

Therapy Competency Evaluation Form
Intervention (Functional Competency), Assessment (Functional Competency), Supervision (Functional Competency), Professionalism (Foundational Competency), Individual and Cultural Diversity (Foundational Competency), & Ethical Legal Standards and Policy (Foundational Competency)

Clinical Psychology Program
Texas Tech University

Student's Name _____ Year in Program _____ Semester/Year _____

Students will be rated on the following scale for their therapy competency evaluation:

2 – Demonstrates expected level of competency

1 – Some progress observed toward expected level of competency but need improvement

0 – Unsatisfactory progress

Please note: Any '0' will lead to the student not passing the therapy competency exam

A. Treatment Planning:

Points: _____

- _____ a. Student uses an appropriate theoretically-driven framework(s) to organize relevant information related to assessment of problem (what is the problem, what behavioral, cognitive, and environmental factors are relevant to the problem).
- _____ b. Student chooses and uses appropriate assessment measures and methods to obtain additional information to assist and guide case conceptualization.
- _____ c. Student demonstrates knowledge of different empirically supported treatment options for target problem(s) that are consistent with theoretical framework used to conceptualize client problem(s).
- _____ d. Student is able to identify theoretically-driven mechanisms of action that may be contributing to client problem(s).
- _____ e. Student engages in evidence-based practice by accounting for different individual and cultural diversity factors (e.g., culture, client values, preferences, and expectations, best evidence on diagnosis and treatment, and own clinical experience) that may impact client outcomes.
- _____ f. Student is able to use the DSM in a competent manner to develop multi-axis diagnosis.
- _____ g. Student is able to develop a coherent, theoretically-grounded and data-driven treatment plan.

B. Treatment Implementation:

Points: _____

- _____ a. Student adheres to treatment plan by implementing techniques that are consistent with the treatment chosen.
- _____ b. Student develops a range of techniques or procedures to deal differentially with a range of situations in the treatment process that are theoretically consistent.

C. Treatment Progress Monitoring:

Points: _____

- _____ a. Student continuously monitors progress toward attainment of treatment goal(s) and re-evaluates the treatment plan with the client when appropriate.
- _____ b. Student monitors treatment progress by using relevant and appropriate assessment data (e.g., self-report, test information observations, feedback from client) at appropriate intervals.
- _____ c. Student makes adjustments to treatment plan(s) when necessary.
- _____ d. Student effectively implements termination plan when appropriate.

D. Relationships: **Points:** _____
 _____ a. Student sets up and maintains a working relationship with the client within which effective therapeutic intervention is possible. A professional rather than social relationship is established.
 _____ b. Student is involved in the therapeutic relationship in a way which communicates their genuine interest, empathy, and respect for the client.

E. Professionalism: Ethical & Administrative Considerations **Points:** _____
 _____ a. Student engages in professional behavior in accordance with *APA's Ethical Principles and Code of Conduct*.
 _____ b. Student keeps client record(s) up-to-date in accord with Psychology Clinic procedures.
 _____ c. Student behaves in a professional and appropriate manner with client(s).
 _____ d. Student demonstrates knowledge about practicing within one's competence.

F. Supervision **Points:** _____
 _____ a. Student is open and responsive to supervisor feedback
 _____ b. Student integrates supervisor feedback into intervention

G. Case Presentation: **Points:** _____
 _____ a. Student presented case(s) in a coherent manner by clearly communicating information from Domains A, B, & C.
 _____ b. Student answered case-related questions in a coherent and logical manner.

Total Points: _____ (Points can range from 0-46)

Student needs a minimum of **42 points (91%)** to pass the therapy competency exam.

Student: _____ Passed Therapy Competency Exam _____ Did Not Pass Therapy Competency Exam

The student is expected to continue developing clinical skills related to the following domains:

- A: Treatment Planning
- B: Treatment Implementation
- C: Treatment Progress Monitoring
- D: Therapeutic Relationship
- E: Professional Development: Ethical & Administrative Considerations
- F: Supervision
- G: Case Presentation

Comments:

Student

Date

Supervisor

Date

Director of Clinical Training

Date