

Texas Tech University
Counseling Psychology Program
Readiness for Internship Form
Department of Psychological Sciences

Student Name

Year in Program

Date

Rate each item by responding yes or no to the following questions:

Professional Identity: Displays emerging professional identity as counseling psychologist; uses resources (e.g., supervision, literature) for professional development
Individual and Cultural Diversity: Applies knowledge of the role of culture in interactions in assessment, treatment, and consultation with diverse others.
Ethical Legal Standards and Policy: Demonstrates intermediate level knowledge and understanding of the APA Ethical Principles and Code of Conduct and other relevant ethical/professional codes, standards and guidelines, laws, statutes, rules, and regulations and can apply ethical decision-making models.
Affective Skills: Negotiates differences and handles conflict satisfactorily; provides effective feedback to others and receives feedback non-defensively
Relationships: Forms and maintains productive and respectful relationships with clients, peers/colleagues, supervisors and professionals from other disciplines
Scientific Knowledge and Methods: Values and applies scientific methods to professional practice.
Evidence-Based Practice: Demonstrates knowledge, understanding, and application of the concept of evidence-based practice.

Self-Assessment: Demonstrates broad, accurate self-assessment of competence; consistently monitors and evaluates practice activities; works to recognize limits of knowledge/skills, and to seek means to enhance knowledge/skills.
10. Intervention: Formulates and conceptualizes cases and plans interventions utilizing at least one consistent theoretical orientation.
Consultation: Seeks consultation regarding complex ethical and legal dilemmas
Skills: Displays clinical, therapeutic, and psychoeducational skills.
Supervision: Effectively participates in supervision and provides helpful supervisory input in peer and group supervision.
Assessment: Applies concepts of normal/abnormal behavior to case formulation and diagnosis in the context of stages of human development and diversity.

Student demonstrates readiness for internship placement.

Yes

No

Program Director Signature

Date

Adapted from the APA Counseling Psychology Core Competencies, Essential Components, Behavioral Anchors and Examples