



# Pre-Occupational Therapy

## Success Roadmap

### Course Guideline

### Semester

### Extracurriculars

1

- \_\_\_ **ZOOL 2403\*** - Human Anatomy
- \_\_\_ **MATH 2300\*** - Statistical Methods
- \_\_\_ ENGL 1301 - College Rhetoric
- \_\_\_ HIST 2300 - US History to 1877
- \_\_\_ PSY 1300 - General Psychology

- Join student organizations
  - o 1 social and 1 pre-health (Pre-OT)
- Take Raider Ready (PPHC Version)
- Apply to volunteer & shadow
- Seek out student resources
  - o Learning and Writing Centers
  - o SI Sessions
- GO TO CLASS!!!

2

- \_\_\_ **ZOOL 2404\*** - Human Physiology
- \_\_\_ ENGL 1302 - Adv. College Rhetoric
- \_\_\_ HIST 2301 - US History since 1877
- \_\_\_ Creative Arts Core
- \_\_\_ Oral Communications Core

- Continue student org involvement
- Volunteer in the community
- Shadow an Occupational Therapist (40+ total hours required)
- Utilize student resources
- Declare your major (if decided)
- Consider joining AOTA

3

- \_\_\_ **PSY 4301\*** - Developmental Psychology  
or **HDFS 2303\*** - Lifespan Development
- \_\_\_ MATH 1320 - College Algebra (or higher)
- \_\_\_ POLS 1301 - American Government
- \_\_\_ Language, Philosophy, & Culture Core
- \_\_\_ Course required for major

- Continue student org involvement and consider leadership opportunity
- Volunteer in the community
- Shadow an Occupational Therapist (40+ total hours required)
- Utilize student resources
- Declare your major!

4

- \_\_\_ **PSY 4305\*** - Abnormal Psychology
- \_\_\_ **PHYS 1403\*** - General Physics 1  
or **KIN 4301\*** - Biomechanics (KIN Majors)
- \_\_\_ POLS 2306 - Texas Politics
- \_\_\_ Course required for major
- \_\_\_ Course required for major

- Leadership role in student orgs
- Volunteer in the community
- Shadow an Occupational Therapist (40+ total hours required)

**\*Courses are required.**  
All other courses are recommended and/or required prerequisites to required courses

Application for OT is due November prior to the year of matriculation (senior year). Utilize the Career Center for resume help & mock interviews.



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Pre-Professional Health Careers™

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