

# EYEWASH & SAFETY SHOWER TRAINING TIPS

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Accidents can happen to even the most experienced employees. Make sure you know how to safeguard against accidents and be prepared if one occurs. The following checklist offers information for training employees in the proper use of eyewash and safety shower facilities:

- ▶ In case of chemical exposure, flush skin or eyes with cool water for at least 15 minutes [DO NOT RUB!]
- ▶ Get medical assistance immediately following flushing
- ▶ If possible, continue flushing while on the way to receive medical help
- ▶ Know the effects of chemicals with which you are working [Read, ask questions about & understand safety data sheets]
- ▶ Always wear correct personal protective equipment
- ▶ Learn the location & use of all emergency equipment, even if you are working in a new area for only a brief time
- ▶ Know how to help others reach showers or eyewashes & how to help them get medical assistance
- ▶ Hold your eyes open with your hands while using the eyewash to be sure water reaches the eyes
- ▶ Remove contaminated clothing after the shower has been activated
- ▶ Immediately wash off even small amounts of chemicals

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FOR MORE INFORMATION CONTACT ENVIRONMENTAL HEALTH AND SAFETY AT (806) 742-3876

[WWW.EHS.TTU.EDU](http://WWW.EHS.TTU.EDU) | [WWW.SAFETY.TTU.EDU](http://WWW.SAFETY.TTU.EDU)

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SAFETY@TTU