



Texas Tech “Get Caught Up” Clinic

The United Family and The City of Lubbock are committed to keeping our Red Raider Family Healthy! Students, Faculty and Staff Alike.

SHINGLES DOESN'T CARE.

Even the healthiest lifestyle can't stop your immune system from declining as you age, increasing your risk of shingles. Over 99% of people 50 years and older have the virus that causes shingles already inside them. 1 out of 3 people will get shingles in their lifetime. Everyone age 50+ and certain people age 19-49 with a compromised immune system are eligible to receive shingles vaccine.

[Click Here to Learn More about Shingles Vaccine](#)

Your child likely received their hepatitis B vaccine at birth, but if you were born before 1991, you may be living unprotected

Now the CDC says it's time for adults to get caught up

[Click Here to Learn More About Hep B, Liver Disease and Cancer.](#)

HPV (human papillomavirus) is more common in adults than you may think.

An estimated 14 million new HPV infections occur in the United States each year. Even if you've been infected with one type of HPV, it may not be too late to help protect yourself from certain cancers caused by other types of the virus. If you are age 11-45 years you may be eligible to receive HPV vaccine.

[Click Here to read more about HPV and cancer.](#)

Who: All Texas Tech Staff, Teachers, Employees and Students

When: March 31, 2023 10:00AM-2:00PM

Where: Student Union Building, Matador Room 227

What to bring: A copy of your completed consent form. [Download a copy here.](#) [A photocopy of your insurance card\(s\) that the pharmacist can take.](#)

What to wear: Clothing with easy access to your upper arm

What will it cost: Texas Tech Blue Cross Insurance and most major insurance plans cover vaccines with no copay. The Lubbock Health Department will be on-site for HPV and Hep B if you don't have insurance.

[Use this link to schedule your appointment today](#)