### Alicia A. Thomas, M.S.

Instructor of Horticulture, ° Department of Plant and Soil Sciences Texas Tech University ° Lubbock, Texas ° alicia.thomas@ttu.edu ° 806-834-2361

**EDUCATION** 

January 2019-PhD, Plant and Soil Science, Texas Tech University

Dissertation Topic: The use of horticultural therapy for military veterans with PTSD Present

Advisor: Dr. Catherine Simpson

M.S., Horticulture, Texas Tech University August 2014-

December

Thesis: A multivariate analysis of pollinator habitat and bee communities across 2017 urban yards in a semiarid environment

Advisor: Dr. Cynthia McKenney

August 2011-B.A., Biology, Lubbock Christian University

May 2014 Undergrad Research: Use of natural plant derived phytochemicals against

> Alzheimer's disease Advisor: Dr. Kirt Martin

August 2009-Biology Transfer, South Plains College

May 2011

TEACHING/PROFESSIONAL EXPERIENCE

Senior Lecturer of Horticulture, Texas Tech University January 2021-

-PSS 1411 Principles of Horticulture – In-person and Online Present

-PSS 2313 Herbaceous Plant Materials

Manage/coordinate up to 15 labs and instruct teach assistants. Grading

and Correspondence.

Instructor of Horticulture, Texas Tech University January 2018-Present -PSS 1411 Principles of Horticulture Labs

-PSS 4313 Management of Horticultural Enterprises.

-PSS 2313 Herbaceous Plant Materials

Manage up to 8 labs of College age students. Grading and

Correspondence. Lecture business course.

August 2014-Teaching/Research Assistant, Texas Tech University December

-Teach 1411 Horticulture Labs. Help conduct wildflower research. 2017

January 2014-Greenhouse attendant, Lubbock Christian University

January 2015 -Plant, water and maintain an assortment of plants in greenhouse.

Chemistry Teaching Assistant/ Lab attendant, Lubbock Christian January 2012-May 2014 University -Teaching assistant for General, Organic, Inorganic Chemistry labs and graded for each lab. Prepared the chemicals for each lab and cleaned and organized the stock room. January 2011-Biology/Chemistry Tutor, Lubbock December -Helped prepare students for Biology and Chemistry course material as 2013 well as Exams.

## <u>P</u>

| PROFESSIONAL PRESENTATIONS        |   |  |
|-----------------------------------|---|--|
| January 9 <sup>th</sup> , 2023    | Lone Star Hort Forum (LSHF) 2023, College Station, TX   |  |
|                                   | Oral Presentation: At-home Bonsai Kit: Providing Horticultural Therapy to Military Members in Isolation   |  |
| October 6 <sup>th</sup> , 2022    | Texas Tech University 3-minute Competition: Lubbock, TX   |  |
|                                   | 3-minute Thesis Presentation: At-home Horticultural Therapy Kits for Military Service Members' Mental Health Rehabilitation   |  |
| September 29 <sup>th</sup> , 2022 | CASNR First Annual Poster Competition, <i>Lubbock</i> , <i>TX</i>   |  |
|                                   | Poster: An Evaluation of Military Service Member Preferences and<br>Emotional Perceptions of Landscape Design Elements  |  |
| August 2 <sup>nd</sup> , 2022     | American Society of Horticultural Sciences (ASHS) 2022, Chicago, IL   |  |
|                                   | Poster: Military branch does not affect military service member landscape element preferences or emotional perceptions  |  |
| August 1 <sup>st</sup> , 2022     | American Society of Horticultural Sciences (ASHS) 2022, <i>Chicago, IL</i> Oral Presentation: Cultivate to recuperate: Why military service members join plant-based jobs, fields of study and programs |  |
| July 31st, 2022                   | American Society of Horticultural Sciences (ASHS) 2022, Chicago, IL   |  |
|                                   | Scholars Ignite 3-minute Presentation: At-home Horticultural Therapy<br>Kits for Military Service Members' Mental Health Rehabilitation   |  |
| February 10th, 2022               | Southern Region American Society of Horticultural Sciences (SR-ASHS) 2022, New Orleans, LA  |  |
|                                   | Poster: Veteran Emotional Perceptions and Preferences of Landscape<br>Design Elements   |  |

January 11<sup>th</sup>, Lone Star Hort Forum (LSHF) 2022, College Station, TX 2022 Oral Presentation: Evaluating Landscape Design Elements for Veteran-

based Therapeutic Horticulture

August 12<sup>th</sup>, American Society of Horticultural Sciences (ASHS), Virtual 2021

Poster Presentation: The Effect of Plant and Soil Science Jobs on

Military Veteran Mental and Physical Well-being

August 17, Texas Nursery and Landscape Association (TNLA) Expo, San Antonio, 2018 TX

Oral Presentation: Urban Bees: An Insider's Look

August 12, American Society for Horticultural Sciences (ASHS) Conference, 2016 Atlanta, GA

> Oral Presentation: Diversity of Bees Across Different Urban Lawn Types in Lubbock, TX

April 16, 2016 Graduate Student Research Poster Competition, Texas Tech University, Lubbock, TX

> Poster: Local and landscape level relationships of habitat type and insect pollinator communities in an urban center on the Southern High Plains (Texas, USA)

November 17, Entomological Society of America (ESA) Conference, Minneapolis, 2015

> Poster: Local and landscape level relationships of habitat type and insect pollinator communities in an urban center on the Southern High Plains (Texas, USA)

#### LOCAL/COMMUNITY PRESENTATIONS

October 7<sup>th</sup>, Lubbock Master Gardeners Intern Class, Lubbock, TX 2021

Oral Presentation: Horticultural Therapy: A Complementary

Alternative Therapy

September 11, Master Gardeners of Lubbock Monthly Meeting, Lubbock, TX 2018

Oral Presentation: A multivariate analysis of urban bee populations in

Lubbock, TX

| June 9 <sup>th</sup> , 2018 | Arboretum Talks, <i>Lubbock</i> , <i>TX</i>              |
|-----------------------------|--|
|                             | Oral Presentation: Urban Pollinator Inclusion            |
| May 7 <sup>th</sup> , 2017  | Master Gardeners of Lubbock Monthly Meeting, Lubbock, TX |
|                             | Oral Presentation Topic: Urban Pollinators of Lubbock    |

# **GRANTS:**

| Received Date     | Title of Grant                               | Amount  | Percent<br>Contribution |
|-------------------|--|---------|-------------------------|
| April 2021        | CASNR Mini Teaching Grant                    | \$2000  | 100%                    |
| May 2020,<br>2019 | Wildflower Selection and Enhancement Program | \$5,176 | 15%                     |

# PROFESSIONAL DEVELOPMENT

| PROFESSIONAL DEVELOPMENT |   |  |
|--------------------------|---|--|
| December 2021            | Horticultural Therapy Certificate Holder              |  |
| May 2021                 | Horticultural Therapy: Management Certification       |  |
| March 2021               | Horticultural Therapy: Techniques Certification       |  |
| June 2020                | Qualtrics survey update webinar                       |  |
| June 2020                | TTU Curriculog Training                               |  |
| May 2020-<br>present     | OLC Online Science Labs Mastery Series certification  |  |
| February 2020            | Extreme PowerPoint TLPDC Workshop                     |  |
| November 2019            | Horticultural Therapy: Fundamentals Certification     |  |
| August 2019              | CITI IRB training                                     |  |
| January 2019             | Greenzone: Military Veteran Advising Workshop         |  |
| October 2014             | Research Poster, Research Presentation TLPDC Workshop |  |
| January                  | Chemistry Lab Management training                     |  |

### **SERVICE**

April 2021-Present Nursery FFA AREA 1 & 2 CDE's Coordinator

May 2020-Present Committee member of PSS distance learning

September 2019-Present Committee member Texas Tech horticultural greenhouse gardens

August 2015, 2016, 2017 Moderator for TNLA Expo

October 2014 Volunteer Lubbock arboretum cleanup

August 2014 – August 2017 Member of Texas Tech Horticulture Club

September 2012-November 2012 Dunbar Preparatory Academy teaching assistant

### **SKILLS**

Qualtrics survey software

Adobe Photoshop/Lightroom

Horticultural Plant installation/ Landscaping

PCORD V.7

**SPSS V.25** 

**SAS** 

Matterport Virtual Reality

### **MEMBERSHIPS**

August 2019 - American Horticultural Therapy Association

Present

August 2017 - Texas Nursery Landscape Association

Present

April 2016 - American Society for Horticultural Science

Present

| October 2015-<br>October 2016 | Entomological Society of America ESA         |
|-------------------------------|--|
| <b>Awards</b>                 |  |
| January 2023                  | Lonestar Hort Forum 2023 1st place PhD Award |
| August 2022                   | ASHS Scholars Ignite 1st place Award         |
| August 2021                   | CASNR Advisor Award                          |