



# OBESITY RESEARCH INSTITUTE

TEXAS TECH  
Research & Innovation

## FALL 2024 SEMINAR SERIES

### BALANCING THE SCALE:

NAVIGATING THE COMPLEX INTERPLAY OF WEIGHT LOSS MEDICATIONS,  
TIMED EATING, AND PHYSICAL ACTIVITY

**WEDNESDAY, OCTOBER 16, 2024**

At the Human Sciences Building, Room 063 (Basement), Texas Tech University from 11:30 AM – 12:30 PM



#### **Deborah J. Clegg, Ph.D.**

Vice President for Research  
Professor, Internal Medicine  
Texas Tech University Health Sciences Center El Paso, Texas

***Weight Loss Medications: The Largest Human Uncontrolled Trial! What We Know and What We Need to Learn!***

Dr. Clegg is a known expert in the field of obesity, sex hormones, and metabolism, with a specific interest in nutrition and how it interacts with physiology. She has authored over 150 articles in impactful journals such as The New England Journal of Medicine, JAMA, American Journal of Physiology, and the National Kidney Foundation. According to a peer-reviewed database, she is listed in the top 2% of the most cited/impactful investigators out of more than 6 million cited in science journals worldwide. Dr. Clegg is the Vice President for Research at the Paul Foster School of Medicine/Texas Tech Medical School in El Paso, Texas. Dr. Clegg and her research have been featured in many forms of media, including the television program The View and the HBO series entitled 'Weight of the Nation,' as well as in the popular press, including magazines such as Vogue, Mademoiselle, Ladies Home Journal, and Nature. Dr. Clegg has conducted her own basic science research as well as participated in clinical and translational research for over 25 years.



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