

RED RAIDER FAMILIES: SUPPORTING YOUR STUDENT'S TRANSITION



MEET OUR TEAM



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CONNECT WITH US

- Parent & Family Relations is your support team on campus!
 - Red Raider Family Network and Newsletter
 - Webinar Series
 - Red Raider Family Guide
 - Social media
 - Family Weekend October 24-26







RED RAIDER ORIENTATION FOR PARENTS & FAMILY MEMBERS

go.ttu.edu/parentrro



RED RAIDER FAMILY WEBINAR SERIES

- May 22nd Ready, Set, Texas Tech
- June 4th Tuition, Financial Aid,
 Scholarships, and Military Benefits
- June 25th Campus Safety
- July 9th Academic Student Success at Texas Tech
- July 16th Preparing Your Student for On-Campus Living
- August 12th Finishing Touches

IN YOUR SYLLABUS

- Understand the first-year college transition for students and families
- Learn how to support your student's academic, emotional, and social development
- Balance support with fostering independence
- Texas Tech resources to help your student succeed
- Important dates and reminders



TRANSITIONING TOGETHER: UNDERSTANDING THE SHIFT FOR BOTH STUDENTS AND FAMILIES

- Think about: How you show up affects how your student handles this transition. Are you jumping in to help or just checking in?
- Expect emotional and academic changes for both students and families
- Ask your student:
 - What's been most different for you so far?
 - What do you wish I understood better right now?

RESOURCES TO CONSIDER:

Student Success Specialists | Raider Ready Programs | Mentor Tech Texas Success Initiative | University Coaching & Student Achievement

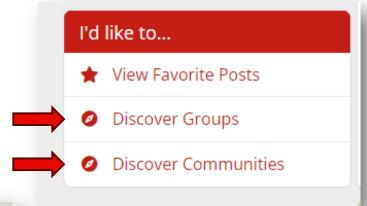
EMPOWERING STUDENTS' GROWING INDEPENDENCE

- Think about: How will you shift from managing your student's life to empowering them to manage it themselves?
- Encourage ownership of academics and decision-making
- Build trust and healthy check-in routines
- Family Educational Rights and Privacy Act (FERPA)
- Ask your student:
 - Who have you talked to about _____?
 - Have you checked your TTU email for that?
 - How will you share your academic progress with me?

RESOURCES TO CONSIDER:

Raider Success Hub | IT Help Central | Red Raider Family Network







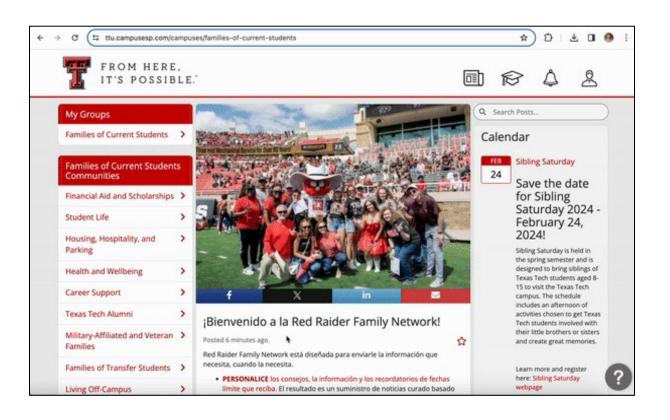


RED RAIDER FAMILY NETWORK

- Make sure you're signed up – ttu.campusesp.com
 - Complete your registration by logging in – there is more than just receiving emails!
 - Monthly newsletter and newsfeed with emailed digests
 - Browse and join
 "communities" based on
 your interests and
 student's college

RED RAIDER FAMILY NETWORK AND FERPA

- FERPA Family Educational Rights and Privacy Act
- Complete your registration, then request a connection to your student
 - You only need their TTU email address
- This will give you an overview, not details
 - Class schedule, grades, holds, and financial information





BUILDING A HEALTHY SOCIAL AND EMOTIONAL FOUNDATION

- Think about: What support, connections, or activities help YOU feel balanced, fulfilled, and resilient as your student steps into greater independence.
- Talk about mental and physical health, social opportunities, and safety resources
- Ask your student:
 - What's stressing you out right now?
 - Do you know what to do if you get sick or stressed?
 - How are you balancing school, social activities, and downtime?
 - Do you know how to get a safe ride across campus after hours?

RESOURCES TO CONSIDER:

Risk Intervention & Safety Education | Student Health Services | Texas Tech Police Department | Student Engagement | TechRide App

MANAGING FINANCES AND PRACTICALITIES TOGETHER

- Think about: How you are preparing your student for financial and career independence?
- Help students navigate the financial aspects of college life
- Talk about budgeting, keeping on top of financial aid and scholarship requirements, and career planning
- Ask your student:
 - How are you managing your finances? How is your meal plan holding up?
 - Do you need help completing the FAFSA form?
 - Do you know what the career outlook is for your major?

RESOURCES TO CONSIDER:

Red to Black® Peer Financial Coaching | Hospitality Services Student Financial Aid & Scholarships | University Career Center

NAVIGATING ACADEMIC LIFE AT TEXAS TECH

- Think about: How can you be encouraging, without pressure, as your student adjusts to the academic demands of college?
- Learn about academic expectations, tools, and resources
- Ask your student:
 - Do you know where to go for tutoring? What resources does your college have?
 - What are your professors' office hours? What are the AI usage policy?
 - Do you have all the textbooks and access codes you'll need?
 - Do you have the free Microsoft 365 software downloaded?

RESOURCES TO CONSIDER:

Raider Success Hub | Learning Center | Student Success Specialists University Coaching & Student Achievement | Writing Centers



POSTCARDS FROM HOME

- Write an encouraging message and turn it in to us after this session, during the Social tonight, or tomorrow during the OneStop for Questions session
- You'll need your student's Residence Hall name and Room #
- If you don't have it, no worries! You can take the postcard with you and mail it later

TEXAS TECH PARENTS ASSOCIATION (TTPA)

We are a 501C3 non-profit that has been supporting family engagement and student sucess since 1956.

Why Join TTPA?

- **Stay Informed:** Get access to exclusive newsletters, event updates, and insider tips for supporting your student.
- **Build Community:** Connect with Red Raider families through local chapters, Family Weekend, special events, and online Facebook groups.
- **Empower Student Success:** Support scholarships, on campus outreach programs, and faculty awards that enrich the Texas Tech experience.
- **Enjoy Member Perks:** Receive discounts on hotels, campus gear, and local businesses.
- **Get Involved:** Volunteer or join our Parent Ambassador Program and make an impact.

Join Today!

Visit <u>texastechparents.org</u> to learn more and become a member.





- Fall Move-in
 - Tech-in Timeslot Program
 - Email from University Student Housing
 - Refuel & Refresh with Parent & Family Relations
 - National Ranching Heritage Center
 - August 21st and August 22nd, 2:00 5:00 p.m.
 - August 23rd, 10:00 a.m. to 2:00 p.m.
- Raider Welcome for your student
 - August 21st 31st
 - www.raiderwelcome.ttu.edu
- First Day of Classes
 - August 25th
 - Back to School Photos in Sub Courtyard
- Family Weekend
 - October 24th 26th
 - www.go.ttu.edu/familydays

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