



Pre-Occupational Therapy

Success Roadmap

Course Guideline

Semester

Extracurriculars

1

- ___ **ZOOL 2403*** - Human Anatomy
- ___ **MATH 2300*** - Statistical Methods
- ___ ENGL 1301 - College Rhetoric
- ___ HIST 2300 - US History to 1877
- ___ PSY 1300 - General Psychology

- Join student organizations
 - o 1 social and 1 pre-health (Pre-OT)
- Take Raider Ready (PPHC Version)
- Apply to volunteer & shadow
- Seek out student resources
 - o Learning and Writing Centers
 - o SI Sessions
- GO TO CLASS!!!

2

- ___ **ZOOL 2404*** - Human Physiology
- ___ ENGL 1302 - Adv. College Rhetoric
- ___ HIST 2301 - US History since 1877
- ___ Creative Arts Core
- ___ Oral Communications Core

- Continue student org involvement
- Volunteer in the community
- Shadow an Occupational Therapist (40+ total hours required)
- Utilize student resources
- Declare your major (if decided)
- Consider joining AOTA

3

- ___ **PSY 4301*** - Developmental Psychology
or **HDFS 2303*** - Lifespan Development
- ___ MATH 1320 - College Algebra (or higher)
- ___ POLS 1301 - American Government
- ___ Language, Philosophy, & Culture Core
- ___ Course required for major

- Continue student org involvement and consider leadership opportunity
- Volunteer in the community
- Shadow an Occupational Therapist (40+ total hours required)
- Utilize student resources
- Declare your major!

4

- ___ **PSY 4305*** - Abnormal Psychology
- ___ **PHYS 1403*** - General Physics 1
or **KIN 4301*** - Biomechanics (KIN Majors)
- ___ POLS 2306 - Texas Politics
- ___ Course required for major
- ___ Course required for major

- Leadership role in student orgs
- Volunteer in the community
- Shadow an Occupational Therapist (40+ total hours required)

***Courses are required.**
All other courses are recommended and/or required prerequisites to required courses

Application for OT is due November prior to the year of matriculation (senior year). Utilize the Career Center for resume help & mock interviews.



TEXAS TECH UNIVERSITY

Pre-Professional Health Careers™

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