Meeting Minutes, QEP Implementation Committee

October 27, 2022
4:00PM – 5:00PM
Administration Building, Room 215/Teams

1. Welcome- Member Spotlights
   Jennifer Hughes
   This month’s spotlights can be found [here](#).

2. Review September 2022 Meeting Minutes
   Aurelia Crider
   [Approved](#)  Motioned: Kara Page  Seconded: Rob Cox

3. QEP Budget Planning
   Jennifer Hughes
   A smaller subcommittee to develop a proposal to the full committee.
   CFO is aware that a request is forthcoming—will be a very collaborative process.

4. Presentation and Committee Discussion - Academic Coaching  Josh Sills
   “What is University Coaching?” University Coaching & Student Achievement
   Positive Habit Formation/Preventative side of Mental Health
   Achieving personal and academic goals/pathways/Building student agency
   Many benefits—including enhanced wellbeing & health
   97% retention rate after 3 sessions/3 is the “magic number”
   Demographic of students served/65% are first-year students/1st Gen/female
   Department/office website forthcoming
   Facilitated self-reflection
   Partnerships with other mentoring departments on-campus

5. Review of QEP Topic Survey Results  Libby Spradlin
   The document can be found [here](#).
   Needs: Awareness of resources/Coping skills/Anxiety
   TTU Meet Needs: Access/Training & Workshops/Creating a Culture
   Projects: Module/Website/Retention through Intervention
6. PIDS Recommendations and Committee Discussion

Jaclyn Cravens, Lisa Viator, Rob Cox

The summary was given by Dr. Viator with Dr Cox concurring
How to gather data from students on where their mental health is
Not to overwhelm students during orientation
Using the school mascot chatbot to reach/assess students’ mental state
Have the technology help students connect with resources
How are we using resources we already have
The creation of a course seems unfeasible
Mental health literacy campaign for faculty and staff

7. Wrap-Up/Where do we go from here?

Jennifer Hughes

November meeting at noon-grab your lunch, and join us in person or online.
Analysis of data provided by Matt Gregory mentioned in the September meeting.
PIDS to narrow down ideas for projects and propose to the main committee
Per SACSCOC, engage the TTU community in QEP project selection
TTUHSC’s QEP/Well Beyond UNTHSC’s QEP/Wellbeing Program

The recording of this meeting with an auto-generated transcript can be found here.