

# SARA L. DODD, Ph.D.

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## EDUCATION

Doctor of Philosophy, 2009  
Texas Tech University, Lubbock, Texas  
Family & Consumer Sciences Education  
Master of Business Administration, 1994  
Texas Tech University, Lubbock, Texas  
General Business/Management  
Bachelor of Arts, 1980  
Abilene Christian University, Abilene, Texas  
Government [Minor: History]

## PROFESSIONAL EXPERIENCE

Associate Professor, Dept. of Human Development and Family Studies  
(September 2017 – present)

Director, Center for Adolescent Resiliency (July 2011 – present)

*College of Human Sciences, Texas Tech University, Lubbock, Texas*

- Oversee and direct the research, education, and outreach activities of the Center for Adolescent Resiliency (CAR, formerly known as the Center for Prevention & Resiliency).
- Provide leadership to CAR staff in program development and project design related to adolescent health and wellness.
- Initiate and support professional development opportunities for CAR program directors, assistants, and other program or research staff.
- Guide and coordinate research methodologies and data management.
- Develop research collaborations, submit grants, and foster relationships that support the research, education, and outreach mission of the Center.
- Disseminate program outcomes and research findings through appropriate academic and professional meetings.

Associate Professor/Extension Specialist (September 2009 – present; promoted from Assistant Professor to Associate Professor effective September 1, 2015)

*Joint appointment with the College of Human Sciences, Texas Tech University, Lubbock, Texas, and Texas A&M AgriLife Extension, Texas A&M University System*

- Synthesize, integrate, and apply research and expertise from within the College of Human Sciences (COHS) to support educational programming and professional development activities of Texas AgriLife Extension.
- Generate new knowledge through research activities and disseminating this knowledge through peer-reviewed publications; identify and initiate efforts to acquire external support for integrated research and programming activities.
- Develop opportunities for outreach and engagement for COHS faculty, students, and Extension educators.

Project Director (January 2007 – August 2009)

*NIH Grant: Work-related Travel: Effects on Health and Family*

Department of Human Development and Family Studies, Texas Tech University

Course Developer and Adjunct Instructor (2004 – 2011)

Department of Outreach & Distance Education

Texas Tech University, Lubbock, Texas

Graduate Teaching Assistant (September 2005 – December 2006)

Department of Applied and Professional Studies

Texas Tech University, Lubbock, Texas

Adjunct Instructor (January 2004 – July 2006)

Department of Business Administration

Lubbock Christian University, Lubbock, Texas

Community Volunteer (March 1992 – December 2003)

PTA (member and officer); Teacher and speaker for women's ministries

Programmer/analyst (March 1990 – March 1992)

Plains Cotton Cooperative Association, Lubbock, Texas

Systems analyst (January 1986 – August 1988)

IBM New Zealand, Wellington, New Zealand

## **TEACHING ACTIVITY & EXPERIENCE**

Texas Tech University, Lubbock, Texas

Department of Human Development and Family Studies

- HDFS 4320 Research Practicum
  - Developer, instructor and supervisor
- HDFS 3322 Family in the Community
  - Course coordinator
  - Instructor for Service Learning sections (Spring 2018 – present)
  - Developer and instructor for Study Abroad programs

Human Sciences/Family & Consumer Sciences Education (2011-2017)

- Special Topics in FCSE: History & Philosophy of Extension Education (FCSE 5350)
- Problems in Human Sciences: topic varies (HUSC 5311)
- Independent Study in Extension (FCSE 4000)
- Developing & Evaluating Youth Programs (HUSC 4308)
- Developed 18-hour concentration in Youth Development for BS in Human Sciences (approved 2013).
- Comprehensive Wellness for Adolescents (HUSC 3325)
- Guest lecturer
  - *Research, Outreach, and Education Promoting Adolescent Resiliency* (HDFS 5317, Graduate Seminar on Adolescence; Fall 2017)
  - *Positive Youth Development – Theory in Action* (HDFS 3316, Development in Adolescence; Spring 2017)
  - *Careers with Cooperative Extension* (FCSE 2102, Introduction to FCSE; repeated)

- *Childhood Obesity Interventions* (NS 6118, Obesity Research Seminar, Fall 2014 and Spring 2015)
- *Youth Development Research* (HUSC 3325, Comprehensive Wellness for Adolescents; Spring 2014)
- *Collaborating with Cooperative Extension* (FCSE Doctoral Symposium; Feb. 2011)

Department of Nutrition, Hospitality, and Retailing (2011)

- Hospitality Management (RHIM 3341)

Department of Outreach and Distance Education (2004 – 2011)

- Hospitality Control I (RHIM 3321)
- Hospitality Control II (RHIM 3322)
- Hospitality Management (RHIM 3341)

Department of Applied and Professional Studies (2005 – 2006)

- Graduate Teaching Assistant, Honors 3303 & IS1100

Lubbock Christian University, Lubbock, Texas

Department of Business Administration (2004-2005)

- Human Resource Management

## **RESEARCH ACTIVITIES**

### **Grants, Contracts, and Sponsored Projects**

#### **Pending:**

#### **Funded:**

“Community Advocacy Project for Students”; co-PI; \$125,000; renewal proposal submitted January 8, 2019, to Covenant Health Wellness & Prevention Initiative. Award budgeted for July 1, 2019, to June 30, 2020.

“Adaptación transcultural del Programa United Future Leaders (UFL) que promueve civilidad, ética y liderazgo en adolescentes escolarizados de Medellín, Colombia (Transcultural adaptation of the program United Future Leaders (UFL) which promotes civility, ethics, and leadership for adolescents in Medellin, Colombia”; co-PIs: Moratto-Vasquez, N., Sanchez-Acosta, D., **Dodd, S.**, Velez-Gomez, P., Gonzales, G., Follmer-Reece, H., & Cardona-Velez, C. Approx. US\$6,700. Internal Seed Grant, Universidad CES, Medellin, Colombia. Awarded August 2018.

“Community Advocacy Project for Students”; co-PI; \$102,090; submitted November 8, 2017, to Covenant Health Wellness & Prevention Initiative. Award budgeted for July 30, 2018, to June 30, 2019.

“Transforming through Transition: An Intervention to Shape the Culture and Community of Secondary Students”; **PI**; \$14,460; contract with Brownfield (TX) Independent School District; awarded October 2014.

“Transforming through Transition: An Intervention to Shape the Culture and Community of Secondary Students”; **PI**; \$2,500; contract with Seminole (TX) Independent School District; awarded February 2014.

“fMRI and the Role of Encoded Memory and Affective Response in Eating Behavior”; **PI** (co-PIs: Dr. JoAnn Long, Lubbock Christian University and Dr. Martin Binks, TTU); \$10,000 seed grant awarded May 2013; College of Human Sciences, Texas Tech University.

“Healthiest Communities and Childhood Obesity”; **co-PI** (PI: Dr. Kitty Harris, TTU); \$500,000 (\$250,000 per year); awarded effective July 1, 2013; Covenant Health Systems.

SEED-HL: ‘Share Explore Experience Do-Healthy Lifestyles’ An Integrated and Innovative Program to Address Overweight and Obesity among Adolescents”; **PI** (co-PIs: Dr. Naima Moustaid-Moussa and Dr. Mary Murimi, TTU); \$20,000 awarded March 2013; TTU Office of the Vice-President for Research Proposal Stimulus Program.

“Transforming through Transition: A Continued Intervention with 8<sup>th</sup> & 9<sup>th</sup> grade students in Brownfield schools”; \$6,000; contract awarded February 2013; Brownfield Independent School District.

“East Lubbock Promise Neighborhood”; **co-PI** (PI: Dr. Michael O’Boyle); \$1,160,076 (8%); College of Human Sciences subcontract with College of Education at TTU; 5 year grant awarded December 2012; US Department of Education.

“Teaching on the Flipside: Strategies for Alternative Settings”; \$2,900; contract awarded August 2012; presentation at Region 17 Education Service Center professional development workshop for administrators and educators in alternative education settings.

“Transforming through Transition: An Intervention to Shape the Culture and Community of Secondary Students”; **PI**; \$4,200; subcontract with Region 17 Education Service Center for Texas Council for Developmental Disabilities.

“United Future Leaders: An afterschool program promoting character, civility, ethics, and leadership among youth in Roosevelt schools”; **PI**; \$2,100; subcontract with Region 17 Education Service Center for Texas Council for Developmental Disabilities.

**Not funded:**

“Affective neurobehavioral response and effectiveness of cell phone images of personal diet as a stimulus for increasing adolescent fruit/vegetable intake and future food choices”; **co-PI**; \$125,000; subcontract to NIH/NINR R15 18-504 revised and re-submitted October 24, 2018, by Lubbock Christian University.

“Action, Behavior, Identity: Promoting Healthy Eating among Adolescents to Prevent Obesity”; **lead PI**; \$1,438,204; USDA NIFA Agricultural and Food Research Institute Childhood Obesity Prevention Challenge Grant (subcontracts with University of Tennessee-Extension); submitted June 28, 2017. *Ranked **high priority/fundable**.*

“Where STEM and Food Collide: Formative research identifying and testing integrated concepts for informal STEM learning environments”; co-PI (lead PI Melanie Sarge); \$297,925; National Science Foundation, NSF 15-593 Advancing Informal STEM Learning program; submitted November 8, 2016.

“Effect of food-based tocotrienols and anthocyanins on cardiometabolic biomarkers and dietary risk for obesity”; co-PI (lead PI Wilna Oldewage-Theron); \$1,007,531; American Heart Association, Strategically Focused Research Network program; submitted November 8, 2016.

“Cultivating Food Competency to Prevent Obesity Among Youth”; **lead PI**; \$4,828,622; USDA NIFA Agricultural and Food Research Institute Childhood Obesity Prevention Challenge Grant (subcontracts with Texas A&M AgriLife Extension, Angelo State University, and University of Tennessee-Extension); submitted August 4, 2016.

“fMRI and the Role of Encoded Memory and Affective Response in Eating Behaviors”; **co-PI** (lead PI, JoAnn Long); \$12,069; submitted 6/1/2016 to the Council for the Advancement of Nursing Science (CANS) 15<sup>th</sup> Anniversary CANS/Partners Grant.

“fMRI and the Role of Encoded Memory and Affective Response in Eating Behavior: Expanding the Study of Use of Personalized Dietary Images”; **co-PI** (lead PI, JoAnn Long); \$5,000; submitted 5/1/2016 to American Nurses Foundation (ANF) Nursing Research Grant program.

“Pathways to Health Development in Adolescence”; **co-PI** (lead PI, Mary Murimi); \$390,439; submitted 6/16/2014 to National Institutes of Health (NIH PA-14-176; R21).

“Transferable Coping Strategies to Combat Childhood Food Insecurity among Multiethnic Households from Urban & Rural Settings in West Texas: A Mixed Methods Analysis”; **co-PI** (PI: Dr. Mary Murimi, TTU); \$250,000; submitted 11/29/2012 to University of Kentucky/USDA AFRI subcontract program.

“SEED-HL: ‘Share Explore Experience Do-Healthy Lifestyles’ An Integrated and Innovative Program to Address Overweight and Obesity among Adolescents”; **PI for subcontract**; **co-PI** (PI: Dr. Naima Moustaid-Moussa, TTU, formerly of University of Tennessee-Knoxville); \$550,000 (for sub); USDA NIFA/AFRI Childhood Obesity Grant Program; ranked medium priority; 2012.

“Navigating the Transition between Early & Late Adolescence: Mapping How Cognitive and Emotional Complexity Influence Decision-Making in Middle School Students”; **PI** (co-PI: Dr. Oak-Hee Park); \$796,713; National Institutes of Health; 2012.

“Transformation Para Salud: Prevention and Control of Overweight and Obesity among Children in West Texas”; **PI for subcontract; co-PI** (PI: Dr. Christina Esperat, TTUHSC); \$992,116 (for sub); USDA NIFA/AFRI Childhood Obesity Grant Program; ranked high priority; 2010.

“Determine and Disseminate Best Practice Integrated Approaches to Childhood Obesity Prevention along the US/Mexico Border”; **co-PI** (PI: Dr. Peter Murano, Texas A&M University/Texas A&M AgriLife Research); \$3,248,898 (Border State Consortium, submitted as subcontract with Texas AgriLife Extension); USDA NIFA; 2010.

### **Refereed Journal Publications and Book Chapters**

Saha, S., Dawson, J., Murimi, M., **Dodd, S. L.**, & Oldewage, W. (in review). Effects of a Nutrition Education Intervention to Promote Fruit and Vegetable Knowledge, Preference, Cooking, and Consumption Self-Efficacy among Title I Elementary School Children. Submitted January 23, 2020, to *Health Education Journal*.

Dodd, S. L., Long, J. D., Hou, J., O’Boyle, M., & Kahathuduwa, C.N. (in press). Brain activation and affective judgement in response to personal dietary images: An fMRI preliminary study. *Appetite*, 148, 1 May 2020, 104561. Available online December 20, 2019. doi.org/10.1016/j.appet.2019.104561

Dodd, S. L., Follmer-Reece, H., Gonzales, G., Nunez, C., & Cude, K. (in press). Integrated Service Learning Strategies for Student Engagement. In A. Zimmerman, (Ed.), *Preparing Students for Community-Engaged Scholarship in Higher Education*. Hershey, Pennsylvania: IGI Global.

Long, J. D., **Dodd, S. L.**, Doumit, R., Boswell, C., O’Boyle, M., & Rogers, T. (in press). Integrative Review of Evidence Related to Dietary Choice Revealed by fMRI: Considerations for Obesity and Weight Loss Education. Accepted October 27, 2019, by *Worldviews on Evidence Based Nursing*.

Sherman, K., Gonzales, G., **Dodd, S. L.**, & Kostina-Ritchey, E. (2017). United Future Leaders Ambassadors: How do we engage young leaders in community service? *The Journal of Leadership Education*, 16(3), 9-23. DOI:1012806/V16/I3/A2.

Kostina-Ritchey, E., Velez-Gomez, P., & **Dodd, S. L.** (2017). Student assets and commitment to learning in an afterschool leadership development program: Looking beyond the myths. *Middle Grades Research Journal*, 11(2), 49-60.

Sherman, K., Gonzales, G., Kostina-Ritchey, E., & **Dodd, S. L.** (2016). Mentoring the mentors: A systematic approach to formal and informal training of collegiate leaders. In F. Salamone & M. Snipes, (Eds.), *Passing the Torch: Mentoring the*

*Next Generation*. Newcastle upon Tyne, United Kingdom: Cambridge Scholars Publishing.

Dodd, S., Follmer-Reece, H., & Ritchey, E. R. (2015). Food Challenge: Cultivating Food Competence among Adolescents. *Food Studies: An Interdisciplinary Journal*, 5(4), 71-84.

Kostina-Ritchey, E., Follmer-Reece, H., **Dodd, S. L.**, Sherman, K. & Gonzales, G. (2015). United Future Leaders: A Case of the Use of Technology in Youth Programming and Hidden Curriculum. In S. Blair, P. Claster & S. Claster (Eds.), *Sociological Studies of Children and Youth* (pp. 439-461). Bingley, United Kingdom: Emerald Publishing.

Yang, Z., Velez-Gomez, P., Follmer-Reece, H., & Dodd, S. L. (n.d.). Examining relationships between young adolescent developmental assets profile and amount of sleep, frequency of family practices, and gender. Manuscript in revision.

Dodd, S., Follmer-Reece, H., Kostina-Ritchey, E., & Reyna, R. (2015). Food Challenge: Serving Up 4-H to Non-Traditional Audiences. *Journal of Extension*, 53(4), Article 41AW4. Available at <http://www.joe.org/joe/2015august/iw5.php>

Long, J. D., **Dodd, S.**, & Boswell, C. (2015). Technology application for dietary control: participants' viewpoints. *Journal of clinical nursing*, 24(5-6), 869-871.

Kolyesnikova, N., **Dodd, S. L. S.**, & Callison, C. (2011). Appeal strategy and consumer response in direct mail advertising: How induced gratitude and obligation affect message influence. *Journal of Marketing Communications*, 17(5). 337-353.

Couch, S., & **Dodd, S.** (2005). Doing the Right Thing: Ethical Issues in Higher Education. *Journal of Family and Consumer Sciences*, 97(3), 20-26.

Velez-Gomez, P., Moratto-Vasquez, N. S., **Dodd, S. L.**, & Viveros, E. (n.d.). *Family Policy in Colombia: Retrofitting a pre-conflict definition of family in post-conflict society*. Manuscript in preparation.

Kostina-Ritchey, E., Tang, X., Trammell, E., & **Dodd, S. L.** (n.d.). *Resiliency factors in family communication: A pilot study of female middle school student perspectives relating to trust, support, and comfort*. Manuscript in preparation.

Follmer-Reece, H., Kostina-Ritchey, E., & Dodd, S. L. (n.d.). *An exploration of youth volunteering via self-reported service logs: Frequency, type, context, and timing*. Manuscript being revised for new submission.

Dodd, S. L., Kostina-Ritchey, E., Reece, H. F., & Velez, P. (n.d.). *Integrating Positive Youth Development and Self-Determination Theory for Health Promotion*. Manuscript being revised for new submission.

Velez-Gomez, P., Kostina-Ritchey, E., **Dodd, S. L.**, & Little, T. D. (n.d.). *Examining the Validity of the Basic Needs Satisfaction in General Scale: A study with an Early Adolescent Sample*. Manuscript being revised for new submission.

Dodd, S. L., Follmer-Reece, H., & Kostina-Ritchey, E. (in revision). *Emerging Scholarship in Adolescent Development: Integrating Positive Youth Development and Self-Determination Theory*. Submitted January 2015.

### **Other Publications**

E-Textbook:

Dodd, S. (2018). 4-H Learning. In K. Alexander, A. Holland, and P. Rambo (Eds.), *Teaching Family and Consumer Sciences in the 21st Century: A Live Interactive Textbook*. 1<sup>st</sup> ed. Toronto, Ontario: Top Hat. <https://tophat.com/>

### **Executive Summaries/Reports**

Dodd, S. L., Reece, H. F., Gonzales, G., Thomas, K., Walker, L., & Johnston, G. D. (2014). *Transforming through Transition 2012-2014: Executive Summary for Brownfield ISD*. Center for Adolescent Resiliency, Texas Tech University.

Dodd, S. L., & Reece, H. F. (2014). *Introducing 4-H Food Challenge to Roscoe Collegiate 7<sup>th</sup> Graders*. Center for Adolescent Resiliency, Texas Tech University; Texas A&M AgriLife Extension.

### **Refereed Conference Proceedings**

Walker, L., Onofre, A., Newman, A., & **Dodd, S. L.** (provisionally accepted). *Community advocacy project for students: Empowering youth to find their voice during times of transition*. Submitted to the 31<sup>st</sup> Annual National Youth as Risk Conference, Savannah, GA, September 2019.

Nunez, C., Gonzales, G., Follmer-Reece, H., & **Dodd, S.** (2019, June). *Leadership development among adolescent girls: The role of experience and reflection*. Workshop presented to the International Leadership Association's Women & Leadership conference, Santa Cruz, CA.

Velez-Gomez, P., Follmer-Reece, H., Moratto-Vasquez, N. S., & **Dodd, S.** (2018, November). *Accompanying youth development: Perspectives from Colombian families*. Paper presented at the annual conference of National Council on Family Relations, San Diego, CA.

Nunez, C., Velez-Gomez, P., Gonzales, G., & **Dodd, S.** (2018, October). *Training the practitioner developing youth leaders: Processes, strategies, and lessons learned*. Round-table proposal presented to the annual conference of International Leadership Association, West Palm Beach, FL.



- Follmer-Reece, H., Velez-Gomez, P., & **Dodd, S.** (2018, August). *Redefining youth leaders in post-conflict Colombia: The basis of youth programming for social change*. Paper presented at the regional conference of International Leadership Association, Lima, Peru.
- Velez-Gomez, P., Moratto, N. S., **Dodd, S. L.** (November, 2017). *Colombian family policy: Pre-conflict definitions vs. post-conflict reality*. Presented to the National Council on Family Relations Annual Conference; Orlando, FL.
- Long, J. D., **Dodd, S. L.**, Boswell, C., Rogers, T., & Velez-Gomez, P. (July, 2016). *Exploring eating behavior in college students: Preliminary findings of the TFEQ R-18 and qualitative perceptions of cell-phone use for digital recording of diet*. Presented to the Sigma Theta Tau International 27<sup>th</sup> International Nursing Research Congress; Cape Town, South Africa.
- Sherman, K., Gonzales, G., Kostina-Ritchey, E., & **Dodd, S. L.** (July, 2016). Evaluate, expand, replicate: An innovative, theory-based approach to experiential youth leadership programming. Educator workshop presented to the 2016 Annual Conference of the Association for Leadership Educators; Sacramento, CA.
- Kostina-Ritchey, E., Velez-Gomez, P., & **Dodd, S. L.** (April, 2016). *Myth busters: Student assets, commitment to learning and self-selected leadership programming*. Paper presented to American Educational Research Association; Washington, DC.
- Long, J. D., & **Dodd, S. L.** (February, 2016). *Frontiers in neuroimaging: Dietary risk and obesity*. Paper presented to the Southern Nursing Research Society (SNRS) 2016 Annual Conference; Williamsburg, VA.
- Trammell, E., Tang, X., **Dodd, S. L.**, & Ritchey, E. R. (November, 2015). *Interaction of Emotional Reactivity, Weight Status and Ethnicity in Adolescence: Policy Discussions for Comprehensive Wellness Curriculum*. Presented to American Public Health Association 143<sup>rd</sup> Annual Meeting & Expo (Women's Caucus); Chicago, IL.
- Dodd, S., Kostina-Ritchey, E., & Follmer-Reece, H. (October, 2015). A tale of two problems: A case for strategic integration of formal and informal learning to improve STEM competence and health trajectories among adolescents. Presented to *International Journal of Arts and Sciences (IJAS)* International Conference for Academic Disciplines; Rome, Italy.
- Follmer-Reece, H., Kostina-Ritchey, E. & **Dodd, S. L.** (October, 2015). *Trends in Leadership: How Youth Improve Communities and the Lives of Others*. Paper presented to the International Leadership Association Conference; Barcelona, Spain.
- Reece, H. F., Kostina-Ritchey, E. R., & **Dodd, S. L.** (March, 2015). *Adolescence and Leadership: A Pilot Study Concerning Program, Family, and Religious Activity Roles*.

Presented to Texas Council on Family Relations (TxCFR) Annual Conference;  
Abilene, TX.

Dodd, S.L., Reece, H.F., & Kostina-Ritchey, E.R. (2014). *Positive Youth Development and Self-Determination Theory: Integrating two theories to develop a comprehensive approach to healthy adolescent development*. Theory Construction Methodologies Workshop, National Council on Family Relations Annual Conference, November 18, 2014; Baltimore, MD.

Dodd, S. L., Reece, H. F., & Kostina-Ritchey, E. R. (2014). *Food Challenge: An Innovative Approach to Foster Food Competency among Youth*. Food Studies Conference, October 19-21, 2014; Prato, Italy.

Johnston, G. D., Walker, L., & **Dodd, S. L.** (2014, July). Self-Care: Where your wellness begins. Presented at the American Association of Family and Consumer Sciences Conference and Expo, St. Louis, MO.

Dodd, S. L., Gonzales, G., Johnston, G., Meixner, V., Thomas, K., & Walker, M. L. (2013, October). *Comprehensive Wellness through Comprehensive Engagement: Spanning Boundaries for Transitioning Youth*. 14<sup>th</sup> Annual Engagement Scholarship Conference, Lubbock, TX.

Johnston, G. D., Walker, L., & **Dodd, S. L.** (2013, July). The Wellness Connection: The “Why” and “How.” Presented at the Family and Consumer Science Teacher Association of Texas Professional Development Conference, Dallas, TX.

Johnston, G. D., Walker, L., & **Dodd, S. L.** (2013, June). Integrating comprehensive wellness: Tools for healthy life choices. Presented at the American Association of Family and Consumer Sciences Conference and Expo, Houston, TX.

Johnston, G. D., Thomas, K., Waltz, M., Follmer, H. E., Gonzales, G., Walker, L., & **Dodd, S. L.** (2013, June). Adolescents in transition: Strengthening readiness for new school environments. Presented at the American Association of Family and Consumer Sciences Conference and Expo, Houston, TX.

Johnston, G. D., Thomas, K., Waltz, M., Follmer, H. E., Gonzales, G., Walker, L., & **Dodd, S. L.** (2013, June). Adolescents in transition: Strengthening readiness for new school environments. Accepted for presentation at the American Association of Family and Consumer Sciences Conference and Expo, Houston, TX.

Johnston, G. D., Walker, L., & **Dodd, S. L.** (2013, June). Integrating comprehensive wellness: Tools for healthy life choices. Accepted for presentation at the American Association of Family and Consumer Sciences Conference and Expo, Houston, TX.

- Gonzales, G., Thomas, K., Waltz, M., Hughs, L., Klein, B., & **Dodd, S. L.** (2013, April). *The Adolescent Lens: Perceptions of Safety through Simulation*. Sequor Youth Development Initiative Annual Conference, Navasota, TX.
- Johnston, G. D., Walker, L., & **Dodd, S. L.** (2013, April). *The wellness connection: Giving youth skills to succeed*. Sequor Youth Development Initiative Annual Conference, Navasota, TX.
- Gonzales, G., Onofre, B., Young, W., Waltz, M., Burns, D., & **Dodd, S. L.** (2012, April). *Does your attitude elevate your team's altitude?* Sequor Youth Development Initiative Conference, Austin, TX.
- Kolyesnikova, N., **Sullivan Dodd, S. L.**, Callison, C. (2011). *Affective responses to direct mail messages: The effect of gratitude and obligation*. Paper presented at the 5th International Conference of the Academy of Wine Business Research, Auckland, New Zealand. (*Best Conference Paper Award*)
- Dodd, S. L., Kolyesnikova, N., & Callison, C. (2007, August). *Influence of appeal type in direct mail: How inducing feelings of gratitude and obligation affects consumer response*. Association for Education in Journalism and Mass Communication Convention, Washington D.C.

#### **Refereed Poster Sessions**

- Yang, Z., Follmer-Reece, H., Velez-Gomez, P., & **Dodd, S. L.** (2018, October). *Family practices and character development in adolescents: An exploratory study*. Poster presented to the Society for Research in Child Development Positive Youth Development Special Topic Meeting, Philadelphia, PA.
- Velez-Gomez, P., Kostina-Ritchey, E., **Dodd, S. L.**, & Little, T. D. (2017, April). Examining the Validity of the Basic Needs Satisfaction in General Scale in Late Childhood and Early Adolescence. Presented to the Society for Research on Child Development, Austin, TX.
- Tang, X., Kostina-Ritchey, E., Trammell, E. & **Dodd, S. L.** (2016, November) *Resiliency factors in family communication: Pilot of child's perspectives*. Poster presented to the annual conference of National Council on Family Relations, Minneapolis, MN.
- Long, J. D., **Dodd, S. L.**, Kostina-Ritchey, E., Anyanwu, N., & O'Boyle, M. (2016, November). *Self-perception and affective neural response to eating behavior during review of personalized food images*. Presented to The Obesity Society annual meeting, New Orleans, LA.
- Long, J. D., & **Dodd, S. L.** (September, 2016). *Dietary risk and obesity: The role of image-assisted review of food intake on future food choices*. Poster presented to the 2016 State of the Science Congress on Nursing Research, Washington, D.C.

- Dodd, S. L., Long, J. D., Hou, J., O'Boyle, M., Binks, M., & Bailey, D. (November, 2015). *A picture is worth a thousand words, and then some: Preliminary findings from an exploratory fMRI study*. The Obesity Society annual meeting, Los Angeles, CA.
- Kostina-Ritchey, E., Velez-Gomez, P. & **Dodd, S. L.** (October, 2015). *United Future Leaders (UFL) pilot data on autonomy and transition to middle school: Empowerment, influence of student residential patterns and student reported time at home alone*. Society for the Study of Human Development, Austin, TX. [Conference only has symposium or poster divisions]
- Dodd, S.L., Reece, H.F., & Kostina-Ritchey, E.R. (October, 2014). *Transforming through Transition: Using a Positive Youth Development approach to intervene with an at-risk student population*. Special Topic Meeting of the Society for Research in Child Development, "Positive Youth Development (PYD) in the Context of Global Recession", Prague, Czech Republic.
- Dodd, S. L., Barela, H., Trammell, E., Kostina-Ritchey, E. R., Walker, M. L., Johnston, G. D., & Onofre, A. (2014). *Emerging Identity and Body Image Among Early Adolescent Girls: A Pilot Study*. 21<sup>st</sup> Annual Meeting of the Society for Research on Identity Formation, Austin, Texas, March 2014.
- Long, J. D., Dodd, S. L., & Binks, M. (2014). *Diet, Encoded Memory, Visual Cues, Obesity, and Neuroimaging: The Role of*. Accepted to Sigma Theta Tau International's 25th International Nursing Research Congress, July 2014; Hong Kong.
- Gonzales, G., Thomas, K., & Dodd, S. L. (October, 2013). *United Future Leaders: Implementing Scholarly Engagement Strategies with Adolescents*. 14<sup>th</sup> Annual Engagement Scholarship Conference, Lubbock, TX.
- Burns, D., Gonzales, G., Onofre, B., & Dodd, S. L. (2011). *Skew your senses into balanced nutrition*. Presented at Sequor Youth Development Initiative Conference in Austin, Texas, April 2012.
- Kostina-Ritchey, E., Lee, N., Zvonkovic, A.M., & Dodd, S.L. (2008, April). *Women, Work and Family: Emerging Data Involving Frequent Work Travel*. The biennial meeting of the American Association of University Women (AAUW), 100th Anniversary Convention, Dallas, TX.
- Dodd, S.L., Kostina-Ritchey, E., Lee, N., & Zvonkovic, A.M. (2008, March). *Sampling Strategies for a Multi-method Research Project Studying the Effects of Work-Related Travel*. The American Psychological Association (APA) and National Institute for Occupational Safety and Health (NIOSH) Joint International Conference on Occupational Stress & Health: Work, Stress and Health 2008: Healthy and Safe Work through Research, Practice, and Partnerships, Washington DC.

Zvonkovic, A.M., Lee, N., Kostina-Ritchey, E., & Dodd, S.L. (2008, March). *Conceptual & Methodological Framework Underpinnings: Studying Work & Personal Life*. The American Psychological Association (APA) and National Institute for Occupational Safety and Health (NIOSH) joint International Conference on Occupational Stress & Health: Work, Stress and Health 2008: Health and Safe Work Through Research, Practice, and Partnerships, Washington DC.

Dodd, S.L., Kolyesnikova, N., & Callison, C. (2007, March). *Affective responses to direct mail marketing messages: The effect of gratitude and obligation*. Texas Tech University Graduate Research Poster Competition (1st Place Human Sciences Division).

### **Invited Professional Presentations**

Dodd, S. L. (February, 2015). *Adding to the Obesity Prevention Toolbox: (Re)building Food Competence in Adolescents*. Obesity & Nutrition Seminar Series, Obesity Research Cluster, Texas Tech University, Lubbock, TX.

Dodd, S. L. (February, 2014). *Extension and school-based childhood obesity interventions*. Obesity Research Cluster Seminar Series Spring 2014, Texas Tech University, Lubbock, TX.

Dodd, S. L. (November, 2013). *Youth Development Research Update*. Texas A&M AgriLife Extension North Region Youth Development Training, Lubbock, TX.

Gonzales, G., Thomas, K., Waltz, M., Hughs, L., Klein, B., & Dodd, S.L. (April, 2013). *Leadership is Good*. Presentation accepted for the Sequor Youth Development Initiative Annual Conference, Navasota, TX.

Zvonkovic, A.M., Lee, N., Dodd, S.L., & Brooks, E.D. (August 2008). *Multiple Voices: Preliminary Findings and Emergent Perspectives on the Work Travel Experience*. Session presentation at "Expanding Horizons: Changing Families for the Better", a training symposium conducted for Texas Agrilife Extension Service, North Region, by the College of Human Sciences, Texas Tech University, Lubbock, TX.

Zvonkovic, A.M., Rojas, J., Lee, N., Follmer, H.E., Kostina-Ritchey, E., & Dodd, S.L. (November 2007). *The Effects of Globalization and Work Travel: What They Mean for Your Workers and Business*. Symposium for the Work Life Summit of the National Council on Family Relations 69th Annual Conference, Pittsburgh, PA.

### **Other Invited Presentations**

Zvonkovic, A.M., Dodd, S.L. & Lee, N. (September 2008). *The Effects of Frequent Work Travel on Health and Well Being*. Presentation to the quarterly meeting of the Safety/Health/Environment division of ExxonMobil Production Company, Houston, TX.

**Reviewer**

Preparing Students for Community-Engaged Scholarship in Higher Education (IGI Global; chapter reviewer, 2019).  
*Health Education* (2016; 2019).  
*Community Mental Health Journal* (2015; 2019).  
International Leadership Association Global Conference - Ottawa (2019)  
*Journal of Family Theory & Review* (2017)  
*International Journal of Health, Wellness, and Society* (2015); associate editor, Vol. 5.  
*Food Studies: An Interdisciplinary Journal* (2015); associate editor, Vol. 5  
U.S. Department of Agriculture, National Institute of Food & Agriculture (August - September 2013). Appointed/served on review panel for grant proposals submitted to Agriculture & Food Research Initiative (AFRI) on human nutrition.  
Emerging Engagement Scholars Workshop. 14<sup>th</sup> Annual Engagement Scholarship Conference (October 2013).  
*Journal of Adolescent Health* (2013).  
*Innovative Papers* – review proposed papers for *Association of Leadership Educators Annual Conference* (2013).  
*Journal of Research in Interactive Marketing* (2010).

**SERVICE AND ENGAGEMENT ACTIVITIES**

College of Human Sciences

Texas Tech University, Lubbock, Texas

- Member, COHS Faculty Council (appointed for 2018-2020)
- Member, *ad hoc* University Committee for Outreach and Engagement (COHS representative)
- Member, HDFS Colloquium Series (2019-present)
- Member, HDFS Faculty Review (2019-present)
- Member, Faculty Search Committee, Department of Human Development and Family Studies (2018-2019)
- Member, HDFS Outreach & Engagement Committee
- Member, HDFS Graduate Curriculum Committee (2017-2018)
- Member, Advisory Board for Center for Adolescent Resiliency
- Member, Obesity Research Cluster Advisory Board
- Dean's Representative, Provost's Council
- COHS faculty advisor to Texas Tech Collegiate Chapter of 4-H (2009-present)
- COHS contest & facilities coordinator, Texas 4-H Roundup 2012
- Faculty member, *ad hoc* University Ethics Advisory Committee
- Faculty Search Committee, Family & Consumer Sciences Education, Graduate Student Representative (2007)
- Invited presentation on women and leadership to freshman cohort of First Generation college students organized through the Cross Cultural Advancement Center of Texas Tech.

Texas A&M AgriLife Extension, College Station, Texas

- Co-presenter on "Implementing 4-H Food Challenge", Virtual Training Conference for 4-H Club Leaders and Volunteers (May 2014).

- Coordinated and presented programs for:
  - 2014 Crosby County Teen Summit (May 2014, Ralls TX)
  - Crosby County “No More Frogs to Kiss” event for girls (April 2014, Crosbyton)
- Volunteer and workshop presenter, Texas 4-H Roundup 2013
- COHS contest and facilities coordinator, Texas 4-H Roundup 2012
- Coordinated facilities and judges, District 2 4-H Food Challenge, 2011 and 2012
- Volunteer and workshop presenter, Texas 4-H Roundup 2010
- Organizer and coordinator, Professional Development Workshops for Extension FCS agents, North Region.
- Presenter, Professional Development Workshop for FCS agents, East Region.
- Committee member, Expanded Workforce Commission
- Committee member, 4-H Health and Wellness Camps
- Committee member, 4-H/Roundup Housing and Interiors Contest
- Adjunct faculty, Sequor Youth Development Initiative

#### **PROFESSIONAL AFFILIATIONS**

- National Council on Family Relations
- Society for Research in Child Development
- Phi Upsilon Omicron, national honor society in Family and Consumer Sciences
- American Association of Family and Consumer Sciences
- Association of Leadership Educators
- The Obesity Society
- International Leadership Association

#### **HONORS AND AWARDS**

- “La Dirección de Investigación en la categoría: Investigación Docente.” Awarded to Nadia Semenova Moratto-Vasquez, Milton Danilo Morales Herrera, Paulina Vélez Gómez, and **Sara L. Dodd**, in October 2018, by Universidad CES for our collaboration on *La familia en la transición sociocultural y política colombiana, una dimensión para la construcción de paz en los procesos de reintegración*.
- 2018-2019 COHS nominee for the TTU Spencer A. Wells Award for Creativity in Teaching.
- Extension Partnership Award; awarded November 2012; presented January 2013. *Awarded to the Colleges of Human Sciences and Agriculture Sciences & Natural Resources for collaboration culminating in 2012 Texas 4-H Roundup.*
- Graduate Research Award in Human Sciences, 2007.