer, sports nutritionist, and author of the book, "Fibromyalgia and Fatigue: A Recipe for Feeling Fit and Healthy." She has had over 200 articles published in newspapers and magazines. She is a national fitness champion and has been featured in many fitness magazines.

**Date:** September 27, 2017

**Day:** Wednesday, 2:30-4 p.m.

**Fee:** \$15

**Location:** Raider Ranch,  
6548 43rd St, Lubbock, TX 79407



## Healthy Aging the Natural Way

Every year people get older, whether they want to or not; aging is something individuals cannot prevent from happening. So why not learn how to stay healthy and active while growing older? Many people have heard the saying from Ben Franklin, "An ounce of prevention is worth a pound of cure." There are times when chronic diseases and symptoms can be prevented, alleviated, or possibly cured with a few lifestyle changes such as exercise, healthy eating, stress management, improved sleeping, and drinking enough water.

**Instructor:** Debra Pugh has a bachelor's in kinesiology, is a certified personal trainer, sports nutritionist, and author of the book, "Fibromyalgia and Fatigue: A Recipe for Feeling Fit and Healthy." She has had over 200 articles published in newspapers and magazines. She is a national fitness champion and has been featured in many fitness magazines.

**Date:** October 25, 2017

**Day:** Wednesday, 3-4:30 p.m.

**Fee:** \$15

**Location:** Raider Ranch,  
6548 43rd St, Lubbock, TX 79407



## Cannabis, Ganja, Hash, Pot, Weed

### From Reefer Madness to Marijuana Legalization

By March 2017, 28 states and the District of Columbia have legalized some form of marijuana. Some permit medical use; some permit recreational use. What is this plant, what chemicals does it make, and how do they affect our bodies and our brains? Let's look at what researchers have learned about cannabis and its chemicals, and at why this research is controversial and hard.

**Instructor:** Alice Young, Ph.D., has a doctorate in experimental psychology from the University of Minnesota, received postdoctoral training in pharmacology at the University of Michigan, and currently holds faculty and administrative positions at TTU and TTUHSC.

**Date:** November 14, 2017

**Day:** Tuesday, 5:30-7 p.m.

**Fee:** \$15

**Location:** Museum of Texas Tech University,  
3301 4th St, Lubbock, TX 79415

## Maximizing Your Mental Health During the Holidays and Beyond

Our interactive program will provide the latest research on methods to promote optimal mental health, as well as tips for keeping the holidays merry. Myths and misunderstandings about mental health and mental illness will be presented along with the most common mental health issues in retirement age; such as depression, pseudo dementia and dementia. Participants will also engage in identifying five red flags not to be missed regarding mental health.

**Instructors:** Dr. Susan Calloway is program director for the Psychiatric Mental Health Nurse Practitioner Program at TTUHSC and is dually certified as a family nurse practitioner and psychiatric mental health nurse practitioner. Dr. Emily Merrill is associate dean and department chair for APRN programs at TTUHSC School of Nursing.

**Date:** November 30, 2017

**Day:** Thursday, 5:30-7 p.m.

**Fee:** \$15

**Location:** Museum of Texas Tech University,  
3301 4th St, Lubbock, TX 79415

## Hidden Lubbock Tour

### Trilogy Cellars

Originally built in 1926, this old building on the square in downtown Levelland, Texas, has been transformed into the Trilogy Cellars' tasting room. Trilogy Cellars is the joining of three families committed to growing premium Texas wine grapes for some of the finest wines in Texas. Though all are located within Hockley County, the high desert elevation and sandy terroir at each family vineyard is different; these subtle differences provide unique characteristics with each wine produced.

Join OLLI members as we learn about this hidden gem on the South Plains and their award winning wines!

**Instructor(s):** Trilogy Cellars is owned and operated by three South Plains families.

**Date:** September 11 or November 8, 2017

**Day:** Monday or Wednesday, 5:30-9 p.m.

**Fee:** \$50

**(includes transportation, wine tasting and appetizers)**

**Location:** OLLI Members will meet at the McKenzie-Merket Alumni Center, 19th and University

*"Learning is fun in an OLLI class!"*

– OLLI Member

## The Significance of First United Methodist Church in Downtown Lubbock

Celebrating 125 years, First United Methodist Church has a rich history in the development of downtown Lubbock. A small, dusty settlement that boasted the original circuit riders to reach its members, FUMC would eventually grow to support the magnificent structure located at 1411 Broadway. Complete with the world-renowned Rose window, this course will explore one of Lubbock's early structural icons as seen through the eyes of its founders from 1892 to present.

**Instructor:** Shera Atkinson, Ph.D., is the minister of spiritual formation and congregational care at First United Methodist Church Lubbock. Shera earned her doctorate in family studies from Texas Tech in 1995. She has been an adjunct faculty member at Texas Tech, Wayland Baptist University, Lubbock Christian University and South Plains College.

**Date:** October 4, 2017

**Day:** Wednesday, 10-11:30 a.m.

**Fee:** \$15

**Location:** First United Methodist Church,  
1411 Broadway St, Lubbock, TX 79401

## What Do You Want to Be When You Grow Up?

Discover the Future of Lubbock Independent School District at the Advanced Technology Center

The Byron Martin Advanced Technology Center (ATC) is a hidden gem in the Lubbock community. The facility began 20 years ago as a partnership between Lubbock ISD, South Plains College and Market Lubbock (now LEDA); and since its inception, the campus has grown to offer so many different programs that both entities eventually outgrew the facility. South Plains College moved to a new location last summer and opened their Lubbock Center in the Fall of 2017. Among the variety of programs housed at the ATC are classes taught in the following endorsement areas: architecture and construction; arts; AV and communications, health science; human services; information technology; manufacturing; STEM (engineering); and transportation, distribution and logistics.

**Instructor:** Charlotte Sessom, M.Ed., Coordinator of the Byron Martin ATC, has been an educator for 32 years as a classroom teacher and counselor at the middle and high school levels.

**Date:** October 10, 2017

**Day:** Tuesday, 5:30-7 p.m.

**Fee:** \$15

**Location:** Byron Martin ATC, 3201 Avenue Q  
(corner of 34th Street & Avenue Q)

## The American Wind Power Center

The American Wind Power Center is home to more than 170 rare and fully restored windmills spread out on 28 acres of rolling hills, and is known as the largest windmill museum in the world. Visitors are sure to leave with a deeper understanding and appreciation of the American-style, water pumping windmills that shaped much of the country's pioneering technology efforts. In 2016, the center opened the Wind Energy Experience building featuring a G-scale train exhibit mirroring the South Plains, windmills, dozens of miniature houses and an impressive collection of grist stones from the mid-19th and early-20th centuries.

**Instructor:** Tanya Meadows joined the American Wind Power Center staff in October 2002 and was promoted to the director of marketing in April of 2010.

**Date:** October 10, 2017

**Day:** Tuesday, 10 a.m.-1 p.m.

**Fee:** \$20 (includes a box lunch)

**Location:** American Wind Power Center,  
1701 Canyon Lake Drive, Lubbock, Texas 79403



## Cotton: From Field to Fabric

Cotton is king in Texas, and especially on the South Plains. Join OLLI as we follow the path of cotton; from the field, through to your favorite pair of jeans. Throughout the day, we'll interact with growers, ginners, merchants and other industry experts. Weather permitting, you'll experience cotton harvest, visit a cotton gin, and learn how Texas High Plains cotton has evolved over the years into the premier cotton the world has come to expect.

**Instructor:** Steve Verett is the executive vice president of Plains Cotton Growers, Inc., a regional cotton producer organization covering 41 counties in the High Plains of Texas. He is a graduate of Texas Tech University and also of the Cotton Foundation's Cotton Leadership Program.

**Date:** November 1, 2017

**Day:** Wednesday, 1-5 p.m.

**Fee:** \$25 (includes transportation and refreshments)

**Location:** OLLI Members will meet at the McKenzie-Merket Alumni Center, 19th and University

## History

### Finding Your History

This course will discuss the many alternatives to tracing personal histories. Your physical characteristics, where you live, what foods you enjoy, even how you think is somewhat determined by the coming together of 32 different families (if we only count back to your 3rd great grandparents). They may have been born right around the same time as our nation. Were they here during those momentous days? Your 16 great-great-grandparents were probably alive during the Civil War. Do you know where they spent those years?

The discussion will include how to create a historical narrative, where to find the information and how to preserve it.

**Instructor:** Dr. Scott White serves as Director of Collections, Exhibits and Research of the National Ranching Heritage Center of Texas Tech University and as Editor of the "Ranch Record."

**Date:** September 7, 2017

**Day:** Thursday, 5:30-7 p.m.

**Fee:** \$15

**Location:** Museum of Texas Tech University,  
3301 4th St, Lubbock, TX 79415

### Technology Trumps Thought: World War I

Join us as Jim Brink takes us back one hundred years to examine how civilized societies were forced to reckon scientific progress against the backdrop of barbaric inhumanity. His knowledge and insight are sure to help us gain a greater understanding of how those who ultimately lost the war propelled the world into the greatest technological breakthroughs humanity has ever known.

**Instructor:** Jim Brink came to TTU in 1976 with degrees in French and history from the University of Kansas and a Master of Arts and doctorate in history from the University of Washington. He serves as the Director of the Arts and Letters degree program in the Honors College.

**Date:** September 13, 2017

**Day:** Wednesday, 2-3:30 p.m.

**Fee:** \$15

**Location:** Museum of Texas Tech University,  
3301 4th St, Lubbock, TX 79415

### Those Were the Days

#### Women's Athletics from the Early Years to Now

On June 23, 1972, the Educational Amendments were enacted by Congress and signed by former President Richard Nixon. Under Title IX of the amendment, discrimination against women in any federally-funded educational program, including athletics, was prohibited.

Prior to this enactment, women who participated in recreational sports or were involved in informal clubs were faced with firm resistance and non-acceptance. Now, after 45 years, the amendment has created a wide variety of opportunities for women in sports and led to a multitude of accomplishments for female athletes and organizations.

We invite you to join us in learning about Texas Tech University's history of women's athletics from the beginning of Title IX to now.

**Instructors:** Judi Henry, Ed.D., and Texas Tech University Head Coach Emerita Marsha Sharp.



**Judi Henry, Ed.D.,**

Since 1997, Judi Henry has dedicated her career to enhancing the lives of student-athletes as the Senior Associate Athletics Director/Senior Woman Administrator for the Department of Intercollegiate Athletics at Texas Tech University.



**Texas Tech University**

**Head Coach Emerita Marsha Sharp**

In her 24 seasons (1982-2006) as head coach of the Texas Tech Lady Raiders, Marsha Sharp had a career record of 572-189 and led her team to eight conference championships, 10 Sweet 16 appearances, four Elite 8's, and a national championship in 1993.

**Date:** October 18, 2017

**Day:** Wednesday, 2-3:30 p.m.

**Fee:** \$15

**Location:** TBD

### The Goodnight Ranch

Join OLLI as we travel back in time to when the west was truly wild and legendary cattlemen such as Charles Goodnight were first settling the Texas plains. At the Charles Goodnight Historical Center, members will tour the 1887 Victorian-style Goodnight home which has been newly restored on its original site. It features a 268-foot second-floor sleeping porch with spectacular views of the countryside and the nearby bison herd; descendants of the herd raised by Charles and Mary Ann Goodnight. The J. Evetts Haley Visitor and Education Center also offers exhibits about the Goodnights, bison, and transportation and settlement of the area. A Quanah Parker Trail arrow marker commemorates the friendship between Charles Goodnight and Quanah Parker.

After we tour the Goodnight Historical Center, we will travel the short distance to Claude, TX and spend time at the Armstrong County Museum.

**Date:** October 31, 2017

**Day:** Tuesday, 9 a.m.-4 p.m.

**Fee:** \$55 (includes transportation, museum admittances and barbecue lunch)

**Location:** OLLI members will meet at the McKenzie-Merket Alumni Center, 19th Street and University

## A History of the U.S. Constitution

We will look at events, people, and great documents that influenced our founding fathers in their drafting of our U.S. Constitution including relevant English, Colonial American, and Native American history.

**Instructor:** The Honorable Mark Hocker, J.D., is a lawyer and currently Judge of Lubbock County Court at Law Number 1. He earned his J.D. from Texas Tech University School of Law in 1998, and before that his Bachelor of Education from Texas A&M University School of Architecture.

**Date:** November 29, 2017

**Day:** Wednesday, 2-3:30 p.m.

**Fee:** \$15

**Location:** Museum of Texas Tech University,  
3301 4th St, Lubbock, TX 79415

## Courage With the American Presidents

### Presidential Courage:

#### The Two Roosevelts; Teddy and Franklin

It takes extraordinary courage to be President of the United States. The person occupying the First Office is subject to criticism from all sides of the political spectrum. No matter what decision is made there is always opposition and it's been that way since the first President took the Oath of Office. Political parties, the public, and lobbyists are often fickle and the Presidents have to make hard choices that they think are in the best interest of the country. They have to show courage in the face opposition that in some cases may cost them the presidency. This course is an on-going discussion of presidential historian's Michael Beschloss's New York Times bestselling book "Presidential Courage: Brave Leaders and How They Changed America 1789-1989". This third class session will focus on Teddy Roosevelt and Franklin Roosevelt.

**Required Text:** "Presidential Courage"

by Michael Beschloss

ISBN-10: 0743257448

ISBN-13: 978-0743257442

Please read the sections on Teddy Roosevelt and Franklin Roosevelt

**Facilitator:** Rob Weiner, M.A., M.S., is humanities librarian for the College of Visual and Performing Arts and of Film Studies for Texas Tech University. He has written several articles about film and television which have appeared in books such as "Too Bold for the Box Office: The Mockumentary from the Big Screen to the Small Screen and Movies in American History."

**Date:** November 7, 2017

**Day:** Tuesday, 5:30-7 p.m.

**Fee:** \$15

**Location:** Museum of Texas Tech University,  
3301 4th St, Lubbock, TX 79415

## Hobbies and Activities

### Fly Fishing 102 (Intermediate)

Continue your journey in fly fishing. This will be a hands-on class divided into three sections: rod, reel, and line management (learning how to setup and manage your rod), learning about entomology, (what flies to use and how to hook your fish), and casting instruction with a fly rod. If you have a rod and reel, please bring them with you. If you do not have one, you may use ours.

**Class instructors:** Cabela's and Lubbock Fly Fishers Club. Cameron Dunn, David Bloodworth, David Crawford, Eddie B. Emerson, Jim Hund (Certified Casting Instructor, FFI)

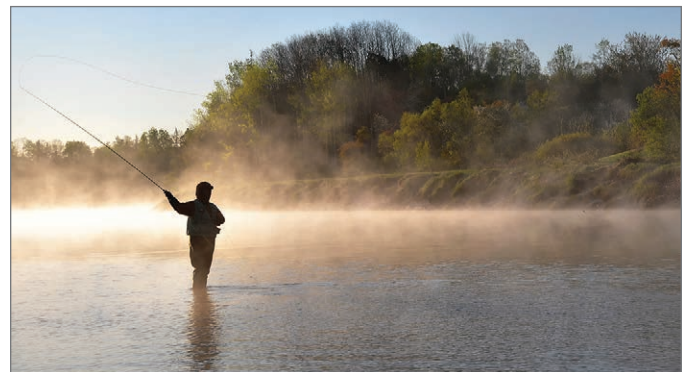
**Date:** August 29, 2017

**Day:** Tuesday, 6-8 p.m.

**Fee:** \$15

**Location:** YWCA Sun and Fun,  
6204 Elgin Ave, Lubbock, TX 79413

**Class Limit:** 15



### What's My Stuff Worth?

#### How to Use eBay and the Internet to Determine Values for Your Antiques, Collectibles, and Other Belongings

What is it? What is it worth? What is the best way to sell it? This hands on workshop will give you the information you need to evaluate the possessions you no longer want or need; or you might just be curious about their worth. You will learn how to identify your "treasures" and how to determine their reasonable value. Information will also be provided about eBay, Craigslist, and other selling tools.

**Instructors:** Cheryl and Tom Shubert have turned what began as a hobby, into a profitable business venture. The Shuberts have been buying antiques and collectibles locally and through other venues and selling on eBay plus other specialized internet platforms for over 20 years.

**Date:** November 6 and 13, 2017

**Day:** Mondays, 5:30-7 p.m.

**Fee:** \$30

**Location:** Museum of Texas Tech University,  
3301 4th St, Lubbock, TX 79415



## Let's Get the Holidays Decorated!

### Quick & Easy Holiday Decorating Ideas Guaranteed to WOW!

Join OLLI as we travel to the go-to holiday decorating team at Miss Cayce's Christmas Store. Their superbly talented Team Cayce will demonstrate how to decorate for Halloween, fall, and of course, Christmas! Each year they create a fabulous Christmas wonderland guaranteed to inspire and educate.

Through the course of our visit, their designers will present several featured demonstrations including:

**Create a Showstopper Treetopper** – Designers will present how beautiful wired ribbon and floral stems combine to top off your largest decoration, the Christmas tree! Designs range from traditional to funky fun!

**Be a Superhero at Celebrations** – Team Cayce experts demonstrate how utilizing collections such as Round Top and Cotton Colors, provide continuous decoration as you leap from one Holiday celebration to the next!

**Mark Roberts Magic Live** – Right before your eyes fairy, elf and Santa experts will show you how to create magic in your own home using whimsical figurines on your lamps, chandeliers, baker racks and more!

Our visit would not be complete without including a true ladies lunch and ample time to shop for our very own holiday decorating treasures. And, as a bonus, Miss Cayce's owners will be offering a special OLLI discount of 20% off any purchases made that day.

**Instructors:** Kathy Harrison and Becky McCraney are sisters and co-owners of Miss Cayce's Christmas Store in Midland Texas.

**Date:** October 17, 2017

**Day:** Tuesday, 9 a.m.-4 p.m.

**Fee:** \$50 (includes transportation, lunch\*, demonstrations and refreshments)

**Location:** McKenzie-Merket Alumni Center at 17th and University Avenue, \*Lunch will include assorted sandwiches and wraps, chips, fruit, Miss Cayce's famous fresh baked cookies, iced tea, water & wine.

## Law and Government

### Interesting Developments in Criminal Law, an Annual Review

Every odd-numbered year the Texas legislative branch of government meets and passes new laws. It is the job of the executive branch to enforce these laws, and the judicial branch to interpret and ensure that such laws comply with the Constitution and are enforced fairly. This presentation explains developments in the law and how they are working out in practice. We look at specific cases and track them through the court system. The presentation is highly visually oriented and usually both enlightening and humorous.

**Instructor:** The Honorable Mark Hocker, J.D., is a lawyer and currently Judge of Lubbock County Court at Law Number 1. He earned his J.D. from Texas Tech University School of Law in 1998 and before that a Bachelor of Education from Texas A&M University School of Architecture.

**Date:** October 24, 2017

**Day:** Tuesday, 2-3:30 p.m.

**Fee:** \$15

**Location:** Carillon Lifecare Community, 1717 Norfolk Ave, Lubbock, TX 79416

## Your Legal Guide

### How to Protect Yourself in a Zombie Apocalypse

What if you were quarantined in the middle of a zombie epidemic? What are your rights? What if you are required by your government to be vaccinated against the zombie virus? What are your rights? If the authorities come knocking on your door to conduct a health examination on your family, can you say, "No?" Did the movies "World War Z", "21 Days Later" and "I Am Legend" get it right? These are all questions you will have answered in this stimulating and challenging workshop on street law you'll need for the zombie apocalypse.

**Instructor:** Vickie Sutton, Ph.D., has a J.D. degree, a master's degree in public administration and a doctorate in environmental sciences. Her undergraduate degrees are in animal science and zoology from North Carolina State University. She is the Paul Whitfield Horn professor and Director of the Center for Biodefense, Law and Public Policy at the School of Law.

**Date:** October 30, 2017

**Day:** Monday, 2-3:30 p.m.

**Fee:** \$15

**Location:** Museum of Texas Tech University, 3301 4th St, Lubbock, TX 79415

## Table Talks

Join us for an informal and more personal conversation over lunch with the designated speaker to learn more about topics in our community or its citizens who have led interesting lives and careers. Enrollment is limited to 32 OLLIs at each session. A delicious lunch is included in the fee. Don't delay in reserving your spot by enrolling online.

### Delbert McDougal



After a 25 year career with General Electric sales management, Delbert McDougal left to start his own housing company with only a \$10,000 loan. Delbert began his apartment community career by renting and maintaining a small apartment complex near Downtown Lubbock. More than 25 years later, Delbert has built a multi-million dollar apartment, property development, construction, realty, and property management corporation. The company's interests spread across Texas, and his Overton Park project in Lubbock has been called the largest privately financed urban renewal project in America. Delbert continues to be involved in the day-to-day operations of his company, alongside his wife, Carolyn, who is responsible for evaluating the company's multifamily properties and leasing operations.

**Date: September 20, 2017**

**Day: Wednesday, 11:30 a.m.-1 p.m.**

**Fee: \$20**

**Location: Lubbock Women's Club,  
2020 Broadway, Lubbock, TX 79401**

### Floyd Price



Floyd Price has always been a public servant. He served in the U.S. Army, retired from the Lubbock Police Department after 33 years, and has also been employed with the Lubbock County Sheriff's Department. From 2004 through 2016, he served on the Lubbock City Council as the District 2 Representative. Floyd has served on many boards, including the Retired Senior Volunteer Program and the South Plains Association of Governments Criminal Justice Advisory Committee; he has received numerous awards in his lifetime, including the Lubbock Avalanche-Journal Readers Choice Award for Best Law Officer for three consecutive years.

After graduating from Dunbar High School in 1959, he went on to receive a Bachelor of Science in Criminal Justice and Sociology from Wayland Baptist University in 1976. Floyd and his high school sweetheart, Violet, have been married for over 50 years.

**Date: November 13, 2017**

**Day: Monday, 11:30 a.m.-1 p.m.**

**Fee: \$20**

**Location: Lubbock Women's Club,  
2020 Broadway, Lubbock, TX 79401**

### Sheila Patterson Harris



Sheila Patterson Harris, a retired juvenile probation officer, was elected to serve on the Lubbock City Council as District 2 Representative on June 25, 2016. She has been an active community volunteer in Lubbock for many years and her goals as a council member are to revitalize Lubbock and establish equitability throughout the city for all citizens. She is a big believer in communication and in bringing people together to create working relationships that empower and provide opportunities to address concerns and improve every neighborhood. Sheila's objective is to work with other leaders, community members and agencies to unify Lubbock, and to initiate collective efforts that are felt and visible throughout her district and throughout Lubbock.

**Date: October 9, 2017**

**Day: Monday, 11:30 a.m.-1 p.m.**

**Fee: \$20**

**Location: Lubbock Women's Club,  
2020 Broadway, Lubbock, TX 79401**

### Tim Perrin



Tim Perrin was born and raised in Lubbock, Texas. His parents, Les and Elaine, were much-beloved faculty serving at Lubbock Christian University for more than three decades. He graduated from LCU with honors in 1984 and went on to study law at Texas Tech University School of Law, graduating in 1987, also with honors. After five years with a law firm in Corpus Christi, Perrin accepted a faculty position with the Pepperdine University School of Law. He served with distinction as a professor of law, as associate provost, and as vice dean of the law school at Pepperdine over the course of 20 years, where he was recognized for both his teaching and his scholarship. While in Malibu, he served as an elder of the University Church of Christ. His appointment at LCU began on June 1, 2012, which brought a West-Texas boy back to his roots – this time as the sixth president of Lubbock Christian University.

**Date: November 29, 2017**

**Day: Wednesday, 11:30 a.m.-1 p.m.**

**Fee: \$20**

**Location: Lubbock Women's Club,  
2020 Broadway, Lubbock, TX 79401**

## Science and Technology

### The “Barbarians” Are Inside the Gates

#### Are You Prepared?

We live in an interconnected world. Everything we do and touch intersects in the cyber world, making the need to practice cybersecurity even more important. The number and methods of cyberattacks continue to increase; however, there are ways to protect yourself from these threats. This 2-day class will provide an overview of the current cybersecurity landscape and help to develop your skills in protecting yourself, your family, and your assets from cyber criminals. Topics covered include: basic cybersecurity practices, phishing schemes, online shopping and banking, social networking, mobile device security, Wi-Fi, and cybersecurity tips while traveling.

**Instructor:** Sam Segrán is the associate vice president for IT and CIO at Texas Tech University and has been active in this field for over 30 years and is certified in a number of fields, including cybersecurity.

**Date:** September 18 & 20, 2017

**Day:** Monday & Wednesday, 2-3:30 p.m.

**Fee:** \$30

**Location:** Museum of Texas Tech University,  
3301 4th St, Lubbock, TX 79415



### Take a Bite of the Virtual Reality Sandwich

#### Discover the Virtual World First-Hand

There has been a lot of buzz online about virtual reality (VR) revolutionizing the way we work, train, and communicate. Yet, there are many questions on what it is, what it does, how it works, and why it is useful. In this class, discover the virtual world by experiencing first-hand two tools for VR simulations: Google Cardboard and zSpace. We will take a look into the world of research around these exciting new technology tools, including current and future uses of VR in education and the STEM workplace.

**Instructor:** Rebecca Hite holds Bachelor's and Master's degrees from UNC-Chapel Hill and a Doctorate from NC State University. She is an Assistant Professor of STEM education at Texas Tech University where she conducts research on the affordances of new technologies on science teaching and learning.

**Date:** September 19, 2017

**Day:** Tuesday, 2-3:30 p.m.

**Fee:** \$15

**Location:** Museum of Texas Tech University,  
3301 4th St, Lubbock, TX 79415

## Special Opportunities

### The 2017 Louise Cummins Honorary Course: Acting On Purpose

#### Volunteer Center of Lubbock Leadership Symposium



The Service and Leadership Symposium is an annual event dedicated to helping people find their purpose and act on it.

Keynote speaker is **Vicki Clark** who will be speaking about Servant Leadership.

First coined by Robert K Greenleaf,

Servant Leadership is the idea that “The servant-leader is servant first... It begins with the natural feeling that one wants to serve, to serve first.”

**Date:** September 27, 2017

**Day:** Wednesday, 8:30 a.m.-1 p.m.

**Fee:** \$50

(includes a light breakfast, symposium and lunch)

**Location:** Lubbock Memorial Civic Center,  
1501 Mac Davis Ln, Lubbock, TX 79401

## TTU Presidential Lecture & Performance Series

### Lyle Talking

#### An Evening of Conversation with Lyle Lovett

In a unique program, singer, songwriter, composer and actor, Lyle Lovett will be in conversation with Paul Allen Hunton, general manager of Texas Tech Public Media, to offer insights about his creative process and stories from a recording and performing life spanning thirty years. Four-time Grammy winner, Lyle Lovett has broadened the definition of American music in a career that includes 14 memorable albums. The Texas-based musician fuses elements of country, swing, jazz, folk, gospel and blues in a convention-defying manner that breaks down barriers. He has a specific gift for storytelling and for offering us some of the most unforgettable song lyrics: “If I Had a Boat,” “L.A. County,” and “That’s Right (You’re Not From Texas)” to name a few. This program of conversation punctuated by his singing of selected songs will offer his fans and followers an intimate look at one of America’s musical treasures.

**Date:** October 12, 2017

**Day:** Thursday, 7 p.m.

**Fee:** \$12 at [www.selectaseatlubbock.com](http://www.selectaseatlubbock.com) using discount code **OLLI**, or with 2017-2018 OLLI name tag at the Select-A-Seat box office in the Lubbock Memorial Civic Center. Tickets available August 1.

**Location:** Texas Tech University Allen Theatre



Lyle Lovett, photo by Michael Wison

*OLLI is an easy way to be a  
lifelong learner of topics that  
are interesting and FUN!"*

– Terri Navrkal

### The SteelDrivers

#### 2016 Grammy Award for Best Bluegrass Album

Since the release of “The SteelDrivers” (2008) and “Reckless” (2010), The SteelDrivers have been nominated for three Grammys, four IBMA awards and the Americana Music Association’s New Artist of the Year and they won the 2016 Grammy Award for Best Bluegrass Album for “The Muscle Shoals Recordings.” They were presented the International Bluegrass Music Association’s award for Emerging Artist of the Year in 2009. That same year the band spent a week in Georgia as part of the cast in the movie “Get Low”. The movie, that starred Robert Duvall, Sissy Spacek and Bill Murray, featured a soundtrack that included four tunes by The Drivers. In 2011 the English pop star Adele began performing the SteelDriver song “If It Hadn’t Been For Love” in her live performances. Her opinion of The SteelDrivers, “They’re a blues, country, bluegrass, swagger band and they are brilliant.” They have been invited to perform on numerous radio and TV shows ranging from The Grand Ole Opry, to NPR’s Mountain Stage, and to the Conan O’Brien show.

**Date:** November 17, 2017

**Day:** Friday, 7 p.m.

**Fee:** \$12 at [www.selectaseatlubbock.com](http://www.selectaseatlubbock.com) using discount code **OLLI**, or with 2017-2018 OLLI name tag at the Select-A-Seat box office in the Lubbock Memorial Civic Center. Tickets available August 1.

**Location:** Texas Tech University Allen Theatre

### Sammy Miller & The Congregation

#### Grammy-nominated for Best Instrumental Jazz Album on “My Favorite Things”

A native of Los Angeles, Sammy Miller has become known for his unique maturity and relentless focus on making music that “feels good” as a drummer, singer and band leader. Upon completing his master’s at The Juilliard School, Sammy formed his ensemble, Sammy Miller and The Congregation. As a band they are focused on sharing the power of community through their music—joyful jazz. While independently the band members have performed/recorded with notable artist including Wynton Marsalis, O.A.R, Iron and Wine, and Lee Fields at venues including The White House, Lincoln Center, and the Hollywood Bowl, they have opted to stick together and create globally conscious music with the intention to spread joy throughout the world.

**Date:** February 23, 2018

**Day:** Friday, 7 p.m.

**Fee:** \$12 at [www.selectaseatlubbock.com](http://www.selectaseatlubbock.com) using discount code **OLLI**, or with 2017-2018 OLLI name tag at the Select-A-Seat box office in the Lubbock Memorial Civic Center. Tickets available August 1.

**Location:** Texas Tech University Allen Theatre

## The Other Mozart

### Critically Acclaimed Solo Theatrical Performance

There was another Mozart – a forgotten genius: Nannerl, the sister of Amadeus. “The Other Mozart” is the true and untold story of a prodigy, keyboard virtuoso and composer, who performed throughout Europe with her brother to equal acclaim, but her work and her story faded away, lost to history.

With the opulent beauty of the 18-foot dress that makes up the set, the sweet smell of perfume, and the clouds of dusting powder rising from the stage, the performance creates a multi-sensual experience that the New York Times calls, “Strikingly Beautiful,” and transports the audience into a world of outsized beauty and delight – but also of overwhelming restrictions and prejudice. There, in communion with the audience, this other Mozart at last tells her story.

**Date: March 23, 2018**

**Day: Friday, 7 p.m.**

**Fee: \$12 at [www.selectaseatlubbock.com](http://www.selectaseatlubbock.com) using discount code *OLLI*, or with 2017-2018 OLLI name tag at the Select-A-Seat box office in the Lubbock Memorial Civic Center. Tickets available August 1.**

**Location: Texas Tech University Allen Theatre**

## Ririe-Woodbury Dance Company

Ririe-Woodbury Dance Company was founded in 1964 by two Utah women, Joan Woodbury and Shirley Ririe, who were both professors of dance at the University of Utah. Over the years, the company has grown from its beginning as a local entity, into an internationally renowned contemporary dance company, having performed in every state in the United States, as well as throughout Europe, South Africa, Southeast Asia, the Caribbean, and the British Isles.

Ririe-Woodbury Dance Company is celebrating its 52nd Season (2015-2016) and boldly continues to engage an exciting future. Executive Director Jena Woodbury, Artistic Director Daniel Charon, and Education Director Ai Fujii Nelson are committed to the continuation of the Company mission: to make dance a viable part of everyone's lives, whether it be as observers, critics, performers, or creators.

**Date: April 13, 2018**

**Day: Friday, 7 p.m.**

**Fee: \$12 at [www.selectaseatlubbock.com](http://www.selectaseatlubbock.com) using discount code *OLLI*, or with 2017-2018 OLLI name tag at the Select-A-Seat box office in the Lubbock Memorial Civic Center. Tickets available August 1.**

**Location: Texas Tech University Allen Theatre**



**Register your Legacy  
today at  
[TexasTechLegacy.com](http://TexasTechLegacy.com)**

Alumni members must be Century  
Level or above to register.



## FALL 2017 CLASS SUMMARY - LUBBOCK

Title	Page	Day	Date	Time	Fee	Location
OLLI Orientation for New and Prospective Members	(pg 6)	8/16	Wed.	2-3:30pm	FREE	Museum of TTU
OLLI Orientation for New and Prospective Members	(pg 6)	8/16	Wed.	5:30-7pm	FREE	Museum of TTU
Today's College Athletics with Kirby Hocutt	(pg 6)	8/22	Tue.	5-7:30pm	\$20/\$35	McKenzie-Merket
Alternatives to Cable/Satellite Television	(pg 8)	8/28	Mon.	5:30-7pm	\$15	Museum of TTU
Fly Fishing 102 (Intermediate)	(pg 16)	8/29	Tue.	6-8pm	\$15	YWCA Sun and Fun
Health and Healthcare in America	(pg 11)	8/31	Thur.	5:30-7pm	\$15	TTU Health Sciences Center
Muscle Strength and Aging	(pg 11)	9/6	Wed.	2-3:30pm	\$15	Museum of TTU
Finding Your History	(pg 15)	9/7	Thur.	5:30-7pm	\$15	Museum of TTU
Trilogy Cellars	(pg 13)	9/11	Mon.	5:30-9pm	\$50	McKenzie-Merket
How Boomers and Millennials Can Get Along	(pg 8)	9/12	Tue.	5:30-7pm	\$15	Museum of TTU
Technology Trumps Thought: World War I	(pg 15)	9/13	Wed.	2-3:30pm	\$15	Museum of TTU
The Barbarians Are Inside the Gates	(pg 19)	9/18	Mon.	2-3:30pm	\$30	Museum of TTU
Discover the Virtual World First-Hand	(pg 19)	9/19	Tue.	2-3:30pm	\$15	Museum of TTU
Delbert McDougal	(pg 18)	9/20	Wed.	11:30am-1pm	\$20	Lubbock Women's Club
The Barbarians Are Inside the Gates	(pg 19)	9/20	Wed.	2-3:30pm	\$30	Museum of TTU
Planet 9 or the Heart of the Sun?	(pg 7)	9/21	Thur.	2-3:30pm	\$15	Museum of TTU
Introduction to Yoga	(pg 12)	9/26	Tue.	2:30-3:30pm	\$30	UMC Activities Center
The 2017 Louise Cummins Honorary Course: Acting On Purpose	(pg 19)	9/27	Wed.	8:30am-1pm	\$50	Civic Center
Are You Sick and Tired of Feeling Sick and Tired?	(pg 12)	9/27	Wed.	2:30-4pm	\$15	Raider Ranch
Introduction to Yoga	(pg 12)	9/28	Thur.	2:30-3:30pm	\$30	UMC Activities Center
Architecture as Classroom	(pg 7)	10/3	Tue.	5:30-7pm	\$15	TTU Administration Building
First United Methodist Church in Lubbock	(pg 14)	10/4	Wed.	10-11:30am	\$15	First United Methodist Church
Sheila Patterson Harris	(pg 18)	10/9	Mon.	11:30am-1pm	\$20	Lubbock Women's Club
The American Wind Power Center	(pg 14)	10/10	Tue.	10am-1pm	\$20	American Wind Power Center
What Do You Want to be When You Grow Up?	(pg 14)	10/10	Tue.	5:30-7pm	\$15	Byron Martin ATC
Leonard Bernstein at 100	(pg 7)	10/11	Wed.	2-3:30pm	\$15	Museum of TTU
A Look at the Lubbock Police Department	(pg 8)	10/12	Thur.	1-3pm	\$15	Lubbock Police Department
An Evening of Conversation with Lyle Lovett	(pg 20)	10/12	Thur.	7pm	\$12	TTU Allen Theatre
Let's Get the Holidays Decorated!	(pg 17)	10/17	Tue.	9am-4pm	\$50	McKenzie-Merket
Cooking With Dirk Rambo: The Fine Art of French Cuisine	(pg 10)	10/18	Wed.	5:30-7:30pm	\$35	YWCA Sun and Fun
Women's Athletics from the Early Years to Now	(pg 15)	10/18	Wed.	2-3:30pm	\$15	TBD
An Inside Look at the Lubbock County Sheriff's Department	(pg 9)	10/19	Thur.	2-3:30pm	\$15	Lubbock Sheriff's Office
Navigating Retirement Distribution Rules	(pg 10)	10/19	Thur.	10-11:30am	\$15	Museum of TTU
Cooking With the Fab 5!	(pg 11)	10/19	Thur.	5:30-7pm	\$30	YWCA Sun and Fun
Much Ado About Nothing	(pg 7)	10/20	Fri.	7-10pm	\$20	Maedgen Theater
Interesting Developments in Criminal Law, an Annual Review	(pg 17)	10/24	Tue.	2-3:30pm	\$15	Carillon Lifecare Community
Red Raiders in Costa Rica?	(pg 9)	10/25	Wed.	2-3:30pm	\$15	Museum of TTU
Healthy Aging the Natural Way	(pg 13)	10/25	Wed.	3-4:30pm	\$15	Raider Ranch
An Overview of the Texas Department of Public Safety	(pg 9)	10/26	Thur.	5:30-7pm	\$15	Museum of TTU
How to Protect Yourself in a Zombie Apocalypse	(pg 17)	10/30	Mon.	2-3:30pm	\$15	Museum of TTU
The Goodnight Ranch	(pg 15)	10/31	Tue.	9am-4pm	\$55	McKenzie-Merket
Cotton: From Field to Fabric	(pg 14)	11/1	Wed.	1-5pm	\$25	McKenzie-Merket
What's My Stuff Worth? (Part 1)	(pg 16)	11/6	Mon.	5:30-7pm	\$30	Museum of TTU
Identity Theft IQ	(pg 10)	11/7	Tue.	2-3:30pm	\$15	Museum of TTU
Presidential Courage: The Two Roosevelts; Teddy and Franklin	(pg 16)	11/7	Tue.	5:30-7pm	\$15	Museum of TTU
Trilogy Cellars	(pg 13)	11/8	Wed.	5:30-9pm	\$50	McKenzie-Merket
Is the Wall the Way?	(pg 9)	11/9	Thur.	5:30-7pm	\$15	Museum of TTU
Floyd Price	(pg 18)	11/13	Mon.	11:30am-1pm	\$20	Lubbock Women's Club
What's My Stuff Worth? (Part 2)	(pg 17)	11/13	Mon.	5:30-7pm	\$30	Museum of TTU
I'm Going to Live Until I Die	(pg 10)	11/14	Tue.	2-3:30pm	\$15	Museum of TTU
From Reefer Madness to Marijuana Legalization	(pg 13)	11/14	Tue.	5:30-7pm	\$15	Museum of TTU
Movie Night: Let's have Dinner with Mr. and Mrs. Smith	(pg 10)	11/16	Thur.	5:30-7pm	\$27	Lubbock Women's Club
The SteelDrivers	(pg 20)	11/17	Fri.	7pm	\$12	TTU Allen Theatre
Tim Perrin, Lubbock Christian University President	(pg 18)	11/29	Wed.	11:30-1pm	\$20	Lubbock Women's Club
A History of the U.S. Constitution	(pg 16)	11/29	Wed.	2-3:30pm	\$15	Museum of TTU
Mental Health During the Holidays and Beyond	(pg 13)	11/30	Thur.	5:30-7pm	\$15	Museum of TTU
Deck the Halls with OLLI	(pg 8)	12/12	Tue.	2-4pm	\$20	Museum of TTU
Sammy Miller & the Congregation	(pg 20)	2/23	Fri.	7pm	\$12	TTU Allen Theatre
The Other Mozart	(pg 21)	3/23	Fri.	7pm	\$12	TTU Allen Theatre
Ririe-Woodbury Dance Company	(pg 21)	4/13	Fri.	7pm	\$12	TTU Allen Theatre



## Lubbock OLLI 2017-2018 Membership & Registration Form

### — EASY WAYS TO REGISTER —

Please provide ALL participant information for each individual, including full address and telephone number. Your email is very important to us, so please include it, if you have one. Providing an email address allows you to receive newsletters, updates, and notices in advance.

- 1** Enroll online using a credit card at [www.oli.ttu.edu](http://www.oli.ttu.edu). We accept Visa, Discover and MasterCard.

or

- 2** Mail this completed form with check (payable to OLLI@TTU) to:  
OLLI  
P.O. Box 45095  
Lubbock, TX 79409-5095

### — PARTICIPANT INFORMATION (First Person) —

Name: \_\_\_\_\_ Email Address: \_\_\_\_\_  
Mailing Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Primary Phone: \_\_\_\_\_ Birthday: (Month) \_\_\_\_\_ (Day) \_\_\_\_\_  
Are you a member? ☐ Yes ☐ No Age: ☐ 50-59 ☐ 60-69 ☐ 70-75 ☐ 75+  
How did you hear about OLLI? \_\_\_\_\_ Work Status: ☐ Working ☐ Semi-retired ☐ Retired

### — PARTICIPANT INFORMATION (Second Person) —

Name: \_\_\_\_\_ Email Address: \_\_\_\_\_  
Mailing Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Primary Phone: \_\_\_\_\_ Birthday: (Month) \_\_\_\_\_ (Day) \_\_\_\_\_  
Are you a member? ☐ Yes ☐ No Age: ☐ 50-59 ☐ 60-69 ☐ 70-75 ☐ 75+  
How did you hear about OLLI? \_\_\_\_\_ Work Status: ☐ Working ☐ Semi-retired ☐ Retired

### — LUBBOCK MEMBERSHIP AND PROGRAM REGISTRATION —

Participant Name(s)	Program Title	Program Date(s)	Fee
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	New Membership	\$ _____
_____	_____	GRAND TOTAL	\$ _____

### — LUBBOCK PAYMENT INFORMATION —

Enroll online using a credit card at [www.oli.ttu.edu](http://www.oli.ttu.edu). We accept Discover, MasterCard, and Visa. **Receive a 3% discount if you enroll online. Membership, events with food, transportation, and supplies are not eligible for discount.**

Check or money order (payable to OLLI@TTU). Mail this completed form with check to:  
OLLI | P.O. Box 45095 | Lubbock, TX 79409-5095

OLLI would appreciate any donations. You may donate online at: [www.oli.ttu.edu](http://www.oli.ttu.edu) or send a check payable to OLLI@TTU.

If you have a disability and may need auxiliary aids or services, please call (806) 742-6554  
Mon.-Thurs. 9 a.m.-5 p.m., Fri. 9 a.m.-Noon, at least five days before your course begins.



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## OLLI Staff

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OLLI Texas Tech Oversight

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Friday 9 a.m.-Noon

[www.oli.ttu.edu](http://www.oli.ttu.edu)