RED RAIDER ORIENTATION
for Parents and Family Members

Parent & Family Highlights

DAY 1

Welcome Session
1:00-1:30 PM
Allen Theatre
This is your official welcome to Texas Tech!

Parents & Family Members: What to Expect, Part I
3:00-3:30 PM
Allen Theatre
Parents and family members will learn what to expect during RRO and what to expect as a new member of the Red Raider family.

Breakout Sessions
3:45 - 4:10 PM | 4:15 - 4:40 PM | 4:45 - 5:10 PM
Various Rooms in the SUB
Various breakout sessions are available throughout the Student Union Building for you and your student to attend. Check the RRO Schedule for topics and rooms.

Fajita Dinner
5:45-6:30 PM
Student Union Building
Relax and enjoy dinner with the RRO Crew. Dinner is provided for students and registered guests. Guests not registered may purchase dinner on their own.

Parent & Family Social
6:30-7:30 PM
Owerton Hotel and Conference Center
Join the Texas Tech Parents Association for an opportunity to socialize with other parents and family members.

DAY 2

Academic Session
8:30-9:00 AM
Allen Theatre
Texas Tech faculty will review the importance of academics during your students’ college career.

Parent & Family Members: What to Expect, Part II
9:00 AM
Allen Theatre
A must-not-miss session! Learn how to support your student’s success at Texas Tech while you are at home and they are in Lubbock. Discover involvement opportunities, events, activities, and programs for parents and family members. Receive important information about safety and prevention, expectations, support, financial coaching, and transportation for your student.

City of Lubbock Bus Tour
11:30 AM - 12:30 PM & 1:00 - 2:00 PM
RRO Info Table
This complimentary tour, provided by Visit Lubbock, is guided by local Lubbock experts. In approximately one hour, participants will see some of our city’s major attractions, and areas for lodging, shopping, dining, and entertainment.

Academic Calendar - Key Dates

August 19: Residence Halls Open
August 19-September 1: Raider Welcome Week
August 20: 95% Payment of mandatory tuition and fees or enrollment in a payment plan due
August 24: Last day to withdraw without financial penalty
August 27: Classes begin
August 30: Last day to add a course
September 12: Last day to drop a course and have charges removed without academic penalty (students who drop to zero hours are considered to be a withdrawal)
September 24: Last day to withdraw and receive partial financial credit
October 29: Last day to drop a course with academic penalty (counts against drop limit)
November 21-25: Thanksgiving Break
November 30: Last day to withdraw from university

Tips

• Stay informed. Sign up for the free monthly eNewsletter at: www.parent.ttu.edu.
• Create a budget with your student.
• Talk to your student ahead of time about sharing academic progress with you. You will not have individual access to grades.
• Understand your student’s health care options.
• Talk with your student about personal safety.

Dates accurate as of this printing. Texas Tech University reserves the right to make calendar changes in the best interest of the faculty, students, and academic program. For a more detailed schedule, please visit www.depts.ttu.edu/officialpublications/calendar/
GET READY FOR MOVE-IN

Residence halls will be open for move in on **Sunday August 19, 2018 at 10:00 a.m.**

**Tips for Move-In Day**
- Make sure your Red Raider has their Texas Tech Student ID or State Issued ID accessible for check in.
- During move in, there will be designated parking lots. Parking is limited, please plan on dropping off items in front of your student’s residence hall with a family member and parking farther out.
- Limited carts will be available to transport your student’s items to their room. Consider bringing your own dolly or cart.
- Roommates should coordinate to avoid bringing 2 of some items (tv, microwave, fridge, etc.).
- Review the dimensions of your residential room.

For more tips on what and what not to bring, please visit [www.depts.ttu.edu/housing/movein.php](http://www.depts.ttu.edu/housing/movein.php) or call Student Housing at (806) 742-2661.

**Items to Bring**
- Bedding: mattress pad, pillows, XL twin-sized sheets, blankets
- Toiletries, shower caddy, shower shoes, and towels
- Laundry basket, detergent, and dryer sheets
- Computer accessories (Ethernet cable)
- Small trash can
- Rain gear (umbrella, boots, jacket)

**Items Not to Bring**
- Expensive or sentimental items
- Toasters/toaster ovens/open coiled appliances/hot plates
- Candles/incense
- Weapons of any type

**HEALTH SERVICES**

Texas Tech provides an on campus Student Wellness Center and Pharmacy for students to utilize. To ensure the best help from medical staff, it is required for students to bring their insurance card and know their medical history – he or she may need to provide this information to a healthcare provider at a time you cannot be reached.

**A Checklist of Health-Related To-Do’s Before Coming to Campus**

- Tour the Student Wellness Center during RRO.
- Submit all vaccine requirements.
- Provide your student with their own insurance card and review the plans’ basics with your student:
  - Health
  - Dental
  - Vision
  - Pharmacy (Prescription Drugs)
- Help your student find and establish a dentist if they will not be traveling home frequently.
- Stock up on over-the-counter medications and other supplies like band-aids, insect repellent, and a digital thermometer for their medicine cabinet.
- Have your student save the Student Wellness Center phone number (806-743-2848) in their phone.
- If applicable, outfit your student with both contact lenses AND glasses.
- Make plans for how your student will get refills and renewals for prescription medications currently taken on a regular basis. Students can have prescriptions filled at the Student Wellness Center pharmacy.

**NOTE:** Students who require medications for ADD/ADHD and other Schedule II medications can choose to have their current physician submit refill requests to the Student Wellness Center or they can establish themselves with one of the physicians on campus.

- Put your emergency contact information in your student’s phone and wallet. Update emergency.ttu.edu and general student records.
- For your student’s backpack, get:
  - A refillable water bottle
  - A stock of healthy snacks and grab-and-go breakfasts
  - A compact umbrella
  - Small bottles or packets of alcohol-based hand sanitizer

**Contact the Student Wellness Center**

Phone: (806) 743-2848
Pharmacy: (806) 743-2636
Hours: Monday-Friday, 8:00 A.M. to 5:00 P.M.
Email: studenthealthservices@ttuhsc.edu
Website: www.ttuhsc.edu/studenthealth/

If your student becomes sick on the weekend there are several options close to campus for students to utilize.

**Hope Urgent Care Clinic**

Phone: (806) 797-4357
Address: 5015 University Ave Suite B1, Lubbock, TX 79413

**Grace Clinic**

Phone: (806) 744-7223
Address: 4515 Marsha Sharp Fwy, Lubbock, TX 79407

**Covenant Medical Group Urgent Care Center**

Phone: (806) 725-4440
Address: 1910 Quaker Ave, Lubbock, TX 79407

If your student feels that they need emergency care, there are two Emergency Rooms close to Texas Tech’s campus. Please make sure your student understands the difference between urgent care and emergency care.

**UMC Emergency Room**

Phone: (806) 775-9700
Address: TTU, 602 Indiana Ave, Lubbock, TX 79415

**Covenant Health Emergency Room**

Phone: (806) 725-4288
Address: 3615 19th St. Lubbock, TX 79410