

Abilene

A Learning Community for Adults Over 50

EXPLORING NEW GROUND

SPRING 2020 COURSE CATALOG

Table of Contents

About OLLI2
Spring Kickoff4
Spring Classes4
Class Summary8
Membership/Registration9

OLLI Staff

Shelby Crews – OLLI Director (806) 742-6554 | shelby.crews@ttu.edu

Melanie Hart, Ph.D. Vice Provost, Texas Tech University OLLI Texas Tech Oversight

Otto Ratheal, M.B.A. - Associate Director

Misha Price – Abilene Coordinator (325) 696-0672 | misha.k.price@ttu.edu

OLLI Advisory Board

Donna Albus John Blake Carol Dromgoole Don Frazier Mark Hoover Pam Mann Bill Minter Janet Payne Judith Phaneuf Becky Poindexter Susan Robinson Suzie Shahan Jan Waggoner

OLLI Office Hours

Monday-Thursday | 9:30 a.m.-3:30 p.m.

Please check our website and newsletters for holiday or other closing dates.

www.olli.ttu.edu

Welcome to the Osher Lifelong Learning Institute at Texas Tech University!



At Texas Tech University, we aspire to provide students an experience that is transformative, one that promotes intellectual curiosity, and promotes life-long learning.

The Osher Lifelong Learning Institute at Texas Tech University embodies these attributes. It offers unique opportunities for local citizens of more than 50 years of age who have a common interest in continuing their learning experiences

and intellectual stimulation in an organization of likeminded people who value the joy of learning.

Many individuals have taken advantage of the offerings afforded through this exciting program. Courses are developed by peers with the goal of providing a high-quality learning experience accessible to all. In addition, OLLI membership provides an opportunity for social interaction and new friendships with members who bring a lifetime of personal and professional experience to class.

I welcome and encourage your participation in this program that will provide opportunities to grow intellectually and socially.

Sincerely,

Samene Schovanec

Lawrence Schovanec, Ph.D. President.



The Osher Foundation

The Bernard Osher Foundation, headquartered in San Francisco, was founded in 1977 by Bernard Osher, a respected businessman and community leader. The

Foundation seeks to improve quality of life through support for higher education and the arts. Mr. Osher is a community-oriented businessman whose philanthropy created Osher Lifelong Learning Institutes (OLLI) across the country. Our OLLI is in a network of 124 lifelong learning programs on university and college campuses across the country, with at least one grantee in each of the 50 states and the District of Columbia.

OLLI owes its existence to Bernard and Barbro Osher, whose vision and continuing moral and financial support of lifelong learning is unprecedented and unparalleled. We are very fortunate and proud to have an OLLI at Texas Tech University.

Our Mission

The mission of Osher Lifelong Learning Institute (OLLI) at Texas Tech University is to provide enjoyable and stimulating non-credit learning and cultural opportunities for its members.

What is Osher Lifelong Learning Institute?

OLLI began as a continuing education program at Texas Tech University in 2002-2003 as Texas Tech Lifelong Learning. In 2008, endowment support was received from the Bernard Osher Foundation. In recognition of its affiliation with the Osher Foundation and as one of 124 such institutes nationwide, Texas Tech Lifelong Learning was re-named Osher Lifelong Learning Institute (OLLI) at Texas Tech University. We are self-sustaining, supported through membership dues, class fees, an endowment from the Bernard Osher Foundation, donations and in-kind support from Texas Tech University. *No tests, no grades, no research papers – just intellectual stimulation.*

What are the requirements to join?

Everyone age 50 and older may join. The only prerequisite is a desire to learn.

What does membership cost?

Membership is \$35 per person, valid for a year from date of purchase, and does not include cost of individual courses.

Who teaches OLLI classes?

Most of our classes are taught by distinguished professors, both active and retired. Other instructors are experts in their fields, university doctoral students or OLLI members. There is one common denominator: they teach because they enjoy education and OLLI students.

Where is the OLLI office?

Our office is in the Texas Tech University Health Sciences Center at Abilene, Suite 2100 at 1650 Pine Street, Abilene, Texas. Contact Misha K. Price by email at *misha.k.price@ttu.edu* or by phone at (325) 696-0672.

What happens for weather or other emergency cancellations?

OLLI follows the same policy as Texas Tech University for cancellations because of weather or other acts of nature or emergencies. If TTU classes are canceled, OLLI classes are also canceled. Postings can be found at *www.emergency.ttu.edu* as well as on local television or radio stations. OLLI reserves the right to substitute instructors, rearrange class schedules, or cancel classes because of low enrollment or illness. In case of class cancellation or a schedule change, you will be notified and may receive a credit for another class in the same semester or a refund.

What if I have to cancel my registration?

Because space in classes is limited, please let the office know as soon as possible if you need to cancel a class registration. It is important that you are aware that canceling any class requiring bus transportation, food or supplies will result in loss of the registration fee unless the member is able to find a replacement to attend in their place.

For all other classes, we ask that members let us know of their cancellation at least four days in advance to be eligible to receive a credit transfer to be applied to another class or a refund. Members may also choose to donate their refund if they wish to support OLLI operations. We do provide full refunds on a case-by-case basis for illness, medical emergencies, etc. Membership fees cannot be credited or refunded.

facebook.com/OLLITTUAbilene

🗿 instagram.com/OLLITTU





Abilene Spring 2020 Kickoff

Lifelong learners age 50 and older are invited to help kick off the spring 2020 semester of the Osher Lifelong Learning Institute (OLLI) at TTU, Abilene. The program includes sneak previews of upcoming classes, with guests having the opportunity to sign up for their favorites. RSVPs are due by Jan. 24. Seating is limited. To register online for both the kickoff party and classes, visit *www.olli.ttu.edu*, email *misha.k.price@ttu.edu* or call (325) 696-0672.

Date: Thursday, January 30 Time: 4:30-6:30 p.m. Fee: FREE Location: Sharon's BBQ & Catering, 849 E. Highway 80

2020 Vision for Abilene, A Progress Report

Start 2020 by learning more about the many projects that are going on in the central part of the city. In this class, Abilene City Manager Robert Hanna and Abilene's Chamber of Commerce President Doug Peters will be discussing the developments one by one, including the new Doubletree Hotel, Abilene Heritage Square, and new restaurants and shopping.

Instructors: Robert Hanna is the city manager for the City of Abilene. He was the city manager of Denison, as well as serving in several offices in Weatherford, Hudson Oaks and Denton. Doug Peters has served chambers throughout Ohio and North Carolina; presently, he is on the board of directors of the Texas Chamber of Commerce Executives organization.

Date: Tuesday, February 4 Time: 2-3:30 p.m. Fee: \$15 Location: Abilene TTUHSC, 1650 Pine Street



The American Civil War Era, Part 1

This class includes six lectures to thoroughly examine the conflict's causes as well as highlight historical stresses which continue to impact American culture. The lectures will explore the social, intellectual, religious and emotional context of a nation on the brink of greatness even as it was also perched on the crevasse of unspeakable tragedy – all shadowed by human slavery.

Instructor: Fred A. Bailey, Ph.D., is a retired university history professor with 40 years' experience. He is the author of two books and 80 professional articles and has received recognition and awards for his scholarly endeavors.

Date: 2/5, 2/14, 2/21, 3/10, 3/19, 3/24 Time: 2-3:30 p.m. Fee: \$50 for all six days, or \$10 per individual day Location: Abilene TTUHSC, 2200, 1650 Pine Street



Estate Planning 101

Death and disability are indeed dismal thoughts most people try to avoid. However, failing to plan for such events can leave loved ones in financial and emotional turmoil for decades. Preventing problems could be as easy as preparing a comprehensive set of estate planning documents. The course discusses fundamental documents such as wills, trusts, powers of attorney (financial and medical) and much more. A Q&A session will follow.

Instructor: Gerry W. Beyer is Governor Preston E. Smith Regents professor of law at Texas Tech. Highly sought after for giving dozens of presentations each year for bar associations, universities and civic groups, Professor Beyer is nationally recognized and was inducted into the Estate Planning Hall of Fame in 2015.

Date: Friday, February 7 Time: 2-3:30 p.m. Fee: \$15 Location: Abilene TTUHSC, 2200, 1650 Pine Street



Abilene Police Department Fraud Protection

This course will focus on the issues facing the world regarding the theft of money, identity and security from lawful citizens by illegal actions throughout the globe. Participants will learn about trends in scams and other methods used for gaining the trust, and then the money, of the targeted person. There will be a hands-on section where members will be able to examine the methods scammers use to convince their victims. There will be a Q&A and discussion at the end of the presentation.

Instructor: Gabe Thompson is a certified master police officer with the Texas Commission on Licensing and Ethics. He has been a fraud investigator for six years and a member of the Fraud Investigator's Association of Texas since 2006.

Date: Tuesday, February 18 Time: 2-3:30 p.m. Fee: \$15 Location: Abilene TTUHSC, 2200, 1650 Pine Street

Safety Tips Over Prescriptions (STOP) – Medication Safety for Older Adults

Nearly 92% of older adults have at least one chronic condition, so appropriately and safely taking medications is an important subject to discuss. This class will address the difference between Advil and Tylenol, prescription drug use and over the counter and herbal product use, the best place to store a medication list, the five W's of medications and more. Join the exciting discussion to help "STOP" and think about medication safety.

Instructor: Dr. Trista Bailey joined the TTUHSC School of Pharmacy as an assistant professor for the Department of Pharmacy Practice in the Geriatrics Division in July 2012. She is involved with didactic lessons, laboratory teaching, facilitating case-based learning and geriatric clerkships.

Date: Wednesday, February 26 Time: 2-3:30 p.m. Fee: \$15 Location: Abilene TTUHSC, 2200, 1650 Pine Street



Now Playing...

In a world filled with new construction and shiny skyscrapers, one building will prove to outlast them all – The Paramount Theatre. The 1930 theatre opened during the Depression as part of the Wooten Hotel complex and has been drawing crowds ever since. Before our grand tour, OLLI members will view a new documentary recently commissioned by local historian Jay Moore. After the film, take a behind-the-scenes look at the amazing movie palace, how it was restored and how it continually changes to engage audiences. Climbing stairs will be part of the tour for those who would like to participate in the complete tour.

Instructor: George Levesque graduated from McMurry University with a degree in theatre. He is the executive director at the historic Paramount Theatre.

Date: Tuesday, March 3 Time: 2:30-4:30 p.m. Fee: \$15 Location: Paramount Theatre, 352 Cypress Street



You and 9-1-1

Television dramas are very entertaining, but what happens in an actual emergency? Bobbie Sellers will share some real 911 calls and break down all the different aspects of emergency response systems; including Telecommunications Device For The Deaf (TDD), Text to 911, Kari's Law and Silver alerts. Learn the importance of emergency services staying up to date with the ever-changing technology, as well as what information is relevant whether the call is made at home or while traveling.

Instructor: Bobbie Sellers has over 25 years of experience as a 911 telecommunicator. Bobbie continues to teach the next generation of telecommunicators as a Texas Commission on Law Enforcement instructor through the West Central Texas Council of Governments in Abilene.

Date: Thursday, March 12 Time: 2-3:30 p.m. Fee: \$15 Location: Abilene TTUHSC, 2200, 1650 Pine Street



The Future of Rural Health Care

Rural health care in the United States is in a deep state of crisis. Although the rural U.S. supplies the food, fiber and fuel to the country, it suffers from a shortage of medical providers and facilities. Why is this and what can be done about it? This class will explore the issues that confront those who live in the rural U.S. and talk about possible solutions to the problem.

Instructor: Paul Fabrizio, Ph.D., is a professor of political science at McMurry University. He earned his bachelor's degree from the University of Southern California and his doctorate from Emory University in Atlanta. He has volunteered with the Big Country Area Health Education Centers (AHEC) focused on recruiting medical providers for careers in rural areas of Texas.

Date: Tuesday, March 17 Time: 10-11:30 a.m. Fee: \$15 Location: Abilene TTUHSC, 2200, 1650 Pine Street

Holy Guacamole! That's Good!

Join us at Cordell's for a little spice in life! Chef Jason will lead us through a cooking class and cooking demonstration of Mexican cuisine. There will be opportunities for class participation or simply to watch and learn. At the conclusion of the class, participants will enjoy the fruits of their labor and dine on the food made.

Instructor: Jason Beard is the chef and co-owner of Cordell's, a 9-year-old gourmet food store in Abilene.

Date: Thursday, March 26 Time: 5-7 p.m. Fee: \$35 Location: Cordell's, Suite B, 6410 Buffalo Gap Road



OLLI Abilene Fall 2019 Class at Cordell's

The American Civil War Era, Part 2

This six-lecture series will explore the opening phase of the American Civil War, a time when the reality of raising two armies and engaging in political maneuvers at home and abroad framed the destinies of the United States of America and the Confederate States of America. It will conclude with the military campaigns of the spring of 1862, which announced to the partisans of the Union and the Confederacy alike that the conflict would involve trauma far greater than initially anticipated.

Instructor: Fred A. Bailey, Ph.D., is a retired university history professor with 40 years' experience. He is the author of two books and 80 professional articles and has received recognition and awards for his scholarly endeavors.

Date: 4/6, 4/9, 4/14, 5/5, 5/12, 5/14 Time: 2-3:30 p.m. Fee: \$50 for all six days, or \$10 per individual day Location: Abilene TTUHSC, 2200, 1650 Pine Street



Charcuteries 101

Join OLLI and owner of Cypress Street Station, Amanda O'Connor, to dive into deliciousness. Participants will learn how to create a masterpiece that's sure to leave guests in awe. Chef Greg Gee will instruct on the background of charcuterie meats and cheese, wine pairings and how to display and serve the dish.

Instructors: Amanda O'Connor is the owner of Cypress Street Station since 2017. O'Connor is a proud Texas Tech alumna, where she earned her bachelor's in Restaurant and Hotel-Institutional Management. Chef Greg Gee has been a chef at Cypress Street Station for 12 years. He is a graduate of the Culinary Academy program in Austin. He grew up in Victoria, Texas, and his favorite style of cooking is Creole.

Date: Tuesday, April 7 Time: 4:30-6 p.m. Fee: \$25 Location: Cypress Street Station, 158 Cypress Street

Rentech Boiler Systems Shop Tour

Rentech Boiler Systems, Inc. designs and manufactures large steam boilers and ships them to major petrochemical, industrial and institutional customers worldwide. Learn the basics of steam boilers and see the heavy industrial fabrication and assembly process, including the manufacturing processes used in manual and automated welding boiler production, steel cutting, drilling, bending and other metalworking procedures. Participants must wear long pants and closed-toe shoes. Ear and eye protection will be provided.

Instructor: Bryan Robinson is the Director of Projects at Rentech Boiler Systems. He earned degrees in mechanical engineering and mathematics at Southern Methodist University in Dallas.

Date: Thursday, April 16 Time: 2-3:30 p.m. Fee: \$15 Location: Rentech Boiler Systems, 5025 E. Business 20

Be Flowerful and Multiply

Join OLLI and Beverly Hestand to learn about propagation and adding favorite plants when gardening. Participants will learn about the correct depth of planting garden seeds, ideal landscape with trees and more. Also discussed will be the best time to use fertilizers in the yard and on blooming plants. Come fertilize that garden knowledge and let imagination bloom and grow.

Instructor: Beverly Hestand grew up loving the outdoors and completed a program for Master Gardening. Beverly maintains her 4-acre yard located on 83-acres of farmland in southern Jones County. Beverly served as past president of the Anson Garden Club and continues as a member today.

Date: Wednesday, April 22 Time: 2-3:30 p.m. Fee: \$15 Location: Abilene TTUHSC, 1650 Pine Street



Battling the Enemy Within: Treating Cancer Patients

Beginning in the late 1800s and moving to the current age of cancer treatment that includes innovative strategies such as immunotherapy, this class will explore the past, present and future of treating patients with cancer. The session will conclude by discussing some of the major challenges facing cancer treatments today, which will likely play a role in the design and implementation of future therapies for patients.

Instructor: Devin Lowe, Ph.D., is an assistant professor in the Department of Immunotherapeutic and Biotechnology at the TTUHSC School of Pharmacy in Abilene. His laboratory studies immune-based mechanisms against cancer, with a focus on understanding the interplay between the immune system and tumor angiogenesis.

Date: Tuesday, May 19 Time: 10-11:30 a.m. Fee: \$15 Location: Abilene TTUHSC, 2200, 1650 Pine Street



Spring 2020 Class Summary								
Class	Date	Day	Time	Fee	Location			
Abilene Spring 2020 Kickoff	1/30	Thursday	4:30-6:30 p.m.	FREE	Sharon's BBQ and Catering, 849 E. Highway 80			
2020 Vision for Abilene, A Progress Report	2/4	Tuesday	2-3:30 p.m.	\$15	Abilene TTUHSC, 1650 Pine Street			
The American Civil War Era	2/5	Wednesday	2-3:30 p.m.	\$10	Abilene TTUHSC, Room 2200, 1650 Pine Street			
Estate Planning 101	2/7	Friday	2-3:30 p.m.	\$15	Abilene TTUHSC, Room 2200, 1650 Pine Street			
The American Civil War Era	2/14	Friday	2-3:30 p.m.	\$10	Abilene TTUHSC, Room 2200, 1650 Pine Street			
Abilene Police Department Fraud Protection	2/18	Tuesday	2-3:30 p.m.	\$15	Abilene TTUHSC, Room 2200, 1650 Pine Street			
The American Civil War Era	2/21	Friday	2-3:30 p.m.	\$10	Abilene TTUHSC, Room 2200, 1650 Pine Street			
STOP – Medication Safety for Older Adults	2/26	Wednesday	2-3:30 p.m.	\$15	Abilene TTUHSC, Room 2200, 1650 Pine Street			
Now Playing	3/3	Tuesday	2:30-4:30 p.m.	\$15	Paramount Theatre, 352 Cypress St.			
The American Civil War Era	3/10	Tuesday	2-3:30 p.m.	\$10	Abilene TTUHSC, Room 2200, 1650 Pine Street			
You and 9-1-1	3/12	Thursday	2-3:30 p.m.	\$15	Abilene TTUHSC, Room 2200, 1650 Pine Street			
The Future of Rural Health Care	3/17	Tuesday	10-11:30 a.m.	\$15	Abilene TTUHSC, Room 2200, 1650 Pine Street			
The American Civil War Era	3/19	Thursday	2-3:30 p.m.	\$10	Abilene TTUHSC, Room 2200, 1650 Pine Street			
The American Civil War Era	3/24	Tuesday	2-3:30 p.m.	\$10	Abilene TTUHSC, Room 2200, 1650 Pine Street			
Holy Guacamole! That's Good!	3/26	Thursday	5-7 p.m.	\$35	Cordell's, Suite B, 6410 Buffalo Gap Road			
The American Civil War Era, Part 2	4/6	Monday	2-3:30 p.m.	\$10	Abilene TTUHSC, Room 2200, 1650 Pine Street			
Charcuteries 101	4/7	Tuesday	4:30-6 p.m.	\$25	Cypress Street Station, 158 Cypress St			
The American Civil War Era, Part 2	4/9	Thursday	2-3:30 p.m.	\$10	Abilene TTUHSC, Room 2200, 1650 Pine Street			
The American Civil War Era, Part 2	4/14	Tuesday	2-3:30 p.m.	\$10	Abilene TTUHSC, Room 2200, 1650 Pine Street			
Rentech Boiler Systems Shop Tour	4/16	Thursday	2-3:30 p.m.	\$15	Rentech Boiler Systems, 5025 E. Business 20			
Be Flowerful and Multiply	4/22	Wednesday	2-3:30 p.m.	\$15	Abilene TTUHSC, 1650 Pine Street			
The American Civil War Era, Part 2	5/5	Tuesday	2-3:30 p.m.	\$10	Abilene TTUHSC, Room 2200, 1650 Pine Street			
The American Civil War Era, Part 2	5/12	Tuesday	2-3:30 p.m.	\$10	Abilene TTUHSC, Room 2200, 1650 Pine Street			
The American Civil War Era, Part 2	5/14	Thursday	2-3:30 p.m.	\$10	Abilene TTUHSC, Room 2200, 1650 Pine Street			
Battling the Enemy Within: Treating Cancer Patients	5/19	Tuesday	10-11:30 a.m.	\$15	Abilene TTUHSC, Room 2200, 1650 Pine Street			

Upcoming 2020 OLLI Travel Program Cruises

Great Pacific Northwest

Seven nights aboard the American Empress Vancouver to Clarkston • July 6-14, 2020 Columbia & Snake River luxury cruise featuring:

- Included one-night pre-cruise hotel stay
- Complimentary hop-on hop-off shore excursions

Cosmopolitan Havens

Seven nights aboard the Marina Rome to Monte Carlo • Nov. 3-11, 2020

Featuring OLife Choice:

- Includes your choice of:
- Two-for-one cruise fares Four free shore excursions,
- Free airfare
- Free unlimited internet

- or free beverage package,
- or \$400 shipboard credit (per station based on double occupancy)

Learn More and Sign Up Today at

olli.ttu.edu/travel

Membership and Registration Form – Abilene

- EASY WAYS TO REGISTER -

Please provide ALL participant information for each individual, including full address and telephone number. Your email is very important to us, so please include it, if you have one. Providing an email address allows you to receive newsletters, updates and notices in advance.

or

Enroll online using a credit card at *www.olli.ttu.edu*. We accept Visa, Discover and MasterCard. Mail this completed form with check (payable to OLLI at TTU) to:
OLLI at Abilene TTUHSC
1650 Pine Street, Suite 2100
Abilene, TX 79601

PARTICIPANT INFORMATION (First Person) —

Name:	Email Address:	
Mailing Address:		
City:	State:	Zip:
Primary Phone:	Birthday: (Month)	(Day)
Are you a member? 🗖 Yes 🗖 No		Age: 🗆 50-59 🗖 60-69 🗖 70-75 🗖 75+
How did you hear about OLLI?		_ Work Status: □ Working □ Semi-retired □ Retired

– PARTICIPANT INFORMATION (Second Person) –

Name:	Email Address:	
Mailing Address:		
City:	State:	Zip:
Primary Phone:	Birthday: (Month)	(Day)
Are you a member? 🗖 Yes 🗖 No		Age: 🗆 50-59 🗖 60-69 🗖 70-75 🗖 75+
How did you hear about OLLI?		Work Status: 🗆 Working 🗆 Semi-retired 🗆 Retired

- MEMBERSHIP AND PROGRAM REGISTRATION —

Participant Name(s)	Program Title	Program Date(s)	Fee
			\$
			\$
			\$
			\$
			\$
	Membership (3	\$35/person for 12 months)	\$
		GRAND TOTAL	\$

- PAYMENT INFORMATION —

Enroll online using a credit card at *www.olli.ttu.edu*. We accept Discover, MasterCard, and Visa.

Check or money order (payable to OLLI at TTU). Mail this completed form with check to: OLLI at Abilene TTUHSC | 1650 Pine Street, Suite 2100 | Abilene, TX 79601

OLLI would appreciate any donations. You may donate online at: *www.olli.ttu.edu* or send a check payable to OLLI at TTU.

(325) 696-0672 | Monday-Thursday: 9:30 a.m.-3:30 p.m.

Contribute to your local

OSHER LIFELONG LEARNING INSTITUTE at Texas Tech University



The OLLI at Texas Tech University Annual Fund was established to give OLLI members, instructors and their community the opportunity to give back to the organization that they are so passionate about, while providing much needed support. Items funded include:

- OLLI member scholarships
- OLLI instructors
- Travel expenses

- Drinks and snacks
- Presentation materials
- Gifts can be made in memory or to honor fellow OLLI members, staff, instructors or volunteers and can be one-time gifts or pledges to be paid out over the year.

Visit *give2tech.com* or call (806) 742-6554 for more information.



Texas Tech University Osher Lifelong Learning Institute (OLLI) Box 45095 Lubbock, Texas 79410-5095

OLLI Staff

Shelby Crews – OLLI Director (806) 742-OLLI (6554) | shelby.crews@ttu.edu

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Office Hours

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Abilene TTUHSC 1650 Pine Street, Suite 2100 Abilene, TX 79601

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OLLI Advisory Board

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