

# ALCOHOL & DRUGS RESOURCES

## ON-CAMPUS RESOURCES

### STUDENT COUNSELING CENTER

SWC 201 | 806.742.3674 | [counseling.ttu.edu](http://counseling.ttu.edu)  
In-person alcohol assessments provided  
Walk-in Clinic Hours: M-F 12:30-3:30pm

### THE CENTER FOR COLLEGIATE RECOVERY COMMUNITIES

806.742.2891 | [depts.ttu.edu/hs/csa/](http://depts.ttu.edu/hs/csa/)  
Program that assists students to flourish  
in recovery through accountability  
and support. Hosts daily 12-step meetings

### RISK INTERVENTION & SAFETY EDUCATION (RISE)

Drane 247 | 806.742.2110 | [rise.ttu.edu](http://rise.ttu.edu)  
Provides Alcohol & Drug workshops and interactive  
programming for academic classes, student groups,  
organizations, residence halls and individuals

### eCHECKUP TO GO

[rise.ttu.edu](http://rise.ttu.edu)

Online, personalized assessment tools for alcohol or  
marijuana use. Free, anonymous, evidence-based results.

### THINK ABOUT IT

[rise.ttu.edu](http://rise.ttu.edu) | [rise@ttu.edu](mailto:rise@ttu.edu)

Mandated course for all first-year and transfer students.  
Online program that discusses wellness topics such as  
healthy relationships and alcohol/other drugs.

### RAIDER RESTART (BASICS)

[rise.ttu.edu](http://rise.ttu.edu) | [rise@ttu.edu](mailto:rise@ttu.edu)

One-on-one conversations to help students learn skills  
to reduce the negative impacts of substance use.

### RAIDER RIDE

TapRide App | Seven days a week | 6PM-2:45AM  
Free transportation in Lubbock to or from Tech.  
\$5 flat rate for all other rides in Lubbock.  
TTU ID required.

## OFF-CAMPUS RESOURCES

### MANAGED CARE CENTER FOR ADDICTIVE/OTHER DISORDERS, INC.

[mccaod.com](http://mccaod.com)  
Comprehensive in-and outpatient substance  
abusetreatment for adults.

### STAGES OF RECOVERY

[lubbockaddictionservices.com/about-stages-of-recovery](http://lubbockaddictionservices.com/about-stages-of-recovery)  
Promotes a foundation of recovery by providing an  
environment that fosters safety, accountability,  
community and trust.

### ASPIRE ADDICTION RECOVERY CENTER

[aspirearc.com](http://aspirearc.com)

Affordable individualized, best practice, drug treatment  
program guided in the principles of 12-step recovery

### TOBACCO CESSATION PROGRAM: A NEW DAY

Covenant Health | 806.725.0359 | 3615 19th  
Combination nicotine replacement therapy  
and counseling program

### ALCOHOLICS ANONYMOUS

[aa.org](http://aa.org)

Nonprofessional, self-supporting, multiracial,  
and apolitical international fellowship  
**LUBBOCK 24 HR HOTLINE: 806.741.8780**

### THE RANCH AT DOVE TREE

[ranchatdovetree.com](http://ranchatdovetree.com)

Collegiate-focused addiction and behavioral  
health comprehensive treatment and recovery

